147

SWIM

CANADA

APRIL 1989

Photo by Marco Chiesa

TOM PONTING, UNIVERSITY OF CALGARY
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CALENDAR

1989
April
7-8 Pepsi Pentathlon, Etobicoke
7-9 Halifax Invitational
Ajax Invitational, Toronto
Regina AG Invitational
BC Cup III (Tentative date)
14-16 4A Team Championships, Nepean
Guelph Invitational
15-16 CPSC Invitational, Calgary
CDSC Age Group, Vancouver
22-23 Moncton Invitational
Victoria Invitational
27-30 Keyano AG International,Edmonton
28-30 Quebec Cup
The Standard Invitational, Brock
May
5-7 Atlantic Cup 3, Saint John
Canadian Masters Nationals
6-7 OSPA 10 &U Invitational, Pr.Albert
12-14 Oakville Invitational at Etobicoke
Festival Spring Inv. Nepean
Royal Insurance, Sudbury
ROW Invitational, Waterloo
13-14 Lethbridge Invitational
19-21 Canada Games Trials, Halifax
Hyack Invitational
Manitoba Open, Winnipeg
26-28 Guelph Invitational
Quebec Cup 2
Canada Cup 2 , Vancouver
Thunder Bay Invitational
27-28 Killarney Invitational, Calgary
Red Deer Invitational
June
2-4 Ajax Invitational, Toronto
Youth Cup, NYAC host at Etobicoke
9-11 Fredericton Invitational
10-11 Keyano Sr. Meet, Edmonton
Olympian AG Meet, Edmonton
Racers Summerfest, Richmond
16-18 Pepsi AG International, Etobicoke
17-18 Moose Jaw Invitational
23-25 Nova Scotia AG Champs.Halifax
Dr.Hicken Invitational, Etobicoke
Red River Invitational, Winnipeg
BC Junior Provincials
30-2 Sask Championships, Saskatoon
July
7-9 East Coast Champs. Saint John
Quebec Cup
Alberta Championships, Edmonton
Ontario Cup (Canada Games Trials)
BC Age Groups
14-16 Stampede Invitational, Calgary
Ontario AG Championships, Etobicoke
Eastern Cup, Sudbury
21-23 Youth Championships, Saint John
August
1-5 Summer Nationals, Calgary
2-6 Far Westerns, Concord, Calif.
17-20 Pan Pacific Champs, Tokyo
22-25 Canada Games, Saskatoon
24-29 University Games
November
28-2 Commonwealth Trials (LCM)
3-4 WORLD CUP 1
December
9-10 Trent Invitational, Peterborough
1990
January
24-03 Commonwealth Games, Auckland
February
25-28 WINTER NATIONALS
March
2-4 CIAU Championships
31-1 8-Nations Meet
May
25-27 CANADA CUP
July
20-22 Youth Championships
20-5 Goodwill Games, Seattle
August
8-12 Summer Nationals
November
28-1 World Championships Trials
December
2-3 World Cup 1
1991
January
3-13 World Championships, Perth

SWIM CANADA

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PONTING SETS WORLD BEST FOR 100 FLY WITH 52.62 CALGARY'S MEN AND TORONTO'S WOMEN WIN AGAIN

PATRICIA YOUNG

You could have been at two different meets depending on who you talked to. Coaches or swimmers. You can forgive the swimmers if they thought it was a good meet. Their focus was on what was happening in the pool.

If the CIAU is going through a crisis it wasn't in the water. Some events, especially the relays were not filled, but one world best, two national and 11 CIAU records were set.

"When I was swimming in the early '70's, if you were registered in university you just showed up and swam," said Ralph Hutton, the 1968 400 free world record holder and Olympic silver medalist. "There were no qualifying standards. We didn't even fill the events. Now the standards are almost as tough as for the national championships. The level of competition, especially on the men's side, is fantastic."

Having coaches like Dave Johnson, 1988 Olympic head coach, at the University of Alberta has elevated the standard of CIAU swimming. Smart money is picking Alberta to topple the Calgary/Toronto dynasties. The Alberta women finished second, the men third and Keltie Duggan was named female swimmer of the year.

"I'm learning some lessons if nothing else," said Johnson. "We lost three key swimmers from our program this year but in spite of that our team is still getting better. That is a credit to the university and the kids themselves. We don't have a lot of swimmers, but we are building a very strong base."

Standing with the team, dressed in a green Alberta sweatshirt and yellow shorts, taking splits was the University of Alberta president Dr. Myer Horowitz.

"I try to get to as many sports events as I can," he said. "The swimmers invited me to come and I was pleased to accept their invitation.

"It is very important to encourage young people to excel in whatever their interest is; whether that is swimming or dance or chess. We should be very proud of the large number of athletes at universities right across the country who invest a great deal of time and energy to achieving excellence in sport.

"An institution that strives for excellence should concentrate on each of a number of areas and one of them is athletics. The other students may not perform at a very high level, but can benefit enormously from being involved."

The meet restriction of 85 swimmers didn't stop Karen Ward, Laval, from showing up hoping to be number 86. Until two days before the meet she had been told by the CIAU that she was eligible to swim. Then her eligibility was questioned. The problem was that last year Ward had dropped her courses after the CIAU championship to train full time for the Olympic trials. She was not successful in her bid and returned to school to swim. Here is where it gets sticky.

"To be eligible this you have to pass three courses per term," said Byron McDonald, University of Toronto. "She is ineligible because she participated in the CIAU and didn't have enough courses last year to be eligible this year. It had nothing to do with not making the Olympic team.

"What happened in some cases, like Mark Tewksbury or Tom Ponting, was that they didn't start competing last year until January, whereas Karen had started in the fall. That meant they had until the 1989 fall semester to meet their course requirements, but if you can not attend school for an extended period of time because of commitments to the national team, such the Olympics, then you are exempt. Unfortunately just trying to make a team doesn't give you that exemption."

Laval coach Benoit Lebrun didn't buy that explanation. "It's a lottery. If you make the Olympic team you get everything. If not, nobody cares what sacrifices you made.

"It really makes me angry that she was able to compete all year, even at our conference meet. The day before we come here they tell us, no. I'd like to know the real reason for their change of mind. These rules aren't helping the high performance athletes."

Female swimmer of the meet Keltie Duggan, University of Alberta Marco Chiesa

Ward seemed surprisingly non plussed by the commotion. "I'm disappointed about the timing. Two days ago I'm told I can't swim. I had hoped some agreement could be reached. I dropped out to train last year, it had nothing to do with my academic standing. It's a rule, so I'm resigned to it, but I still think the rule should be changed."

Calgary's Tom Ponting, the male swimmer of the meet, ignored any controversy around him and just concentrated on what he had to do in the pool. His world best swim of 52.62 electrified the rest of the swimmers. Performances seemed to improve after that. Ponting also won the 200 butterfly, and the 200 individual medley.

His teammate Mark Tewksbury won the 100 back and took the silver in the 200 which was won by Kevin Draxinger of the University of British Columbia.

"The last 50 was too slow," said Draxinger. "I was hoping to be in the 58 range or even faster but my legs went on me.

"I'm happy with the win but, I'm also aware that Mark hasn't been in the water that long. He said to me after the race, 'You can have the 200 and I'll keep the 100.' I said 'Sure. That suits me.'"

The women's events were dominated by six women. Andrea Nugent, McGill, Laura Pagnucco, Calgary, Keltie Duggan, Anne Taylor and Debbie Gaudin of Alberta, who each won two events.

Sophie Plante, Montréal, was the only triple winner, with gold in the 200 IM and CIAU records in the 200 and 200 backstrokes.

Besides Ponting the only other multiple winner for the men was Marco Cavazonni, Toronto who took both breaststrokes. ■

COACHES FACE-OFF

FUTURE DIRECTION UNCERTAIN

"What doesn't kill you makes you stronger," was blazoned on the back of a T-shirt at the Canadian University Championship. It could also be the slogan for the turmoil that CIAU swimming is going through right now.

Some think that CIAU swimming, oblivious to what is going on around it, is about to step off into thin air. Defenders of CIAU policy say that it isn't stumbling, it is being pushed off the cliff and the culprit is Swimming Natation Canada.

The problem is one of control. A large number of the CIAU coaches feel that SNC has changed the nature of Canadian university swimming with grants and emphasis on elite swimming. The top clubs get the money. The "participants" get nothing and the coaches at these schools feel they are dismissed as lightweights who have nothing to offer Canadian swimming.

Many in the CIAU aren't sure if their goals are compatible with SNC's goals. Excellence in sport is one thing, but Canadian universities have always prided themselves on having athletes who are students. The stress on sport alone looks chillingly like the American model. Regardless, SNC is unequivocal about what their goals are.

"The intent of the program is to keep our swimmers in Canada, to provide a better program at the universities and to have club coaches and universities work together," said SNC's Hilda Brownlee. "The university programs will benefit from the coaches' expertise and the clubs will have access to better facilities.

"Part of the problem is that some of the CIAU coaches are into excellence and some aren't. They are playing checkers and chess with the same set of rules. For some swimmers, aiming for the CIAU championship and getting the team jacket is like going to the Olympics. We want the focus to be higher than that.

"The whole program is currently being revamped. SNC is reviewing their over-all funding structure including CIAU. SNC wants to take the club grant of $150,000 and university grant of $180,000 ($80,000 of which is from CIAU via Sport Canada) and incorporate both grants to develop regional and national centres."

The grant system has widened the gap between the top level and the 'also ran' teams. Another factor which is altering the meet is the restriction on the number of competitors allowed. This restriction does not come from SNC, but is imposed by the CIAU and the schools' athletic directors.

"Having only 85 male and 85 female swimmers takes away from the meet," said Nigel Kemp, Dalhousie head coach. "The CIAU has trimmed the travel rosters. Now 85 swimmers are funded 75% air fare. It would be much better if we had a rule so all those who qualified came.

"It certainly isn't helping performances. It is very definitely anti-development. We are losing athletes to the sport. We really have a two tiered meet here and we're losing the team emphasis of university swimming."

Kemp is far from alone in his opinion. Dr. Jeno Tihanyi, Laurentian University, agrees. "This is not a CIAU championship. This meet focuses on a couple of teams. It doesn't really represent the universities across the country, because of the restrictions. The universities should be able to send the additional athletes at their own expense. We used to have that rule.

"The grant money should be used to develop the base. Development is always from the bottom up and not top down. I've always favoured excellence, but I feel that no more than 30% of the money at this level should be put into the elite.

"Eventually the schools will question why they are supporting a sport that only has one or two athletes at the championship and will pull out. If that happens CIAU swimming will crumble."

Not surprisingly the coaches from the schools

Anne Taylor, University of Alberta Marco Chiesa

that are succeeding under this system have very few criticisms.

"We can live with either system," said University of Calgary coach Deryk Snelling. "It wouldn't make any difference. Whatever the standard is we would aim for it. I realize that some of the smaller schools don't have the facilities that we do or club people to feed into their program."

Snelling thinks bad coaching is the real issue. The committed schools will go after top coaches.

"If you have a program that is not being coached well it's hard to get swimmers to come to your school. To me that simply says that we need better coaching. The swimmer who is taking swimming seriously should be more selective when they are picking their school. All the schools that have done well here have made that commitment to excellence."

There are grumblings that the icing is piling up higher and faster at certain schools and fingers are being pointed at the double funding some athletes receive from both the CIAU and SNC.

Snelling is unforgiving about this. "If there was enough money coming from one source to give the top athlete the chance to train properly, then I'd be a little concerned about it. The double funding might not sound, politically, like the thing to do, but in reality it barely covers the cost to become a world class swimmer."

Marco Cavazzoni, University of Toronto Marco Chiesa

Andrea Nugent, McGill Marco Chiesa

Byron McDonald, head coach of the University of Toronto, agrees completely with Snelling. "The schools that produce deserve the lions share of the funds. That grant isn't for development. It's to help the elite level athlete go forward. Development has to come from a different route.

"No offence to some of the smaller schools, but if they rolled over and died it wouldn't really effect swimming at the top level. Until recently there really hasn't been enough tough competition at this meet to keep you honest. If you want to win here now, you have to be very fast."

Whichever theory you believe, that giving the money to the elite will produce a trickle down effect or that development starts at the bottom, the CIAU is still divided, but more than willing to take the money.

Gaye Stratten of McMaster University thinks the two programs should recognize their differences and develop separately.

"It doesn't help me build a program," said Stratten. "I had people quit two weeks ago because they qualified but couldn't come here. That doesn't build swimming.

"We have enough room in swimming in Canada to have two separate organizations develop. Right now the same people are going to both nationals.

"This is a wonderful opportunity. It's a different kind of swimming. It brings different people into the sport and if you let the two of them foster you may find new people." ■

CHRONOLOGY 100 FLY CANADIAN SCM RECORD

1:01.5	Cameron Grout, MAAA	13/6/60
57.7	Dan Sherry, UNATT	5/8/65
57.3	Bruce Robertson, CDSC	28/1/72
57.27	Bob Kasting, PCSC	25/1/76
56.15	Bruce Robertson, CDSC	8/2/76
55.69	Stephen Pickell, CDSC	8/2/76
54.71	Stephen Pickell, UNATT	27/3/77
54.25	Stephen Pickell, UNATT	27/3/77
54.10	Dan Thompson, U TOR	8/3/80
53.93	Dan Thompson, U TOR	6/3/81
53.17	Dan Thompson, UTSC	19/3/83
53.07	Marcel Gery, NYAC	14/2/88
52.62	Tom Ponting,UCSC	4/3/89

CHRONOLOGY 200 FLY CANADIAN SCM RECORD

2:20.2	Cameron Grout, MAAA	14/7/60
2:10.8	Ron Jacks, VAN Y	1/5/65
2:08.6	Ron Jacks, CDSC	4/3/72
2:07.7	Ron Jacks, UNATT	2/8/72
2:05.36	Jim Fowlie, CDSC	5/2/76
2:03.61	George Nagy, CDSC	5/2/76
2:02.76	Stephen Badger, CARD	24/3/77
2:02.40	Stephen Badger, UNATT	16/3/78
2:01.55	Bill Sawchuk, TBT	29/3/79
2:00.03	Bill Sawchuk, TBT	29/3/79
1:58.48	George Nagy, EKSC	13/3/80
1:58.44	Victor Davis, ROW	10/1/82
1:58.36	Tom Ponting, UCSC	25/1/84
1:58.27	Vlastimil Cerny, MANTA	12/2/84
1:57.65	Tom Ponting, UCSC	3/3/84
1:57.53	Tom Ponting, UCSC	2/2/85
1:57.11	Tom Ponting, UCSC	2/3/85
1:56.49	Tom Ponting, UCSC	5/9/85
1:56.16	Tom Ponting, UCSC	5/3/88
1:55.82	Tom Ponting, UCSC	3/3/89

MR. AVERAGE SETS A RECORD

Immediately after he set a new world best in the 100 butterfly, *SWIM* tracked down an effusiveTom Ponting for an exclusive interview. He explains how an "average" swimmer can aim for the top.

SWIM: *You were close to the world best a few times this year, but you missed it. Why do think you were successful here?*

Tom: In Europe I was so close to the record a couple of times under conditions like flying into the Bonn meet the day before, or swimming at a meet in Italy that didn't have warm down tank. I loved it in Europe, but it wasn't the ideal conditions for me to break that record. I believe the World Cup made this happen. I've been doing so much racing under different conditions that it just had to help me.

I come here and it's my own country, my own food, I'm in a hotel room I can deal with, eat when and what I want to eat. The ideal conditions were here, but it was still a guess in that half an hour before the race if I'd get myself ready.

Q. *What did you do to get ready?*

A. Nothing! I put my warm-up clothes on and waited for the race. I got as calm as possible. I kept thinking, 'Don't die, don't mess this up, just swim a good race.' I wasn't thinking world best. I was focusing on having a good race and not messing up the turns

Q. *Did it bother you when they called everyone down from the blocks?*

A. When he called it off I thought, 'That's not a problem, just do it the next time.' I shook it off (literally). I waited on the blocks but he didn't call us so I sat down and pretended that it hadn't happened and that I was going up for the first time.

Q. *There have been complaints that this isn't a good pool to race in.*

A. If you want a pool built to your own standards then build your own pool. I'm sure that Victor Davis or Alex Baumann will agree with me that when you are ready to break a record, you can do it anywhere you want.

I'm not saying that I'm some kind of star, I'm just an average swimmer. I *wanted* to break it. I also wanted to break it in Europe. The pools were good, but I wasn't ready to do it in those pools. I had blown three chances to set a new record and this was the last chance I had.

Q. *You didn't have any doubts you could do it?*

A. Everything was just perfect for me. I attribute it to the fact that Deryk (Snelling) was 100% behind me for the World Cup and for this world best attempt.

Two days ago I asked him, "Do you think I can get the world best or am I wasting my time?" He said, "Why not? You're in shape, just go there and race."

That was the attitude I took. Deryk instilled it in me and kept it going right up until today. He said, "You're ready. Don't be a fool, just race it."

Q. *You took it out pretty fast. How did it feel?*

A. I was dying the last few metres. As I said, I am not a great swimmer. I'm not some kind of star who can break it anywhere he wants, so my strategy was sort of reckless. I wanted that record so I put as much as I could into it. I paid those last few strokes. I was dying like a pig.

Q. *Can you set the record in long course?*

A. I don't really know what is going to happen this summer. It was a really long short course season for me. I started six weeks late, but I've had a long taper, lots of racing and rest. Maybe that is what I need to be this fast. I'm not going to get that this summer, so I think it would be fatuous to pat myself on the back and automatically think I can do this long course.

Short course is a case of don't mess up the three turns. If you take advantage of them you go faster. The reason the world best was that slow was because people were racing in the middle of winter when you're tired. Those short course skills weren't honed.

This was like a summer race because I've had five weeks of racing. I've had time to hone those skill, probably more so than Michael Gross who set the former record in November, 1984.

I don't think the record is going to last very long. I'm sure someone will destroy it, but I broke it now, so it's mine until then.

Q. *When you started swimming did you ever think you would be so successful?*

A. I was terrible as a kid. I'm a good swimmer, but I'm not a talented swimmer. If somebody took a film of me and didn't tell anybody who I was or show how fast I was going, people would say, 'Look at this guy. What is he doing?' I am not a pretty swimmer at all.

I have a lot of desire and I want to win, so what I really am is a good racer. My ability to swim makes me a good swimming racer, but if I could run I'd be a good running racer.

It was my first coaches who got me interested in the sport, even though they kept kicking me out of practice.

Q. *Why?*

A. Because I'm awful. I breathe sideways in butterfly, I limp in freestyle. I do everything wrong. They would say do it right or get out. I'm grateful that they did that because they made me try to adapt. I loved the sport so I stayed in.

Then I got Jim Fowlie and he taught me what it was to be tough. You didn't play in his workouts. He was a tough coach and he made you a good swimmer. If you had any ability at all, he brought that out. And then Deryk took me from that and made me a racer.

I had the right building stones. First they made me like it, then they made me strong and disciplined, and finally they made me a racer. That is what as brought me here. It is all of my coaches, it's not really me.

I owe more than half of this to Deryk. He believes in me 100%. I don't believe that I can do a lot of things, but he believes that I can and I listen to him. He hasn't been wrong yet, so I'll continue listening to him and hopefully...

Q. *Anything else you want to say?*

A. I'm so hyper right now I'll talk about anything. Life, the Universe...anything you want to know. ■

Tom Ponting, University of Calgary

Marco Chiesa

CIAU CHAMPIONSHIP

Vancouver, March 2-5 (25m)

WOMEN

50 FREESTYLE

Andrea Nugent, McG	26.46	26.05
Andrea Schloegl, TOR	26.68	26.44
Erin Murphy, MAN	27.33	26.50
Chantal Rouleau, UdM	26.96	26.50
Rose Vogelaar, CAL	26.55	26.55
Stephanie Watson, TOR	26.61	26.84
Lucie Turcotte, UdM	27.29	27.04
Andrea Seguin, TOR	27.20	27.18
Consolation		
Margo McGregor, McM	27.97	27.84
Alexa Bagnell, McG	28.16	27.86
Mich.VanBeusekom, TOR	28.00	27.88
Jennifer Vince, WIN	28.33	27.91

100 FREESTYLE

Andrea Nugent, McG	56.78	56.29
Erin Murphy, MAN	58.11	57.27
Rose Vogelaar, CAL	57.53	57.45
Keltie Duggan, ALB	58.06	57.78
Andrea Schoegl, TOR	57.98	57.82
Stephanie Watson, TOR	58.18	57.92
Andrea Papamandjaris, TOR	58.45	58.01
Sally Gilbert, UBC	58.19	58.06
Consolation		
Andrea Seguin, TOR	59.11	58.91
Alison Gilbert, UBC	59.41	59.34
Margo McGregor, McM	1:00.74	59.44
Leslie Carter, TOR	59.92	59.61

200 FREESTYLE

Debbie Gaudin, ALB	2:05.73	2:03.31
Andrea Papamandjaris, TOR	2:04.46	2:03.70
Katherine Ward, LAV	2:06.27	2:05.20
Whitney Ross, CAL	2:06.97	2:05.82
Sally Gilbert, UBC	2:07.49	2:06.60
Andrea Seguin, TOR	2:08.02	2:07.19
Alison Gilbert, UBC	2:07.23	2:07.27
Jennifer Smith, McM	2:07.21	2:07.50
Consolation		
Lisa Woods, VIC	2:08.33	2:08.16
Jennifer Vince, WIN	2:09.94	2:08.64
Stephanie Watson, TOR	2:09.85	2:09.18
Lesley Horton, WAT	2:10.58	2:09.31

400 FREESTYLE

Laura Pagnucco,	4:25.00	4:23.48
Manon Simard, UdM	4:24.60	4:23.81
Whitney Ross, CAL	4:24.64	4:25.42
A.Papamandjaeis, TOR	4:23.42	4:25.81
Marie Moore, VIC	4:26.36	4:28.00
Sally Gilbert, UBC	4:23.68	4:28.14
Alison Gilbert, UBC	4:25.30	4:28.38
Jennifer Smith, McM	4:26.03	4:30.15
Consolation		
Katherine Ward, LAV	4:27.66	4:25.23
Debbie Trapp, MAN	4:32.06	4:27.17
Adrienne Kovacs, TOR	4:28.48	4:29.26
Linda Gardiner, TOR	4:26.84	4:29.34

800 FREESTYLE (Time Final)

Laura Pagnucco, CAL	8:59.04
Katherine Ward, LAV	9:05.70
Jennifer Smith, MCM	9:06.81
Whitney Ross, CAL	9:11.01
Linda Gardiner, TOR	9:11.34
Margaret Runge, TOR	9:13.06
Gieta Steingart, CAL	9:18.98
Jill Greenlaw, TOR	9:21.25

100 BACKSTROKE

Sophie Plante, UdM	1:04.75	1:04.03
Manon Simard, UdM	1:04.66	1:04.03
Debbie Trapp, MAN	1:07.65	1:06.91
Kristy Salmon, BRO	1:06.95	1:06.95
Jennifer Lailey, McG	1:07.95	1:07.58
Karen Pepper, UWO	1:08.98	1:07.98
Janet Evans, ALB	1:09.42	1:10.28
Sue Masson, WAT	1:09.93	1:10.28
Consolation		
Lisa Bateman, McG	1:12.85	1:12.26
Krista Daigle, UNB	1:13.59	1:12.48

200 BACKSTROKE

Sophie Plante, UdM	2:19.95	2:15.71
Manon Simard, UdM	2:19.76	2:17.14
Kristy Salmon, BRO	2:23.67	2:20.54
Debbie Trapp, MAN	2:24.65	2:21.29
Karin Helmstaedt, TOR	2:26.08	2:21.32
Janet Evans, ALB	2:26.08	2:23.73
Laura Pagnucco, CAL	2:24.41	2:24.81
Janet McKetsy, McG	2:24.40	2:25.54
Consolation		
Jennifer Lailey, McG	2:26.78	2:26.04
Karen Pepper, UWO	2:29.21	2:27.51
Jill Greenlaw, TOR	2:32.27	2:30.47
Sue Masson, WAT	2:32.20	2:31.57

100 BREASTSTROKE

Keltie Duggan, ALB	1:09.64	1:08.54
Kathy Pearson, TOR	1:12.83	1:12.37
Leigh-A.Martinson, ALB	1:13.99	1:13.28
Anne Ottenbrite, WLU	1:13.36	1:13.55
Jill Lutz, QNS	1:15.78	1:15.24
Monique Pinon, UBC	1:16.05	1:15.29
Maria MacPherson, DAL	1:16.29	1:15.97
Wendy Lamers, UG	1:16.65	1:16.46
Consolation		
Allison Batstone, BRO	1:17.09	1:16.04
Lyne Lapierre, LAV	1:18.03	1:16.28
Lucie Turcotte, UdM	1:17.53	1:17.18
Val Georgiev, TOR	1:17.01	1:17.19

200 BREASTSTROKE

Keltie Duggan, ALB	2:34.67	2:31.13
Keltie Byrne, ALB	2:37.88	2:34.80
Kathy Pearson, TOR	2:38.33	2:36.10
Leigh-A.Martinson, ALB	2:40.55	2:36.80
Anne Ottenbrite, WLU	2:40.61	2:38.70
Monique Pinon, UBC	2:43.12	2:42.98
Hannelore Wurmann, ALB	2:44.62	2:44.01
Maria MacPherson, DAL	2:44.35	2:44.15
Consolation		
Chantal Meileur, UdM	2:45.65	2:43.27
Jill Lutz, QNS	2:45.50	2:43.88
Allison Batstone, BRO	2:48.25	2:44.29
Andrea Maechler, TOR	2:45.51	2:45.54

100 BUTTERFLY

Debbie Gaudin, ALB	1:02.86	1:02.25
Andrea Nugent, McG	1:03.51	1:02.97
Erin Murphy, MAN	1:03.78	1:03.14
Rose Vogelaar, CAL	1:03.79	1:03.73
Adrienne Kovacs, TOR	1:04.39	1:04.42
Andrea Schloegl, TOR	1:05.29	1:04.49
Tracy Darling, McG	1:05.71	1:05.80
Robin Ruggiero, McG	1:05.62	1:07.10
Consolation		
Andrea Maechler, TOR	1:06.67	1:06.08
Lenore Doucette, WLU	1:05.81	1:06.37
Lyne Lapierre, LAV	1:06.50	1:06.51
Fiona Costello, MUN	1:07.22	1:06.77

200 BUTTERFLY

Anne Taylor, ALB	2:17.95	2:14.70
Debbie Gaudin, ALB	2:20.31	2:15.58
Adrienne Kovacs, TOR	2:18.57	2:15.96
Kirsti Salmon, BRO	2:21.24	2:21.05
Leslie Carter, TOR	2:21.74	2:21.12
Lisa Woods, VIC	2:22.72	2:22.67
Marie Moore, VIC	2:21.69	2:27.80
Consolation		
Marty Roberts, McG	2:26.36	2:25.89
Lenore Doucette, WLU	2:27.42	2:26.16
Fiona Costello, MUN	2:26.50	2:28.35
Kathy Pearson, TOR	2:31.15	2:28.73

200 INDIVIDUAL MEDLEY

Sophie Plante, UdM	2:20.38	2:19.42
Keltie Byrne, ALB	2:20.25	2:19.72
Karin Helmstaedt, TOR	2:19.61	2:20.93
Anne Taylor, ALB	2:22.31	2:22.26
Lisa Woods, VIC	2:24.03	2:23.34
Andrea Maechler, TOR	2:24.00	2:25.53
Hannelore Wurmann, ALB	2:25.21	2:25.77
Janet McKetsy, McG	2:26.57	2:27.42
Consolation		
Leigh-A. Martinson, ALB	2:27.20	2:26.12
Susan Brandon, UG	2:29.19	2:26.75
Anne Ottenbrite, WLU	2:30.57	2:28.86
Val Georgiev, TOR	2:27.05	2:29.16

400 INDIVIDUAL MEDLEY

Anne Taylor, ALB	4:58.23	4:51.76
Keltie Byrne, ALB	4:56.81	4:52.99
Karin Helmstaedt, TOR	4:58.14	4:54.11
Linda gardiner, TOR	5:04.24	4:59.11
Marie Moore, VIC	5:04.52	5:00.09
Janet McKetsy, McG	5:09.52	5:06.30
Hannelore Wurmann, ALB	5:09.85	5:09.24
Marie-C. Saumure, McG	5:15.38	5:18.54
Consolation		
Allison Batstone, BRO	5:15.88	5:11.45
Marty Roberts, McG	5:18.92	5:12.02
Gail McMeckan, ALB	5:16.14	5:12.75
Susan Brandon, UG	5:19.12	5:15.17

4 x 100 MEDLEY RELAY

University of Alberta, ALB	4:15.01
University of Toronto, TOR	4:22.89
Universite de Montréal, UdM	4:22.89
McGill University, McG	4:26.40
University of Calgary, CAL	4:29.31
Universite Laval, LAV	4:45.65
University of Waterloo, WAT	4:53.30

4 x 100 FREESTYLE RELAY

University of Toronto, TOR	3:50.84
University of Alberta, ALB	3:52.42
Universite de Montréal, UdM	3;54.40
McGill University, McG	3:55.78
Universite Laval, LAV	4:11.98

4 x 200 FREESTYLE RELAY

University of Toronto, TOR	8:26.96
University of Calagary, CAL	8:30.88
University of Alberta, ALB	8:39.99
McGill University, McG	8:51.62
University of Waterloo, WAT	9:03.14

WOMEN'S TEAM SCORES

University of Toronto	533
University of Alberta	439.5
McGill University	302.5
Universite de Montréal	225.5
University of Calgary	224
Universite Laval	126
University of British Columbia	98
University of Manitoba	87
University of Waterloo	79.5
Brock University	75

MEN		
50 FREESTYLE		
Blair Hicken, TOR	23.24	23.01
Tarek Raafat, TOR	23.23	23.22
Andre Denton, TOR	23.15	23.31
J.F. Trottier, LAV	23.75	23.34
Erik Eide, MAN	23.53	23.35
Steven VanderMeulen, CAL	23.58	23.57
Doug Clouston, MUN	23.79	23.57
Mark Matthews, CAL	23.83	23.91
Consolation		
Martin Hebert, LAV	24.05	13.80
Jeff Welechuk, ALB	23.99	23.84
Jason Meeuwig, McG	23.92	23.89
Stepan Oliva, CAR	24.07	23.93
100 FREESTYLE		
Steven VanderMeulen, CAL	51.46	50.14
Todd MacNeil, MAN	51.10	50.16
Mike Woolhouse, CAL	50.97	50.62
Blair Hicken, TOR	50.32	50.66
Tarek Raafat, TOR	50.90	50.77
Dave Goodkey, ALB	51.39	50.90
Francois Dionne, LAV	50.88	51.01
Erik Eide, MAN	50.97	51.22
Consolation		
Ron Clark, CAL	51.55	51.34
David Methot, LAV	51.77	51.36
Jason Meewig, McG	51.75	51.66
Stepan Oliva, CAR	51.85	51.75
200 FREESTYLE		
Mike Woolhouse, CAL	1:51.05	1:49.40
Dave Goodkey, ALB	1:50.11	1:49.62
Steven VanderMeulen, CAL	1:51.26	1:50.98
Chris Bowie, ALB	1:52.50	1:51.12
Tarek Raafat, TOR	1:52.33	1:51.34
Ron Clark, CAL	1:51.69	1:51.50
Chris Fenton, McM	1:51.69	1:51.50
Baldev Ahluwalia, BRO	1:52.36	1:52.55
Consolation		
Sean Swain, UBC	1:53.50	1:53.00
Sean Baker, MAN	1:53.43	1:53.35
Todd MacNeil, MAN	1:53.41	1:53.39
Erik Eide, MAN	1:53.48	1:53.79
400 FREESTYLE		
Ron Clark, CAL	3:57.58	3:53.75
Chris Bowie, ALB	3:54.11	3:54.02
Kevin Draxinger, ALB	3:56.90	3:54.57
Scott Issac, CAL	3:55.97	3:55.88
Steve Merker, McM	3:58.23	3:56.24
Bernhard Volz, TOR	3:57.70	3:56.43
Dave Goodkey, ALB	3:57.04	3:57.09
Greg Streppel, VIC	3:57.94	4:00.26
Consolation		
Sean Swain, UBC	4:00.92	3:58.71
Reagan Williams, ALB	4:00.89	3:59.67
Brian Woolhouse, CAL	3:58.71	4:00.06
Tony Healy, VIC	4:01.95	4:00.23
1500 FREESTYLE (Time Final)		
Chris Bowie, ALB		15:11.66
Brian Woolhouse, CAL		15:32.64
Greg Streppel, VIC		15:40.64
Jamie Bretzlaff, UWO		15:47.79
Tony Healy, VIC		15:49.87
Sean Swain, UBC		15:49.94
Regan Williams, ALB		16:01.92
Doug Henderson, McM		16:19.18
100 BACKSTROKE		
Mark Tewksbury, CAL	56.73	55.47
Kevin Draxinger, UBC	58.35	57.16
Jeff Welechuk, ALB	57.95	58.03
Mark Matthews, CAL	58.72	58.61
Jared Scheffel, McM	59.64	59.72
Peter harrison, WIN	1:00.03	59.88
Mike Woolhouse, CAL	59.00	1:00.12
Rob Berterlink, TOR	1:00.02	1:00.61
Consolation		
Francois Dionne, LAV	1:00.15	1:00.25
John Earle, MAN	1:00.46	1:00.36
Hebert Henry, LAV	1:00.58	1:00.66
Tony Healy, VIC	1:00.78	1:00.96
200 BACKSTROKE		
Kevin Draxinger, UBC	2:03.29	1:59.39
Mark Tewksbury, CAL	2:03.56	2:01.14
Yves Guillemette, LAV	2:03.56	2:04.26
Mark Matthews, CAL	2:05.86	2:04.75
Berhnard Volz, TOR	2:07.28	2:05.38
Jamie Bretzlaff, UWO	2:09.04	2:08.16
Jared Scheffel, McM	2:09.64	2:08.42
John Earle, MAN	2:09.30	2:08.43
Consolation		
Rob Steen, TOR	2:11.03	2:09.61
Rob Bertelink, TOR	2:11.03	2:11.00
Steve Ingo, TOR	2:12.01	2:11.01
Peter Harrison, WIN	2:14.71	2:11.41
100 BREASTSTROKE		
Marco Cazavonni, TOR	1:03.45	1:02.74
Darcy Wallingford, LU	1:04.57	1:03.45
Cam Grant, ALB	1:05.01	1:04.26
Rick Cosgrove, McG	1:04.68	1:04.34
Jason Smith, MAN	1:04.80	1:04.72
Kamal Shah, TOR	1:04.92	1:05.28
Martin Blanchette, UdM	1:05.84	1:05.33
Randy Fedderson, CAL	1:05.79	1:05.52
Consolation		
Pierre Berube, TOR	1:06.33	1:05.02
Rob Traynor, UBC	1:06.00	1:05.61
David Methot, LAV	1:06.49	1:06.74
Claude St. Laurent, SHER	1:06.80	1:06.74
200 BREASTSTROKE		
Marco Cazavonni, TOR	2:19.08	2:15.27
Cam Grant, ALB	2:18.64	2:18.05
Rick Cosgrove, McG	2:21.97	2:19.18
Darcy Wallingford, LU	2:21.17	2:19.75
Jason Smith, MAN	2:22.01	2:20.40
Brian Petri, TOR	2:20.82	2:20.54
Rob Traynor, UBC	2:21.29	2:22.80
Pierre Berube, TOR	2:22.65	2:24.52
Consolation		
Randy Fedderson, CAL	2:22.76	2:20.86
Chris Bellefeuille, UdM	2:23.42	2:20.97
Claude St. Laurent, SHER	2:23.45	2:23.54
Mario Dufresne, LAV	2:25.12	2:23.92
100 BUTTERFLY		
Tom Ponting, CAL	55.07	52.62
Scott Isaac, CAL	56.21	55.48
Jeff Kleven, McM	56.27	56.09
Andrew Boyd, TOR	56.27	56.55
David Methot, LAV	56.79	56.94
Paul Block, VIC	57.21	57.25
John Mayhew, MAN	57.20	57.43
Blair Hicken, TOR	56.35	57.46
Consolation		
Jeff Welechuk, ALB	57.23	57.10
L.M. Girouard, LAV	58.12	57.71
Max Vidal, LAV	57.71	57.95
Brandt Summers, CAL	57.93	58.18
200 BUTTERFLY		
Tom Ponting, CAL	2:02.50	1:55.82
Mike Meldrum, CAL	2:02.02	1:59.42
Scott Isaac, CAL	2:03.77	2:01.66
Paul Block, VIC	2:04.20	2:02.22
L.M. Girouard, LAV	2:04.89	2:02.75
Chris Fenton, McM	2:04.98	2:03.32
Jeff Kleven, McM	2:05.53	2:03.62
Andrew Boyd, TOR	2:04.15	2:06.42
Consolation		
Chris Lambert, McG	2:06.41	2:06.00
Max Vidal, LAV	2:06.80	2:06.43
Ian Carmody, TOR	2:05.97	2:06.44
Jacques Jodoin, UdM	2:07.07	2:07.37
200 INDIVIDUAL MEDLEY		
Tom Ponting, CAL	2:04.33	2:02.47
Yves Guillemette, LAV	2:04.72	2:03.66
Chris Fenton, McM	2:04.83	2:04.51
Rick Cosgrove, McG	2:05.26	2:05.82
Mark Tewksbury, CAL	2:06.36	2:06.63
Mike Meldrum, CAL	2:05.18	2:08.41
Randy Fedderson, CAL	2:06.79	2:10.04
Marco Cavazonni, TOR	2:07.25	2:10.52
Consolation		
Scott LeBuke, ALB	2:07.38	2:05.23
Todd MacNeil, MAN	2:07.82	2:05.52
Peter Harrison, WIN	2:09.31	2:08.50
Chris Bellefeuille, UdM	2:07.60	2:09.36
Victor Leon, CAL	2:09.27	2:11.83
400 INDIVIDUAL MEDLEY		
Mike Meldrum, CAL	4:24.74	4:17.73
Yves Guillemette, LAV	4:27.74	4:23.24
Bernhard Volz, TOR	4:27.89	4:24.03
Scott LeBuke, TOR	4:27.89	4:25.01
Greg Streppel, VIC	4:26.90	4:25.31
Steve Merker, McM	4:31.77	4:29.17
Brian Woolhouse, CAL	4:33.16	4:32.25
Chris Bellefeuille, UdM	4:28.31	4:33.09
Consolation		
Louis-M. Girouard, LAV	4:37.79	4:33.87
Victor Leon, CAL	4:34.92	4:33.88
Etienne Couture, LAV	4:37.48	4:36.65
Todd Major, VIC	4:44.40	4:26.80
4 x 100 MEDLEY RELAY		
University of Calgary		3:43.39
University of Alberta		3:48.47
University of Toronto		3:48.61
McMaster University		3:52.42
University of Manitoba		3:53.27
Universite Laval		3:54.77
University of Western Ontario		3:57.98
University de Montréal		3:58.22
4 x 100 FREESTYLE RELAY		
University of Calgary		3:20.98
Universite Laval		3:22.98
University of Toronto		3:24.87
University of Manitoba		3:25.67
University of Alberta		3:26.21
McGill University		3:27.25
McMaster University		3:28.39
4 x 200 FREESTYLE RELAY		
University of Calgary		7:21.59
University of Alberta		7:25.56
McMaster University		7:26.55
University of Toronto		7:29.09
Universite Laval		7:29.24
McGill University		7:41.02
University of Victoria		7:43.61
University of Manitoba		7:48.04
MEN'S TEAM SCORES		
University of Calgary		588.5
University of Toronto		427.5
University of Alberta		302
Universite Laval		285
McMaster University		227

NATIONAL NEWS
SWIMMING/NATATION CANADA

THANK YOU TO STRATEGIC PLAN REVIEWERS

A big thanks to all those volunteers who took the time out to review and comment on Swimming/Natation Canada's 1988-1992 Strategic Plan. One hundred plans were sent out and over 50 were received back at the national office. Such input is crucial for the ongoing development of competitive swimming in Canada.

SNC GREETS NEW AND RENEWING SUPPLIERS

SNC welcomes Fuji Photo Film Canada Inc. as the newest addition to the association's supplier list. The agreement sees Fuji as SNC's official supplier of film and camera products over the next four years. As such, Fuji will be supplying video cassettes, film and other related products to SNC over the next few years.

At the same time, SNC welcomes back Bronztan and Ultraswim who will continue their supplier agreements with swimming. Bronztan is once again the exclusive suntan/sunscreen supplier to SNC, while Ultraswim is the official supplier of shampoo to the association.

Swimming/Natation Canada is also very pleased to announce that Speedo has recently signed to extend their association with swimming. This continues an active involvement which first began after the 1984 Olympic Games. The new four-year agreement involves merchandise for SNC's national team athletes and coaches as well as a generous cash contribution. As a result, Speedo will continue to be known as the official sponsor of deckwear apparel of Swimming/Natation Canada.

FISU GAMES SELECTION

The dates and site for this year's FISU Games are still to be confirmed at this time. Belgium is currently the potential for swimming competition during the approximate dates of August 24th to the 28th.

Selection for these games will also occur August 1-5 at the Manufacturers Summer Nationals. Eligible swimmers who achieve the selection standards (top 75 world in 1988) will be automatic selections up to a maximum of two swimmers per event. Relays will be selected from within the team

Direct all questions to:
SWIMMING
NATATION CANADA
1600 James Naismith Dr.
Gloucester, Ontario, K1B 5N4
Tel (613)748-5673 Fax (613)748-5715

PAN PACIFIC SELECTIONS

Selection for swimming's Pan Pacific Championships in Tokyo, August 17-20, will take place at the Manufacturers Summer Nationals in Calgary from August 1st to the 5th. The first two places at summer nationals in each Olympic event will be automatic selections. Third and 4th places in the 100m and 200m freestyle will also be automatic selections.

If a swimmer declines selection in an event, the next available swimmer will be considered.

The final Pan Pacific team will assemble following summer nationals on Sunday, August 6th, and remain in Calgary to prepare for departure to Tokyo on the 11th or 12th. Return dates are scheduled for the 21st or 22nd of August.

1988-89 CLUB GRANTS

University of Calgary	$31,784.60
Etobicoke Pepsi	25,477.03
North York Aquatic Club	20,522.42
Edmonton Keyano	14,188.36
Canadian Dolphin	12,733.12
Pointe Claire	12,049.12
Victoria Olympians	9,173.97
Select Ste-Foy	6,896.55
Samak de Brossard	6,065.32
London Aquatic Club	3,194.16
Club Natation Montreal Nord	2,970.95
Ajax Aquatic Club	2,789.70
Manta Aquatic Club	1,373.81
Scarborough SC	315.03
Brantford Aquatic Club	232.93
Lindsay Lightningbolts	232.93
TOTAL	$150,000.00

NATIONAL COACHING INSTITUTE ACCEPTING APPLICATIONS FOR 1989-90

The National Coaching Institute is inviting applications for its 1989-90 twelve-month diploma course which enables Canadian coaches to work towards Levels 4 and 5 NCCP Certification. Swimming is among the core sports around which the program has been developed on the University of Victoria Campus and applicants must meet the prerequisites of NCCP Level 3 in their sport and satisfy the entrance requirements of the institute.

The course of study involves the Level 4 Technical material appropriate to the sport specialty taught by a resident master coach as well as NCCP Level 4 Theory material presented by sport science experts (September - April). Students will also have direct coaching responsibilities with athletes in the university training centre or other individual athletes under the supervision of a master coach (May - August).

Interested coaches should apply in writing (there are no application forms provided) to Alan Roaf, Executive Director of the National Coaching Institute, P.O. Box 1700, Victoria, B.C. V8W 2Y2. The deadline for applications is May 6, 1989; with approval by Swimming/Natation Canada to take place by May 29, 1989 and final selections announced on June 15, 1989.

Applications should include a complete academic record, a coaching resumé and an outline of how the candidate views his/her future involvement in sport upon completion of the diploma course. Supporting letters from provincial and national sport organizations and other appropriate persons will enhance the application and expedite the decision-making procedure.

The tuition fee is $2,000. Some candidates my qualify for one of six CAC entry scholarships of $3,000. British Columbia candidates will qualify for a $3,000 B.C. Government scholarship.

DOPING CONTROL UPDATE

Herbs and Herbal Teas

Most herbs and herbal teas do not contain banned drugs. However some herbal combinations often contain ephedrine, a banned drug. Ma Huang (Chinese Ephedra) is one such example of a naturally occuring plant which contains ephedrine.

Some commercially available products containing Ma Huang are: Bishop's Tea, Chi Powder, Energy Rise, Ephedra, Excel, Joint Fir, Mexican Tea, Miner's Tea, Popotillo, Squaw Tea, Super Charge.

Before using any herbal preparation, make sure you know what is contains.

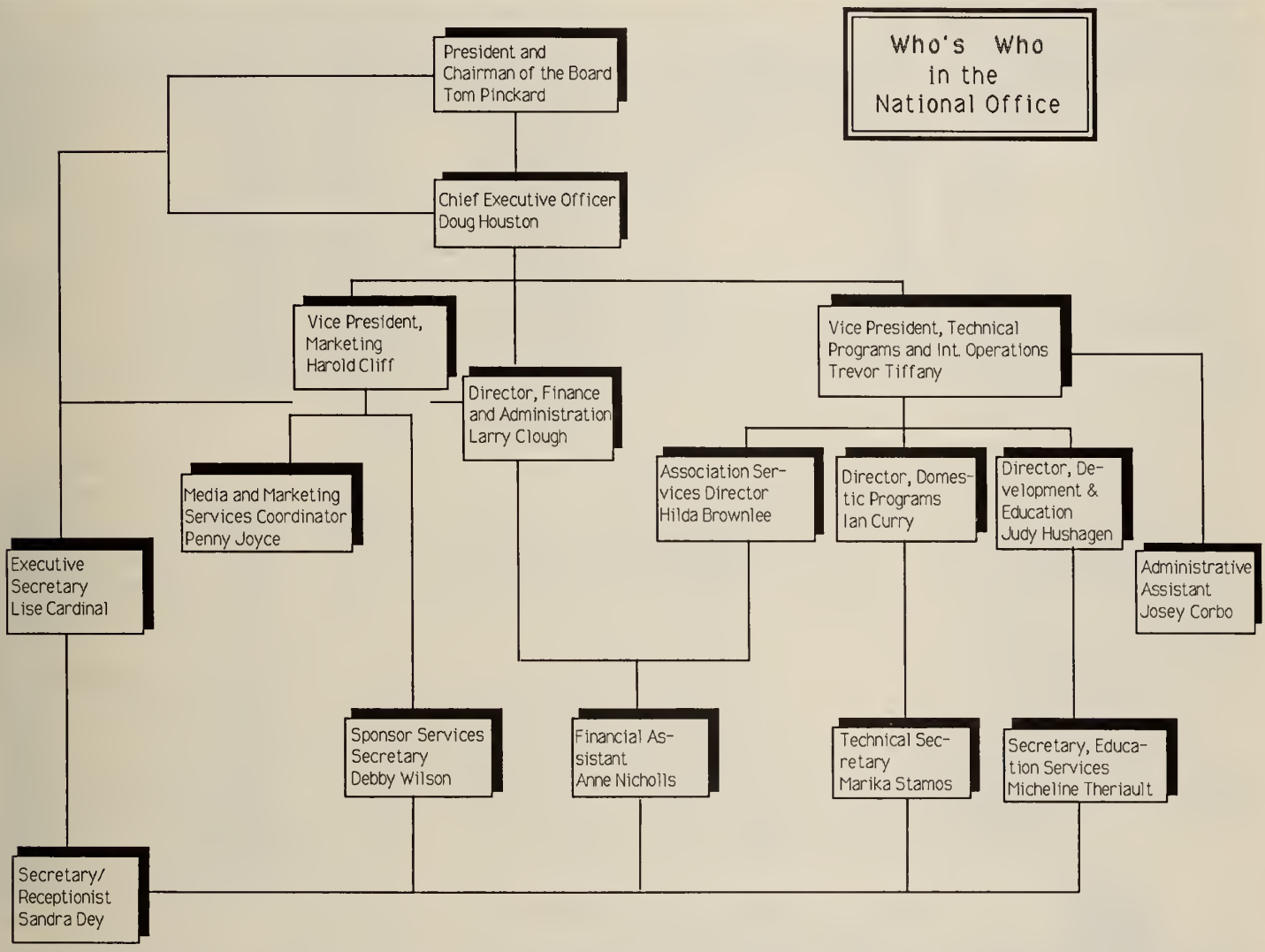
Important Notice: Carded Athletes

The following important notice was circulated to SNC carded athletes on March 15, 1989;

"The athlete agreement which you have signed provides that all SNC athletes must submit, at reasonable times, to random doping control testing.

We are now in a position to commence such

NATIONAL NEWS
SWIMMING/NATATION CANADA



random testing and will be implementing our program within the next few weeks.

This testing will include a randomly selected sample of carded athletes from different clubs across the country. As well, regular testing will continue to be conducted at all trials competitions."

BACKSTROKE CLARIFICATION

Based on recent information from FINA the interpretation of the Backstroke will be as follows:

A swimmer must break the surface of the water throughout the race except at the start and following each turn when some part of the body must break the surface of the water before the body has completely passed the 10 m mark from the wall that has been left.

Note 1. It is suggested that the 10 m be marked by contrasting tape on the lane ropes and on the side wall.

Note 2. It should be noted that the part of the body breaking the water surface may be past the 10 m mark provided that some part of the body is still within the 10 m mark.

IN MEMORIAM

Our sincere sympathies go to the family of Mike Nagy of Toronto who passed away in February. Mike was a former member of Swimming/Natation Canada's Board of Directors and manager of the Etobicoke Olympium pool for a number of years. His dedication and involvement in the sport of swimming will surely be missed by all.

NEW SNC STAFF

Swimming/Natation Canada welcomes Josey Corbo as the association's new Administrative Assistant of Technical Programs and International Operations. Josey started work on April 10th on James Naismith Drive and is providing administrative support to Trevor Tiffany, Vice President, Domestic and International Swimming Programs and Technical Operations.

WHISTLER NOTES AVAILABLE

A collection of materials, including hand-outs and outlines from the Whistler Experience are available from the national office. Cost is $10.00 plus shipping.

CONCORD PLEASANT HILL SWIM TEAM

Come swim with
"The Best in the West!"

Concord Pleasant Hill Swim Team will again be hosting the

Long Course Far Western Championships

Wednesday, August 2nd - Sunday, August 6th, 1989 at
Concord, California, in the heart of the San Francisco Bay Area

This is one of the nation's most competitive Age Group meets for swimmers with Pacific Swimming "Q"-times. **Featuring:** •8 lane/50 meter pool • Trials & Finals • Electronic timing • • Full selection of events • Large swimming complex in beautiful park setting •

Official Host Hotels

Holiday Inn of Concord
1050 Burnett Ave.
Concord, CA 94520
(415) 687-5500
1-800-368-9090 (Toll Free)
•No charge for rollaways.
•Restaurant facilities.
•FREE in-room current movies.

Best Western HERITAGE INN
4600 Claytan Rd.
Concord, CA 94521
(415) 686-4466
1-800-622-6466 (Toll Free)
•Complimentary Continental Breakfast.
•Adjacent to restaurants & shopping.
•Refrigerators in all rooms.

• Shuttle Service to and from pool • Meet Information Center • Hospitality Suites •

$49 plus tax - - Singles, Doubles, Triples, Quads available at both hotels.
For guaranteed reservations, call no later than July 25th, 1989

UNITED

United Airlines will offer attendees special discounts for flights from **ALL** 50 states (U.S.).
Special rates available for flights from Canada.
Special discount rates on Hertz rental cars available.
For reservations call 1-800-521-4041, ask for account # 409IV.

The Concord Convention and Visitors Bureau (415) 685-1184 invites you to Discover **CONCORD**, the "hub city" of the San Francisco Bay Area.

Concord CONVENTION & VISITORS BUREAU

For a complete information package, contact:
CONCORD PLEASANT HILL SWIM TEAM
Attention: Mary Ann Kremenliev
2635 Ryan Road, Concord, CA 94518
(415) 825-5421

HEAD COACH

Competitive swim club requires head coach.

The club presently has 30 competitive and 20 development swimmers. Candidate should have NCCP Theory and Technical Level 1 and 2 with a Bronze Cross.

Send resume, including references with a letter of application to:

Alberta Marlin Aquatic Club
Box 341, Medicine Hat,
Alberta, T1A 7G1

Deadline to receive application: **May 15, 1989**

ASSISTANT COACH

A full-time assistant coach is required for a progressive and expanding age group club.

Duties will include coaching elite age-group athletes and overseeing the development program.

Send resume, including salary expectations, to:

Head Coach,
Juan de Fuca Coho SC
P.O.Box 7031, Station 4
Victoria, B.C.
V9B 4Z2

COACHING POSITION FULL/PART TIME

Dartmouth Crusaders are seeking experienced coaches interested in developing novice to international age group swimmers

Interested applicants send resume to:

Dartmouth Crusaders SC
c/o A.J.Moore or Ken Dunn,
P.O.Box 274,
Dartmouth, Nova Scotia,
B2Y 2Y3

1989 SHORT COURSE TAG ©

TOP 50 AGE GROUP TIMES

TAG is financially supported by Swimming Canada and Sport Canada. Rankings in 25 metre pools for the period: Sep.1, 88 to Mar.10, 1989

Billy Beecher, 12, LAC

Holly McComb, 12, PCSC

Curtis Myden, 14, CASC

Edith Lachapelle, 12, GO

Shyanne Shannon, 12, TIDE

Eddie Parenti, 17, NSC

CLUB SCORES

Rk	Pts	Team	Prov	Coach	Rk 88 LC	Pts
1	79409	Etobicoke Pepsi Swimming	ON	Mitch Ivey	1	1369
2	55947	Gloucester Ottawa Kingfish	ON	Eduard Levites	4	678
3	52998	Pointe Claire Swim Club	PQ	Cliff Barry	5	634
4	47234	Edmonton Keyano SC	AB	Dave Johnson	6	587
5	41903	Hamilton-Wentworth AC	ON	Gaye Stratten	7	587
6	35135	North York AC	ON	Fowlie/MacDonald	2	797
7	31622	London Aquatic Club	ON	Paul Midgley	8	486
8	26316	Manta Aquatic Club	MN	Ken Olson	12	308
9	24062	Hyack Swim Club	BC	Bill Sawchuk	20	186
10	23815	Vancouver Canadian SC	BC	Chris Givens	-	-
11	20767	Brantford Aquatic Club	ON	Mark Fellner	22	120
12	20496	Cascade Swim Club	AB	Jeff Coulter	10	339
13	19428	Victoria Olymoians	BC	Ron Jacks	12	327
14	19400	Club de Natation Laval	PQ	Pierre Bedard	11	330
15	18462	Regina Optimist Dolphins	SK	Drudge / Thorburn	9	361
16	16401	Halifax Trojan AC	NS	Gary MacDonald	31	119
17	16369	Select Ste-Foy	PQ	Benoit Lebrun	27	126
18	14972	Nepean Swim Club	ON	Brian Cartlidge	37	101
19	13525	Natation Levis+Montmagny	PQ	Vannase / St.Jean	30	120
20	11853	University of Calgary SC	AB	Deryk Snelling	14	288
21	11163	Guelph Marlin AC	ON	Kevin Auger	45	68
22	11162	Club Aquatique Montreal	PQ	Ken McKinnon	16	259
23	11099	Ajax Aquatic Club	ON	Paul Meronen	13	300
24	11012	Canadian Dolphin SC	BC	Tom Johnson	3	701
25	10734	Region of Waterloo	ON	Dean Boles	33	111
26	10729	Trent Swim Club	ON	Vince Raleigh	26	129
27	10674	Saint John Fundy AC	NB	Blair Tucker	59	46
28	9539	Sault Ste.Marie AC	ON	Bill Park	43	81
29	8458	Mississauga Aquatic Club	ON	Bill Barton	24	151
30	8243	Windsor Aquatic Club	ON	Tom Arusoo	21	162

Scoring is done for top 15 places using the individual performance number
1000 points = average of 8 fastest times ever done

Derek DeJong,17, EPS

Joanne Malar, 13, HWAC

GIRLS 11-12 — 1989 SHORT COURSE TAG©

50 METRES FREESTYLE
Rec:0:26.34 L.Melien,AAC,85

1)	0:27.44	824	ONMAR	Edith Lachapelle,12,GO
2)	0:27.60	812	ONMAR	Shauna Collins,11,ROD
3)	0:27.88	789	POCUPJAN	Holly McComb,12,PCSC
4)	0:28.04	777	ONMAR	Julie Howard,12,BRANT
5)	0:28.49	741	MMSCMAR	Rachelle Roberts,11,RACE
6)	0:28.66	728	RACERDEC	Allison Barriscale,12,KMSC
7)	0:28.82	715	ONMAR	Tricia Witty,12,SSMAC
8)	0:28.84	713	ONAFEB	Carrie Fowlie,11,NYAC
9)	0:28.86	712	POFEB	Melanie Hamel,12,PLUS
10)	0:28.94	705	GOLDNOV	Suzie Murray,12,SD
11)	0:28.96	704	ALBFEB	Andrea Kilam,12,LASC
12)	0:28.99	701	POFEB	Isabelle Madore,12,CNTA
13)	0:29.05	697	McMOCT	Joanne Malar,12,HWAC
14)	0:29.13	690	ALBFEB	Devra Peterson,12,LASC
15)	0:29.13	690	ONAFEB	Anne Blachford,12,COBRA
16)	0:29.18	686	ONMAR	Desiree Pendl,12,EPS
17)	0:29.19	686	BCFEB	Donna Wu,11,VCSC
18)	0:29.19	686	WESTMAR	Sara Parchello,12,PAOS
19)	0:29.26	680	BRANTNOV	Tamara Flannigan,12,HWAC
20)	0:29.26	680	MANTADEC	Carol Chiang,12,TPRR
21)	0:29.27	679	POFEB	Melanie Poirier,12,CNDRI
22)	0:29.32	675	YOUTHDEC	Tamsen Sherbanow,12,PICK
23)	0:29.36	672	BRANTNOV	Waneek Horn-Miller,12,NSC
24)	0:29.36	672	PCSCDEC	Josee Houle,12,CAMO
25)	0:29.36	672	ONMAR	Lisa Parwicki,11,EPS
26)	0:29.38	671	ONAAFEB	Karen Scott,12,GMAC
27)	0:29.39	670	ONAFEB	Tatiana Baran,12,GO
28)	0:29.45	665	MMSCMAR	Tanja McCandie,12,MMSC
29)	0:29.55	657	UCSCJAN	Erin Eide,11,MM
30)	0:29.60	653	ONMAR	Leah Douglas,12,SYD
31)	0:29.62	652	ONMAR	Angela Farenzena,12,LUSC
32)	0:29.64	650	BCFEB	Suzanne Weckend,11,VICO
33)	0:29.66	648	YOUTHDEC	Shyanne Shannon,12,TIDE
34)	0:29.67	648	NSFEB	Jennifer Tummonds,12,DCSC
35)	0:29.69	646	PCSCDEC	Gwen Grubski,12,PLUS
36)	0:29.75	641	NBFEB	Cynthia Morel,12,FAST
37)	0:29.76	640	ALBFEB	Jennifer Anderson,12,LASC
38)	0:29.78	639	MANTADEC	ShannonShakespeare,11,MANTA
39)	0:29.83	635	CRKWDEC	ShannonCunningham,12,COMOX
40)	0:29.84	634	EPSOCT	Laryssa Korchinsky,12,EPS
41)	0:29.85	633	ONMAR	Erica Nagy,12,STARS
42)	0:29.86	632	CRKWDEC	Erin Hardy,11,COHO
43)	0:29.87	632	ONAFEB	Kristin Bauer,12,ROW
44)	0:29.90	629	RACERDEC	Shawna Pentland,12,KISU
45)	0:29.93	627	POFEB	Veronique Boucher,12,BSB
46)	0:29.96	625	ONAFEB	Christy Clupa,12,EPS
47)	0:29.96	625	ONAFEB	Imoinda Romain,12,COBRA
48)	0:29.96	625	POFEB	Melissa Bateman,11,PCSC
49)	0:29.98	623	ONAAFEB	Sarah Laudenbach,11,BSCC
50)	0:29.99	622	ONAAAFEB	Kelly James,12,LLSC

100 METRES FREESTYLE
Rec:0:57.36 L.Melien,AAC,85

1)	0:59.22	822	POCUPJAN	Holly McComb,12,PCSC
2)	0:59.23	822	ONMAR	Edith Lachapelle,12,GO
3)	1:00.36	780	ONMAR	Tamara Flannigan,12,HWAC
4)	1:00.36	780	ONMAR	Shauna Collins,11,ROD
5)	1:01.03	755	ONMAR	Julie Howard,12,BRANT
6)	1:01.63	733	ONAFEB	Carrie Fowlie,11,NYAC
7)	1:01.78	728	MMSCMAR	Rachelle Roberts,11,RACE
8)	1:01.94	722	McMOCT	Joanne Malar,12,HWAC
9)	1:02.29	709	POFEB	Melanie Hamel,12,PLUS
10)	1:02.40	705	BCFEB	Allison Barriscale,12,KMSC
11)	1:02.75	692	BRANTNOV	Waneek Horn-Miller,12,NSC
12)	1:02.80	690	POFEB	Gwen Grubski,12,PLUS
13)	1:02.80	690	ONMAR	Anne Blachford,12,COBRA
14)	1:02.93	685	POFEB	Isabelle Madore,12,CNTA
15)	1:03.27	673	NBFEB	Shyanne Shannon,12,TIDE
16)	1:03.28	673	ONMAR	Desiree Pendl,12,EPS
17)	1:03.33	671	ALBFEB	Devra Peterson,12,LASC
18)	1:03.35	670	ALBFEB	Andrea Kilam,12,LASC
19)	1:03.41	668	ONMAR	Lisa Parwicki,11,EPS
20)	1:03.64	659	ONCUPJAN	Tatiana Baran,12,GO
21)	1:03.69	658	MANFEB	Suzie Murray,12,SD
22)	1:04.07	644	POFEB	Patricia Veilleux,12,LMRL
23)	1:04.08	643	BCFEB	Donna Wu,11,VCSC
24)	1:04.34	634	ONAAFEB	Karen Scott,12,GMAC
25)	1:04.39	632	ONAAFEB	Sarah Laudenbach,11,BSCC
26)	1:04.40	631	YOUTHDEC	Stephanie Richardson,11,NYAC
27)	1:04.40	631	CRKWDEC	ShannonCunningham,12,COMOX
28)	1:04.46	629	ALBFEB	Jennifer Anderson,12,LASC
29)	1:04.57	625	ONMAR	Erica Nagy,12,STARS
30)	1:04.63	623	SASKFEB	Kelly Sommerfeld,11,GOLD
31)	1:04.69	621	WESTMAR	Sara Parchello,12,PAOS
32)	1:04.70	620	ONAFEB	Nicola Homenock,12,LAC
33)	1:04.77	618	MANTADEC	Carol Chiang,12,TPRR
34)	1:04.78	617	SASKFEB	Sarah Wolfenberg,12,ROD
35)	1:04.86	615	RACERDEC	Shawna Pentland,12,KISU
36)	1:04.90	613	POFEB	Chantal Darveau-Rivard,11,LDRN
37)	1:04.90	613	ONMAR	Chelsea Bailey,12,HWAC
38)	1:04.93	612	ONMAR	Sheryl Sanders,12,STJJ
39)	1:04.96	611	MANTADEC	Rachelle Charlebois,12,TBT
40)	1:04.99	610	NSFEB	Jennifer Tummonds,12,DCSC
41)	1:05.07	607	YOUTHDEC	Melanie Ackers,12,EPS
42)	1:05.07	607	MANFEB	Shannon Shakespeare,11,UNATT
43)	1:05.13	605	PCSCDEC	Josee Houle,12,CAMO
44)	1:05.20	602	McMOCT	Jill Brohman,12,HWAC
45)	1:05.21	602	ONMAR	Claudine Long,12,MAC
46)	1:05.24	601	BCFEB	Ursula Gurney,12,AOUA
47)	1:05.29	599	RACERDEC	Lindsay Jackman,12,COHO
48)	1:05.30	598	BCFEB	Senta Kaiser,12,COHO
49)	1:05.35	596	MANFEB	Erin Elde,11,MM
50)	1:05.40	595	ONAFEB	Christy Ciupa,12,EPS

200 METRES FREESTYLE
Rec:2:06.96 M.Ticklin,PCSC,83

1)	2:09.15	788	ONMAR	Edith Lachapelle,12,GO
2)	2:09.41	783	POCUPJAN	Holly McComb,12,PCSC
3)	2:09.87	775	ONAFEB	Carrie Fowlie,11,NYAC
4)	2:10.07	772	ONMAR	Shauna Collins,11,ROD
5)	2:11.00	756	ONMAR	Julie Howard,12,BRANT
6)	2:13.09	720	McMOCT	Joanne Malar,12,HWAC
7)	2:13.48	713	YOUTHDEC	Shyanne Shannon,12,TIDE
8)	2:13.80	708	CVACJAN	Nicole Bourgeois,12,CVAC
9)	2:14.08	703	POFEB	Gwen Grubski,12,PLUS
10)	2:14.48	696	POFEB	Melanie Hamel,12,PLUS
11)	2:14.66	693	BRANTNOV	Waneek Horn-Miller,12,NSC
12)	2:14.77	691	POFEB	Patricia Veilleux,12,LMRL
13)	2:14.80	691	BCFEB	Allison Barriscale,12,KMSC
14)	2:15.00	687	MMSCMAR	Rachelle Roberts,11,RACE
15)	2:15.16	685	ONMAR	Tamara Flannigan,12,HWAC
16)	2:16.78	657	ONAFEB	Rachelle Charlebois,12,TBT
17)	2:16.88	655	ONMAR	Lisa Parwicki,11,EPS
18)	2:17.01	653	HYACKJAN	Donna Wu,11,VCSC
19)	2:17.14	651	YOUTHDEC	Cindy Bertelink,12,STARS
20)	2:17.29	648	PCSCDEC	Marie-P. Leduc,12,ETORY
21)	2:17.57	643	YOUTHDEC	Melanie Ackers,12,EPS
22)	2:17.57	643	HYACKJAN	Lindsay Jackman,12,COHO
23)	2:17.57	643	BCFEB	Senta Kaiser,12,COHO
24)	2:17.94	637	ONCUPJAN	Tatiana Baran,12,GO
25)	2:18.04	635	ONMAR	Sarah Wolfenberg,12,ROD
26)	2:18.22	632	ONMAR	Lisa Gibbons,12,TBT
27)	2:18.27	631	ONMAR	Claudine Long,12,MAC
28)	2:18.34	630	MANTADEC	Suzie Murray,12,SD
29)	2:18.43	629	CRKWDEC	ShannonCunningham,12,COMOX
30)	2:18.50	628	ONAAFEB	Sarah Laudenbach,11,BSCC
31)	2:18.58	626	ONMAR	Stephanie Richardson,12,NYAC
32)	2:19.17	616	ONMAR	Sheryl Sanders,12,STJJ
33)	2:19.39	612	ONMAR	Anne Blachford,12,COBRA
34)	2:19.49	611	BCFEB	Ursula Gurney,12,AOUA
35)	2:19.66	608	SASKFEB	Kelly Sommerfeld,11,GOLD
36)	2:19.86	604	ONAFEB	Desiree Pendl,12,EPS
37)	2:19.92	603	ONAAAFEB	Barbi Brochu,12,TAT
38)	2:20.26	597	ONMAR	Shauna Kuiper,12,BSCC
39)	2:20.47	594	ONMAR	Stephanie Cooling,11,NYAC
40)	2:20.63	591	ALBFEB	Andrea Kilam,12,LASC
41)	2:20.76	589	PCSCDEC	Josee Houle,12,CAMO
42)	2:20.76	589	POFEB	Lisa Virgini,12,PCSC
43)	2:20.87	587	YOUTHDEC	Jill Brohman,12,HWAC
44)	2:20.87	587	ALBFEB	Devra Peterson,12,LASC
45)	2:21.12	583	ALBFEB	Jennifer Anderson,12,LASC
46)	2:21.16	582	YOUTHDEC	Michelle Arzaga,12,CREST
47)	2:21.23	581	ONAAFEB	Karen Scott,12,GMAC
48)	2:21.37	578	ONCUPJAN	Sarah Jay,12,BRANT
49)	2:21.44	577	YOUTHDEC	Nicola Homenock,11,LAC
50)	2:21.47	577	HYACKJAN	Faye Tucker,11,VICO

400 METRES FREESTYLE
Rec:4:23.93 S.Shewchuk,PCSC,87

1)	4:34.48	747	ONMAR	Carrie Fowlie,12,NYAC
2)	4:34.66	745	CVACJAN	Shyanne Shannon,12,TIDE
3)	4:34.78	744	ONMAR	Tamara Flannigan,12,HWAC
4)	4:35.53	738	YOUTHDEC	Holly McComb,12,PCSC
5)	4:38.84	711	YOUTHDEC	Cindy Bertelink,12,STARS
6)	4:39.13	709	POFEB	Gwen Grubski,12,PLUS
7)	4:39.65	704	ONMAR	Shauna Collins,11,ROD
8)	4:41.63	688	POFEB	Melanie Hamel,12,PLUS
9)	4:41.69	688	POFEB	Patricia Veilleux,12,LMRL
10)	4:44.04	668	RACERDEC	Donna Wu,11,UNATT
11)	4:44.06	668	ONAFEB	Julie Howard,12,BRANT
12)	4:44.25	667	BCFEB	Senta Kaiser,12,COHO
13)	4:44.42	665	ONAAFEB	Sarah Laudenbach,11,BSCC
14)	4:44.77	662	YOUTHDEC	Melanie Ackers,12,EPS
15)	4:45.07	660	RACERDEC	Lindsay Jackman,12,COHO
16)	4:46.07	652	PCSCDEC	Marie-P. Leduc,12,ETORY
17)	4:46.46	648	ONMAR	Shauna Kuiper,12,BSCC
18)	4:47.81	637	BCFEB	Ursula Gurney,12,AOUA
19)	4:48.05	635	ALBFEB	Andrea Kilam,12,LASC
20)	4:48.08	635	ONAFEB	Desiree Pendl,12,EPS
21)	4:49.87	620	ALBFEB	Marla Merkley,11,SSC
22)	4:49.92	620	ONMAR	Nicola Homenock,12,LAC
23)	4:50.12	618	YOUTHDEC	Jill Brohman,12,HWAC
24)	4:50.27	617	ONMAR	Barbi Brochu,12,TAT
25)	4:50.60	615	HYACKJAN	Suzie Murray,12,SD
26)	4:50.71	614	ONAFEB	Rachelle Charlebois,12,TBT
27)	4:50.99	611	YOUTHDEC	Stephanie Richardson,11,NYAC
28)	4:51.16	610	ONAFEB	Tatiana Baran,12,GO
29)	4:51.54	607	CRKWDEC	ShannonCunningham,12,COMOX
30)	4:51.85	604	ONAFEB	Jennifer Lefeuvre,12,TOMAC
31)	4:52.31	600	BRANTNOV	Karl Randall,12,GMAC
32)	4:52.40	600	ONMAR	Claudine Long,12,MAC
33)	4:52.78	597	YOUTHDEC	Sarah Wolfenberg,12,ROD
34)	4:53.11	594	YOUTHDEC	Christina Cole,12,TIDE
35)	4:53.21	593	ONMAR	Akiko Yoshida,12,EPS
36)	4:54.59	582	BTSCFEB	Stephanie Cooling,11,NYAC
37)	4:54.59	582	ONAFEB	Heather Beynon,12,LUSC
38)	4:54.67	581	YOUTHDEC	Holly Trimnell,12,NYAC
39)	4:54.76	580	BRANTNOV	Waneek Horn-Miller,12,NSC
40)	4:55.15	577	HYACKJAN	Faye Tucker,11,VICO
41)	4:55.66	573	BTSCFEB	Erica Nagy,12,STARS
42)	4:55.85	571	ALBFEB	Jodi Hindley,11,CASC
43)	4:56.15	569	BCFEB	Tara Bayley,12,CTSC
44)	4:56.23	568	PCSCDEC	Lisa Virgini,12,DDO
45)	4:56.58	565	PCSCDEC	Josee Houle,12,CAMO
46)	4:57.06	561	YOUTHDEC	Kerri Ford,12,SCAR
47)	4:57.59	557	POFEB	Josee Santillan,12,LAVAL
48)	4:57.60	557	HYACKJAN	Melanie Copple,11,VCSC
49)	4:57.63	557	ONAFEB	Jaime Winton,89,SCAR
50)	4:57.83	555	BCFEB	Helen Jensen,12,PSW

800 METRES FREESTYLE
Rec:8:55.85 S.Shewchuk,PCSC,87

1)	9:19.30	763	CVACJAN	Shyanne Shannon,12,TIDE
2)	9:19.62	761	ONAFEB	Carrie Fowlie,11,NYAC
3)	9:24.39	742	YOUTHDEC	Holly McComb,12,PCSC
4)	9:24.50	742	ONMAR	Tamara Flannigan,12,HWAC
5)	9:27.96	728	POFEB	Gwen Grubski,12,PLUS
6)	9:29.92	720	YOUTHDEC	Cindy Bertelink,12,STARS
7)	9:30.87	716	POFEB	Melanie Hamel,12,PLUS
8)	9:43.46	666	BCFEB	Senta Kaiser,12,COHO
9)	9:45.04	660	POFEB	Patricia Veilleux,12,LMRL
10)	9:46.22	655	BCFEB	Lindsay Jackman,12,COHO
11)	9:46.89	652	BCFEB	Ursula Gurney,12,AOUA
12)	9:48.60	646	ONAFEB	Julie Howard,12,BRANT
13)	9:49.83	641	ONMAR	Shauna Kuiper,12,BSCC
14)	9:51.39	634	YOUTHDEC	Jill Brohman,12,HWAC
15)	9:56.77	613	ONMAR	Barbi Brochu,12,TAT
16)	9:57.26	611	POFEB	Lisa Virgini,12,PCSC
17)	9:58.10	608	YOUTHDEC	Christina Cole,12,TIDE
18)	9:58.50	606	CRKWDEC	Faye Tucker,11,VICO
19)	9:59.89	600	YOUTHDEC	Shauna Collins,11,ROD
20)	10:01.47	594	YOUTHDEC	Holly Trimnell,12,NYAC
21)	10:02.50	590	YOUTHDEC	Stephanie Richardson,11,NYAC
22)	10:02.94	588	ONMAR	Sarah Wolfenberg,12,ROD
23)	10:03.26	587	PGBOCT	Allison Barriscale,12,KMSC
24)	10:03.34	587	MANTADEC	Rachelle Charlebois,12,TBT
25)	10:03.92	584	CRKWDEC	Shannon Cunningham,12,COMOX
26)	10:04.81	581	POFEB	Josee Santillan,12,LAVAL
27)	10:06.22	575	BCFEB	Tara Bayley,12,CTSC
28)	10:08.02	568	BCFEB	Cara Webb,12,KISU
29)	10:08.04	568	ONAFEB	Stephanie Cooling,11,NYAC
30)	10:08.72	565	YOUTHDEC	Desiree Pendl,12,EPS
31)	10:08.74	565	PCSCDEC	Melanie Fortin,12,LMRL
32)	10:08.83	565	POFEB	Gabrielle Lemieux,12,LMRL
33)	10:09.01	564	POFEB	Julie Grandmaison,12,CNCB
34)	10:09.65	561	BCFEB	Suzanne Weckend,11,VICO
35)	10:09.88	560	GMACJAN	Kari Randall,12,GMAC
36)	10:10.18	559	YOUTHDEC	Tatiana Baran,12,GO
37)	10:10.53	558	YOUTHDEC	Helena Griner,12,NYAC
38)	10:10.56	558	CASCNOV	Marla Merkley,11,SSC
39)	10:11.29	555	ONMAR	Jaime Winton,89,SCAR
40)	10:12.87	549	MANTADEC	Suzie Murray,12,SD
41)	10:14.36	543	YOUTHDEC	Gail Seipp,12,NAAC
42)	10:14.80	541	RACERDEC	Donna Wu,11,UNATT
43)	10:15.18	539	POFEB	Pascale St.Onge,11,CASE
44)	10:15.20	539	YOUTHDEC	Sheryl Sanders,12,STJJ
45)	10:15.40	538	YOUTHDEC	Andrea Mortin,12,ROD
46)	10:15.91	536	POFEB	Katrie Desjardins,12,CNO
47)	10:16.61	534	POFEB	Melanie Plante,12,CNCB
48)	10:16.65	533	ONMAR	Katie Gallagher,11,NSC
49)	10:18.15	527	MANFEB	Robyn Groff,12,MM
50)	10:18.68	525	MANFEB	Cary Gillies,12,KEETA

100 METRES BACKSTROKE
Rec:1:06.23 L.Melien,AAC,85

1)	1:09.22	723	McMOCT	Joanne Malar,12,HWAC
2)	1:09.86	702	RACERDEC	Allison Barriscale,12,KMSC
3)	1:10.05	696	ONMAR	Edith Lachapelle,12,GO
4)	1:10.20	691	YOUTHDEC	Tamsen Sherbanow,12,PICK
5)	1:10.42	684	ONMAR	Julie Howard,12,BRANT
6)	1:10.74	673	ONAFEB	Rachelle Charlebois,12,TBT
7)	1:10.75	673	BCFEB	Suzanne Weckend,11,VICO
8)	1:11.23	657	ONAAFEB	Erica Nagy,12,STARS
9)	1:11.39	652	ALBFEB	Andrea Kilam,12,LASC
10)	1:11.42	651	ONAFEB	Chnsty Ciupa,12,EPS
11)	1:11.62	644	PCSCDEC	Gwen Grubski,12,PLUS
12)	1:11.70	642	MANTADEC	Suzie Murray,12,SD
13)	1:12.66	610	PCSCDEC	Holly McComb,12,PCSC
14)	1:12.97	600	ONMAR	Lisa Parwicki,11,EPS
15)	1:13.23	591	POFEB	Marie-P. Leduc,12,ETORY
16)	1:13.35	587	POFEB	Brigitte Otis,12,HIPPO
17)	1:13.42	585	CVACJAN	Shyanne Shannon,12,TIDE
18)	1:13.62	579	ONAFEB	Jennifer Lefeuvre,12,TOMAC
19)	1:13.69	576	NSFEB	Nina Martin,11,HTAC
20)	1:13.94	568	ONMAR	Tricia Witty,12,SSMAC
21)	1:14.53	549	ALBFEB	Jessica Amey,12,UCSC
22)	1:14.62	546	PCSCDEC	Melanie Graveline,12,LAVAL
23)	1:14.64	545	POFEB	Melanie Hamel,12,PLUS
24)	1:14.81	539	ONAAFEB	Cheryl Feren,12,GMAC
25)	1:14.94	535	RACERDEC	Kim Wiltse,12,VICO
26)	1:14.96	535	McMOCT	Tamara Flannigan,12,HWAC
27)	1:15.11	530	POFEB	Marie-H. Savo,11,CAMO
28)	1:15.16	528	ONMAR	Kerri Ford,12,SCAR
29)	1:15.39	520	ALBFEB	Tara Fullbrandt,11,OSC
30)	1:15.56	515	PCSCDEC	Genevieve Ouellette,12,PCSC
31)	1:15.57	514	ONAFEB	Shona Kitson,11,WAC
32)	1:15.66	512	BCFEB	Lindsay Jackman,12,COHO
33)	1:15.66	512	POFEB	Veronique Boucher,12,BSB
34)	1:15.72	510	ONMAR	Erin Adams,12,GO
35)	1:15.85	505	CVACJAN	Nicole Bourgeois,12,CVAC
36)	1:15.88	504	HYACKJAN	Kristin Kyte,12,CDSC
37)	1:15.95	502	MANFEB	Erin Eide,11,MM
38)	1:15.97	501	YOUTHDEC	Anne Blachford,12,COBRA
39)	1:15.98	501	ALBFEB	Jennifer Anderson,12,LASC
40)	1:16.17	495	RYMMJAN	Shauna Collins,11,ROD
41)	1:16.17	495	BTSCFEB	Carrie Fowlie,11,NYAC
42)	1:16.17	495	ONMAR	Kristin Bauer,12,ROW
43)	1:16.22	493	SASKFEB	Jennifer Mintenko,11,MJKFF
44)	1:16.22	493	BCFEB	Jennifer Smythe,12,KISU
45)	1:16.34	489	ONAAAFEB	Andrea Becker,12,LSC
46)	1:16.36	488	PICKDEC	Amanda Poole,13,UPCAN
47)	1:16.37	488	GOLDNOV	Christy Bettess,12,MM
48)	1:16.37	488	ALBFEB	Vanessa Healy,12,CASC
49)	1:16.49	484	ONMAR	Imoinda Romain,12,COBRA
50)	1:16.54	483	ONMAR	Lesley Oake,11,TRENT

GIRLS 11-12 CONTD.

200 METRES BACKSTROKE
Rec:2:21.92 L.Melien,AAC,84

1)	2:26.56	745	McMOCT	Joanne Malar,12,HWAC
2)	2:29.54	699	ONMAR	Julie Howard,12,BRANT
3)	2:30.02	692	ONMAR	Edith Lachapelle,12,GO
4)	2:31.01	677	YOUTHDEC	Tamsen Sherbanow,12,PICK
5)	2:31.30	672	CVACJAN	Shyanne Shannon,12,TIDE
6)	2:31.38	671	VICJAN	Suzanne Weckend,11,VICO
7)	2:31.97	662	ONAFEB	Rachelle Charlebois,12,TBT
8)	2:33.13	644	ONAAFEB	Erica Nagy,12,STARS
9)	2:33.57	637	EASTCUP	Gwen Grubski,12,PLUS
10)	2:33.64	636	MANTADEC	Suzie Murray,12,SD
11)	2:34.19	628	ONAFEB	Christy Ciupa,12,EPS
12)	2:35.25	612	BTSCFEB	Carrie Fowlie,11,NYAC
13)	2:35.70	605	UCSCJAN	Andrea Kilam,12,LASC
14)	2:35.73	604	ONAFEB	Jennifer Lefeuvre,12,TOMAC
15)	2:36.06	599	POFEB	Marie-P. Leduc,12,ETORY
16)	2:36.43	593	POFEB	Melanie Hamel,12,PLUS
17)	2:36.43	593	ONMAR	Lisa Parwickl,11,EPS
18)	2:36.97	585	NSFEB	Nina Martin,11,HTAC
19)	2:37.53	577	ONMAR	Tricia Witty,12,SSMAC
20)	2:37.67	574	CVACJAN	Lisa Virgini,12,DDO
21)	2:38.13	567	PCSCDEC	Brigitte Otis,12,HIPPO
22)	2:38.34	564	BCFEB	Jennifer Smythe,12,KISU
23)	2:38.40	563	CRKWDEC	Kim Wiltse,12,VICO
24)	2:39.21	551	MANFEB	Erin Eide,11,MM
25)	2:39.35	549	SASKFEB	Shauna Collins,11,ROD
26)	2:39.76	542	PCSCDEC	Josee Santillan,12,LAVAL
27)	2:39.87	541	BCFEB	Helen Jensen,12,PSW
28)	2:39.93	540	ALBFEB	Jessica Amey,12,UCSC
29)	2:40.00	539	PCSCDEC	Melanie Graveline,12,LAVAL
30)	2:40.28	534	POFEB	Julie Grandmaison,12,CNCB
31)	2:40.51	531	ONAFEB	Shona Kitson,11,WAC
32)	2:40.51	531	ONMAR	Kerri Ford,12,SCAR
33)	2:40.80	526	MANTADEC	Cheryl Bucharski,12,STSC
34)	2:40.92	524	BCFEB	Lindsay Jackman,12,COHO
35)	2:41.21	520	HYACKJAN	Kristin Kyte,12,CDSC
36)	2:41.36	518	ONAFEB	Shannon Monette,12,HWAC
37)	2:41.40	517	UCSCJAN	Jennifer Anderson,12,LASC
38)	2:41.41	517	WESTMAR	Jennifer Mintenko,12,MJKFF
39)	2:41.71	512	POFEB	Nathalie Jacques,11,ENL
40)	2:41.83	510	ONMAR	Cheryl Feren,12,GMAC
41)	2:41.88	510	McMOCT	Tamara Flannigan,12,HWAC
42)	2:41.98	508	GMACJAN	Kim Kerr,11,HWAC
43)	2:42.11	506	ONMAR	Erin Adams,12,GO
44)	2:42.20	505	ONMAR	Kristin Bauer,12,ROW
45)	2:42.25	504	POFEB	Gabrielle Lemieux,12,LMRL
46)	2:42.29	503	GOLDNOV	Christy Bettess,12,MM
47)	2:42.60	499	YOUTHDEC	Andrea Nicholls,12,ROW
48)	2:42.65	498	YOUTHDEC	Andrea Becker,12,LSC
49)	2:42.81	495	McMOCT	Jill Brohman,12,HWAC
50)	2:43.08	491	BCFEB	Sarah Brown,12,PSW

100 METRES BREASTSTROKE
Rec:1:10.11 A.Higson,ESC,85

1)	1:16.48	743	EASTCUP	Anne Blachford,12,COBRA
2)	1:18.38	687	ALBFEB	April Batten,12,GCO
3)	1:18.44	686	RACERDEC	Jennifer Heagy,11,SPART
4)	1:18.55	682	McMOCT	Joanne Malar,12,HWAC
5)	1:18.55	682	ONAFEB	Stephanie Richardson,12,NYAC
6)	1:18.75	676	BRANTNOV	Michelle Arzaga,12,CREST
7)	1:19.40	657	MMSCMAR	Rachelle Roberts,11,RACE
8)	1:19.48	655	YOUTHDEC	Carolyn Gilbert,12,LAC
9)	1:20.23	633	YOUTHDEC	Tamsen Sherbanow,12,PICK
10)	1:20.84	615	CRKWDEC	ShannonCunningham,12,COMOX
11)	1:21.25	603	PCSCDEC	Alexandra Bernard,12,PCSC
12)	1:21.39	599	RACERDEC	Shawna Pentland,12,KISU
13)	1:21.43	597	YOUTHDEC	Andrea Mortin,12,ROD
14)	1:21.61	592	ONMAR	Renee Ayotte,12,WISC
15)	1:21.79	587	BRANTNOV	Kari Randall,12,GMAC
16)	1:21.82	586	ONMAR	Rosemarie Gespacher,12,GO
17)	1:22.00	581	RACERDEC	Allison Barriscale,12,KMSC
18)	1:22.09	578	POFEB	Valerie Dion,12,CASE
19)	1:22.12	577	YOUTHDEC	Christina Cole,12,TIDE
20)	1:22.27	573	ALBFEB	Shannon Magee,11,CASC
21)	1:22.35	570	BRANTNOV	Sarah Jay,12,BRANT
22)	1:22.44	568	BCFEB	Myna Noriega,12,HYACK
23)	1:22.56	564	ALBFEB	Tara Honstein,12,OSC
24)	1:22.78	558	POFEB	Pascale St.Onge,11,CASE
25)	1:22.92	553	ALBFEB	Jennifer Anderson,12,LASC
26)	1:23.09	548	MACJAN	Andrea Nicholls,12,ROW
27)	1:23.12	548	POFEB	Isabelle Madore,12,CNTA
28)	1:23.26	543	MANFEB	Shannon Shakespeare,11,UNATT
29)	1:23.36	541	ONAAAFEB	Leah Douglas,12,SYD
30)	1:23.39	540	BTSCFEB	Heather Beynon,12,LUSC
31)	1:23.40	539	ALBFEB	Nola Zwarich,11,UCSC
32)	1:23.42	539	MMSCMAR	Tanja McCandie,12,MMSC
33)	1:23.43	538	POFEB	Gabrielle Bruneau,12,BSB
34)	1:23.45	538	YOUTHDEC	Jill Brohman,12,HWAC
35)	1:23.57	534	ONAAAFEB	Anita Knoll,12,KWY
36)	1:23.66	532	ONMAR	Jennifer DiFilippo,12,HWAC
37)	1:23.71	530	POFEB	Marie-S. Cote,12,CNJO
38)	1:23.73	530	ONMAR	Stephanie Cooling,11,NYAC
39)	1:23.83	527	YOUTHDEC	Patricia Luke,12,WISC
40)	1:23.86	526	ONMAR	Jesse Ray,12,EPS
41)	1:23.87	525	RYMMJAN	Shauna Collins,11,ROD
42)	1:24.08	519	ONMAR	Trista DeLucca,12,SSMAC
43)	1:24.15	517	CASCNOV	Andrea Kilam,11,LASC
44)	1:24.33	512	SASKFEB	Jackie Korchinsky,12,GOLD
45)	1:24.33	512	ONMAR	Sheryl Sanders,12,STJJ
46)	1:24.33	512	ONMAR	Sarah Wolfenberg,12,ROD
47)	1:24.41	510	POFEB	Melissa Bateman,11,PCSC
48)	1:24.46	508	SASKFEB	Susan Banman,11,ROD
49)	1:24.53	506	WALKRNOV	Alisha Patel,11,CYPS
50)	1:24.53	506	YOUTHDEC	Gail Seipp,12,NAAC

200 METRES BREASTSTROKE
Rec:2:32.10 A.Higson,ESC,85

1)	2:46.13	722	BCFEB	Jennifer Heagy,11,SPART
2)	2:46.74	714	ONMAR	Anne Blachford,12,COBRA
3)	2:48.16	695	McMOCT	Joanne Malar,12,HWAC
4)	2:48.93	684	ALBFEB	April Batten,12,GCO
5)	2:49.29	679	BCFEB	Allison Barriscale,12,KMSC
6)	2:49.39	678	CRKWDEC	ShannonCunningham,12,COMOX
7)	2:50.02	669	ONMAR	Stephanie Richardson,12,NYAC
8)	2:50.63	661	YOUTHDEC	Carolyn Gilbert,12,LAC
9)	2:50.85	658	PCSCDEC	Holly McComb,12,PCSC
10)	2:51.19	653	YOUTHDEC	Andrea Mortin,12,ROD
11)	2:51.51	649	BRANTNOV	Michelle Arzaga,12,CREST
12)	2:51.85	644	PCSCDEC	Alexandra Bernard,12,PCSC
13)	2:53.42	622	ONMAR	Renee Ayotte,12,WISC
14)	2:53.63	620	YOUTHDEC	Kari Randall,12,GMAC
15)	2:53.83	617	BCFEB	Myna Noriega,12,HYACK
16)	2:54.41	609	RACERDEC	Shawna Pentland,12,KISU
17)	2:54.81	603	ALBFEB	Shannon Magee,11,CASC
18)	2:55.93	588	ONAFEB	Heather Beynon,12,LUSC
19)	2:56.48	580	BRANTNOV	Cindy Bertelink,12,STARS
20)	2:56.82	576	YOUTHDEC	Christina Cole,12,TIDE
21)	2:56.99	573	ONAFEB	Jennifer DiFilippo,12,HWAC
22)	2:57.17	571	POFEB	Valerie Dion,12,CASE
23)	2:57.44	567	ALBFEB	Jennifer Anderson,12,LASC
24)	2:57.50	566	ALBFEB	Nola Zwarich,11,UCSC
25)	2:57.68	564	HTACNOV	Gail Seipp,12,WW
26)	2:57.98	560	BRANTNOV	Jill Brohman,12,HWAC
27)	2:58.26	556	SASKFEB	Susan Banman,11,ROD
28)	2:58.40	554	ONAFEB	Joanna Pasquale,12,HWAC
29)	2:58.45	553	POFEB	Pascale St.Onge,11,CASE
30)	2:58.76	549	ONMAR	Rosemarie Gespacher,12,GO
31)	2:58.85	548	MANTADEC	Suzie Murray,12,SD
32)	2:58.85	548	YOUTHDEC	Tamsen Sherbanow,12,PICK
33)	2:58.87	548	ALBFEB	Tara Honstein,12,OSC
34)	2:58.87	548	ONMAR	Stephanie Cooling,11,NYAC
35)	2:58.90	547	ONMAR	Sheryl Sanders,12,STJJ
36)	2:58.98	546	ONAAAFEB	Maggie Evans,12,USC
37)	2:59.06	545	SASKFEB	Sarah Wolfenberg,12,ROD
38)	2:59.06	545	POFEB	Veronique Caron,11,PLUS
39)	2:59.13	544	MACJAN	Andrea Nicholls,12,ROW
40)	2:59.47	539	ONMAR	Michelle Campese,12,NEW
41)	2:59.49	539	ALBFEB	Kelsey Wilson,12,EKSC
42)	2:59.49	539	POFEB	Gabrielle Bruneau,12,BSB
43)	2:59.61	538	ONAAAFEB	Anita Knoll,12,KWY
44)	2:59.91	533	SASKFEB	Jackie Korchinsky,12,GOLD
45)	3:00.01	532	SASKFEB	Christine McEwan,12,ROD
46)	3:00.14	530	BRANTNOV	Sarah Jay,12,BRANT
47)	3:00.18	530	ONMAR	Cary Gillies,12,KEETA
48)	3:00.23	529	ONAAFEB	Lisa Callaghan,11,BSCC
49)	3:00.26	529	ONAAAFEB	Claudia Lokody,12,CAJ
50)	3:00.40	527	LMRLNOV	Gabrielle Lemieux,12,LMRL

100 METRES BUTTERFLY
Rec:1:05.24 A.Barriscale,KMSC,89

1)	1:05.24	808	BCFEB	Allison Barriscale,12,KMSC
2)	1:07.14	744	ONCUPJAN	Edith Lachapelle,12,GO
3)	1:07.62	728	POFEB	Josee Santillan,12,LAVAL
4)	1:07.78	723	POCUPJAN	Isabelle Madore,12,CNTA
5)	1:08.45	700	PCSCDEC	Holly McComb,12,PCSC
6)	1:08.70	692	ONAFEB	Anne Blachford,12,COBRA
7)	1:08.76	690	ONMAR	Tamara Flannigan,12,HWAC
8)	1:09.10	678	ONMAR	Shauna Collins,11,ROD
9)	1:09.14	677	McMOCT	Joanne Malar,12,HWAC
10)	1:09.21	675	MANFEB	Suzie Murray,12,SD
11)	1:09.24	674	POFEB	Lisa Virgini,12,PCSC
12)	1:09.45	667	POFEB	Patricia Veilleux,12,LMRL
13)	1:09.69	659	ONMAR	Erica Nagy,12,STARS
14)	1:10.37	636	HYACKJAN	Lindsay Jackman,12,COHO
15)	1:10.91	618	ONCUPJAN	Julie Howard,12,BRANT
16)	1:11.00	615	POFEB	Isabelle Giroux,11,CAP
17)	1:11.40	601	PCSCDEC	Marie-P. Leduc,12,ETORY
18)	1:11.45	599	YOUTHDEC	Christina Cole,12,TIDE
19)	1:11.47	599	ONAFEB	Kerri Ford,12,SCAR
20)	1:11.84	586	POFEB	Gwen Grubski,12,PLUS
21)	1:11.84	586	ONMAR	Desiree Pendl,12,EPS
22)	1:11.98	582	ALBFEB	Jodi Hindley,11,CASC
23)	1:11.98	582	ONAAFEB	Karen Scott,12,GMAC
24)	1:12.21	574	MANTADEC	Robyn Groff,12,MM
25)	1:12.21	574	ONMAR	Akiko Yoshida,12,EPS
26)	1:12.37	569	RACERDEC	Shawna Pentland,12,KISU
27)	1:12.37	569	ONAAFEB	Darcy Christopher,12,EBSC
28)	1:12.37	569	ONMAR	Susan Banman,11,ROD
29)	1:12.39	568	CRKWDEC	Erin Hardy,11,COHO
30)	1:12.47	565	ONMAR	Nicola Homenock,12,LAC
31)	1:12.70	557	WESTMAR	Gloria Liebrecht,12,YOSSC
32)	1:12.77	555	BCFEB	Myna Noriega,12,HYACK
33)	1:12.83	553	YOUTHDEC	Dorri Westgarth,12,EBSC
34)	1:13.07	545	NSFEB	Jennifer Tummonds,12,DCSC
35)	1:13.11	544	HYACKJAN	Melanie Copple,11,VCSC
36)	1:13.11	544	ONMAR	Erin Adams,11,GO
37)	1:13.19	541	ONMAR	Sarah Lewis,12,EPS
38)	1:13.37	535	PCSCDEC	Joelle Houle,12,CAMO
39)	1:13.61	527	ONMAR	Angela Farenzena,12,LUSC
40)	1:13.72	523	PCSCDEC	Josee Houle,12,CAMO
41)	1:13.80	520	YOUTHDEC	Cindy Bertelink,12,STARS
42)	1:14.03	513	POFEB	Josee St.Laurent,12,ABC
43)	1:14.13	509	ONAAFEB	Sarah Laudenbach,11,BSCC
44)	1:14.14	509	POFEB	Melanie Hamel,12,PLUS
45)	1:14.27	505	ONMAR	Claudine Long,12,MAC
46)	1:14.38	501	ONAFEB	Kinsey Wassmer,12,TOMAC
47)	1:14.41	500	BRANTNOV	Kari Randall,12,GMAC
48)	1:14.43	499	YOUTHDEC	Katie Smith,12,BTSC
49)	1:14.48	498	ALBFEB	Jennifer Willoughby,11,LASC
50)	1:14.58	494	ONMAR	Hyo-Jin Chang,11,NYAC

200 METRES BUTTERFLY
Rec:2:18.09 M.Coulombe,CNMN,78

1)	2:26.43	712	BCFEB	Allison Barriscale,12,KMSC
2)	2:26.46	712	POFEB	Josee Santillan,12,LAVAL
3)	2:27.61	694	POFEB	Lisa Virgini,12,PCSC
4)	2:28.11	686	ONMAR	Edith Lachapelle,12,GO
5)	2:29.53	664	McMOCT	Joanne Malar,12,HWAC
6)	2:30.35	651	ONMAR	Tamara Flannigan,12,HWAC
7)	2:30.60	647	POFEB	Patricia Veilleux,12,LMRL
8)	2:31.03	640	POCUPJAN	Isabelle Madore,12,CNTA
9)	2:32.34	620	BCFEB	Lindsay Jackman,12,COHO
10)	2:33.26	606	YOUTHDEC	Christina Cole,12,TIDE
11)	2:33.66	599	YOUTHDEC	Cindy Bertelink,12,STARS
12)	2:33.86	596	ONMAR	Julie Howard,12,BRANT
13)	2:33.92	595	MANFEB	Suzie Murray,12,SD
14)	2:35.23	575	ONAFEB	Anne Blachford,12,COBRA
15)	2:35.38	572	ONAAFEB	Erica Nagy,12,STARS
16)	2:36.59	554	MANFEB	Robyn Groff,12,MM
17)	2:37.16	545	ONMAR	Susan Banman,11,ROD
18)	2:37.61	538	ONAFEB	Kerri Ford,12,SCAR
19)	2:37.91	533	ONMAR	Akiko Yoshida,12,EPS
20)	2:38.11	530	ONMAR	Nicola Homenock,12,LAC
21)	2:38.27	527	HYACKJAN	Myna Noriega,12,HYACK
22)	2:38.29	527	BRANTNOV	Karen Scott,12,GMAC
23)	2:38.55	523	HYACKJAN	Melanie Copple,11,VCSC
24)	2:39.00	516	PCSCDEC	Marie-P. Leduc,12,ETORY
25)	2:39.13	514	PCSCDEC	Amelie Schinck,12,PCSC
26)	2:39.28	512	ONMAR	Claudine Long,12,MAC
27)	2:39.29	511	RACERDEC	Erin Hardy,11,COHO
28)	2:39.68	505	ALBFEB	Jodi Hindley,11,CASC
29)	2:40.56	492	YOUTHDEC	Shauna Collins,11,ROD
30)	2:40.96	485	BRANTNOV	Kari Randall,12,GMAC
31)	2:41.11	483	ONAFEB	Hyo-Jin Chang,11,NYAC
32)	2:41.11	483	ONAFEB	Erin Adams,11,GO
33)	2:41.26	481	NSFEB	Jennifer Tummonds,12,DCSC
34)	2:41.38	479	SASKFEB	Gloria Liebrecht,12,YOSSC
35)	2:41.46	477	BRANTNOV	Holly McComb,12,PCSC
36)	2:41.50	477	POFEB	Caroline Shedleur,12,ENL
37)	2:42.41	463	ONAFEB	Akiko Ashido,12,EPS
38)	2:42.68	458	NSFEB	Robin Fougere,12,DCSC
39)	2:43.05	453	CASCNOV	Tara Bayley,12,CTSC
40)	2:43.10	452	ONMAR	Barbi Brochu,12,TAT
41)	2:43.31	449	BTSCFEB	Carrie Fowlie,11,NYAC
42)	2:43.37	448	ONMAR	Darcy Christopher,12,EBSC
43)	2:43.45	446	YOUTHDEC	Dorri Westgarth,12,EBSC
44)	2:44.15	435	HYACKJAN	Caroline Watt,12,WVOSC
45)	2:44.46	431	ONAFEB	Kinsey Wassmer,12,TOMAC
46)	2:44.66	427	BCFEB	Ursula Gurney,12,AOUA
47)	2:45.45	415	YOUTHDEC	Sarah Wolfenberg,12,ROD
48)	2:45.65	412	MACJAN	Heather Beynon,12,LUSC
49)	2:45.81	410	PCSCDEC	Catherine Fafard,12,CRSA
50)	2:46.12	405	SASKFEB	Alison Auramenko,12,GOLD

200 METRES IND.MEDLEY
Rec:2:19.25 A.Higson,ESC,85

1)	2:25.65	789	BCFEB	Allison Barriscale,12,KMSC
2)	2:27.83	756	UCSCJAN	Andrea Kilam,12,LASC
3)	2:28.06	752	POCUPJAN	Holly McComb,12,PCSC
4)	2:28.55	745	ONMAR	Edith Lachapelle,12,GO
5)	2:29.05	737	McMOCT	Joanne Malar,12,HWAC
6)	2:32.01	692	ONMAR	Anne Blachford,12,COBRA
7)	2:32.78	680	MMSCMAR	Rachelle Roberts,11,RACE
8)	2:33.14	675	POFEB	Melanie Hamel,12,PLUS
9)	2:33.73	666	YOUTHDEC	Jill Brohman,12,HWAC
10)	2:33.99	662	POFEB	Lisa Virgini,12,PCSC
11)	2:34.27	658	YOUTHDEC	Christina Cole,12,TIDE
12)	2:34.35	657	ONAFEB	Kerri Ford,12,SCAR
13)	2:34.48	655	GOLDNOV	Suzie Murray,12,SD
14)	2:34.58	653	POFEB	Isabelle Madore,12,CNTA
15)	2:34.97	647	YOUTHDEC	Tamsen Sherbanow,12,PICK
16)	2:35.48	639	PCSCDEC	Gwen Grubski,12,PLUS
17)	2:35.52	639	PCSCDEC	Josee Santillan,12,LAVAL
18)	2:35.63	637	SASKFEB	Shauna Collins,11,ROD
19)	2:35.66	637	BCFEB	Donna Wu,11,VCSC
20)	2:35.76	635	YOUTHDEC	Melanie Ackers,12,EPS
21)	2:35.82	634	YOUTHDEC	Cindy Bertelink,12,STARS
22)	2:36.05	631	CRKWDEC	ShannonCunningham,12,COMOX
23)	2:36.09	630	CRKWDEC	Erin Hardy,11,COHO
24)	2:36.16	629	ONAAFEB	Erica Nagy,12,STARS
25)	2:36.25	628	BRANTNOV	Kari Randall,12,GMAC
26)	2:36.51	624	BRANTNOV	Tamara Flannigan,12,HWAC
27)	2:36.71	621	YOUTHDEC	Stephanie Richardson,11,NYAC
28)	2:37.02	616	ONAFEB	Desiree Pendl,12,EPS
29)	2:37.19	613	POFEB	Marie-P. Leduc,12,ETORY
30)	2:37.56	608	ALBFEB	April Batten,12,GCO
31)	2:37.64	607	ONMAR	Joanna Pasquale,12,HWAC
32)	2:37.99	601	SASKFEB	Christine McEwan,12,ROD
33)	2:38.26	597	HYACKJAN	Suzanne Weckend,11,VICO
34)	2:38.73	590	YOUTHDEC	Christy Ciupa,12,EPS
35)	2:38.96	587	ALBFEB	Jennifer Anderson,12,LASC
36)	2:38.96	587	STJJFEB	Sheryl Sanders,12,STJJ
37)	2:39.21	583	POFEB	Veronique Boucher,12,BSB
38)	2:39.29	582	MANTADEC	Rachelle Charlebois,12,TBT
39)	2:39.34	581	ONMAR	Darcy Christopher,12,EBSC
40)	2:39.49	579	ONAFEB	Nicola Homenock,12,LAC
41)	2:39.81	574	POFEB	Gabrielle Lemieux,12,LMRL
42)	2:39.82	574	ONMAR	Cheryl Feren,12,GMAC
43)	2:40.02	571	ONMAR	Jennifer Lefeuvre,12,TOMAC
44)	2:40.17	568	NSFEB	Jennifer Tummonds,12,DCSC
45)	2:40.24	567	EASTCUP	Julie Howard,12,BRANT
46)	2:40.47	564	ONMAR	Heather Beynon,12,LUSC
47)	2:40.61	562	SASKFEB	Kelly Sommerfeld,11,GOLD
48)	2:40.69	560	HYACKJAN	Myna Noriega,12,HYACK
49)	2:40.81	559	TBTJAN	Cary Gillies,12,KEETA
50)	2:40.91	557	ONAAAFEB	Barbi Brochu,12,TAT

400 METRES IND.MEDLEY
Rec:4:55.03 A.Higson,ESC,85

1)	5:05.10	801	POCUPJAN	Holly McComb,12,PCSC
2)	5:10.92	760	BCFEB	Allison Barriscale,12,KMSC
3)	5:19.95	694	BRANTNOV	Cindy Bertelink,12,STARS
4)	5:21.44	684	ONMAR	Tamara Flannigan,12,HWAC
5)	5:22.09	679	POFEB	Patricia Veilleux,12,LMRL
6)	5:23.95	666	ONAFEB	Kerri Ford,12,SCAR
7)	5:24.81	659	BRANTNOV	Kari Randall,12,GMAC
8)	5:24.86	659	PCSCDEC	Gwen Grubski,12,PLUS
9)	5:25.08	658	POFEB	Lisa Virgini,12,PCSC
10)	5:25.27	656	POFEB	Josee Santillan,12,LAVAL
11)	5:25.38	655	POFEB	Melanie Hamel,12,PLUS
12)	5:26.04	651	BTSCFEB	Carrie Fowlie,11,NYAC
13)	5:26.14	650	YOUTHDEC	Christina Cole,12,TIDE
14)	5:26.18	650	NBFEB	Shyanne Shannon,12,TIDE
15)	5:27.07	643	HYACKJAN	Suzie Murray,12,SD
16)	5:27.79	638	CVACJAN	Nicole Bourgeois,12,CVAC
17)	5:27.79	638	BTSCFEB	Erica Nagy,12,STARS
18)	5:27.79	638	BCFEB	Donna Wu,11,VCSC
19)	5:28.78	631	CRKWDEC	Erin Hardy,11,COHO
20)	5:29.35	627	POFEB	Isabelle Madore,12,CNTA
21)	5:30.33	620	ONAFEB	Desiree Pendl,12,EPS
22)	5:30.39	619	CRKWDEC	ShannonCunningham,12,COMOX
23)	5:30.61	618	BCFEB	Suzanne Weckend,11,VICO
24)	5:30.85	616	ONMAR	Barbi Brochu,12,TAT
25)	5:31.41	612	YOUTHDEC	Jill Brohman,12,HWAC
26)	5:31.63	610	ALBFEB	Andrea Kilam,12,LASC
27)	5:32.17	606	SASKFEB	Shauna Collins,11,ROD
28)	5:33.11	600	BRANTNOV	Tamsen Sherbanow,12,PICK
29)	5:33.17	599	ONMAR	Jennifer DiFilippo,12,HWAC
30)	5:33.89	594	ONAFEB	Heather Beynon,12,LUSC
31)	5:34.02	593	ONMAR	Susan Banman,11,ROD
32)	5:34.13	592	ALBFEB	Jodi Hindley,11,CASC
33)	5:34.20	592	YOUTHDEC	Holly Trimnell,12,NYAC
34)	5:34.34	591	BRANTNOV	Julie Howard,12,BRANT
35)	5:34.39	590	ONMAR	Cary Gillies,12,KEETA
36)	5:34.57	589	ALBFEB	Jennifer Anderson,12,LASC
37)	5:34.59	589	SASKFEB	Christine McEwan,12,ROD
38)	5:34.70	588	ALBFEB	April Batten,12,GCO
39)	5:34.89	587	BRANTNOV	Stephanie Richardson,11,NYAC
40)	5:35.22	584	ONAAFEB	Darcy Christopher,12,EBSC
41)	5:35.53	582	ONMAR	Karen Scott,12,GMAC
42)	5:35.76	581	ONMAR	Cheryl Feren,12,GMAC
43)	5:36.22	577	ONMAR	Akiko Yoshida,12,EPS
44)	5:36.56	575	ONAFEB	Nicola Homenock,12,LAC
45)	5:37.04	571	ONMAR	Stephanie Cooling,11,NYAC
46)	5:37.54	568	BCFEB	Sabrina Wilson,12,EKSC
47)	5:37.76	566	MANTADEC	Cheryl Bucharski,12,STSC
48)	5:38.21	563	ONAFEB	Joanna Pasquale,12,HWAC
49)	5:38.44	561	ONAFEB	Kinsey Wassmer,12,TOMAC
50)	5:38.52	561	BCFEB	Ursula Gurney,12,AQUA

4X50 M MEDLEY RELAY
Rec:2:10.33 Edmonton Keyano,EKSC,83

1)	2:12.68	673	ONAFEB	Etobicoke Pepsi,EPS
2)	2:13.02	667	ONAFEB	Glouc-Ottawa Kingfish,GO
3)	2:14.88	634	ALBFEB	Lethbridge ASC,LASC
4)	2:15.91	616	ALBFEB	Cascade Swim Club,CASC
5)	2:16.07	614	PCSCDEC	Pointe Claire SC,PCSC
6)	2:17.25	593	ONAFEB	Mississauga AC,TOMAC
7)	2:17.36	591	ONAFEB	North York AC,NYAC
8)	2:17.79	583	BCFEB	Coho Swim Club,COHO
9)	2:17.87	582	YOUTHDEC	Dorado SC,STARS
10)	2:18.06	579	ONMAR	Hamilt-Wentworth AC,HWAC
11)	2:18.22	576	SASKFEB	Regina Opt.Dolphins,ROD
12)	2:19.20	559	ONMAR	Brantford AC,BRANT
13)	2:19.52	553	RACERDEC	Kisu Swim Club,KISU
14)	2:20.77	531	ONAAFEB	Guelph Marlin AC,GMAC
15)	2:21.37	521	ALBFEB	Edmonton Keyano SC,EKSC
16)	2:21.40	520	NSFEB	Dartmouth Crusaders,DCSC
17)	2:21.44	519	GOLDNOV	Manitoba Marlins,MM
18)	2:21.96	510	NSFEB	Halifax Trojans,HTAC
19)	2:22.43	502	MANTADEC	Selkirk Dolphins,SD
20)	2:22.46	502	BCFEB	Cranbrook Tritons,CTSC
21)	2:22.54	500	ONAFEB	Brampton Region AC,COBRA
22)	2:22.56	500	ONAFEB	Scarborough SC,SCAR
23)	2:22.95	493	ONAFEB	Laurentian Univ.,LUSC
24)	2:22.97	493	VICONOV	Victoria Olympians,VICO
25)	2:23.51	483	PCSCDEC	Les Loups Marins,LMRL
26)	2:23.65	481	ONAAFEB	Whitby Iroquois SC,WISC
27)	2:23.98	475	SASKFEB	Goldfin Swim Club,GOLD
28)	2:24.18	471	YOUTHDEC	London AC,LAC
29)	2:24.37	468	ONAAFEB	Ernestown Barracudas,EBSC
30)	2:24.64	463	ONMAR	Region of Waterloo,ROW
31)	2:25.00	457	ONAAFEB	Sault Ste.Marie AC,SSMAC
32)	2:25.25	453	YOUTHDEC	Lakeshore SC,LSC
33)	2:25.76	444	TBTJAN	Thun Bay Thunderbolts,TBT
34)	2:25.77	443	PCSCDEC	Boucherville St-Bruno,BSB
35)	2:25.78	443	BCFEB	Vancouver Canadian SC,VCSC
36)	2:25.81	443	NBFEB	Codiac Vikings,CVAC
37)	2:25.83	442	ONAAFEB	Kingston Blue Marlins,KBM
38)	2:26.24	435	BCFEB	Surrey KnightsSC,SKSC
39)	2:26.41	432	ONMAR	Markham AC,MAC
40)	2:26.93	423	ONMAR	Oakville AC,OAK
41)	2:27.30	417	LLSCJAN	Owen Sound AC,OSAC
42)	2:27.31	416	RACERDEC	Univ.Calgary,UCSC
43)	2:27.65	411	ONAAAFEB	Orillia Channel Cats,CATS
44)	2:27.67	410	MANTADEC	Yorkton SC,YSSC
45)	2:27.89	406	POFEB	Natation Longueuil,ENL
46)	2:27.99	405	MANTADEC	The Pas Roadrunners,TPRR
47)	2:28.17	401	ONAAAFEB	Burlington Y,BYAC
48)	2:28.19	401	CNCINOV	CN Jonquiere,CNJO
49)	2:28.48	396	RACERDEC	Hyack Swim Club,HYACK
50)	2:28.55	395	ONAAAFEB	Cornwall Sea Lions,CSL

4X50 M FREE RELAY
Rec:1:55.03 Edmonton Keyano,EKSC,83

1)	1:57.69	695	ONMAR	Etobicoke Pepsi,EPS
2)	1:58.12	686	ALBFEB	Lethbridge ASC,LASC
3)	1:58.32	682	ONAFEB	Glouc-Ottawa Kingfish,GO
4)	1:58.90	671	YOUTHDEC	North York AC,NYAC
5)	1:59.64	657	ONMAR	Hamilt-Wentworth AC,HWAC
6)	1:59.85	652	ALBFEB	Cascade Swim Club,CASC
7)	1:59.93	651	SASKFEB	Regina Opt.Dolphins,ROD
8)	2:00.15	647	BRANTNOV	Pointe Claire SC,PCSC
9)	2:00.53	639	BCFEB	Coho Swim Club,COHO
10)	2:01.98	611	ONMAR	Brantford AC,BRANT
11)	2:01.99	611	ONAFEB	Scarborough SC,SCAR
12)	2:02.18	607	YOUTHDEC	Dorado SC,STARS
13)	2:02.64	598	NSFEB	Dartmouth Crusaders,DCSC
14)	2:02.72	596	NSFEB	Halifax Trojans,HTAC
15)	2:03.79	575	ONAFEB	Mississauga AC,TOMAC
16)	2:04.05	570	GMACJAN	Guelph Marlin AC,GMAC
17)	2:04.18	568	RACERDEC	Kisu Swim Club,KISU
18)	2:04.53	561	ALBFEB	Edmonton Keyano SC,EKSC
19)	2:04.70	558	SASKFEB	Goldfin Swim Club,GOLD
20)	2:04.76	556	PCSCDEC	Montreal Aquatique,CAMO
21)	2:04.91	553	GOLDNOV	Manitoba Marlins,MM
22)	2:05.64	539	PCSCDEC	Les Loups Marins,LMRL
23)	2:05.72	538	MANTADEC	Selkirk Dolphins,SD
24)	2:06.28	527	ONAAFEB	Oakville AC,OAK
25)	2:06.30	526	ONAFEB	Brampton Region AC,COBRA
26)	2:06.54	521	BTSCFEB	Laurentian Univ.,LUSC
27)	2:06.61	520	BCFEB	Vancouver Canadian SC,VCSC
28)	2:06.66	519	ONAFEB	Region of Waterloo,ROW
29)	2:07.04	512	ONMAR	Markham AC,MAC
30)	2:07.08	511	YOUTHDEC	London AC,LAC
31)	2:07.84	496	PQFEB	Natation Longueuil,ENL
32)	2:08.30	487	CRKWDEC	Victoria Olympians,VICO
33)	2:08.56	482	ONAAFEB	Kingston Blue Marlins,KBM
34)	2:09.10	471	PCSCDEC	Levis+Montmagny,PLUS
35)	2:09.18	470	ONAAFEB	Sault Ste.Marie AC,SSMAC
36)	2:09.30	467	MANTADEC	The Pas Roadrunners,TPRR
37)	2:09.52	463	ONAAFEB	Ernestown Barracudas,EBSC
38)	2:09.57	462	ONAFEB	Thun Bay Thunderbolts,TBT
39)	2:09.69	460	ONAAAFEB	Burlington Y,BYAC
40)	2:09.77	458	YOUTHDEC	Lakeshore SC,LSC
41)	2:10.00	454	CRKWDEC	Pt.Alberni Tsunami,TSUN
42)	2:10.14	451	BRANTNOV	Whitby Iroquois SC,WISC
43)	2:10.14	451	ABJRFEB	Fort McMurray SC,FMSC
44)	2:10.16	451	BCFEB	Pacific Seawolves,PSW
45)	2:10.69	440	PCSCDEC	Boucherville St-Bruno,BSB
46)	2:10.84	437	TRENTDEC	Owen Sound AC,OSAC
47)	2:11.36	427	ONAAAFEB	Cornwall Sea Lions,CSL
48)	2:11.39	427	ONAAFEB	Oshawa AC,OSHAC
49)	2:11.43	426	LLSCJAN	Lindsay LSC,LLSC
50)	2:11.55	423	NBFEB	Codiac Vikings,CVAC

BOYS 11-12 — 1989 SHORT COURSE TAG©

50 METRES FREESTYLE
Rec:0:25.43 B.Creelman,TOMAC,83

1)	0:26.34	613	RYMMJAN	Jeff Toth,12,ROD
2)	0:27.00	553	YOUTHDEC	Billy Beecher,12,LAC
3)	0:27.50	507	ALBFEB	Matthew Tomasson,12,CPSC
4)	0:27.50	507	ONAAFEB	Jonathan Howard,12,OAK
5)	0:27.52	506	SJSJAN	Dan Hunnie,12,SD
6)	0:27.61	497	MACJAN	Todd Williams,12,LAC
7)	0:27.76	484	WALKRNOV	Courtney James,12,TRENT
8)	0:27.78	482	ALBFEB	Brett Cameron,12,SSC
9)	0:27.79	481	ONAAAFEB	Mark Beitz,12,KWY
10)	0:27.85	476	MANFEB	Thomas Wang,12,MANTA
11)	0:27.87	474	ALBFEB	Mark Versfeld,12,FMSC
12)	0:27.87	474	POFEB	Vincent Lemieux,12,BSB
13)	0:27.88	473	EBSCNOV	Brian Taguchi,12,KBM
14)	0:28.19	445	YOUTHDEC	Vincent Cheung,12,CREST
15)	0:28.27	438	BCFEB	Tony Roberts,12,CRKW
16)	0:28.28	437	ALBFEB	Oliver Rabinovitch,12,RACE
17)	0:28.44	422	PCSCDEC	Frederic Gratton,12,CNJO
18)	0:28.49	418	ONAFEB	Greg Hall,12,NYAC
19)	0:28.58	410	SASKFEB	Doug Wake,11,YLSC
20)	0:28.61	407	ONAFEB	Sean Steacy,12,LAC
21)	0:28.62	406	BCFEB	Nick Lefor,12,DELTA
22)	0:28.65	403	HYACKJAN	Jimmy Cho,12,SKSC
23)	0:28.67	401	HYACKJAN	Patrick Gavigan,11,SKSC
24)	0:28.76	393	POFEB	Francis Meunier,12,ETORY
25)	0:28.77	392	ONMAR	Paul Pharand,12,LUSC
26)	0:28.81	389	HYACKJAN	Martin Zaleski,12,VKSC
27)	0:28.83	387	MMSCMAR	Chris Kendall,12,MMSC
28)	0:28.94	377	PCSCDEC	Kris Pelletier,12,CVAC
29)	0:28.98	373	YOUTHDEC	Mark Ritcey,12,HTAC
30)	0:28.98	373	ONAAAFEB	Matthew Luce,12,BYAC
31)	0:28.99	372	MACJAN	David Fogel,12,MAC
32)	0:29.04	368	POFEB	Simon Crevier,12,PCSC
33)	0:29.09	363	ONMAR	Matthew Kebe,11,OYO
34)	0:29.11	362	HYACKJAN	Marek Hejduk,12,CHENA
35)	0:29.15	358	HYACKJAN	Stuart Hietbrink,12,HYACK
36)	0:29.16	357	ONMAR	Mischa Sommerville,12,AAC
37)	0:29.17	356	ALBFEB	Chris Muller,12,KSC
38)	0:29.19	354	YOUTHDEC	Garth Sindrey,12,HWAC
39)	0:29.20	353	POFEB	Charles Marchand,12,CRSA
40)	0:29.21	352	EPSOCT	Kevin Goode,12,TRENT
41)	0:29.21	352	NSFEB	Michael MacLean,12,HTAC
42)	0:29.22	352	BRANTNOV	Greg MacDonald,12,NYAC
43)	0:29.22	352	ONMAR	Dirk Helmstaedt,12,KBM
44)	0:29.24	350	POFEB	Daniel Theberge,12,CNJO
45)	0:29.27	347	ONAAAFEB	David Sykes,12,RHAC
46)	0:29.29	345	ONMAR	Bob Hayes,12,SCAR
47)	0:29.30	344	ONMAR	Geoff Shepelew,12,LAC
48)	0:29.31	343	BCFEB	Andrew Reid,12,KISU
49)	0:29.36	339	POFEB	Maxime Dumontier,12,ETORY
50)	0:29.37	338	SASKFEB	Troy Rhoades,12,ROD

100 METRES FREESTYLE
Rec:0:55.99 B.Creelman,TOMAC,83

1)	0:57.40	640	RYMMJAN	Jeff Toth,12,ROD
2)	0:58.78	584	YOUTHDEC	Billy Beecher,12,LAC
3)	0:59.24	565	ALBFEB	Brett Cameron,12,SSC
4)	0:59.42	557	POFEB	Vincent Lemieux,12,BSB
5)	0:59.45	556	ONMAR	Vincent Cheung,12,CREST
6)	0:59.91	537	YOUTHDEC	Todd Williams,12,LAC
7)	0:59.91	537	POFEB	Patrick Hetu,12,LAVAL
8)	1:00.15	527	YOUTHDEC	Brian Taguchi,12,KBM
9)	1:00.23	524	ALBFEB	Matthew Tomasson,12,CPSC
10)	1:00.42	516	BCFEB	Tony Roberts,12,CRKW
11)	1:00.58	510	POFEB	Frederic Gratton,12,CNJO
12)	1:00.80	501	WALKRNOV	Courtney James,12,TRENT
13)	1:01.09	489	HYACKJAN	Mark Versfeld,12,FMSC
14)	1:01.29	480	MANFEB	Dan Hunnie,12,SD
15)	1:01.39	476	ONAAFEB	Jonathan Howard,12,OAK
16)	1:01.52	471	ONAFEB	Greg Hall,12,NYAC
17)	1:01.55	470	SASKFEB	Doug Wake,11,YLSC
18)	1:01.57	469	ONMAR	Dirk Helmstaedt,12,KBM
19)	1:01.58	468	MANFEB	Thomas Wang,12,MANTA
20)	1:01.74	462	RACERDEC	Stuart Hietbrink,12,HYACK
21)	1:01.97	452	ONAFEB	Sean Steacy,12,LAC
22)	1:02.16	445	ONMAR	Paul Pharand,12,LUSC
23)	1:02.32	438	MMSCMAR	Chris Kendall,12,MMSC
24)	1:02.35	437	BCFEB	Jimmy Cho,12,SKSC
25)	1:02.45	433	POFEB	Francis Meunier,12,ETORY
26)	1:02.48	431	BCFEB	Marek Hejduk,12,CHENA
27)	1:02.68	423	BCFEB	Martin Zaleski,12,VKSC
28)	1:02.71	422	YOUTHDEC	Garth Sindrey,12,HWAC
29)	1:02.93	413	PCSCDEC	Simon Crevier,12,PCSC
30)	1:03.43	392	YOUTHDEC	David Fogel,12,MAC
31)	1:03.48	390	ONMAR	Michael Klim,11,EPS
32)	1:03.66	383	POFEB	Benoit Desmarais,12,HIPPO
33)	1:03.74	380	PCSCDEC	Kris Pelletier,12,CVAC
34)	1:03.74	380	ONAAAFEB	Matthew Luce,12,BYAC
35)	1:03.86	375	MANTADEC	Oliver Rabinovitch,12,RACE
36)	1:03.91	373	BCFEB	Patrick Gavigan,12,SKSC
37)	1:04.01	369	BRANTNOV	Greg MacDonald,12,NYAC
38)	1:04.01	369	POFEB	Maxime Dumontier,12,ETORY
39)	1:04.02	368	ONMAR	Mischa Sommerville,12,AAC
40)	1:04.07	366	ONMAR	Michael McWha,11,WAC
41)	1:04.09	365	ONMAR	Kris Fisher,12,MAC
42)	1:04.10	365	POFEB	Michael Wyjad,12,PCSC
43)	1:04.23	360	ALBFEB	Matthew Leaker,11,CASC
44)	1:04.24	359	HYACKJAN	Chris Muller,12,KSC
45)	1:04.25	359	ONAFEB	Ryan VandeVooren,12,COBRA
46)	1:04.37	354	UCSCJAN	Peter Tait,12,MM
47)	1:04.37	354	ONAAFEB	Courtney Adams,12,EBSC
48)	1:04.45	351	YOUTHDEC	Bob Hayes,12,SCAR
49)	1:04.48	349	ALBFEB	Delano Duchek,12,UCSC
50)	1:04.61	344	POFEB	Alexandre Campeau,12,ETORY

200 METRES FREESTYLE
Rec:2:05.70 P.Madden,CDSC,87

1)	2:07.68	573	HYACKJAN	Brett Cameron,12,SSC
2)	2:08.11	565	YOUTHDEC	Billy Beecher,12,LAC
3)	2:08.54	557	YOUTHDEC	Jeff Toth,12,ROD
4)	2:08.84	551	HYACKJAN	Stuart Hietbrink,12,HYACK
5)	2:10.13	527	POFEB	Patrick Hetu,12,LAVAL
6)	2:10.35	523	POFEB	Frederic Gratton,12,CNJO
7)	2:10.47	520	ALBFEB	Mark Versfeld,12,FMSC
8)	2:10.84	513	ONAAFEB	Jonathan Howard,12,OAK
9)	2:11.45	502	WALKRNOV	Courtney James,12,TRENT
10)	2:11.96	492	POFEB	Simon Crevier,12,PCSC
11)	2:12.27	486	HYACKJAN	Jimmy Cho,12,HYACK
12)	2:12.75	477	SASKFEB	Doug Wake,11,YLSC
13)	2:13.00	472	NSFEB	Mark Ritcey,12,HTAC
14)	2:13.31	466	ONMAR	Dirk Helmstaedt,12,KBM
15)	2:13.45	464	POFEB	Vincent Lemieux,12,BSB
16)	2:13.50	463	YOUTHDEC	Adam Peacey,11,GO
17)	2:13.77	458	MANFEB	Peter Tait,12,MM
18)	2:13.77	458	BCFEB	Marek Hejduk,12,CHENA
19)	2:13.77	458	ONAFEB	Sean Steacy,12,LAC
20)	2:13.83	456	KBMJAN	Brian Taguchi,12,KBM
21)	2:13.91	455	POFEB	Francis Meunier,12,ETORY
22)	2:14.67	440	BTSCFEB	Vincent Cheung,12,CREST
23)	2:15.27	429	NBFEB	Kris Pelletier,12,CVAC
24)	2:15.46	425	NBFEB	Michael Grant,12,FAST
25)	2:15.72	420	YOUTHDEC	Todd Williams,12,LAC
26)	2:15.75	420	YOUTHDEC	Garth Sindrey,12,HWAC
27)	2:15.81	419	BCFEB	Andrew Reid,12,KISU
28)	2:16.14	413	POFEB	Maxime Dumontier,12,ETORY
29)	2:16.23	411	POFEB	Michael Wyjad,12,PCSC
30)	2:16.39	408	ONMAR	Ben Tingley,12,ROD
31)	2:16.45	407	ONMAR	Kris Fisher,12,MAC
32)	2:16.91	398	MMSCMAR	Chris Kendall,12,MMSC
33)	2:17.46	387	ONMAR	Michael McWha,11,WAC
34)	2:17.47	387	ONMAR	Matthew Luce,12,BYAC
35)	2:17.68	383	BRANTNOV	Geoff Lam,12,NYAC
36)	2:17.76	382	POFEB	Eric Laurence,12,PCSC
37)	2:17.80	381	HYACKJAN	Mauricio Ruiz,11,VCSC
38)	2:17.91	379	RACERDEC	Mateus Vorechovsky,12,AQUA
39)	2:18.00	377	BCFEB	Gareth Jones,12,NRST
40)	2:18.08	376	MANFEB	Thomas Wang,12,MANTA
41)	2:18.17	374	YOUTHDEC	David Fogel,12,MAC
42)	2:18.47	368	YOUTHDEC	Kyle Greer,12,NSC
43)	2:18.79	362	HYACKJAN	David Fairhurst,11,VICO
44)	2:18.84	361	BTSCFEB	Greg Hall,12,NYAC
45)	2:18.86	361	HYACKJAN	Martin Zaleski,11,VKSC
46)	2:18.96	359	HYACKJAN	Chris Muller,12,KSC
47)	2:19.26	353	ONMAR	Ryan VandeVooren,12,COBRA
48)	2:19.44	350	ONAFEB	Alex Kovatchev,12,TOMAC
49)	2:19.63	346	ONMAR	Ben Lamoureux,12,EBSC
50)	2:19.68	345	CASCNOV	Matthew Tomasson,12,CPSC

BOYS 11-12 CONTD.

400 METRES FREESTYLE
Rec:4:21.14 J.Stevens,OSC,88

1)	4:31.23	571	HYACKJAN	Stuart Hietbrink,12,HYACK
2)	4:31.95	565	ALBFEB	Mark Versfeld,12,FMSC
3)	4:33.19	554	ONAAFEB	Jonathan Howard,12,OAK
4)	4:33.49	551	HYACKJAN	Brett Cameron,12,SSC
5)	4:34.58	541	POFEB	Frederic Gratton,12,CNJO
6)	4:34.91	538	YOUTHDEC	Billy Beecher,12,LAC
7)	4:35.70	531	ONAAFEB	Dirk Helmstaedt,12,KBM
8)	4:35.77	531	POFEB	Patrick Hetu,12,LAVAL
9)	4:36.82	521	POFEB	Simon Crevier,12,PCSC
10)	4:38.18	509	ONAFEB	Sean Steacy,12,LAC
11)	4:38.63	505	YOUTHDEC	Brian Taguchi,12,KBM
12)	4:39.98	493	YOUTHDEC	Jeff Toth,12,ROD
13)	4:40.04	492	RACERDEC	Jimmy Cho,12,HYACK
14)	4:40.40	489	NSFEB	Mark Ritcey,12,HTAC
15)	4:40.94	484	POFEB	Francis Meunier,12,ETORY
16)	4:41.03	484	MANFEB	Peter Tait,12,MM
17)	4:41.13	483	ONAFEB	Bob Hayes,12,SCAR
18)	4:41.39	480	ONMAR	Garth Sindrey,12,HWAC
19)	4:41.62	478	SASKFEB	Doug Wake,11,YLSC
20)	4:41.63	478	ONMAR	Chris Churchill,11,LUSC
21)	4:42.35	472	BTSCFEB	Vincent Cheung,12,CREST
22)	4:42.83	467	BCFEB	Mateus Vorechovsky,12,AOUA
23)	4:42.93	467	POFEB	Michael Wyjad,12,PCSC
24)	4:43.03	466	POFEB	Maxime Dumontier,12,ETORY
25)	4:44.42	453	BCFEB	Gareth Jones,12,NRST
26)	4:44.65	451	ONAFEB	Michael McWha,11,WAC
27)	4:45.64	442	ONMAR	Ben Tingley,12,ROD
28)	4:45.87	440	NBFEB	Kris Pelletier,12,CVAC
29)	4:46.09	438	BCFEB	Andrew Reid,12,KISU
30)	4:46.83	432	BCFEB	David Fairhurst,11,VICO
31)	4:47.56	425	NBFEB	Michael Grant,12,FAST
32)	4:48.01	421	ALBFEB	Matthew Hiebert,12,UCSC
33)	4:48.70	415	HYACKJAN	Mauricio Ruiz,11,VCSC
34)	4:49.39	409	BCFEB	Martin Zaleski,12,VKSC
35)	4:50.01	403	ALBFEB	Matthew Leaker,11,CASC
36)	4:50.70	397	BCFEB	Robert Pettifer,11,AOUA
37)	4:50.77	396	HYACKJAN	Marek Hejduk,12,CHENA
38)	4:50.94	395	ONMAR	Adam Peacey,12,GO
39)	4:51.51	390	ONMAR	Ben Lamoureux,12,EBSC
40)	4:52.22	383	BCFEB	Jeremy Latham,12,CRKW
41)	4:53.01	376	ONMAR	Courtney Adams,12,EBSC
42)	4:53.20	375	ONAFEB	Ryan VandeVooren,12,COBRA
43)	4:53.25	374	YOUTHDEC	Todd Williams,12,LAC
44)	4:53.39	373	ONMAR	Kent Vandenberghe,12,ROD
45)	4:53.59	371	ONMAR	Ben Alles,12,NYAC
46)	4:53.60	371	POFEB	Jonathan Bolduc,12,EMJ
47)	4:53.73	370	ONAFEB	Lee Hart,11,HWAC
48)	4:54.08	367	ONMAR	Matthew Buckley,11,KBM
49)	4:54.42	364	POFEB	Vincent Lemieux,12,BSB
50)	4:54.46	363	YOUTHDEC	David Fogel,12,MAC

1500 METRES FREESTYLE
Rec:16:59.70 A.Baumann,LUSC,77

1)	18:03.54	544	ONMAR	Jonathan Howard,12,OAK
2)	18:06.21	538	NSFEB	Mark Ritcey,12,HTAC
3)	18:09.73	530	HYACKJAN	Mark Versfeld,12,FMSC
4)	18:11.61	526	POFEB	Maxime Dumontier,12,ETORY
5)	18:19.98	507	ONAFEB	Garth Sindrey,12,HWAC
6)	18:22.93	500	YOUTHDEC	Dirk Helmstaedt,12,KBM
7)	18:23.78	498	YOUTHDEC	Jeff Toth,12,ROD
8)	18:25.35	495	YOUTHDEC	Michael Wyjad,12,PCSC
9)	18:26.18	493	KBMNOV	Brian Taguchi,12,KBM
10)	18:26.80	492	ONAFEB	Chris Churchill,11,LUSC
11)	18:27.73	489	ONMAR	Michael McWha,11,WAC
12)	18:32.27	479	ONMAR	Ben Tingley,12,ROD
13)	18:35.04	473	ONAFEB	Bob Hayes,12,SCAR
14)	18:35.96	471	HYACKJAN	Mauricio Ruiz,11,VCSC
15)	18:37.42	467	BCFEB	David Fairhurst,11,VICO
16)	18:37.78	467	MANTADEC	Doug Wake,11,YLSC
17)	18:39.32	463	MANFEB	Peter Tait,12,MM
18)	18:40.05	461	EKSCOCT	Brett Cameron,12,SSC
19)	18:40.68	460	BCFEB	Tony Roberts,12,CRKW
20)	18:41.18	459	BCFEB	Gareth Jones,12,NRST
21)	18:45.70	449	ONAFEB	Sean Steacy,12,LAC
22)	18:48.06	443	ONAFEB	Ben Alles,12,NYAC
23)	18:55.66	426	POFEB	Francis Meunier,12,ETORY
24)	18:55.86	426	NSFEB	Jonathan Wong,12,HTAC
25)	18:58.82	419	POFEB	Alexandre Campeau,12,ETORY
26)	19:05.95	403	ONAFEB	Adam Peacey,12,GO
27)	19:09.46	395	ONMAR	Ben Lamoureux,12,EBSC
28)	19:10.50	392	YOUTHDEC	Michael Stachowiak,12,HTAC
29)	19:11.07	391	POFEB	Jonathan Bolduc,12,EMJ
30)	19:12.42	388	TRENTNOV	Courtney James,12,TRENT
31)	19:16.03	380	ONAFEB	Lee Hart,11,HWAC
32)	19:21.46	368	VICONOV	Willie Marchand,12,VICO
33)	19:21.59	367	ALBFEB	Matthew Hiebert,12,UCSC
34)	19:22.16	366	ONMAR	Paul Arsenault,12,GO
35)	19:22.74	365	YOUTHDEC	Kent Vandenberghe,12,ROD
36)	19:25.16	359	YOUTHDEC	Mark Henriksen,12,DCSC
37)	19:27.16	355	BCFEB	Jason Funk,12,RACER
38)	19:30.66	347	ONMAR	Patrick Brooks,11,MYK
39)	19:30.88	346	CRKWDEC	Jeremy Latham,12,CRKW
40)	19:34.96	337	ONMAR	Jamie White,11,STJJ
41)	19:36.28	334	BCFEB	Greg Downing,11,VICO
42)	19:36.43	334	RACERDEC	Marek Hejduk,11,CHENA
43)	19:37.68	331	ONAFEB	Camil Toma,12,NYAC
44)	19:39.51	327	ONMAR	Todd Stratten,12,HWAC
45)	19:42.75	319	MANFEB	Thomas Wang,12,MANTA
46)	19:44.16	316	POFEB	Stephane Boutet,12,ETM
47)	19:45.26	314	POFEB	Jean-F. Marquis,12,CNM
48)	19:45.68	313	ONMAR	Jason Singer,11,NYAC
49)	19:46.91	310	BCFEB	Matthew Kuechler,12,VICO
50)	19:50.00	303	ONMAR	Mark Cation,11,STARS

100 METRES BACKSTROKE
Rec:1:06.41 B.Beecher,LAC,88

1)	1:06.41	567	YOUTHDEC	Billy Beecher,12,LAC
2)	1:07.93	512	ALBFEB	Brett Cameron,12,SSC
3)	1:08.23	501	POFEB	Patrick Hetu,12,LAVAL
4)	1:09.14	467	RYMMJAN	Jeff Toth,12,ROD
5)	1:09.61	450	HYACKJAN	Stuart Hietbrink,12,HYACK
6)	1:09.97	437	ONAAFEB	Courtney Adams,12,EBSC
7)	1:10.02	435	ALBFEB	Mark Versfeld,12,FMSC
8)	1:10.22	428	POFEB	Frederic Gratton,12,CNJO
9)	1:10.48	418	YOUTHDEC	Brian Taguchi,12,KBM
10)	1:10.56	415	ONMAR	Kris Fisher,12,MAC
11)	1:10.66	412	BCFEB	Jimmy Cho,12,SKSC
12)	1:11.46	382	BCFEB	Jason Funk,12,RACER
13)	1:11.74	372	ONAFEB	Bob Hayes,12,SCAR
14)	1:12.09	359	ALBFEB	Chris Muller,12,KSC
15)	1:12.11	359	POFEB	Francis Meunier,12,ETORY
16)	1:12.30	352	MANTADEC	Oliver Rabinovitch,12,RACE
17)	1:12.32	351	YOUTHDEC	Michael Wyjad,12,PCSC
18)	1:12.42	347	POFEB	Eric Cyr-Desjardins,12,MEGO
19)	1:12.88	330	MACJAN	David Fogel,12,MAC
20)	1:13.08	323	ALBFEB	Chris Renaud,12,CASC
21)	1:13.33	314	ONMAR	Kent Vandenberghe,12,ROD
22)	1:13.41	311	ONMAR	Jonathan Howard,12,OAK
23)	1:13.76	298	UCSCJAN	Matthew Tomasson,12,CPSC
24)	1:13.80	297	MANFEB	Thomas Wang,12,MANTA
25)	1:13.86	295	POFEB	Alexandre Campeau,12,ETORY
26)	1:13.88	294	MANTADEC	Dan Hunnie,12,SD
27)	1:13.99	290	POFEB	Eric Bastien,12,ETORY
28)	1:14.42	274	NSFEB	Mark MacLean,12,HTAC
29)	1:14.66	265	POFEB	Eric Pelletier,12,NATCH
30)	1:14.66	265	ONMAR	Jeremy Nichol,12,GO
31)	1:14.66	265	NBFEB	Jim Tranquilla,12,FAST
32)	1:14.77	261	BCFEB	Martin Zaleski,12,VKSC
33)	1:14.80	260	ONMAR	Mike Dedyer,12,STARS
34)	1:14.80	260	ONMAR	Todd Stratten,12,HWAC
35)	1:14.89	257	ONMAR	Ryan VandeVooren,12,COBRA
36)	1:14.94	255	NSFEB	Chris Roberts,12,TCSC
37)	1:15.06	251	BCFEB	Greg Downing,11,VICO
38)	1:15.34	240	POFEB	Benoit Desmarais,12,HIPPO
39)	1:15.41	238	ONMAR	Darren Hall,11,EPS
40)	1:15.43	237	YOUTHDEC	Remy Donaldson,12,TAT
41)	1:15.45	236	NSFEB	Matthew McDonald,12,TCSC
42)	1:15.46	236	BCFEB	David Fairhurst,11,VICO
43)	1:15.50	234	ONMAR	Mark Kennedy,11,SSMAC
44)	1:15.53	233	BRANTNOV	Greg MacDonald,12,NYAC
45)	1:15.59	231	BCFEB	Thomas Murphy,12,RACER
46)	1:15.63	230	ONMAR	Sean Cargin,11,WAC
47)	1:15.66	229	MANFEB	Peter Tait,12,MM
48)	1:15.73	226	ONAFEB	Chris Churchill,11,LUSC
49)	1:15.82	223	MANFEB	Aaron James,12,MM
50)	1:15.90	220	BRANTNOV	Kyle Greer,12,NSC

200 METRES BACKSTROKE
Rec:2:19.67 P.Botman,GSC,76

1)	2:22.67	577	POFEB	Patrick Hetu,12,LAVAL
2)	2:24.37	548	YOUTHDEC	Billy Beecher,12,LAC
3)	2:24.65	544	HYACKJAN	Brett Cameron,12,SSC
4)	2:24.76	542	HYACKJAN	Stuart Hietbrink,12,HYACK
5)	2:28.33	481	POFEB	Frederic Gratton,12,CNJO
6)	2:29.49	461	ALBFEB	Mark Versfeld,12,FMSC
7)	2:30.16	450	BCFEB	Jimmy Cho,12,SKSC
8)	2:30.56	443	ONMAR	Bob Hayes,12,SCAR
9)	2:31.17	433	BCFEB	Jason Funk,12,RACER
10)	2:31.31	431	YOUTHDEC	Brian Taguchi,12,KBM
11)	2:32.03	418	YOUTHDEC	Michael Wyjad,12,PCSC
12)	2:32.86	404	ONMAR	Courtney Adams,12,EBSC
13)	2:33.57	392	POFEB	Francis Meunier,12,ETORY
14)	2:33.62	391	WESTMAR	Chris Muller,12,KSC
15)	2:33.87	387	MANFEB	Peter Tait,12,MM
16)	2:34.34	379	YOUTHDEC	Jeff Toth,12,ROD
17)	2:34.89	370	POFEB	Eric Bastien,12,ETORY
18)	2:35.00	368	YOUTHDEC	Kent Vandenberghe,12,ROD
19)	2:35.17	365	MACJAN	David Fogel,12,MAC
20)	2:35.37	362	POFEB	Eric Cyr-Desjardins,12,MEGO
21)	2:35.56	358	MACJAN	Kris Fisher,12,MAC
22)	2:35.97	351	ONMAR	Chris Churchill,11,LUSC
23)	2:36.00	351	POFEB	Alexandre Campeau,12,ETORY
24)	2:36.67	340	ONMAR	Mike Dedyer,12,STARS
25)	2:36.76	338	ALBFEB	Chris Renaud,12,CASC
26)	2:37.67	323	BCFEB	Jeremy Latham,12,CRKW
27)	2:37.86	319	PICKDEC	Vincent Cheung,12,CREST
28)	2:38.00	317	YOUTHDEC	Kyle Greer,12,NSC
29)	2:38.33	311	UCSCJAN	Matthew Tomasson,12,CPSC
30)	2:38.42	310	MANTADEC	Thomas Wang,12,MANTA
31)	2:38.80	303	ONMAR	Jeremy Nichol,12,GO
32)	2:38.96	301	ONAFEB	Todd Stratten,12,HWAC
33)	2:39.40	293	ALBFEB	Matthew Leaker,11,CASC
34)	2:39.43	293	BCFEB	Greg Downing,11,VICO
35)	2:39.68	288	POFEB	Benoit Desmarais,12,HIPPO
36)	2:39.80	286	NSFEB	Chris Roberts,12,TCSC
37)	2:39.95	284	BCFEB	David Fairhurst,11,VICO
38)	2:40.30	278	ONMAR	Jamie McDonald,11,AAC
39)	2:40.44	276	ONMAR	Paul Arsenault,12,GO
40)	2:40.52	274	ONAFEB	Paul Pharand,12,LUSC
41)	2:40.54	274	EOSAJAN	Dirk Helmstaedt,12,KBM
42)	2:40.79	270	POFEB	Eric Pelletier,12,NATCH
43)	2:40.81	269	MANTADEC	Doug Wake,11,YLSC
44)	2:40.81	269	ONMAR	Ryan VandeVooren,12,COBRA
45)	2:40.93	267	ONMAR	Darren Hall,11,EPS
46)	2:40.98	266	YOUTHDEC	Ryan Vandervooren,12,COBRA
47)	2:41.01	266	BRANTNOV	Greg MacDonald,12,NYAC
48)	2:41.10	264	NBFEB	Jim Tranquilla,12,FAST
49)	2:41.56	257	SASKFEB	David Page,12,ROD
50)	2:41.64	255	NSFEB	Daryll Cowper,11,HTAC

100 METRES BREASTSTROKE
Rec:1:10.54 M.Mason,ESC,87

1)	1:11.70	628	BCFEB	Tony Roberts,12,CRKW
2)	1:15.42	505	WESTMAR	Matthew Tomasson,12,CPSC
3)	1:15.43	505	POFEB	Christian Loyer,12,LDRN
4)	1:15.58	500	HYACKJAN	Brett Cameron,12,SSC
5)	1:16.94	455	ONMAR	Vincent Cheung,12,CREST
6)	1:16.99	454	WALKRNOV	Courtney James,12,TRENT
7)	1:17.64	432	BCFEB	Patrick Gavigan,12,SKSC
8)	1:17.88	424	MANFEB	Dan Hunnie,12,SD
9)	1:17.95	422	MMSCMAR	Chris Kendall,12,MMSC
10)	1:18.54	402	BRANTNOV	Geoff Lam,12,NYAC
11)	1:18.71	397	NAACNOV	Adrian Costello,12,NAAC
12)	1:19.43	373	ONAFEB	Greg Hall,12,NYAC
13)	1:20.14	349	ONMAR	Michael Arzaga,11,CREST
14)	1:20.27	345	NSFEB	Jonathan Wong,12,HTAC
15)	1:20.30	344	MANTADEC	Hayden Gabel,12,MM
16)	1:20.35	342	POFEB	Stephane Boutet,12,ETM
17)	1:20.55	336	YOUTHDEC	Todd Williams,12,LAC
18)	1:20.58	335	ONMAR	Jayme Gordon,12,RHAC
19)	1:20.96	322	ONAAAFEB	Tyler Hannah,12,USC
20)	1:20.99	321	ONAAFEB	Peter Simovic,11,OAK
21)	1:21.05	319	BCFEB	Lee Encinas,12,KMAC
22)	1:21.09	318	GMACJAN	Garth Sindrey,12,HWAC
23)	1:21.17	315	BCFEB	Cory Holland,11,TBSC
24)	1:21.26	312	CNBBJAN	Frederic Gratton,12,CNJO
25)	1:21.26	312	ONMAR	Jonathan Cescon,12,ROW
26)	1:21.45	306	EBSCNOV	Brian Taguchi,12,KBM
27)	1:21.54	303	ONMAR	Jamie White,11,STJJ
28)	1:21.64	300	EBSCNOV	Billy Beecher,12,LAC
29)	1:21.72	297	POFEB	Eric Pelletier,12,NATCH
30)	1:21.83	293	NBFEB	Andrew Snowdon,12,SACS
31)	1:22.21	281	ONMAR	Paul Fabian,12,ROW
32)	1:22.45	273	ONAFEB	Andy Sundararjan,12,TOMAC
33)	1:22.46	273	RACERDEC	Andrew Rollo,12,RACER
34)	1:22.48	272	YOUTHDEC	Michael Stachowiak,12,HTAC
35)	1:22.66	266	ONAFEB	Jason Rappazzo,12,HWAC
36)	1:22.67	266	ONAAFEB	Rob Stevens,12,BTSC
37)	1:22.74	263	MACJAN	Paul Pharand,12,LUSC
38)	1:22.76	263	MANTADEC	Oliver Rabinovitch,12,RACE
39)	1:22.83	260	MANTADEC	Ryan Pederson,12,GOLD
40)	1:22.97	256	ALBFEB	David Gorby,12,CASC
41)	1:22.99	255	SASKFEB	Martin Hoehn,12,YLSC
42)	1:23.00	255	RACERDEC	Marek Hejduk,11,CHENA
43)	1:23.08	252	CASCNOV	Jarvis Caldwell,12,CASC
44)	1:23.11	251	POFEB	Francois Dufresne,12,ETORY
45)	1:23.18	249	ONAFEB	Ryan VandeVooren,12,COBRA
46)	1:23.24	247	NEORDEC	Chris Churchill,11,LUSC
47)	1:23.32	244	UCSCJAN	Calvin Wagner,12,PPS
48)	1:23.42	241	YOUTHDEC	Didi Downar,12,TASK
49)	1:23.42	241	PCSCDEC	Sebastien Guerard,12,CNMN
50)	1:23.55	237	ONAAFEB	Neil Balan,12,WISC

200 METRES BREASTSTROKE
Rec:2:33.91 M.Mason,ESC,87

1)	2:36.12	630	BCFEB	Tony Roberts,12,CRKW
2)	2:38.52	594	ALBFEB	Brett Cameron,12,SSC
3)	2:44.44	504	ONMAR	Vincent Cheung,12,CREST
4)	2:45.99	480	WALKRNOV	Courtney James,12,TRENT
5)	2:46.89	467	POFEB	Christian Loyer,12,LDRN
6)	2:47.21	462	ONAFEB	Greg Hall,12,NYAC
7)	2:49.03	434	ONAFEB	Garth Sindrey,12,HWAC
8)	2:49.09	433	CASCNOV	Matthew Tomasson,12,CPSC
9)	2:49.94	420	MANFEB	Dan Hunnie,12,SD
10)	2:50.32	415	HTACNOV	Mark Ritcey,12,HTAC
11)	2:51.10	403	NSFEB	Jonathan Wong,12,HTAC
12)	2:51.50	397	BRANTNOV	Michael Arzaga,11,CREST
13)	2:51.55	396	BRANTNOV	Geoff Lam,12,NYAC
14)	2:51.75	393	YOUTHDEC	Michael Stachowiak,12,HTAC
15)	2:52.56	381	RACERDEC	Mateus Vorechovsky,12,AOUA
16)	2:52.83	376	POFEB	Stephane Boutet,12,ETM
17)	2:52.86	376	ONMAR	Peter Simovic,12,OAK
18)	2:52.88	376	ONMAR	Paul Fabian,12,ROW
19)	2:53.50	366	BCFEB	Patrick Gavigan,12,SKSC
20)	2:53.91	360	YOUTHDEC	Adrian Costello,12,NAAC
21)	2:54.14	357	HYACKJAN	Lee Encinas,12,KMAC
22)	2:54.49	351	ONMAR	Jayme Gordon,12,RHAC
23)	2:54.81	346	RACERDEC	Delano Duchek,11,UCSC
24)	2:55.12	342	ONMAR	Chris Churchill,11,LUSC
25)	2:55.34	338	ONAFEB	Jonathan Cescon,12,ROW
26)	2:55.76	332	PCSCDEC	Pascal Lefebvre,12,ETORY
27)	2:55.80	331	MANTADEC	Hayden Gabel,12,MM
28)	2:55.90	330	BCFEB	Gareth Jones,12,NRST
29)	2:56.25	325	BCFEB	Cory Holland,11,TBSC
30)	2:56.43	322	RACERDEC	Andrew Rollo,12,RACER
31)	2:56.68	318	POFEB	Sebastien Guerard,12,CNMN
32)	2:56.68	318	ONMAR	Andy Sundararjan,12,TOMAC
33)	2:56.73	317	POFEB	Francois Dufresne,12,ETORY
34)	2:57.21	310	PICKDEC	Didi Downar,12,TASK
35)	2:57.35	308	ALBFEB	Kevin Mertz,12,LASC
36)	2:57.50	306	ONAAAFEB	David Sykes,12,RHAC
37)	2:57.63	304	MACJAN	Bruce Davison,12,LUSC
38)	2:57.84	300	ALBFEB	David Gorby,12,CASC
39)	2:58.48	291	NBFEB	Andrew Snowdon,12,SACS
40)	2:58.53	290	POFEB	Alexandre Noppen,11,BBF
41)	2:58.85	285	ONMAR	Ben Tingley,12,ROD
42)	2:58.91	284	MANTADEC	Doug Wake,11,YLSC
43)	2:59.24	279	CASCNOV	Jarvis Caldwell,12,KAJ
44)	2:59.27	279	ONMAR	Rob Stevens,12,BTSC
45)	2:59.39	277	BCFEB	Marek Hejduk,12,CHENA
46)	2:59.44	276	ONMAR	Robert Giggey,12,GO
47)	2:59.64	273	ONMAR	Neil Balan,12,WISC
48)	2:59.97	268	SASKFEB	Ryan Pederson,12,GOLD
49)	3:00.22	264	POFEB	Philippe Tanguay,12,ETM
50)	3:00.23	264	MANTADEC	Oliver Rabinovitch,12,RACE

BOYS 11-12 CONTD.

100 METRES BUTTERFLY
Rec:1:03.60 R.Hamel,COW,75

1)	1:05.75	528	YOUTHDEC	Billy Beecher,12,LAC
2)	1:05.82	525	ALBFEB	Brett Cameron,12,SSC
3)	1:05.96	520	RACERDEC	Jimmy Cho,12,HYACK
4)	1:06.19	511	YOUTHDEC	Jeff Toth,12,ROD
5)	1:06.62	495	ONMAR	Vincent Cheung,12,CREST
6)	1:07.83	449	NSFEB	Mark Ritcey,12,HTAC
7)	1:08.03	442	ONMAR	Garth Sindrey,12,HWAC
8)	1:08.36	430	HYACKJAN	Stuart Hietbrink,12,HYACK
9)	1:09.16	399	POFEB	Frederic Gratton,12,CNJO
10)	1:09.27	395	POFEB	Vincent Lemieux,12,BSB
11)	1:09.80	375	WALKRNOV	Courtney James,12,TRENT
12)	1:09.87	373	NSFEB	Jonathan Wong,12,HTAC
13)	1:10.03	367	MANFEB	Thomas Wang,12,MANTA
14)	1:10.10	364	ONMAR	Bob Hayes,12,SCAR
15)	1:10.21	360	BCFEB	Tony Roberts,12,CRKW
16)	1:10.39	353	ONMAR	Sean Cargin,11,WAC
17)	1:10.97	331	ALBFEB	Matthew Tomasson,12,CPSC
18)	1:11.29	319	BCFEB	Andrew Reid,12,KISU
19)	1:11.41	315	EBSCNOV	Brian Taguchi,12,KBM
20)	1:11.56	309	YOUTHDEC	Simon Crevier,12,PCSC
21)	1:11.72	303	MANTADEC	Aaron James,11,MM
22)	1:11.73	303	ONMAR	Michael Klim,11,EPS
23)	1:11.91	296	ONAFEB	Greg Hall,12,NYAC
24)	1:11.91	296	POFEB	Jonathan Bolduc,12,EMJ
25)	1:12.09	289	ALBFEB	Chris Muller,12,KSC
26)	1:12.09	289	ONAAFEB	Courtney Adams,12,EBSC
27)	1:12.12	288	BCFEB	Marek Hejduk,12,CHENA
28)	1:12.40	278	MANTADEC	Doug Wake,11,YLSC
29)	1:12.79	263	SJSJAN	Dan Hunnie,12,SD
30)	1:12.90	259	BCFEB	Jesse Wilton,11,VICO
31)	1:13.15	249	BCFEB	Mateus Vorechovsky,12,AOUA
32)	1:13.22	247	POFEB	Carl Shooner,12,ETORY
33)	1:13.23	246	BRANTNOV	Geoff Lam,12,NYAC
34)	1:13.29	244	NBFEB	Kris Pelletier,12,CVAC
35)	1:13.34	242	YOUTHDEC	Todd Williams,12,LAC
36)	1:13.46	238	BTSCFEB	Chris Churchill,11,LUSC
37)	1:13.50	236	NSFEB	Mark MacLean,12,HTAC
38)	1:13.53	235	NSFEB	Michael MacLean,12,HTAC
39)	1:13.55	234	POFEB	Mathieu Tremblay,12,CNMN
40)	1:13.60	233	RACERDEC	Matthew Hiebert,11,UCSC
41)	1:13.62	232	ALBFEB	Jeramie VanOtterloo,12,GPP
42)	1:13.73	228	BCFEB	Gareth Jones,12,NRST
43)	1:13.94	220	POFEB	Daniel Picard,12,ETORY
44)	1:13.98	218	MACJAN	Kris Fisher,12,MAC
45)	1:13.99	218	YOUTHDEC	Mark Henriksen,12,DCSC
46)	1:14.20	210	ONMAR	Francis Noventa,11,GMAC
47)	1:14.37	204	ONMAR	Adam Porteous,12,MAC
48)	1:14.40	203	ONAFEB	Shawn Robertson,12,EPS
49)	1:14.58	196	POFEB	Eric Laurence,12,PCSC
50)	1:14.71	191	MACJAN	Paul Pharand,12,LUSC

200 METRES BUTTERFLY
Rec:2:20.00 B.Lapierre,POM,83

1)	2:20.79	577	YOUTHDEC	Jeff Toth,12,ROD
2)	2:24.63	511	RACERDEC	Jimmy Cho,12,HYACK
3)	2:25.55	495	HYACKJAN	Brett Cameron,12,SSC
4)	2:26.67	476	NSFEB	Mark Ritcey,12,HTAC
5)	2:26.91	472	HYACKJAN	Stuart Hietbrink,12,HYACK
6)	2:27.69	458	ONMAR	Garth Sindrey,12,HWAC
7)	2:28.08	452	YOUTHDEC	Billy Beecher,12,LAC
8)	2:28.67	442	ONAFEB	Bob Hayes,12,SCAR
9)	2:31.76	388	NSFEB	Jonathan Wong,12,HTAC
10)	2:33.18	364	ONMAR	Sean Cargin,11,WAC
11)	2:33.28	362	POFEB	Daniel Picard,12,ETORY
12)	2:33.28	362	POFEB	Simon Crevier,12,PCSC
13)	2:35.71	320	BTSCFEB	Vincent Cheung,12,CREST
14)	2:35.89	317	POFEB	Jonathan Bolduc,12,EMJ
15)	2:37.50	290	SSCNOV	Quinn Hayden,12,SSC
16)	2:37.64	287	MANTADEC	Doug Wake,11,YLSC
17)	2:37.96	282	ONMAR	Michael Klim,11,EPS
18)	2:37.99	281	POFEB	Jean-F. Marquis,12,CNM
19)	2:38.21	277	RACERDEC	Mateus Vorechovsky,12,AOUA
20)	2:38.23	277	MANTADEC	Aaron James,11,MM
21)	2:38.47	273	BCFEB	Andrew Reid,12,KISU
22)	2:39.09	262	ALBFEB	Jeramie VanOtterloo,12,GPP
23)	2:40.08	245	ONAFEB	Lee Hart,11,HWAC
24)	2:40.17	244	YOUTHDEC	Kyle Greer,12,NSC
25)	2:40.45	239	ONAAFEB	Courtney Adams,12,EBSC
26)	2:40.53	237	ONAFEB	Sean Steacy,12,LAC
27)	2:41.18	226	SJSJAN	Peter Tait,12,MM
28)	2:41.33	224	RACERDEC	Matthew Hiebert,11,UCSC
29)	2:41.59	219	ONAAFEB	Stephan Greig,12,GMAC
30)	2:41.69	217	PCSCDEC	Vincent Lemieux,12,BSB
31)	2:42.35	206	YOUTHDEC	Mark Henriksen,12,DCSC
32)	2:42.49	204	POFEB	Alexandre Campeau,12,ETORY
33)	2:42.88	197	ONAFEB	Todd Stratten,12,HWAC
34)	2:42.91	197	BCFEB	Greg Downing,11,VICO
35)	2:42.98	195	POFEB	Carl Shooner,12,ETORY
36)	2:43.23	191	RACERDEC	Jesse Wilton,11,CRKW
37)	2:43.49	187	NEORDEC	Chris Churchill,11,LUSC
38)	2:44.52	169	POFEB	Mathieu Tremblay,12,CNMN
39)	2:44.77	165	NSFEB	Michael MacLean,12,HTAC
40)	2:45.44	153	BCFEB	Gareth Jones,12,NRST
41)	2:45.76	147	YOUTHDEC	Peter Simovic,11,OAK
42)	2:45.79	147	RACERDEC	Dominic Chan,11,AOUA
43)	2:46.06	142	ONAFEB	Shawn Robertson,12,EPS
44)	2:46.32	138	ONMAR	Matthew Buckley,11,KBM
45)	2:47.00	126	CRKWDEC	Tony Roberts,12,CRKW
46)	2:47.08	125	ONMAR	Paul Arsenault,12,GO
47)	2:47.20	123	POFEB	Nicolas Martin,12,SL
48)	2:47.44	119	ONMAR	John Kunnas,12,TBT
49)	2:47.56	116	EOSAJAN	Dirk Helmstaedt,12,KBM
50)	2:47.61	116	ONMAR	Andrew Munro,11,EPS

200 METRES IND.MEDLEY
Rec:2:20.76 B.Cameron,SSC,89

1)	2:20.76	639	ALBFEB	Brett Cameron,12,SSC
2)	2:25.07	567	ONMAR	Vincent Cheung,12,CREST
3)	2:26.81	538	POFEB	Vincent Lemieux,12,BSB
4)	2:26.89	536	NSFEB	Mark Ritcey,12,HTAC
5)	2:27.28	530	YOUTHDEC	Billy Beecher,12,LAC
6)	2:27.86	520	RYMMJAN	Jeff Toth,12,ROD
7)	2:28.51	509	PCSCDEC	Patrick Hetu,12,LAVAL
8)	2:28.97	501	BCFEB	Tony Roberts,12,CRKW
9)	2:30.58	474	ONMAR	Garth Sindrey,12,HWAC
10)	2:30.89	469	ALBFEB	Mark Versfeld,12,FMSC
11)	2:31.02	467	WALKRNOV	Courtney James,12,TRENT
12)	2:31.10	466	HYACKJAN	Stuart Hietbrink,12,HYACK
13)	2:31.78	454	RACERDEC	Jimmy Cho,12,HYACK
14)	2:31.78	454	PCSCDEC	Frederic Gratton,12,CNJO
15)	2:31.99	451	UCSCJAN	Matthew Tomasson,12,CPSC
16)	2:32.00	451	MANFEB	Peter Tait,12,MM
17)	2:33.11	432	ONMAR	Chris Churchill,11,LUSC
18)	2:33.15	431	SASKFEB	Doug Wake,11,YLSC
19)	2:33.43	427	ALBFEB	Oliver Rabinovitch,12,RACE
20)	2:33.71	422	MANFEB	Dan Hunnie,12,SD
21)	2:33.89	419	NSFEB	Jonathan Wong,12,HTAC
22)	2:34.22	413	BRANTNOV	Geoff Lam,12,NYAC
23)	2:34.43	410	ONMAR	Greg Hall,12,NYAC
24)	2:34.72	405	MMSCMAR	Chris Kendall,12,MMSC
25)	2:34.74	405	ONAFEB	Paul Pharand,12,LUSC
26)	2:35.14	398	PCSCDEC	Michael Wyjad,12,PCSC
27)	2:35.14	398	POFEB	Jonathan Bolduc,12,EMJ
28)	2:35.58	391	POFEB	Eric Laurence,12,PCSC
29)	2:35.63	390	BCFEB	Andrew Reid,12,KISU
30)	2:36.17	381	POFEB	Francis Meunier,12,ETORY
31)	2:36.27	379	BCFEB	Jason Funk,12,RACER
32)	2:36.42	377	YOUTHDEC	Simon Crevier,12,PCSC
33)	2:36.75	371	YOUTHDEC	Bob Hayes,12,SCAR
34)	2:36.93	368	HYACKJAN	Marek Hejduk,12,CHENA
35)	2:36.98	367	ONMAR	Michael McWha,11,WAC
36)	2:37.17	364	POFEB	Alexandre Campeau,12,ETORY
37)	2:37.44	359	NBFEB	Michael Grant,12,FAST
38)	2:37.52	358	BCFEB	Gareth Jones,12,NRST
39)	2:37.75	354	SASKFEB	Kent Vandenberghe,12,ROD
40)	2:38.00	350	WVOSCNOV	Mateus Vorechovsky,12,AOUA
41)	2:38.04	349	POFEB	Maxime Dumontier,12,ETORY
42)	2:38.13	348	NBFEB	Kris Pelletier,12,CVAC
43)	2:38.20	347	ONMAR	Michael Arzaga,11,CREST
44)	2:38.29	345	BCFEB	Nick Lefor,12,DELTA
45)	2:38.30	345	HYACKJAN	David Fairhurst,11,VICO
46)	2:38.41	343	MACJAN	David Fogel,12,MAC
47)	2:38.53	341	ALBFEB	Chris Muller,12,KSC
48)	2:38.63	339	ONMAR	Aaron Splinter,12,EBSC
49)	2:39.06	332	ONAFEB	Ben Alles,12,NYAC
50)	2:39.59	323	ALBFEB	Chris Renaud,12,CASC

400 METRES IND.MEDLEY
Rec:4:56.10 A.Foulds,TBT,85

1)	5:00.19	630	ALBFEB	Brett Cameron,12,SSC
2)	5:07.44	573	ONMAR	Vincent Cheung,12,CREST
3)	5:08.93	561	NSFEB	Mark Ritcey,12,HTAC
4)	5:10.26	551	YOUTHDEC	Billy Beecher,12,LAC
5)	5:14.32	519	HYACKJAN	Stuart Hietbrink,12,HYACK
6)	5:16.27	503	POFEB	Patrick Hetu,12,LAVAL
7)	5:17.45	494	ONAFEB	Garth Sindrey,12,HWAC
8)	5:21.20	464	BCFEB	Marek Hejduk,12,CHENA
9)	5:21.73	460	TRENTNOV	Courtney James,12,TRENT
10)	5:21.73	460	PCSCDEC	Frederic Gratton,12,CNJO
11)	5:22.14	457	ONAFEB	Chris Churchill,11,LUSC
12)	5:22.81	452	MANFEB	Peter Tait,12,MM
13)	5:24.02	442	POFEB	Simon Crevier,12,PCSC
14)	5:24.47	439	BCFEB	Jimmy Cho,12,SKSC
15)	5:25.22	433	NSFEB	Jonathan Wong,12,HTAC
16)	5:25.79	428	SASKFEB	Doug Wake,11,YLSC
17)	5:26.26	425	ONAFEB	Ben Alles,12,NYAC
18)	5:26.34	424	YOUTHDEC	Brian Taguchi,12,KBM
19)	5:26.41	423	BCFEB	Jason Funk,12,RACER
20)	5:26.66	421	BCFEB	Andrew Reid,12,KISU
21)	5:26.72	421	UCSCJAN	Matthew Tomasson,12,CPSC
22)	5:27.69	413	POFEB	Jonathan Bolduc,12,EMJ
23)	5:27.96	411	ONAFEB	Paul Pharand,12,LUSC
24)	5:28.06	410	YOUTHDEC	Jeff Toth,12,ROD
25)	5:28.08	410	POFEB	Francis Meunier,12,ETORY
26)	5:28.29	409	PCSCDEC	Vincent Lemieux,12,BSB
27)	5:28.94	403	ONAAFEB	Dirk Helmstaedt,12,KBM
28)	5:28.95	403	POFEB	Alexandre Campeau,12,ETORY
29)	5:29.07	402	BCFEB	Mateus Vorechovsky,12,AOUA
30)	5:29.22	401	HYACKJAN	Mauricio Ruiz,11,VCSC
31)	5:29.44	399	POFEB	Michael Wyjad,12,PCSC
32)	5:29.55	399	ONMAR	Ben Tingley,12,ROD
33)	5:29.94	395	YOUTHDEC	Bob Hayes,12,SCAR
34)	5:30.02	395	ONMAR	Michael McWha,11,WAC
35)	5:30.16	394	PGBOCT	Graeme Last,12,KMAC
36)	5:30.38	392	POFEB	Maxime Dumontier,12,ETORY
37)	5:31.21	385	RACERDEC	Matthew Hiebert,11,UCSC
38)	5:31.70	382	BCFEB	Gareth Jones,12,NRST
39)	5:31.74	381	BTSCFEB	Greg Hall,12,NYAC
40)	5:32.09	379	ONAFEB	Lee Hart,11,HWAC
41)	5:32.13	378	ONMAR	Kent Vandenberghe,12,ROD
42)	5:34.95	356	ONMAR	Michael Arzaga,11,CREST
43)	5:35.34	353	BCFEB	David Fairhurst,11,VICO
44)	5:35.47	352	ALBFEB	Matthew Leaker,11,CASC
45)	5:35.59	351	ONMAR	Didi Downar,12,TASK
46)	5:35.70	350	CRKWDEC	Tony Roberts,12,CRKW
47)	5:36.10	347	ONMAR	Peter Simovic,12,OAK
48)	5:36.30	345	HYACKJAN	Mark Versfeld,12,FMSC
49)	5:36.75	342	ALBFEB	Russ Gavan,12,CASC
50)	5:37.96	332	BCFEB	Lee Encinas,12,KMAC

4X50 M MEDLEY RELAY
Rec:2:07.15 North York AC,NYAC,88

1)	2:10.43	357	YOUTHDEC	London AC,LAC
2)	2:13.84	288	RYMMJAN	Regina Opt.Dolphins,ROD
3)	2:14.49	275	YOUTHDEC	Halifax Trojans,HTAC
4)	2:15.16	261	POFEB	Etoiles Rich-Yamaska,ETORY
5)	2:15.50	254	ONAFEB	Etobicoke Pepsi,EPS
6)	2:15.63	252	ONAAFEB	Ernestown Barracudas,EBSC
7)	2:15.80	248	ALBFEB	Cascade Swim Club,CASC
8)	2:15.97	245	ONMAR	North York AC,NYAC
9)	2:16.11	242	ONMAR	Hamilt-Wentworth AC,HWAC
10)	2:17.89	206	ONMAR	Gloucester-Ottawa Kingfish,GO
11)	2:18.06	202	PCSCDEC	Pointe Claire SC,PCSC
12)	2:18.10	202	ONMAR	Mississauga AC,TOMAC
13)	2:18.35	197	ONMAR	Oakville AC,OAK
14)	2:18.93	185	YOUTHDEC	Crescent Town SC,CREST
15)	2:18.99	184	MANTADEC	Manitoba Marlins,MM
16)	2:19.00	183	BCFEB	Delta Sungod SC,DELTA
17)	2:19.11	181	BCFEB	Victoria Olympians,VICO
18)	2:19.69	169	HYACKJAN	Richmond Racers,RACER
19)	2:19.72	169	SASKFEB	YMCA Laser SC,YLSC
20)	2:20.41	155	ONMAR	Kingston Blue Marlins,KBM
21)	2:20.49	153	ALBFEB	Univ.Calgary,UCSC
22)	2:20.60	151	MANFEB	Selkirk Dolphins,SD
23)	2:20.91	145	POFEB	CN Montreal-Nord,CNMN
24)	2:21.03	142	CACJAN	Nautilus de Matane,CNM
25)	2:21.33	136	ONAFEB	Region of Waterloo,ROW
26)	2:21.63	130	ONMAR	Markham AC,MAC
27)	2:21.74	128	ALBFEB	Killarney SwimClub,KSC
28)	2:22.15	120	NSFEB	Truro Centurions,TCSC
29)	2:23.16	99	ONMAR	Brock Niagara,BROCK
30)	2:23.26	97	ONAFEB	Scarborough SC,SCAR
31)	2:23.33	96	BCFEB	Canadian Dolphin SC,CDSC
32)	2:23.37	95	ONAAAFEB	Richmond Hill AC,RHAC
33)	2:23.42	94	NBFEB	Fredericton Aquanauts,FAST
34)	2:23.62	90	MANTADEC	Manta Aquatic Club,MANTA
35)	2:23.84	85	BCFEB	Surrey KnightsSC,SKSC
36)	2:24.37	75	POFEB	Beaconsfield Bluefins,BBF
37)	2:24.58	70	NAACNOV	Newfoundland Aquarena,NAAC
38)	2:24.71	68	BCFEB	Campbell RiverKW,CRKW
39)	2:24.94	63	ONAAFEB	Barrie Trojans,BTSC
40)	2:25.04	61	ONAFEB	Windsor AC,WAC
41)	2:26.61	29	KANOV	Thun Bay Thunderbolts,TBT
42)	2:26.93	23	ONAAAFEB	Uxbridge SC,USC
43)	2:27.11	19	BCFEB	Aquanaut Swim Club,AQUA
44)	2:27.72	7	ONMAR	Perth Stingrays,PERTH
45)	2:27.85	4	ABJRFEB	Edmonton Keyano SC,EKSC
46)	2:27.91	3	MUSACFEB	York Swim Club,YORK
47)	2:27.91	3	ONAAFEB	Toronto Aquanauts,TASK
48)	2:28.09	0	HYACKJAN	Hyack Swim Club,HYACK
49)	2:28.31	0	ONAAFEB	Whitby Iroquois SC,WISC
50)	2:28.46	0	CNCINOV	CN Jonquiere,CNJO

4X50 M FREE RELAY
Rec:1:51.22 London Aquatic,LAC,88

1)	1:51.52	464	YOUTHDEC	London AC,LAC
2)	1:58.28	310	NSFEB	Halifax Trojans,HTAC
3)	1:58.31	309	ONMAR	North York AC,NYAC
4)	1:59.71	277	ONMAR	Mississauga AC,TOMAC
5)	1:59.74	277	ALBFEB	Cascade Swim Club,CASC
6)	1:59.87	274	ONMAR	Hamilt-Wentworth AC,HWAC
7)	1:59.92	272	ONMAR	Oakville AC,OAK
8)	1:59.98	271	ALBFEB	Univ.Calgary,UCSC
9)	2:00.17	267	YOUTHDEC	Regina Opt.Dolphins,ROD
10)	2:00.27	265	PCSCDEC	Pointe Claire SC,PCSC
11)	2:00.43	261	ONMAR	Ernestown Barracudas,EBSC
12)	2:00.66	256	RACERDEC	Victoria Olympians,VICO
13)	2:00.98	248	PCSCDEC	Etoiles Rich-Yamaska,ETORY
14)	2:01.14	245	ONMAR	Markham AC,MAC
15)	2:01.87	228	ONMAR	Etobicoke Pepsi,EPS
16)	2:02.36	217	MANFEB	Selkirk Dolphins,SD
17)	2:03.03	202	EBSCNOV	Kingston Blue Marlins,KBM
18)	2:03.43	193	BCFEB	Campbell RiverKW,CRKW
19)	2:03.44	192	MANFEB	Manta Aquatic Club,MANTA
20)	2:04.03	179	ALBFEB	Killarney SwimClub,KSC
21)	2:04.24	174	BCFEB	Delta Sungod SC,DELTA
22)	2:04.34	172	MANFEB	Manitoba Marlins,MM
23)	2:04.38	171	HYACKJAN	Richmond Racers,RACER
24)	2:04.56	167	ONMAR	Region of Waterloo,ROW
25)	2:04.94	158	McMOCT	Uxbridge SC,USC
26)	2:05.72	141	ONMAR	Ajax Aquatic Club,AAC
27)	2:05.96	135	ONAFEB	Windsor AC,WAC
28)	2:05.98	135	NBFEB	Fredericton Aquanauts,FAST
29)	2:06.18	130	BTSCFEB	Crescent Town SC,CREST
30)	2:06.22	129	NSFEB	Truro Centurions,TCSC
31)	2:06.28	128	ONAFEB	Scarborough SC,SCAR
32)	2:06.47	124	ONAAFEB	Brock Niagara,BROCK
33)	2:06.50	123	PCSCDEC	CN Montreal-Nord,CNMN
34)	2:06.61	120	BCFEB	Aquanaut Swim Club,AQUA
35)	2:06.76	117	ONAFEB	Thun Bay Thunderbolts,TBT
36)	2:07.35	104	ONAFEB	Gloucester-Ottawa Kingfish,GO
37)	2:07.66	96	BCFEB	Canadian Dolphin SC,CDSC
38)	2:07.75	94	CACJAN	Nautilus de Matane,CNM
39)	2:07.89	91	ONAAAFEB	Richmond Hill AC,RHAC
40)	2:08.08	87	ONAFEB	Brampton Region AC,COBRA
41)	2:08.27	83	LLSCJAN	Barrie Trojans,BTSC
42)	2:08.36	81	BCFEB	Surrey KnightsSC,SKSC
43)	2:08.64	74	UCSCJAN	Edmonton Keyano SC,EKSC
44)	2:09.27	60	ONAFEB	Laurentian Univ.,LUSC
45)	2:09.61	52	NBFEB	Codiac Vikings,CVAC
46)	2:09.64	51	CASCNOV	Calgary Patriots,CPSC
47)	2:10.05	42	ONAAAFEB	Burlington Y,BYAC
48)	2:10.52	31	ONMAR	Perth Stingrays,PERTH
49)	2:11.20	16	UCSCJAN	Goldfin Swim Club,GOLD
50)	2:11.21	16	MUSACFEB	York Swim Club,YORK

GIRLS 13-14 — 1989 SHORT COURSE TAG©

50 METRES FREESTYLE
Rec:0:26.04 K.Topham,MANTA,88

1)	0:26.98	861	CANJAN	Julie Barbeau,13,LAVAL
2)	0:26.98	861	POFEB	Stephanie Lemay,14,BBF
3)	0:27.04	856	YOUTHDEC	Janet Mayville,14,UNATT
4)	0:27.09	852	CANJAN	Petrina Lessard,14,PCSC
5)	0:27.33	833	BC/PO	Patricia Levesque,14,SELCT
6)	0:27.39	828	POFEB	Martine Dessureault,14,MEGO
7)	0:27.42	826	POFEB	Manon St.Jacques,14,CAMO
8)	0:27.48	821	YOUTHDEC	Samantha Stevenson,13,CASC
9)	0:27.50	820	CANJAN	Jill Lakusiak,14,MANTA
10)	0:27.55	816	CANJAN	Holly McComb,13,PCSC
11)	0:27.57	814	MACJAN	Melanie Mackwood,14,MAC
12)	0:27.70	804	POFEB	Martina Kindler,13,CALAC
13)	0:27.72	802	POFEB	Nadine Rolland,13,SAMAK
14)	0:27.82	794	YOUTHDEC	Kim Yoshimoto,13,NYAC
15)	0:27.86	791	BCFEB	Nikki Dryden,13,VICO
16)	0:27.94	785	YOUTHDEC	Christa Van Drie,14,UNATT
17)	0:27.95	784	ONAFEB	Shannon Bell,14,GO
18)	0:27.97	782	YOUTHDEC	Sheryl Ross,14,COBRA
19)	0:27.99	781	ONMAR	Peggy Corkum,14,EPS
20)	0:28.16	767	BCFEB	Tanya Tighe,14,COHO
21)	0:28.17	766	YOUTHDEC	Jill Savege,14,TRENT
22)	0:28.17	766	BCFEB	Katrina Walters,13,PSW
23)	0:28.17	766	NSFEB	Iona Allen,14,HTAC
24)	0:28.17	766	POFEB	Anne Lamarche,14,CAMO
25)	0:28.20	764	ONAFEB	Tanya Stevenson,14,GO
26)	0:28.21	763	ALBFEB	Kelly Argent,14,RACE
27)	0:28.22	762	ONMAR	Heather Cole,13,OAK
28)	0:28.23	762	MANFEB	Annemarie Jensen,14,SJS
29)	0:28.30	756	ONMAR	Dayna McCleary,14,OAK
30)	0:28.34	753	VICONOV	Lindsay Barrett,13,PSW
31)	0:28.34	753	CVACJAN	Kristen Matthews,14,MCT
32)	0:28.34	753	ONAAAFEB	Jennifer Varey,14,CYPS
33)	0:28.34	753	ONMAR	Peggy Hefford,14,UNATT
34)	0:28.40	748	ALBFEB	Joanne Radke,14,UCSC
35)	0:28.42	747	YOUTHDEC	Charla Caponi,14,EPS
36)	0:28.42	747	HYACKJAN	Karen Chow,14,HYACK
37)	0:28.45	744	GOLDNOV	Michelle Lischinsky,14,MANTA
38)	0:28.45	744	BCFEB	Daria VanderGraaf,14,HYACK
39)	0:28.46	743	ONAFEB	Michelle Killins,14,TOMAC
40)	0:28.46	743	EASTCUP	Constance Fanta,14,LAVAL
41)	0:28.47	743	ONAAAFEB	Megan Sullivan,14,CATS
42)	0:28.48	742	MANFEB	Carol Chiang,13,TPRR
43)	0:28.52	739	ONMAR	Kelly Palmer,14,SSMAC
44)	0:28.53	738	HYACKJAN	Lisa Robertson,14,SKSC
45)	0:28.55	736	NSFEB	Heather Thomas,13,HTAC
46)	0:28.56	736	YOUTHDEC	Chris Perry,14,NYAC
47)	0:28.56	736	EASTCUP	Kathryn McBurney,13,AAC
48)	0:28.60	732	BTSCFEB	Jennifer Gibson,14,MYK
49)	0:28.64	729	YOUTHDEC	Rae Sears,14,TIDE
50)	0:28.65	728	NSFEB	Becky Young,14,PCMSC

100 METRES FREESTYLE
Rec:0:56.62 J.Kerr,ESC,83

1)	0:57.58	882	CANJAN	Petrina Lessard,14,PCSC
2)	0:58.70	841	CANJAN	Julie Barbeau,13,LAVAL
3)	0:58.87	835	CANJAN	Holly McComb,13,PCSC
4)	0:58.99	830	POFEB	Manon St.Jacques,14,CAMO
5)	0:59.22	822	BC/PO	Patricia Levesque,14,SELCT
6)	0:59.47	813	CANJAN	Stephanie Lemay,14,BBF
7)	0:59.61	808	ONMAR	Peggy Corkum,14,EPS
8)	0:59.62	807	CANJAN	Shannon Bell,14,GO
9)	0:59.80	801	MANFEB	Jill Lakusiak,14,MANTA
10)	1:00.01	793	HYACKJAN	Nikki Dryden,13,VICO
11)	1:00.02	792	POFEB	Martine Dessureault,14,MEGO
12)	1:00.05	791	MACJAN	Melanie Mackwood,14,MAC
13)	1:00.23	785	YOUTHDEC	Joanne Malar,13,HWAC
14)	1:00.42	778	HYACKJAN	Karen Chow,14,HYACK
15)	1:00.48	776	YOUTHDEC	Janet Mayville,14,UNATT
16)	1:00.53	774	EASTCUP	Constance Fanta,14,LAVAL
17)	1:00.54	773	ONMAR	Alicia Hicken,14,EPS
18)	1:00.58	772	YOUTHDEC	Jill Savege,14,TRENT
19)	1:00.63	770	POFEB	Anne Lamarche,14,CAMO
20)	1:00.72	767	BCFEB	Katrina Walters,13,PSW
21)	1:00.78	765	YOUTHDEC	Charla Caponi,14,EPS
22)	1:01.01	756	NBFEB	Hilary Seagrave,14,FAST
23)	1:01.14	751	ONCUPJAN	Sheila Hewerdine,14,LAC
24)	1:01.14	751	ALBFEB	Joanne Radke,14,UCSC
25)	1:01.20	749	BCFEB	Tanya Tighe,14,COHO
26)	1:01.24	748	HYACKJAN	Erin Dolan,14,TSUN
27)	1:01.27	747	EASTCUP	Dayna McCleary,14,OAK
28)	1:01.31	745	YOUTHDEC	Kim Yoshimoto,13,NYAC
29)	1:01.32	745	ONCUPJAN	Julie Miesmer,13,WAC
30)	1:01.61	734	GOLDNOV	Michelle Sallee,14,CDSC
31)	1:01.61	734	ONMAR	Heather Cole,13,OAK
32)	1:01.62	734	ALBFEB	Sherry Sanders,14,UCSC
33)	1:01.63	733	BCFEB	Daria VanderGraaf,14,HYACK
34)	1:01.67	732	YOUTHDEC	Angela Sawa,14,EPS
35)	1:01.67	732	YOUTHDEC	Rae Sears,14,TIDE
36)	1:01.73	730	PCSCDEC	Nadine Wyjad,13,PCSC
37)	1:01.73	730	SASKFEB	Marley Smith-Windsor,13,ROD
38)	1:01.74	729	ONMAR	Peggy Hefford,14,UNATT
39)	1:01.81	727	CVACJAN	Heather Thomas,13,HTAC
40)	1:01.84	726	BTSCFEB	Jennifer Gibson,14,MYK
41)	1:01.87	724	ONMAR	Michelle Killins,14,TOMAC
42)	1:01.89	724	YOUTHDEC	Shannon Pilgrim,14,LAC
43)	1:01.95	722	POFEB	Chantal Mathieu,14,SAMAK
44)	1:01.96	721	ONAAAFEB	Jennifer Varey,14,CYPS
45)	1:01.99	720	POFEB	Nadine Rolland,13,SAMAK
46)	1:02.00	720	NSFEB	Chrystal Wettlaufer,14,HTAC
47)	1:02.01	719	ONMAR	Jenny Parwickl,13,EPS
48)	1:02.05	718	RACERDEC	Lindsay Barrett,13,PSW
49)	1:02.12	715	ALBFEB	Samantha Stevenson,13,CASC
50)	1:02.18	713	BCFEB	Lisa Robertson,14,SKSC

200 METRES FREESTYLE
Rec:2:00.88 J.Kerr,ESC,83

1)	2:02.29	905	CANJAN	Julie Barbeau,13,LAVAL
2)	2:03.73	880	CANJAN	Petrina Lessard,14,PCSC
3)	2:06.33	836	ONCUPJAN	Peggy Corkum,14,EPS
4)	2:06.36	835	ONCUPJAN	Shannon Bell,14,GO
5)	2:06.37	835	POFEB	Holly McComb,13,PCSC
6)	2:07.34	819	YOUTHDEC	Jill Savege,14,TRENT
7)	2:07.43	817	ONMAR	Charla Caponi,14,EPS
8)	2:07.51	816	POFEB	Stephanie Shewchuk,14,PCSC
9)	2:07.69	813	CANJAN	Alicia Hicken,13,EPS
10)	2:07.98	808	GOLDNOV	Michelle Sallee,14,CDSC
11)	2:08.00	807	YOUTHDEC	Shelby Merritt,14,BRANT
12)	2:08.89	792	YOUTHDEC	Catherine Seeback,13,EPS
13)	2:08.89	792	BCFEB	Nikki Dryden,13,VICO
14)	2:09.22	786	EASTCUP	Heather Thomas,13,HTAC
15)	2:09.29	785	BCFEB	Tanya Tighe,14,COHO
16)	2:09.32	785	YOUTHDEC	Shannon Pilgrim,14,LAC
17)	2:09.56	781	POFEB	Chantal Harrison,14,CAMO
18)	2:09.61	780	POFEB	Anne Lamarche,14,CAMO
19)	2:09.98	773	ONMAR	Shelby Brown,14,BSCC
20)	2:10.04	772	BRANTNOV	Joanne Malar,13,HWAC
21)	2:10.10	771	BCFEB	Katrina Walters,13,PSW
22)	2:10.13	771	YOUTHDEC	Rae Sears,14,TIDE
23)	2:10.16	770	ONCUPJAN	Julie Miesmer,13,WAC
24)	2:10.24	769	POFEB	Stephanie Matte,14,CACH
25)	2:10.34	767	ONMAR	Joanne Attard,14,LAC
26)	2:10.55	764	ONCUPJAN	Sheila Hewerdine,14,LAC
27)	2:10.60	763	GOLDNOV	Jill Lakusiak,13,MANTA
28)	2:10.77	760	HTACNOV	Hilary Seagrave,13,FAST
29)	2:11.11	754	HYACKJAN	Erin Dolan,14,TSUN
30)	2:11.61	746	RACERDEC	Joanne Radke,14,UCSC
31)	2:11.68	744	PEPSINOV	Jacynthe Pineau,14,SELCT
32)	2:11.77	743	NSFEB	Iona Allen,14,HTAC
33)	2:11.89	741	EASTCUP	Christine Chasse,14,TOMAC
34)	2:11.98	739	McMJAN7	Alicia Belluz,13,HWAC
35)	2:12.11	737	ONMAR	Tracy Kosinski,13,NYAC
36)	2:12.25	735	BCFEB	Leanne Wilkinson,13,RAYS
37)	2:12.29	734	HYACKJAN	Karen Chow,14,HYACK
38)	2:12.36	733	EASTCUP	Constance Fanta,14,LAVAL
39)	2:12.37	733	POFEB	Julie Dufour,13,ETORY
40)	2:12.44	731	PEPSINOV	Colleen Hnatiuk,14,EKSC
41)	2:12.53	730	BCFEB	Daria VanderGraaf,14,HYACK
42)	2:12.60	729	PEPSINOV	Marla Dowdeswell,14,ROD
43)	2:12.60	729	ONAAFEB	Krista Borrowman,14,KBM
44)	2:12.62	728	PCSCDEC	Nadine Wyjad,13,PCSC
45)	2:12.67	727	MANFEB	Tara Bencharski,14,MANTA
46)	2:12.71	727	ONMAR	Raquel Chippett,13,WAC
47)	2:12.84	724	UCSCJAN	Samantha Stevenson,13,CASC
48)	2:12.92	723	EASTCUP	Nicole Bourgeois,13,CVAC
49)	2:13.02	721	YOUTHDEC	Chris Perry,14,NYAC
50)	2:13.09	720	ONMAR	Marley Smith-Windsor,13,ROD

400 METRES FREESTYLE
Rec:4:14.43 E.Purvis,CDSC,85

1)	4:18.82	875	CANJAN	Stephanie Shewchuk,14,PCSC
2)	4:19.48	870	CANJAN	Julie Barbeau,13,LAVAL
3)	4:21.70	852	GOLDNOV	Michelle Sallee,14,CDSC
4)	4:22.06	849	ONAFEB	Joanne Malar,13,HWAC
5)	4:23.34	838	YOUTHDEC	Jill Savege,14,TRENT
6)	4:23.74	835	ONMAR	Peggy Corkum,14,EPS
7)	4:24.02	833	POCUPJAN	Petrina Lessard,14,PCSC
8)	4:24.12	832	ONAFEB	Catherine Seeback,13,EPS
9)	4:25.33	822	CANJAN	Alicia Belluz,13,HWAC
10)	4:25.37	822	CANJAN	Shelby Merritt,14,BRANT
11)	4:26.07	816	CANJAN	Jill Lakusiak,14,MANTA
12)	4:26.33	814	CANJAN	Shannon Bell,14,GO
13)	4:26.39	813	CANJAN	Chantal Harrison,14,CAMO
14)	4:26.60	811	POFEB	Holly McComb,13,PCSC
15)	4:27.48	804	EASTCUP	Heather Thomas,13,HTAC
16)	4:27.57	804	GOLDNOV	Marla Dowdeswell,14,ROD
17)	4:27.94	800	ONCUPJAN	Alicia Hicken,13,EPS
18)	4:28.25	798	ONMAR	Joanne Attard,14,LAC
19)	4:28.54	796	LAVFEB4	Jacynthe Pineau,14,SELCT
20)	4:28.60	795	ONCUPJAN	Shannon Pilgrim,14,LAC
21)	4:28.79	794	ONCUPJAN	Charla Caponi,14,EPS
22)	4:29.34	789	RACERDEC	Nikki Dryden,13,VICO
23)	4:29.62	787	RACERDEC	Leanne Wilkinson,13,RAYS
24)	4:30.87	776	ONAAFEB	Krista Borrowman,14,KBM
25)	4:30.87	776	ONMAR	Jennifer Gibson,14,MYK
26)	4:31.39	772	ONMAR	Shelby Brown,14,BSCC
27)	4:31.89	768	ALBFEB	Joanne Radke,14,UCSC
28)	4:32.17	766	ALBFEB	Colleen Hnatiuk,14,EKSC
29)	4:32.65	762	POFEB	Cathy Dufresne,13,PLUS
30)	4:32.86	760	YOUTHDEC	Sheila Hewerdine,14,LAC
31)	4:32.87	760	EASTCUP	Constance Fanta,14,LAVAL
32)	4:33.16	758	YOUTHDEC	Julie Miesmer,13,WAC
33)	4:33.41	756	POFEB	Stephanie Matte,14,CACH
34)	4:33.75	753	POFEB	Julie Dufour,13,ETORY
35)	4:34.18	749	YOUTHDEC	Rae Sears,14,TIDE
36)	4:34.99	743	ONMAR	Christine Chasse,14,TOMAC
37)	4:35.56	738	ONAFEB	Raquel Chippett,13,WAC
38)	4:35.96	735	HYACKJAN	Jennifer Kappler,14,HYACK
39)	4:35.99	734	NBFEB	Amy Sharpe,13,MCT
40)	4:36.72	728	ALBFEB	Samantha Stevenson,13,CASC
41)	4:36.74	728	NBFEB	Gina Slaviero,13,CVAC
42)	4:36.76	728	ONAFEB	Kathryn Kimber,13,GO
43)	4:37.02	726	HYACKJAN	Katrina Walters,13,PSW
44)	4:37.08	725	BCFEB	Daria VanderGraaf,14,HYACK
45)	4:37.29	724	ONMAR	Cindy Bertelink,13,STARS
46)	4:37.36	723	ONMAR	Michelle Pilling,14,NYAC
47)	4:37.44	723	ONAAFEB	Dayna McCleary,14,OAK
48)	4:37.81	719	WALKRNOV	Amy Jarvis,14,BROCK
49)	4:38.44	714	BCFEB	Dawna McLennan,13,PSW
50)	4:38.48	714	HTACNOV	Hilary Seagrave,13,FAST

800 METRES FREESTYLE
Rec:8:40.43 E.Purvis,CDSC,86

1)	8:49.50	882	CANJAN	Stephanie Shewchuk,14,PCSC
2)	8:53.52	866	CANJAN	Chantal Harrison,14,CAMO
3)	8:55.15	859	GOLDNOV	Michelle Sallee,14,CDSC
4)	8:57.24	851	PEPSINOV	Julie Barbeau,13,LAVAL
5)	8:59.01	844	YOUTHDEC	Jill Savege,14,TRENT
6)	9:01.23	835	ONCUPJAN	Peggy Corkum,14,EPS
7)	9:01.45	834	YOUTHDEC	Joanne Malar,13,HWAC
8)	9:02.22	831	CANJAN	Shelby Merritt,14,BRANT
9)	9:02.57	830	CANJAN	Jill Lakusiak,14,MANTA
10)	9:03.53	826	CANJAN	Catherine Seeback,13,EPS
11)	9:03.65	825	CANJAN	Shannon Pilgrim,14,LAC
12)	9:04.04	824	CANJAN	Jacynthe Pineau,14,SELCT
13)	9:04.65	821	POFEB	Petrina Lessard,14,PCSC
14)	9:07.20	811	PEPSINOV	Marla Dowdeswell,14,ROD
15)	9:07.20	811	CANJAN	Alicia Belluz,13,HWAC
16)	9:07.21	811	BCFEB	Nikki Dryden,13,VICO
17)	9:07.72	809	CANJAN	Holly McComb,13,PCSC
18)	9:08.16	807	YOUTHDEC	Shannon Bell,14,GO
19)	9:11.12	795	CANJAN	Joanne Attard,14,LAC
20)	9:12.82	789	CANJAN	Krista Borrowman,14,KBM
21)	9:12.88	788	EASTCUP	Heather Thomas,13,HTAC
22)	9:13.46	786	ONMAR	Shelby Brown,14,BSCC
23)	9:13.90	784	BCFEB	Leanne Wilkinson,13,RAYS
24)	9:14.73	781	POFEB	Stephanie Matte,14,CACH
25)	9:15.05	780	POFEB	Julie Dufour,13,ETORY
26)	9:15.19	779	ONCUPJAN	Alicia Hicken,13,EPS
27)	9:16.15	775	ONCUPJAN	Sheila Hewerdine,14,LAC
28)	9:19.93	760	ONMAR	Christine Chasse,14,TOMAC
29)	9:23.01	748	YOUTHDEC	Charla Caponi,14,EPS
30)	9:23.24	747	BCFEB	Sarah Burrell,14,CRKW
31)	9:24.76	741	POFEB	Cathy Dufresne,13,PLUS
32)	9:25.12	739	ONMAR	Cindy Bertelink,13,STARS
33)	9:25.43	738	HYACKJAN	Colleen Hnatiuk,14,EKSC
34)	9:26.89	732	POFEB	Constance Fanta,14,LAVAL
35)	9:27.26	731	CVACJAN	Katherine Dunn,14,DCSC
36)	9:29.93	720	ALBFEB	Samantha Stevenson,13,CASC
37)	9:30.93	716	EASTCUP	Paula Crutcher,14,NAAC
38)	9:31.10	716	BCFEB	Dawna McLennan,13,PSW
39)	9:31.11	716	BCFEB	Anna Leong,14,VICO
40)	9:31.65	713	BCFEB	Brandee Hunter,14,VCSC
41)	9:31.76	713	EASTCUP	Dayna McCleary,14,OAK
42)	9:32.19	711	YOUTHDEC	Julie Miesmer,13,WAC
43)	9:32.75	709	HYACKJAN	Jennifer Kappler,14,HYACK
44)	9:32.99	708	EASTCUP	Josephine Parody,14,SCAR
45)	9:33.64	705	POFEB	Chantal Mathieu,14,SAMAK
46)	9:33.65	705	CVACJAN	Amy Sharpe,13,MCT
47)	9:33.97	704	ONMAR	Michelle Pilling,14,NYAC
48)	9:34.05	704	ONMAR	Raquel Chippett,13,WAC
49)	9:34.33	703	YOUTHDEC	Laura Malar,14,HWAC
50)	9:34.49	702	VICONOV	Dana Walter,14,UNATT

100 METRES BACKSTROKE
Rec:1:04.20 N.Garapick,HTAC,75

1)	1:06.31	819	ONAFEB	Joanne Malar,13,HWAC
2)	1:06.36	817	CANJAN	Michelle Lischinsky,14,MANTA
3)	1:06.45	814	BCFEB	Nikki Dryden,13,VICO
4)	1:06.66	807	POCUPJAN	Petrina Lessard,14,PCSC
5)	1:06.99	797	POFEB	Valerie Goodwin,14,SELCT
6)	1:07.87	768	YOUTHDEC	Rae Sears,14,TIDE
7)	1:08.05	762	CANJAN	Susie Miller,14,ROW
8)	1:08.15	758	EASTCUP	Heather Thomas,13,HTAC
9)	1:08.17	758	CVACJAN	Katherine Dunn,14,DCSC
10)	1:08.46	748	CANJAN	Shannon Bell,14,GO
11)	1:08.65	742	RYMMJAN	Kathy Monar,13,GOLD
12)	1:08.65	742	ONMAR	Andrea Gibbens,14,OSHAC
13)	1:08.91	733	ONMAR	Sarah Whitmore,14,SYD
14)	1:09.14	726	CANJAN	Kelly Palmer,14,SSMAC
15)	1:09.14	726	HYACKJAN	Johanna Toldy,13,HYACK
16)	1:09.23	723	ONMAR	Christine Chasse,14,TOMAC
17)	1:09.29	721	YOUTHDEC	Beth Hazel,14,PCSC
18)	1:09.43	716	ALBFEB	Chris Courtemanche,13,RACE
19)	1:09.50	714	EASTCUP	Tamsen Sherbanow,13,PICK
20)	1:09.51	714	BCFEB	Alexandra Ruiz,13,VCSC
21)	1:09.54	713	MANTADEC	Allison McAndless,14,MM
22)	1:09.68	708	YOUTHDEC	Kristen Matthews,14,MCT
23)	1:09.69	708	HYACKJAN	Leanne Wilkinson,13,RAYS
24)	1:09.95	699	POFEB	Nadine Rolland,13,SAMAK
25)	1:10.04	696	YOUTHDEC	Charla Caponi,14,EPS
26)	1:10.10	694	EASTCUP	Michelle Killins,14,TOMAC
27)	1:10.33	687	ONMAR	Laura King,13,AAC
28)	1:10.51	681	EPSOCT	Jill Savege,14,TRENT
29)	1:10.75	673	MMSCMAR	Melanie Jurewicz,14,BRSC
30)	1:10.87	669	POFEB	Isabelle Martin,14,MEGO
31)	1:11.14	660	HYACKJAN	Katrina Walters,13,PSW
32)	1:11.17	659	ONMAR	Michelle Martin,14,ROW
33)	1:11.18	659	YOUTHDEC	Leslie Dunphy,14,HWAC
34)	1:11.23	657	ONCUPJAN	Julie Miesmer,13,WAC
35)	1:11.27	656	ALBFEB	Sherry Sanders,14,UCSC
36)	1:11.27	656	POFEB	Julie Barbeau,13,LAVAL
37)	1:11.31	655	YOUTHDEC	Melissa Stevenson,14,SSNAC
38)	1:11.37	653	POFEB	Martine Dessureault,14,MEGO
39)	1:11.38	652	ONMAR	Paula Kent,14,TBT
40)	1:11.42	651	MACJAN	Melanie Mackwood,14,MAC
41)	1:11.46	650	NSFEB	Iona Allen,14,HTAC
42)	1:11.52	648	GOLDNOV	Kim Sorenson,13,GOLD
43)	1:11.58	646	HTACNOV	Hilary Seagrave,13,FAST
44)	1:11.72	641	ONMAR	Jodi Dawson,13,OAK
45)	1:11.80	638	ONAAFEB	Angela Brown,14,EBSC
46)	1:11.81	638	POFEB	Stephanie Lemay,14,BBF
47)	1:11.82	638	YOUTHDEC	Janet Mayville,14,UNATT
48)	1:11.82	638	BCFEB	Krista Soucie,14,HYACK
49)	1:11.89	635	PEPSINOV	Jacynthe Pineau,14,SELCT
50)	1:11.93	634	POFEB	Hillaire McManaman,14,PCSC

GIRLS 13-14 CONTD.

200 METRES BACKSTROKE
Rec:2:15.85 N.Garapick,HTAC,76

1)	2:21.14	829	YOUTHDEC	Joanne Malar,13,HWAC
2)	2:23.29	796	YOUTHDEC	Petrina Lessard,14,PCSC
3)	2:23.41	794	YOUTHDEC	Rae Sears,14,TIDE
4)	2:23.51	792	EASTCUP	Heather Thomas,13,HTAC
5)	2:23.80	788	POFEB	Stephanie Shewchuk,14,PCSC
6)	2:24.19	782	CVACJAN	Katherine Dunn,14,DCSC
7)	2:25.13	767	SJSJAN	Michelle Lischinsky,14,MANTA
8)	2:25.15	767	BCFEB	Nikki Dryden,13,VICO
9)	2:25.49	762	CANJAN	Susie Miller,14,ROW
10)	2:25.79	757	BCFEB	Leanne Wilkinson,13,RAYS
11)	2:26.07	753	EASTCUP	Julie Miesmer,13,WAC
12)	2:26.43	747	BCFEB	Johanna Toldy,13,HYACK
13)	2:26.63	744	ONMAR	Christine Chasse,14,TOMAC
14)	2:26.65	744	ALBFEB	Chris Courtemanche,13,RACE
15)	2:26.66	744	ONMAR	Andrea Gibbens,14,OSHAC
16)	2:26.81	741	ONCUPJAN	Shannon Bell,14,GO
17)	2:27.20	735	ONMAR	Michelle Killins,14,TOMAC
18)	2:27.42	732	CVACJAN	Hilary Seagrave,14,FAST
19)	2:28.01	723	GOLDNOV	Michelle Sallee,14,CDSC
20)	2:28.24	719	YOUTHDEC	Kathy Monar,13,GOLD
21)	2:28.29	719	HYACKJAN	Alexandra Ruiz,13,CDSC
22)	2:28.45	716	POCUPJAN	Beth Hazel,14,PCSC
23)	2:28.55	715	ONMAR	Kelly Palmer,14,SSMAC
24)	2:28.77	711	POFEB	Valerie Goodwin,14,SELCT
25)	2:28.82	710	ONCUPJAN	Sheila Hewerdine,14,LAC
26)	2:29.08	706	ONAAAFEB	Sarah Whitmore,14,SYD
27)	2:29.19	705	YOUTHDEC	Jill Savege,14,TRENT
28)	2:29.22	704	POFEB	Isabelle Martin,14,MEGO
29)	2:30.28	688	YOUTHDEC	Leslie Dunphy,14,HWAC
30)	2:30.32	687	PEPSINOV	Amy Jarvis,14,BROCK
31)	2:30.41	686	POFEB	Myriam Belanger,13,ENL
32)	2:30.47	685	POFEB	Anne Deshaies,14,SHER
33)	2:31.01	677	ONMAR	Laura King,13,AAC
34)	2:31.23	673	ONMAR	Paula Kent,14,TBT
35)	2:31.69	666	ONMAR	Tamsen Sherbanow,13,PICK
36)	2:31.79	665	BCFEB	Krista Soucie,14,HYACK
37)	2:31.95	662	EASTCUP	Angela Brown,13,EBSC
38)	2:32.14	659	POFEB	Mara Dosantos,13,CAMO
39)	2:32.29	657	ONMAR	Michelle Martin,14,ROW
40)	2:32.33	657	PEPSINOV	Colleen Hnatiuk,14,EKSC
41)	2:32.73	650	MANTADEC	Allison McAndless,14,MM
42)	2:32.95	647	POFEB	Josyanne Charron,14,BSB
43)	2:33.06	645	ONMAR	Christy Ciupa,12,EPS
44)	2:33.49	639	ONMAR	Lisa Hughes,13,TRENT
45)	2:33.67	636	ONAFEB	Colleen Rutka,14,ROW
46)	2:33.88	633	MANTADEC	Samantha Baltzer,13,TBT
47)	2:34.06	630	PCSCDEC	Nadine Wyjad,13,PCSC
48)	2:34.09	629	ALBFEB	Sherry Sanders,14,UCSC
49)	2:34.32	626	YOUTHDEC	Kim Sorenson,13,GOLD
50)	2:34.36	625	EASTCUP	Melissa Stevenson,14,SSNAC

200 METRES BREASTSTROKE
Rec:2:26.48 A.Higson,ESC,88

1)	2:38.10	832	CANJAN	Kelly Kaye,14,GO
2)	2:38.42	828	YOUTHDEC	Joanne Malar,13,HWAC
3)	2:39.30	816	POFEB	Sophie Caron,13,MEGO
4)	2:39.85	808	PEPSINOV	Jessica Sommerville,14,NYAC
5)	2:40.83	795	BC/PO	Isabelle Cote,14,PLUS
6)	2:41.14	791	YOUTHDEC	Sheila Hewerdine,14,LAC
7)	2:41.39	787	CANJAN	Christa Schellenberg,13,PCSC
8)	2:41.69	783	POFEB	Sylvie Dumont,14,CNJO
9)	2:41.92	780	YOUTHDEC	Becky Young,14,PCMSC
10)	2:42.63	770	POCUPJAN	Chantal Dubois,14,ETM
11)	2:43.06	764	RACERDEC	Dana Walter,14,VICO
12)	2:43.89	753	ONAAFEB	Jennifer Bulch,14,EBSC
13)	2:43.90	753	BCFEB	Anna Leong,14,VICO
14)	2:44.22	749	YOUTHDEC	Isabelle Groulx,14,POM
15)	2:44.24	748	BCFEB	Bambi Roy,13,PGB
16)	2:44.61	743	EASTCUP	Sonia Poulin,13,PLUS
17)	2:44.70	742	ONMAR	Sarah Walker,13,TRENT
18)	2:46.02	724	HYACKJAN	Sarah Burrell,14,CRKW
19)	2:46.03	724	EASTCUP	Carolyn Gilbert,13,LAC
20)	2:46.14	722	ONAAAFEB	Corinne Peden,14,PERTH
21)	2:46.29	720	BCFEB	Michelle Lee,14,HYACK
22)	2:46.61	716	CVACJAN	Iona Allen,14,HTAC
23)	2:47.38	705	CVACJAN	Heather Hutchinson,13,CVAC
24)	2:47.39	705	POFEB	Stephanie Matte,14,CACH
25)	2:47.64	702	POFEB	Jacynthe Pineau,14,SELCT
26)	2:47.71	701	MANFEB	Dawn Clory,14,MANTA
27)	2:47.80	699	EASTCUP	Edwina Escott,14,NAAC
28)	2:47.99	697	ONMAR	Chris Perry,14,NYAC
29)	2:48.03	696	MANTADEC	Erin Hildebrand,13,MM
30)	2:48.17	694	RACERDEC	Lisa Pawson,14,CDSC
31)	2:48.25	693	POFEB	Isabelle Martin,14,MEGO
32)	2:48.33	692	EASTCUP	Sze-Linn Choong,14,NYAC
33)	2:48.45	691	SASKFEB	Andrea Mortin,13,ROD
34)	2:48.48	690	ONCUPJAN	Louise Scott,14,GMAC
35)	2:48.96	684	ONAAAFEB	Andrea Rice,13,KA
36)	2:49.13	681	ONAAAFEB	Megan Sullivan,14,CATS
37)	2:49.42	677	POFEB	Nathalie Mongrain,14,SHER
38)	2:49.44	677	POFEB	Nadine Maltais,13,CNJO
39)	2:49.51	676	ONAFEB	Kathryn Kimber,13,GO
40)	2:49.62	675	ONAAFEB	Laura Milson,13,EBSC
41)	2:49.67	674	BTSCFEB	Michelle Arzaga,13,CREST
42)	2:49.75	673	ONAFEB	Gillian Richardson,13,NYAC
43)	2:50.01	669	ONMAR	Sheryl Ross,14,COBRA
44)	2:50.02	669	MANTADEC	Kelly Argent,14,RACE
45)	2:50.10	668	BRANTNOV	Helen Bostock,14,NYAC
46)	2:50.11	668	BCFEB	Dawna McLennan,13,PSW
47)	2:50.38	664	ALBFEB	Sonia Sullivan,13,CASC
48)	2:50.58	661	BCFEB	Jennifer Bandringa,13,HYACK
49)	2:50.75	659	ALBFEB	Samantha Saunders,14,CASC
50)	2:50.80	658	BCFEB	Shawna Pentland,13,KISU

200 METRES BUTTERFLY
Rec:2:13.75 S.Marchand,ENL,88

1)	2:16.28	871	CANJAN	Chantal Harrison,14,CAMO
2)	2:17.04	859	CANJAN	Jacynthe Pineau,14,SELCT
3)	2:19.35	823	CANJAN	Kathryn Kimber,13,GO
4)	2:19.88	815	POCUPJAN	Stephanie Shewchuk,14,PCSC
5)	2:20.46	805	CANJAN	Shannon Pilgrim,14,LAC
6)	2:20.72	801	CANJAN	Colleen Hnatiuk,14,EKSC
7)	2:20.77	801	YOUTHDEC	Joanne Malar,13,HWAC
8)	2:21.51	789	CANJAN	Sheila Hewerdine,14,LAC
9)	2:21.51	789	HYACKJAN	Leanne Wilkinson,13,RAYS
10)	2:21.61	788	CANJAN	Catherine Seeback,13,EPS
11)	2:22.36	776	ONMAR	Charla Caponi,14,EPS
12)	2:22.51	773	ONCUPJAN	Shelby Merritt,14,BRANT
13)	2:24.86	737	POCUPJAN	Beth Hazel,14,PCSC
14)	2:25.60	725	EASTCUP	Kelly Stevens,13,NSC
15)	2:26.30	714	YOUTHDEC	Jennifer Yanko,13,CASC
16)	2:26.43	712	BCFEB	Christy Eburne,13,CTSC
17)	2:26.69	708	ONMAR	Jennifer Gibson,14,MYK
18)	2:26.93	704	RACERDEC	Anna Leong,13,VICO
19)	2:26.99	703	BCFEB	Lisa Robertson,14,SKSC
20)	2:27.26	699	ALBFEB	Lori Eshom,13,CASC
21)	2:27.68	693	POFEB	Anne Lamarche,14,CAMO
22)	2:27.89	689	EASTCUP	Naomi Ford,14,SCAR
23)	2:27.90	689	CVACJAN	Gina Slaviero,13,CVAC
24)	2:28.17	685	POFEB	Holly McComb,13,PCSC
25)	2:28.20	685	ONMAR	Cathy Mortin,14,ROD
26)	2:28.31	683	POFEB	Julie Dufour,13,ETORY
27)	2:28.39	682	WESTMAR	Chantelle Yeo,14,GOLD
28)	2:28.40	681	BCFEB	Sarah Cherry,13,RACER
29)	2:28.85	674	GOLDNOV	Michelle Sallee,14,CDSC
30)	2:28.90	674	POFEB	Sonia Lagoutte,14,CASE
31)	2:29.00	672	NBFEB	Christina Cole,13,TIDE
32)	2:29.02	672	BCFEB	Sarah Burrell,14,CRKW
33)	2:29.67	662	YOUTHDEC	Peggy Corkum,14,EPS
34)	2:29.85	659	YOUTHDEC	Anne Deshaies,14,SHER
35)	2:30.07	655	BCFEB	Katrina Walters,13,PSW
36)	2:30.09	655	ONMAR	Joanne Attard,14,LAC
37)	2:30.19	654	YOUTHDEC	Amy Jarvis,14,BROCK
38)	2:30.62	647	ONMAR	Angela Sawa,14,EPS
39)	2:30.83	644	POCUPJAN	Stephanie Matte,14,CACH
40)	2:30.88	643	ONMAR	Muriel Henry,14,MYK
41)	2:30.91	642	EASTCUP	Karen Stewart,14,LAC
42)	2:31.09	639	ONMAR	Peggy Hefford,14,UNATT
43)	2:31.25	637	YOUTHDEC	Jill Morrice,14,WISC
44)	2:31.92	626	POFEB	Martine Dessureault,14,MEGO
45)	2:32.10	624	CVACJAN	Iona Allen,14,HTAC
46)	2:32.35	620	MANFEB	Tara Bencharski,14,MANTA
47)	2:32.60	616	YOUTHDEC	Marla Dowdeswell,14,ROD
48)	2:32.63	615	ONMAR	Tracy Kosinski,13,NYAC
49)	2:32.69	614	ONMAR	Laura King,13,AAC
50)	2:32.74	614	MANTADEC	Jill Lakusiak,13,MANTA

100 METRES BREASTSTROKE
Rec:1:08.64 A.Higson,ESC,88

1)	1:14.31	807	PCSCDEC	Isabelle Groulx,14,POM
2)	1:14.62	798	YOUTHDEC	Joanne Malar,13,HWAC
3)	1:14.82	792	CANJAN	Kelly Kaye,14,GO
4)	1:15.03	786	POFEB	Sophie Caron,13,MEGO
5)	1:15.69	767	POFEB	Chantal Dubois,14,ETM
6)	1:15.73	766	POFEB	Sylvie Dumont,14,CNJO
7)	1:15.94	759	CANJAN	Sheila Hewerdine,14,LAC
8)	1:16.14	753	PEPSINOV	Jessica Sommerville,14,NYAC
9)	1:16.36	747	BC/PO	Isabelle Cote,14,PLUS
10)	1:16.73	736	YOUTHDEC	Becky Young,14,PCMSC
11)	1:16.76	735	RACERDEC	Lisa Pawson,14,CDSC
12)	1:16.96	729	ONAAAFEB	Megan Sullivan,14,CATS
13)	1:17.16	723	BCFEB	Michelle Lee,14,HYACK
14)	1:17.16	723	ONAAFEB	Jennifer Bulch,14,EBSC
15)	1:17.26	720	RACERDEC	Dana Walter,14,VICO
16)	1:17.28	720	EASTCUP	Heather Hutchinson,14,CVAC
17)	1:17.40	716	SJSJAN	Dawn Clory,14,MANTA
18)	1:17.44	715	YOUTHDEC	Christa Schellenberg,13,PCSC
19)	1:17.65	709	ONMAR	Jennifer Gibson,14,MYK
20)	1:17.70	707	ONAAFEB	Sarah Walker,13,TRENT
21)	1:17.73	707	ONMAR	Corinne Peden,14,PERTH
22)	1:17.77	705	EASTCUP	Nathalie Mongrain,14,SHER
23)	1:17.94	700	ONAFEB	Sheryl Ross,14,COBRA
24)	1:18.00	699	ONAFEB	Sze-Linn Choong,14,NYAC
25)	1:18.17	694	ONMAR	Gillian Richardson,13,NYAC
26)	1:18.39	687	ONAAFEB	Laura Milson,13,EBSC
27)	1:18.40	687	ONMAR	Chris Perry,14,NYAC
28)	1:18.44	686	POFEB	Nadine Maltais,13,CNJO
29)	1:18.67	679	MANTADEC	Erin Hildebrand,13,MM
30)	1:18.69	678	ONMAR	Michelle Arzaga,13,CREST
31)	1:18.87	673	POCUPJAN	Stephanie Lemay,14,BBF
32)	1:18.96	670	BCFEB	Sarah Burrell,14,CRKW
33)	1:18.98	670	BCFEB	Bambi Roy,13,PGB
34)	1:19.03	668	EASTCUP	Sonia Poulin,13,PLUS
35)	1:19.06	667	ONMAR	Laryssa Korchinsky,13,EPS
36)	1:19.13	665	NSFEB	Iona Allen,14,HTAC
37)	1:19.30	660	SASKFEB	Andrea Mortin,13,ROD
38)	1:19.43	656	YOUTHDEC	Michelle Igel,14,EPS
39)	1:19.43	656	BCFEB	Shannon Cunningham,13,COMOX
40)	1:19.44	656	ALBFEB	Samantha Saunders,14,CASC
41)	1:19.59	652	MANTADEC	Kelly Argent,14,RACE
42)	1:19.59	652	BCFEB	Shawna Pentland,13,KISU
43)	1:19.61	651	MACJAN	Carolyn Gilbert,13,LAC
44)	1:19.66	650	SASKFEB	Caroline Kowal,13,YLSC
45)	1:19.84	644	KBMNOV20	Janet Mayville,14,UNATT
46)	1:19.90	643	BRANTNOV	Helen Bostock,14,NYAC
47)	1:19.92	642	YOUTHDEC	Edwina Escott,14,NAAC
48)	1:19.98	640	EASTCUP	Kathryn McBurney,13,AAC
49)	1:20.07	638	RACERDEC	Signy Bjarnason,14,UNATT
50)	1:20.19	634	ONMAR	Sarah Lewis,14,UPCAN

100 METRES BUTTERFLY
Rec:1:03.02 S.Marchand,ENL,88

1)	1:04.29	840	POFEB	Jacynthe Pineau,14,SELCT
2)	1:04.80	823	CANJAN	Lisa Robertson,14,SKSC
3)	1:04.83	822	CANJAN	Chantal Harrison,14,CAMO
4)	1:05.68	793	POFEB	Martine Dessureault,14,MEGO
5)	1:05.78	790	POFEB	Petrina Lessard,14,PCSC
6)	1:06.00	783	ONAFEB	Kathryn Kimber,13,GO
7)	1:06.03	781	ONAFEB	Charla Caponi,14,EPS
8)	1:06.24	774	ONAFEB	Catherine Seeback,13,EPS
9)	1:06.55	764	YOUTHDEC	Janet Mayville,14,UNATT
10)	1:06.58	763	ONMAR	Jennifer Gibson,14,MYK
11)	1:06.71	759	ONMAR	Angela Sawa,14,EPS
12)	1:06.75	757	YOUTHDEC	Shannon Pilgrim,14,LAC
13)	1:06.77	757	BCFEB	Leanne Wilkinson,13,RAYS
14)	1:06.90	752	ONMAR	Peggy Hefford,14,UNATT
15)	1:06.92	752	YOUTHDEC	Beth Hazel,14,PCSC
16)	1:06.96	750	PCSCDEC	Stephanie Shewchuk,14,PCSC
17)	1:07.10	746	ALBFEB	Jennifer Yanko,13,CASC
18)	1:07.19	743	ONMAR	Kathryn McBurney,13,AAC
19)	1:07.28	740	POFEB	Holly McComb,13,PCSC
20)	1:07.37	736	POFEB	Anne Lamarche,14,CAMO
21)	1:07.46	733	POFEB	Manon St.Jacques,14,CAMO
22)	1:07.71	725	YOUTHDEC	Sheila Hewerdine,14,LAC
23)	1:07.75	724	BCFEB	Sarah Cherry,13,RACER
24)	1:07.76	723	ALBFEB	Colleen Hnatiuk,14,EKSC
25)	1:07.77	723	SASKFEB	Chantelle Yeo,14,GOLD
26)	1:07.80	722	HYACKJAN	Sarah Burrell,14,CRKW
27)	1:07.91	718	NSFEB	Heather Thomas,13,HTAC
28)	1:07.98	716	ALBFEB	Lori Eshom,13,CASC
29)	1:08.17	710	BCFEB	Katrina Walters,13,PSW
30)	1:08.19	709	WESTMAR	Tonda Conroy,15,EKSC
31)	1:08.20	709	EASTCUP	Kelly Stevens,13,NSC
32)	1:08.33	704	BCFEB	Anna Leong,14,VICO
33)	1:08.38	703	BCFEB	Jennifer Blouin,13,HYACK
34)	1:08.44	701	MACJAN	Melanie Mackwood,14,MAC
35)	1:08.53	698	MANFEB	Annemarie Jensen,14,SJS
36)	1:08.56	697	MANTADEC	Jill Lakusiak,13,MANTA
37)	1:08.62	694	POFEB	Chantal Mathieu,14,SAMAK
38)	1:08.63	694	UCSCJAN	Christy Eburne,13,CTSC
39)	1:08.85	687	YOUTHDEC	Iona Allen,14,HTAC
40)	1:08.90	685	MACJAN	Jill Morrice,14,WISC
41)	1:08.90	685	ONAAAFEB	Muriel Henry,14,MYK
42)	1:08.92	684	CVACJAN	Gina Slaviero,13,CVAC
43)	1:08.93	684	ONAAAFEB	Sarah Whitmore,14,SYD
44)	1:09.01	681	GMACJAN	Joanne Malar,13,HWAC
45)	1:09.05	680	ALBFEB	Chris Courtemanche,13,RACE
46)	1:09.19	675	POFEB	Sonia Lagoutte,14,CASE
47)	1:09.29	672	PCSCDEC	Nadine Rolland,13,SAMAK
48)	1:09.36	670	NSFEB	Becky Young,14,PCMSC
49)	1:09.40	668	EASTCUP	Karen Stewart,14,LAC
50)	1:09.41	668	PCSCDEC	Julie Barbeau,13,LAVAL

200 METRES IND.MEDLEY
Rec:2:16.79 A.Higson,ESC,87

1)	2:20.37	869	CANJAN	Joanne Malar,13,HWAC
2)	2:21.57	851	POFEB	Petrina Lessard,14,PCSC
3)	2:23.40	823	POFEB	Holly McComb,13,PCSC
4)	2:23.80	817	CANJAN	Charla Caponi,14,EPS
5)	2:24.31	809	YOUTHDEC	Sheila Hewerdine,14,LAC
6)	2:24.77	802	BCFEB	Sarah Burrell,14,CRKW
7)	2:25.07	797	ONCUPJAN	Shannon Bell,14,GO
8)	2:25.30	794	BCFEB	Anna Leong,14,VICO
9)	2:26.38	778	BCFEB	Leanne Wilkinson,13,RAYS
10)	2:26.77	772	POFEB	Stephanie Matte,14,CACH
11)	2:26.93	769	NBFEB	Hilary Seagrave,14,FAST
12)	2:26.97	769	POFEB	Stephanie Shewchuk,14,PCSC
13)	2:27.18	765	ONMAR	Alicia Hicken,14,EPS
14)	2:27.24	765	ONMAR	Jennifer Gibson,14,MYK
15)	2:27.38	762	POFEB	Martine Dessureault,14,MEGO
16)	2:27.48	761	YOUTHDEC	Rae Sears,14,TIDE
17)	2:27.49	761	NSFEB	Heather Thomas,13,HTAC
18)	2:27.58	759	ONMAR	Catherine Seeback,13,EPS
19)	2:27.85	755	POFEB	Sophie Caron,13,MEGO
20)	2:27.87	755	POFEB	Isabelle Martin,14,MEGO
21)	2:28.05	752	EASTCUP	Julie Miesmer,13,WAC
22)	2:28.81	741	ALBFEB	Colleen Hnatiuk,14,EKSC
23)	2:29.17	735	BRANTNOV	Shelby Merritt,14,BRANT
24)	2:29.28	734	GOLDNOV	Michelle Sallee,14,CDSC
25)	2:29.29	733	POCUPJAN	Nadine Wyjad,13,PCSC
26)	2:29.37	732	POCUPJAN	Jacynthe Pineau,14,SELCT
27)	2:29.39	732	POFEB	Julie Barbeau,13,LAVAL
28)	2:29.43	731	POFEB	Stephanie Lemay,14,BBF
29)	2:29.59	729	ONAFEB	Peggy Corkum,14,EPS
30)	2:29.72	727	ALBFEB	Wendy Holt,13,PPS
31)	2:29.87	725	CANJAN	Iona Allen,14,HTAC
32)	2:29.89	724	CVACJAN	Becky Young,14,PCMSC
33)	2:29.92	724	ONCUPJAN	Kathryn Kimber,13,GO
34)	2:30.00	723	ALBFEB	Sherry Sanders,14,UCSC
35)	2:30.06	722	ALBFEB	Jennifer Yanko,13,CASC
36)	2:30.09	721	BCFEB	Dawna McLennan,13,PSW
37)	2:30.10	721	POCUPJAN	Beth Hazel,14,PCSC
38)	2:30.34	717	YOUTHDEC	Shannon Pilgrim,14,LAC
39)	2:30.39	717	YOUTHDEC	Kelly Kaye,14,GO
40)	2:30.86	710	HYACKJAN	Katrina Walters,13,PSW
41)	2:30.88	709	MANFEB	Andrea Stacey,14,MANTA
42)	2:30.89	709	YOUTHDEC	Amy Jarvis,14,BROCK
43)	2:30.92	709	POFEB	Chantal Dubois,14,ETM
44)	2:31.04	707	MACJAN	Melanie Mackwood,14,MAC
45)	2:31.10	706	KBMNOV20	Janet Mayville,14,UNATT
46)	2:31.17	705	EPSOCT	Jill Savege,14,TRENT
47)	2:31.23	704	POFEB	Genevieve Deschamps,14,SELCT
48)	2:31.28	703	SASKFEB	Kathy Monar,13,GOLD
49)	2:31.32	703	BCFEB	Johanna Toldy,13,HYACK
50)	2:31.36	702	ONMAR	Kelly Palmer,14,SSMAC

400 METRES IND.MEDLEY
Rec:4:50.13 A.Higson,ESC,88

1)	4:53.64	884	CANJAN	Joanne Malar,13,HWAC
2)	4:58.34	850	POFEB	Stephanie Matte,14,CACH
3)	4:58.99	845	POFEB	Holly McComb,13,PCSC
4)	4:59.28	843	POFEB	Stephanie Shewchuk,14,PCSC
5)	5:01.01	831	CANJAN	Jacynthe Pineau,14,SELCT
6)	5:01.53	827	CANJAN	Shelby Merritt,14,BRANT
7)	5:01.60	827	BCFEB	Leanne Wilkinson,13,RAYS
8)	5:02.43	821	CANJAN	Sheila Hewerdine,14,LAC
9)	5:04.11	809	YOUTHDEC	Charla Caponi,14,EPS
10)	5:05.66	797	BCFEB	Sarah Burrell,14,CRKW
11)	5:06.55	791	BCFEB	Anna Leong,14,VICO
12)	5:06.80	789	YOUTHDEC	Shannon Pilgrim,14,LAC
13)	5:08.10	780	ONMAR	Jennifer Gibson,14,MYK
14)	5:08.62	776	GOLDNOV	Michelle Sallee,14,CDSC
15)	5:08.91	774	ONMAR	Catherine Seeback,13,EPS
16)	5:09.31	771	ALBFEB	Colleen Hnatiuk,14,EKSC
17)	5:09.60	769	ONMAR	Peggy Corkum,14,EPS
18)	5:10.08	766	YOUTHDEC	Rae Sears,14,TIDE
19)	5:10.46	763	POCUPJAN	Chantal Harrison,14,CAMO
20)	5:10.69	761	YOUTHDEC	Kathryn Kimber,13,GO
21)	5:11.80	753	YOUTHDEC	Petrina Lessard,14,PCSC
22)	5:12.01	752	NBFEB	Hilary Seagrave,14,FAST
23)	5:12.91	745	POFEB	Chantal Dubois,14,ETM
24)	5:13.03	744	BCFEB	Dawna McLennan,13,PSW
25)	5:13.37	742	POFEB	Sophie Caron,13,MEGO
26)	5:14.18	736	ALBFEB	Jennifer Yanko,13,CASC
27)	5:14.28	735	NSFEB	Heather Thomas,13,HTAC
28)	5:14.39	735	YOUTHDEC	Amy Jarvis,14,BROCK
29)	5:14.41	734	CVACJAN	Becky Young,14,PCMSC
30)	5:14.48	734	CVACJAN	Iona Allen,14,HTAC
31)	5:14.54	733	ALBFEB	Sherry Sanders,14,UCSC
32)	5:14.71	732	YOUTHDEC	Marla Dowdeswell,14,ROD
33)	5:14.83	731	RACERDEC	Dana Walter,14,VICO
34)	5:15.29	728	POFEB	Julie Dufour,13,ETORY
35)	5:15.39	727	ONAAFEB	Krista Borrowman,14,KBM
36)	5:15.73	725	ONCUPJAN	Jill Savege,14,TRENT
37)	5:15.94	723	BCFEB	Nikki Dryden,13,VICO
38)	5:16.26	721	ONMAR	Cathy Mortin,14,ROD
39)	5:16.28	721	ONAFEB	Raquel Chippett,13,WAC
40)	5:16.88	717	MANTADEC	Wendy Holt,13,PPS
41)	5:17.27	714	ONMAR	Joanne Attard,14,LAC
42)	5:17.31	713	SASKFEB	Kathy Monar,13,GOLD
43)	5:17.40	713	YOUTHDEC	Kelly Kaye,14,GO
44)	5:17.80	710	RACERDEC	Katrina Walters,13,PSW
45)	5:17.89	709	ONMAR	Tracy Kosinski,13,NYAC
46)	5:18.03	708	POFEB	Isabelle Martin,14,MEGO
47)	5:18.58	704	ONAAFEB	Cindy Bertelink,13,STARS
48)	5:19.02	701	MANTADEC	Erin Hildebrand,13,MM
49)	5:19.16	700	BCFEB	Bambi Roy,13,PGB
50)	5:19.31	699	McMJAN7	Alicia Belluz,13,HWAC

4X50 M MEDLEY RELAY
Rec:2:04.40 North York,NYAC,81

1)	2:05.87	792	POFEB	Pointe Claire SC,PCSC
2)	2:06.41	783	MANFEB	Manta Aquatic Club,MANTA
3)	2:06.72	778	YOUTHDEC	Glouc-Ottawa Kingfish,GO
4)	2:06.74	777	BCFEB	Hyack Swim Club,HYACK
5)	2:07.48	764	ONMAR	Etobicoke Pepsi,EPS
6)	2:08.22	751	POFEB	Megophias Trois Rivieres,MEGO
7)	2:08.28	750	POFEB	Select Ste-Foy,SELCT
8)	2:08.79	741	POFEB	Montreal Aquatique,CAMO
9)	2:10.07	719	ONAFEB	North York AC,NYAC
10)	2:10.34	714	ONAFEB	Brampton Region AC,COBRA
11)	2:10.92	704	SASKFEB	Goldfin Swim Club,GOLD
12)	2:10.92	704	BCFEB	Victoria Olympians,VICO
13)	2:11.29	697	ALBFEB	Univ.Calgary,UCSC
14)	2:11.37	696	BCFEB	Vancouver Canadian SC,VCSC
15)	2:11.54	693	YOUTHDEC	Ajax Aquatic Club,AAC
16)	2:11.67	691	NSFEB	Halifax Trojans,HTAC
17)	2:11.67	691	POFEB	Samak de Brossard,SAMAK
18)	2:11.85	688	ONAAFEB	Ernestown Barracudas,EBSC
19)	2:12.13	683	ALBFEB	Cascade Swim Club,CASC
20)	2:12.38	678	ONAAFEB	Trent Swim Club,TRENT
21)	2:12.63	674	ONAAAFEB	Soo Y Dolphins,SYD
22)	2:12.66	673	ONAAFEB	Oakville AC,OAK
23)	2:12.79	671	ONAFEB	Region of Waterloo,ROW
24)	2:12.84	670	NBFEB	Fredericton Aquanauts,FAST
25)	2:12.91	669	ALBFEB	Edmonton Keyano SC,EKSC
26)	2:13.44	660	ONAFEB	Hamilt-Wentworth AC,HWAC
27)	2:13.50	659	ONMAR	Regina Opt.Dolphins,ROD
28)	2:13.56	658	BCFEB	Canadian Dolphin SC,CDSC
29)	2:13.64	656	BCFEB	Pacific Seawolves,PSW
30)	2:14.15	647	POFEB	CN Jonquiere,CNJO
31)	2:14.26	645	MANTADEC	Manitoba Marlins,MM
32)	2:14.60	639	ONAFEB	Mississauga AC,TOMAC
33)	2:14.93	634	NBFEB	Codiac Vikings,CVAC
34)	2:15.54	623	POFEB	Levis+Montmagny,PLUS
35)	2:16.07	614	ONAFEB	Thun Bay Thunderbolts,TBT
36)	2:16.27	610	ONAAFEB	Nepean Swim Club,NSC
37)	2:16.42	607	POFEB	Boucherville St-Bruno,BSB
38)	2:16.48	606	ONAFEB	Windsor AC,WAC
39)	2:16.60	604	ONAAFEB	Oshawa AC,OSHAC
40)	2:16.79	601	ONAAFEB	Dorado SC,STARS
41)	2:16.82	600	ONAAFEB	Guelph Marlin AC,GMAC
42)	2:17.08	596	POFEB	Etoiles Rich-Yamaska,ETORY
43)	2:17.09	596	WALKRNOV	Brock Niagara,BROCK
44)	2:17.25	593	ONAAFEB	Toronto Aquanauts,TASK
45)	2:17.27	593	ONAAAFEB	Midland Y,MYK
46)	2:17.42	590	ONAFEB	Scarborough SC,SCAR
47)	2:17.47	589	BRANTNOV	London AC,LAC
48)	2:17.66	586	LLSCJAN	Barrie Trojans,BTSC
49)	2:17.75	584	YOUTHDEC	Dartmouth Crusaders,DCSC
50)	2:18.37	573	BRANTNOV	Brantford AC,BRANT

4X50 M FREE RELAY
Rec:1:48.85 Etobicoke,ESC,81

1)	1:50.64	833	POFEB	Pointe Claire SC,PCSC
2)	1:53.10	785	POFEB	Montreal Aquatique,CAMO
3)	1:53.15	784	YOUTHDEC	Glouc-Ottawa Kingfish,GO
4)	1:53.43	778	ONMAR	North York AC,NYAC
5)	1:53.73	772	POFEB	CN Laval,LAVAL
6)	1:53.80	771	ONAFEB	Etobicoke Pepsi,EPS
7)	1:54.67	754	POFEB	Select Ste-Foy,SELCT
8)	1:54.92	749	RACERDEC	Pacific Seawolves,PSW
9)	1:55.28	742	ALBFEB	Univ.Calgary,UCSC
10)	1:55.37	740	GOLDNOV	Manta Aquatic Club,MANTA
11)	1:55.60	736	POFEB	Samak de Brossard,SAMAK
12)	1:55.74	733	YOUTHDEC	Ajax Aquatic Club,AAC
13)	1:55.93	729	ALBFEB	Cascade Swim Club,CASC
14)	1:56.19	724	POFEB	Megophias Trois Rivieres,MEGO
15)	1:56.20	724	BCFEB	Hyack Swim Club,HYACK
16)	1:56.41	720	BCFEB	Victoria Olympians,VICO
17)	1:56.68	715	ONAFEB	Mississauga AC,TOMAC
18)	1:57.05	707	ONMAR	Brampton Region AC,COBRA
19)	1:57.53	698	ONMAR	Oakville AC,OAK
20)	1:57.55	698	BCFEB	Vancouver Canadian SC,VCSC
21)	1:57.69	695	NSFEB	Halifax Trojans,HTAC
22)	1:57.77	693	SASKFEB	Goldfin Swim Club,GOLD
23)	1:57.85	692	YOUTHDEC	London AC,LAC
24)	1:57.94	690	ONAFEB	Hamilt-Wentworth AC,HWAC
25)	1:58.64	676	ONMAR	Nepean Swim Club,NSC
26)	1:58.70	675	ALBFEB	Edmonton Keyano SC,EKSC
27)	1:58.85	672	ONMAR	Region of Waterloo,ROW
28)	1:58.95	670	NBFEB	Codiac Vikings,CVAC
29)	1:59.19	665	NBFEB	Fredericton Aquanauts,FAST
30)	2:00.11	647	MANTADEC	Manitoba Marlins,MM
31)	2:00.22	645	POFEB	Levis+Montmagny,PLUS
32)	2:00.32	643	ONAFEB	Thun Bay Thunderbolts,TBT
33)	2:00.48	640	ONAAAFEB	Soo Y Dolphins,SYD
34)	2:00.78	634	ONMAR	Markham AC,MAC
35)	2:00.79	634	YOUTHDEC	Newfoundland Aquarena,NAAC
36)	2:00.81	634	POFEB	Boucherville St-Bruno,BSB
37)	2:00.82	633	POFEB	Etoiles Rich-Yamaska,ETORY
38)	2:01.03	629	ONAAAFEB	Owen Sound AC,OSAC
39)	2:01.06	629	ONAAFEB	Brock Niagara,BROCK
40)	2:01.21	626	YOUTHDEC	Trent Swim Club,TRENT
41)	2:01.41	622	ONAAAFEB	Orillia Channel Cats,CATS
42)	2:01.53	620	ONAAFEB	Toronto Aquanauts,TASK
43)	2:01.54	619	ONAAFEB	Oshawa AC,OSHAC
44)	2:01.58	619	MANFEB	Winnipeg Wave,WAVE
45)	2:01.80	614	YOUTHDEC	Regina Opt.Dolphins,ROD
46)	2:01.80	614	ONMAR	Guelph Marlin AC,GMAC
47)	2:01.83	614	ONAFEB	Windsor AC,WAC
48)	2:01.99	611	CACJAN	CA Chateauguay,CAC
49)	2:02.02	610	ONAFEB	Laurentian Univ.,LUSC
50)	2:02.12	608	ONAFEB	Scarborough SC,SCAR

BOYS 13-14

©

50 METRES FREESTYLE
Rec:0:23.57 B.Creelman,TOMAC,85

1)	0:24.70	761	ONMAR	Michael Mason,14,EPS
2)	0:24.91	742	CVACJAN	Lee Wanie,14,YORK
3)	0:25.02	732	ONAFEB	Dennis Milenov,14,EPS
4)	0:25.21	715	BCFEB	Corey Zachidniak,14,VCSC
5)	0:25.53	686	BRANTNOV	Eric Weibl,14,TOMAC
6)	0:25.57	682	BCFEB	Ryan Laurin,13,SPART
7)	0:25.63	677	YOUTHDEC	Curtis Myden,14,CASC
8)	0:25.69	671	ONAFEB	Zdenek Hezky,14,WAC
9)	0:25.73	668	ONMAR	Cam Rose,13,NYAC
10)	0:25.74	667	POFEB	Patrice Boudreault,14,SELCT
11)	0:25.84	658	RACERDEC	Jamie Kemp,14,NRST
12)	0:25.85	657	CANJAN	Daniel Paquette,14,GO
13)	0:25.98	645	BCFEB	Romin Gerela,14,CHENA
14)	0:26.01	642	POFEB	Justin Finney,14,PCSC
15)	0:26.02	642	POFEB	Alix Muller,14,SAMAK
16)	0:26.05	639	HTACNOV	David Pelkey,14,CVAC
17)	0:26.05	639	MANTADEC	Rusty Jones,14,MANTA
18)	0:26.06	638	GOLDNOV	Kevin Przyswitt,14,EKSC
19)	0:26.07	637	BCFEB	Graem Geen,14,KAJ
20)	0:26.12	632	YOUTHDEC	Matthew Adams,14,TRENT
21)	0:26.15	630	CASCNOV	Michael Browne,14,OSC
22)	0:26.16	629	YOUTHDEC	Jared Valentic,14,LLSC
23)	0:26.20	625	ONMAR	Anil Patel,13,TRENT
24)	0:26.24	622	MANFEB	Brett Hargreaves,14,SD
25)	0:26.24	622	BCFEB	Jason Partridge,13,COHO
26)	0:26.28	618	ONMAR	Drew Dundas,14,TOMAC
27)	0:26.31	615	MACJAN	Daniel Bray,14,TOMAC
28)	0:26.33	613	PCSCDEC	Jean-F. Page,14,BSB
29)	0:26.37	610	ONMAR	Jeff Toth,13,ROD
30)	0:26.39	608	YOUTHDEC	Peter Christiansen,14,TIDE
31)	0:26.42	605	ONCUPJAN	Chad Cradock,14,BTSC
32)	0:26.43	604	POFEB	Marc Chateauneuf,13,ETM
33)	0:26.44	603	ONAFEB	Glen Halvorson,13,TBT
34)	0:26.47	601	BCFEB	Rob Fenrich,14,EKSC
35)	0:26.51	597	CRKWDEC	Ryan Diehl,14,VICO
36)	0:26.51	597	ONMAR	Rodger Shortt,14,NYAC
37)	0:26.52	596	POFEB	Hugo Marcotte,14,CNHR
38)	0:26.53	595	HYACKJAN	Lance Hornby,14,NRST
39)	0:26.54	594	ALBFEB	Jason Jurgens,14,EKSC
40)	0:26.55	594	BRANTNOV	Sean Doolittle,14,EPS
41)	0:26.57	592	AACDEC	Andrew Priestman,14,MAC
42)	0:26.59	590	POFEB	Marc Vincent,13,SHER
43)	0:26.59	590	ONMAR	Kent Ryhorchuk,14,ROD
44)	0:26.60	589	YOUTHDEC	Pablo Boudreau,14,SHER
45)	0:26.60	589	POFEB	Eric Croisetiere,14,CAMO
46)	0:26.62	587	YOUTHDEC	Chris MacDonald,14,CBD
47)	0:26.62	587	ALBFEB	Ted Murphy,14,CASC
48)	0:26.64	585	BCFEB	Jonathan Dean,14,HYACK
49)	0:26.64	585	ONAFEB	Joshua Crump,14,LAC
50)	0:26.65	584	BRANTNOV	Jeremiah Hudacin,13,EBSC

100 METRES FREESTYLE
Rec:0:52.46 B.Creelman,TOMAC,84

1)	0:53.52	800	ONMAR	Michael Mason,14,EPS
2)	0:53.90	784	POFEB	Lee Wanie,14,YORK
3)	0:54.13	775	BCFEB	Corey Zachidniak,14,VCSC
4)	0:55.18	732	CANJAN	Daniel Paquette,14,GO
5)	0:55.57	715	YOUTHDEC	Curtis Myden,14,CASC
6)	0:55.79	706	ONMAR	Dennis Milenov,14,EPS
7)	0:55.94	700	BRANTNOV	Eric Weibl,14,TOMAC
8)	0:55.94	700	EASTCUP	David Pelkey,14,CVAC
9)	0:55.97	699	BCFEB	Graem Geen,14,KAJ
10)	0:55.99	698	ONCUPJAN	Sean Doolittle,14,EPS
11)	0:56.09	694	MANFEB	Rusty Jones,14,MANTA
12)	0:56.17	691	YOUTHDEC	Cam Rose,13,NYAC
13)	0:56.50	677	ONCUPJAN	Robert Sampson,14,GO
14)	0:56.56	675	ONAFEB	Joe DiUbaldo,14,HWAC
15)	0:56.67	670	MANFEB	Jamie Stevens,14,MANTA
16)	0:56.69	669	ONCUPJAN	Derek Anderson,14,GO
17)	0:56.77	666	ONMAR	Jeremiah Hudacin,14,EBSC
18)	0:56.90	661	YOUTHDEC	Garth Scott,14,LLSC
19)	0:56.92	660	ONMAR	Rodger Shortt,14,NYAC
20)	0:56.93	660	POFEB	Alix Muller,14,SAMAK
21)	0:56.96	658	MANFEB	Brett Hargreaves,14,SD
22)	0:57.00	657	MTMYOCT	Daniel Bilodeau,14,PLUS
23)	0:57.00	657	RYMMJAN	Damian Marner,13,ROD
24)	0:57.05	655	ONMAR	Simon Eberlie,14,LAC
25)	0:57.16	650	ONMAR	Chad Cradock,14,BTSC
26)	0:57.21	648	HYACKJAN	Lance Hornby,14,NRST
27)	0:57.26	646	ONMAR	Jeff Toth,13,ROD
28)	0:57.32	644	YOUTHDEC	Andrew Priestman,14,MAC
29)	0:57.35	642	BCFEB	Jonathan Dean,14,HYACK
30)	0:57.42	639	HYACKJAN	Jason Partridge,13,COHO
31)	0:57.43	639	MANFEB	Chris Ballegeer,14,SJS
32)	0:57.45	638	ALBFEB	Kevin Przyswitt,14,EKSC
33)	0:57.63	631	ONMAR	Edward Furs,13,EPS
34)	0:57.66	630	ONAFEB	Drew Dundas,14,TOMAC
35)	0:57.81	623	CASCNOV	Michael Browne,14,OSC
36)	0:57.83	623	ONMAR	Anil Patel,13,TRENT
37)	0:57.86	621	LLSCNOV	Jared Valentic,14,LLSC
38)	0:57.86	621	EASTCUP	Zdenek Hezky,14,WAC
39)	0:57.89	620	MANTADEC	Jaret Abel,14,EKSC
40)	0:57.90	620	POFEB	Richard Daoust,14,PCSC
41)	0:57.92	619	MANTADEC	Curtis Brezinski,14,YOSSC
42)	0:57.92	619	POFEB	Eric Duhamel,14,ENL
43)	0:57.95	618	POFEB	Hugo Marcotte,14,CNHR
44)	0:58.14	610	BCFEB	Dustin Hersee,13,CDSC
45)	0:58.20	607	POFEB	Marc Vincent,13,SHER
46)	0:58.23	606	CRKWDEC	Ryan Diehl,14,VICO
47)	0:58.23	606	POFEB	Daniel Couturier,13,POM
48)	0:58.27	605	ONMAR	Owen VonRichter,13,EPS
49)	0:58.28	604	ONAAAFEB	Gavin Strombecky,14,KA
50)	0:58.29	604	ALBFEB	Ted Murphy,14,CASC

200 METRES FREESTYLE
Rec:1:53.28 A.Baumann,LUSC,79

1)	1:56.96	777	YOUTHDEC	Curtis Myden,14,CASC
2)	1:57.56	766	MANFEB	Jamie Stevens,14,MANTA
3)	1:58.08	756	BCFEB	Paul Madden,14,VCSC
4)	1:58.42	749	BCFEB	Corey Zachidniak,14,VCSC
5)	1:59.12	736	ONMAR	Lee Wanie,14,YORK
6)	1:59.23	734	ONMAR	Daniel Paquette,14,GO
7)	1:59.35	732	WESTMAR	Jaret Abel,14,EKSC
8)	1:59.59	727	YOUTHDEC	Michael Mason,14,EPS
9)	2:00.18	716	ONAFEB	Derek Anderson,14,GO
10)	2:00.68	706	ONMAR	Joe DiUbaldo,14,HWAC
11)	2:00.74	705	BRANTNOV	Eric Weibl,14,TOMAC
12)	2:00.77	705	ONMAR	Rodger Shortt,14,NYAC
13)	2:01.33	694	ONMAR	Andrew Priestman,14,MAC
14)	2:02.22	677	YOUTHDEC	Owen VonRichter,13,EPS
15)	2:02.23	677	ONMAR	Simon Eberlie,14,LAC
16)	2:02.28	676	YOUTHDEC	Robert Sampson,14,GO
17)	2:02.30	676	CVACJAN	David Pelkey,14,CVAC
18)	2:02.45	673	ONAAAFEB	Steven Georgiev,14,CAJ
19)	2:02.75	667	YOUTHDEC	Sean Doolittle,14,EPS
20)	2:02.75	667	ONMAR	Damian Marner,14,ROD
21)	2:02.94	663	ONMAR	Jeremy Sparrow,13,BSCC
22)	2:03.18	659	ONMAR	Edward Furs,13,EPS
23)	2:03.21	658	BTSCFEB	Chad Cradock,14,BTSC
24)	2:03.38	655	POFEB	Eric Duhamel,14,ENL
25)	2:03.46	653	ONAAFEB	Jeremiah Hudacin,14,EBSC
26)	2:03.71	649	ONMAR	Josh Bongard,14,NYAC
27)	2:03.96	644	YOUTHDEC	Garth Scott,14,LLSC
28)	2:04.12	641	SASKFEB	Jonathan McLeod,13,ROD
29)	2:04.34	637	HYACKJAN	Lance Hornby,14,NRST
30)	2:04.36	636	VICONOV	Ryan Diehl,14,VICO
31)	2:04.43	635	BCFEB	John McArthur,14,VCSC
32)	2:04.67	630	HYACKJAN	Graem Geen,14,KAJ
33)	2:04.74	629	POFEB	Daniel Couturier,13,POM
34)	2:04.77	629	POFEB	Richard Daoust,14,PCSC
35)	2:04.83	627	WALKRNOV	Matthew Adams,14,TRENT
36)	2:04.94	625	BCFEB	Jamie Kemp,13,NRST
37)	2:05.02	624	ONMAR	Steve Thomas,14,WAC
38)	2:05.08	623	POFEB	Hugo Marcotte,14,CNHR
39)	2:05.11	622	MANFEB	Chris Ballegeer,14,SJS
40)	2:05.14	622	YOUTHDEC	Michael Brock,14,NYAC
41)	2:05.76	610	BCFEB	Jason Partridge,13,COHO
42)	2:05.80	609	POFEB	Chris O'Neill,14,CAC
43)	2:05.82	609	GOLDNOV	Rusty Jones,14,MANTA
44)	2:05.89	607	EASTCUP	Karim Jarjoura,14,SHER
45)	2:05.90	607	PICKDEC	David McLellan,15,LAC
46)	2:06.11	603	CRKWDEC	Shawn Pallan,14,CRKW
47)	2:06.23	601	ONMAR	Dennis Milenov,14,EPS
48)	2:06.27	600	POFEB	Zlatko Ivisic,14,ENL
49)	2:06.43	597	YOUTHDEC	Peter Carpenter,14,PCSC
50)	2:06.68	592	YOUTHDEC	Zdenek Hezky,14,WAC

BOYS 13-14 CONTD.

400 METRES FREESTYLE
Rec:4:00.17 A.Baumann,LUSC,79

1)	4:05.11	805	YOUTHDEC	Curtis Myden,14,CASC
2)	4:05.72	800	WESTMAR	Jaret Abel,14,EKSC
3)	4:09.41	767	MANFEB	Jamie Stevens,14,MANTA
4)	4:09.95	762	BCFEB	Paul Madden,14,VCSC
5)	4:10.84	754	ONAFEB	Daniel Paquette,14,GO
6)	4:11.33	749	ONAFEB	Derek Anderson,14,GO
7)	4:12.02	743	ONAFEB	Joe DiUbaldo,14,HWAC
8)	4:13.05	734	ONAFEB	Owen VonRichter,13,EPS
9)	4:14.65	720	YOUTHDEC	Sean Doolittle,14,EPS
10)	4:15.70	710	ONCUPJAN	Robert Sampson,14,GO
11)	4:16.88	700	BCFEB	Corey Zachidniak,14,VCSC
12)	4:16.97	699	BCFEB	John McArthur,14,VCSC
13)	4:17.55	694	ONMAR	Jeremiah Hudacin,14,EBSC
14)	4:17.57	694	ONMAR	Simon Eberlie,14,LAC
15)	4:17.72	692	BRANTNOV	Eric Weibl,14,TOMAC
16)	4:18.23	688	ONMAR	Steve Thomas,14,WAC
17)	4:18.40	686	EASTCUP	David Pelkey,14,CVAC
18)	4:18.80	683	ONMAR	Andrew Priestman,14,MAC
19)	4:19.39	677	ONMAR	Rodger Shortt,14,NYAC
20)	4:19.77	674	ONAAFEB	Jeremy Sparrow,13,BSCC
21)	4:20.35	669	ONAAAFEB	Steven Georgiev,14,CAJ
22)	4:21.05	662	POFEB	Chris O'Neill,14,CAC
23)	4:21.19	661	YOUTHDEC	Chad Cradock,14,BTSC
24)	4:21.36	660	ONMAR	Jonathan McLeod,13,ROD
25)	4:21.40	659	MANFEB	Rusty Jones,14,MANTA
26)	4:21.63	657	BCFEB	Jamie Kemp,13,NRST
27)	4:21.66	657	POFEB	Karim Jarjoura,14,SHER
28)	4:22.09	653	YOUTHDEC	Edward Furs,14,EPS
29)	4:22.62	648	YOUTHDEC	Michael Brock,14,NYAC
30)	4:22.75	647	WALKRNOV	Matthew Adams,14,TRENT
31)	4:23.03	645	POFEB	Zlatko Ivisic,14,ENL
32)	4:23.17	643	POFEB	Rodney Hackett,14,PCSC
33)	4:23.85	637	ONMAR	Robert Millard,14,EBSC
34)	4:24.15	635	POFEB	Eric Duhamel,14,ENL
35)	4:24.16	635	BRANTNOV	Matthew Cardwell,14,PCSC
36)	4:24.74	629	VICONOV	Ryan Diehl,14,VICO
37)	4:25.09	626	ONAAFEB	Malcolm Staffman,14,GMAC
38)	4:25.12	626	MACJAN	Lee Wanie,14,YUSC
39)	4:25.36	624	BCFEB	Adam Fallis,14,CHENA
40)	4:25.40	623	ONAAFEB	Courtney James,13,TRENT
41)	4:25.83	620	McMJAN13	Mark Toth,14,HWAC
42)	4:26.03	618	PCSCDEC	Peter Carpenter,14,PCSC
43)	4:26.09	617	ONAFEB	Kalman Fekete,13,NYAC
44)	4:26.29	616	BCFEB	Josh Young,13,VICO
45)	4:26.61	613	BCFEB	Chris Tilden,13,AOUA
46)	4:26.92	610	ALBFEB	Cory Maxwell,14,RACE
47)	4:27.37	606	ONMAR	Trevor Smith,14,GO
48)	4:27.39	606	NSFEB	Michael Ritcey,14,HTAC
49)	4:27.45	605	ONMAR	Greg Storey,14,TOMAC
50)	4:27.97	600	POFEB	Hugo Marcotte,14,CNHR

1500 METRES FREESTYLE
Rec:15:32.15 A.Baumann,LUSC,79

1)	16:05.31	812	MANFEB	Jamie Stevens,14,MANTA
2)	16:16.57	787	WESTMAR	Jaret Abel,14,EKSC
3)	16:28.03	761	BCFEB	Paul Madden,14,VCSC
4)	16:29.06	758	ONAFEB	Derek Anderson,14,GO
5)	16:40.62	732	ONMAR	Joe DiUbaldo,14,HWAC
6)	16:40.70	732	YOUTHDEC	Owen VonRichter,13,EPS
7)	16:48.60	714	ONMAR	Jonathan McLeod,13,ROD
8)	16:51.85	707	YOUTHDEC	Sean Doolittle,14,EPS
9)	16:53.19	704	ONAAFEB	Robert Millard,14,EBSC
10)	16:55.12	699	MANFEB	Rusty Jones,14,MANTA
11)	16:56.49	696	ONMAR	Steve Thomas,14,WAC
12)	16:57.48	694	YOUTHDEC	Robert Sampson,14,GO
13)	17:00.13	688	BCFEB	Jamie Kemp,13,NRST
14)	17:03.77	680	CVACJAN	David Pelkey,14,CVAC
15)	17:08.68	669	POFEB	Zlatko Ivisic,14,ENL
16)	17:09.40	667	ONAAFEB	Jeremy Sparrow,13,BSCC
17)	17:11.37	662	BCFEB	John McArthur,14,VCSC
18)	17:11.65	662	ONMAR	Chad Cradock,14,BTSC
19)	17:11.70	662	ONCUPJAN	Trevor Smith,14,GO
20)	17:14.40	656	POFEB	Karim Jarjoura,14,SHER
21)	17:14.98	654	YOUTHDEC	Zdenek Hezky,14,WAC
22)	17:18.18	647	POFEB	Chris O'Neill,14,CAC
23)	17:19.75	643	BCFEB	Josh Young,13,VICO
24)	17:22.99	636	POFEB	Rodney Hackett,14,PCSC
25)	17:24.41	633	NBFEB	Shawn Hicks,14,CVAC
26)	17:28.70	623	YOUTHDEC	Edward Furs,14,EPS
27)	17:29.46	621	POFEB	Christian Methot,13,CAEC
28)	17:30.17	620	WESTMAR	Russell Patrick,13,UCSC
29)	17:30.63	619	WESTMAR	Cory Maxwell,14,RACE
30)	17:32.02	616	ONAAAFEB	Steven Georgiev,14,CAJ
31)	17:32.06	616	VICJAN	Ryan Diehl,14,VICO
32)	17:32.14	615	ONAFEB	Kalman Fekete,13,NYAC
33)	17:32.21	615	BCFEB	Corey Zachidniak,14,VCSC
34)	17:37.02	604	ONMAR	James Conner,14,HWAC
35)	17:39.55	599	MANTADEC	Michael Foulds,14,TBT
36)	17:39.85	598	YOUTHDEC	Michael Brock,14,NYAC
37)	17:40.27	597	ONAAFEB	Malcolm Staffman,14,GMAC
38)	17:41.10	595	POFEB	Richard Daoust,14,PCSC
39)	17:43.61	589	YOUTHDEC	Val Stanciulescu,14,GO
40)	17:44.01	588	CRKWDEC	Jason Round,13,VICO
41)	17:44.25	588	ONAAFEB	Courtney James,13,TRENT
42)	17:45.15	586	ONAAFEB	Tom Milloy,13,NSC
43)	17:46.79	582	BCFEB	Joe Morris,14,HYACK
44)	17:47.01	582	ONMAR	Scott Speedman,13,NYAC
45)	17:47.30	581	POFEB	Bernard Martineau,14,PLUS
46)	17:49.29	577	LLSCJAN	Sean Brooks,13,MYK
47)	17:49.80	575	ONAAFEB	Nick Thorne,13,KBM
48)	17:50.32	574	NSFEB	Michael Ritcey,14,HTAC
49)	17:50.58	574	ONMAR	Trevor Keck,13,GO
50)	17:51.85	571	PCSCDEC	Hugues Legault,14,CASE

100 METRES BACKSTROKE
Rec:0:59.58 M.Tewksbury,UCSC,83

1)	1:01.25	756	YOUTHDEC	Matthew Adams,14,TRENT
2)	1:02.43	713	BCFEB	Corey Zachidniak,14,VCSC
3)	1:02.82	699	POFEB	Lee Wanie,14,YORK
4)	1:03.19	685	ONCUPJAN	Sean Doolittle,14,EPS
5)	1:03.33	680	POFEB	Justin Finney,14,PCSC
6)	1:03.37	679	YOUTHDEC	Curtis Myden,14,CASC
7)	1:03.39	678	MANFEB	Chris Ballegeer,14,SJS
8)	1:03.54	672	WESTMAR	Craig Keddie,14,UCSC
9)	1:03.67	668	HYACKJAN	Jonathan Dean,14,HYACK
10)	1:04.05	654	ONCUPJAN	Derek Anderson,14,GO
11)	1:04.50	637	ONMAR	Kalman Fekete,13,NYAC
12)	1:04.57	635	ALBFEB	Jaret Abel,14,EKSC
13)	1:04.67	631	ONMAR	Rodger Shortt,14,NYAC
14)	1:04.73	629	ONMAR	Edward Furs,13,EPS
15)	1:04.76	628	YOUTHDEC	Jared Valentic,14,LLSC
16)	1:04.91	622	MANTADEC	Michael Foulds,14,TBT
17)	1:05.10	615	BRANTNOV	Cory Izlakar,14,HWAC
18)	1:05.17	613	ONCUPJAN	Daniel Paquette,14,GO
19)	1:05.59	597	ONCUPJAN	Jason Ing,13,BTSC
20)	1:05.65	595	ALBFEB	Jason Jurgens,14,EKSC
21)	1:06.10	579	YOUTHDEC	Zdenek Hezky,14,WAC
22)	1:06.12	578	YOUTHDEC	Shea Tritter,14,CASC
23)	1:06.23	574	ONMAR	Dennis Milenov,14,EPS
24)	1:06.35	570	ONCUPJAN	Joon-Keon Chang,13,NYAC
25)	1:06.55	562	POFEB	Pierre Seewaldt,14,CNO
26)	1:06.60	560	ONMAR	Mac Fraser,14,OAK
27)	1:06.68	557	PCSCDEC	Peter Carpenter,14,PCSC
28)	1:06.75	555	CRKWDEC	Ryan Diehl,14,VICO
29)	1:06.81	553	ONAAFEB	Kevin Goode,13,TRENT
30)	1:06.93	548	YOUTHDEC	Joe DiUbaldo,14,HWAC
31)	1:07.22	538	EPSOCT	Michael Mason,14,EPS
32)	1:07.22	538	ONMAR	Ouinn Fairley,14,HWAC
33)	1:07.40	531	RACERDEC	Matthew Legge,14,SKSC
34)	1:07.46	529	ONAAAFEB	Jevon Austin,14,OSAC
35)	1:07.48	528	GOLDNOV	Michael Browne,14,OSC
36)	1:07.52	527	MACJAN	Billy Beecher,12,LAC
37)	1:07.54	526	PCSCDEC	Mathieu Snyder,14,ETORY
38)	1:07.69	520	POFEB	Benoit Charron,14,CNO
39)	1:07.91	512	RACERDEC	Jeremy Cook,14,PGB
40)	1:08.00	509	BCFEB	Adam Fallis,14,CHENA
41)	1:08.01	509	BTSCFEB	Matthew Barrett,13,BTSC
42)	1:08.04	508	UCSCJAN	Wade Bymoen,14,AMAC
43)	1:08.05	507	BCFEB	Dustin Hersee,13,CDSC
44)	1:08.07	507	ALBFEB	Rob Fenrich,14,EKSC
45)	1:08.15	504	ALBFEB	Alex Day,14,UCSC
46)	1:08.15	504	POFEB	Francis Roussel,14,BSB
47)	1:08.17	503	EASTCUP	Derek Hauber,14,AAC
48)	1:08.33	497	EPSOCT	Jeremiah Hudacin,13,EBSC
49)	1:08.34	497	ONAAFEB	Pieter Gjaltema,13,OSHAC
50)	1:08.35	496	MANFEB	Rob Pehura,13,PPSC

200 METRES BACKSTROKE
Rec:2:07.48 S.Flowers,OSC,83

1)	2:10.93	777	YOUTHDEC	Matthew Adams,14,TRENT
2)	2:13.55	732	YOUTHDEC	Curtis Myden,14,CASC
3)	2:14.12	722	WESTMAR	Jaret Abel,14,EKSC
4)	2:14.82	711	ONCUPJAN	Sean Doolittle,14,EPS
5)	2:15.65	696	BCFEB	Corey Zachidniak,14,VCSC
6)	2:16.12	688	ONAFEB	Daniel Paquette,14,GO
7)	2:17.49	665	ONMAR	Edward Furs,13,EPS
8)	2:17.54	664	WESTMAR	Craig Keddie,14,UCSC
9)	2:18.22	653	MANFEB	Chris Ballegeer,14,SJS
10)	2:18.40	650	YOUTHDEC	Derek Anderson,14,GO
11)	2:18.62	646	ONMAR	Rodger Shortt,14,NYAC
12)	2:18.67	645	CVACJAN	Lee Wanie,14,YORK
13)	2:19.58	630	ONAFEB	Michael Foulds,14,TBT
14)	2:19.79	626	BRANTNOV	Cory Izlakar,14,HWAC
15)	2:19.98	623	ONAFEB	Joon-Keon Chang,13,NYAC
16)	2:20.00	623	ONAFEB	Kalman Fekete,13,NYAC
17)	2:20.30	617	UCSCJAN	Shea Tritter,14,CASC
18)	2:20.36	616	ONMAR	Jason Ing,14,BTSC
19)	2:20.93	607	YOUTHDEC	Jared Valentic,14,LLSC
20)	2:21.06	605	POFEB	Eric Duhamel,14,ENL
21)	2:21.07	604	MANTADEC	Jamie Stevens,14,MANTA
22)	2:21.43	598	HYACKJAN	Jonathan Dean,14,HYACK
23)	2:21.67	594	BCFEB	Ryan Diehl,14,VICO
24)	2:22.00	589	ONAFEB	Zdenek Hezky,14,WAC
25)	2:22.28	584	POFEB	Pierre Seewaldt,14,CNO
26)	2:22.40	582	YOUTHDEC	Peter Carpenter,14,PCSC
27)	2:22.64	578	POFEB	Justin Finney,14,PCSC
28)	2:23.34	566	ONAAFEB	Mac Fraser,14,OAK
29)	2:23.34	566	ONMAR	Jeff Toth,13,ROD
30)	2:23.47	564	POFEB	Benoit Charron,14,CNO
31)	2:23.65	561	ONAAFEB	Kevin Goode,13,TRENT
32)	2:23.99	555	GOLDNOV	Jeremy Cook,14,PGB
33)	2:24.11	553	BCFEB	Stuart Hietbrink,13,HYACK
34)	2:24.19	551	RACERDEC	Matthew Legge,14,SKSC
35)	2:24.30	550	BRANTNOV	Eric Weibl,14,TOMAC
36)	2:24.49	546	PCSCDEC	Mathieu Snyder,14,ETORY
37)	2:24.63	544	YOUTHDEC	Derek Hauber,14,AAC
38)	2:25.17	535	ALBFEB	Jason Jurgens,14,EKSC
39)	2:25.19	534	POFEB	Zlatko Ivisic,14,ENL
40)	2:25.28	533	POFEB	Mathieu Cote,14,CRSA
41)	2:25.39	531	AACDEC	Andrew Priestman,14,MAC
42)	2:25.61	527	NSFEB	Vava Kolinski,14,PCMSC
43)	2:25.70	526	ONMAR	Matthew Wood,13,SCAR
44)	2:25.83	524	BCFEB	Adam Fallis,14,CHENA
45)	2:25.90	522	GMACJAN	Joe DiUbaldo,14,HWAC
46)	2:26.14	518	GOLDNOV	Michael Browne,14,OSC
47)	2:26.19	517	ONMAR	Pieter Gjaltema,13,OSHAC
48)	2:26.25	516	ONMAR	Billy Beecher,13,LAC
49)	2:26.27	516	POFEB	Philippe Langlois,13,CACH
50)	2:26.36	515	ONAFEB	Matthew Church,14,HWAC

100 METRES BREASTSTROKE
Rec:1:03.27 M.Mason,EPS,89

1)	1:03.27	907	CANJAN	Michael Mason,14,EPS
2)	1:07.35	772	CVACJAN	Michael Ritcey,14,HTAC
3)	1:07.93	753	ONMAR	Sean Campbell,14,PERTH
4)	1:08.40	738	BCFEB	Paul Madden,14,VCSC
5)	1:08.44	736	POFEB	Francois Beaudry,14,MEGO
6)	1:09.01	717	CASCNOV	Curtis Myden,14,CASC
7)	1:09.26	709	POFEB	Christian Aubin,14,CNCB
8)	1:09.60	698	BCFEB	Jonathan Dean,14,HYACK
9)	1:09.69	695	ONAAFEB	Steve Papai,14,NSC
10)	1:09.76	693	MANFEB	Rusty Jones,14,MANTA
11)	1:10.09	682	ALBFEB	Ted Murphy,14,CASC
12)	1:10.15	680	BCFEB	Graem Geen,14,KAJ
13)	1:10.22	677	MANFEB	Brett Hargreaves,14,SD
14)	1:10.29	675	YOUTHDEC	Pablo Boudreau,14,SHER
15)	1:10.41	671	YOUTHDEC	Robert Pandy,14,OSHAC
16)	1:10.43	670	POFEB	Patrice Boudreault,14,SELCT
17)	1:10.85	657	POFEB	Eric Croisetiere,14,CAMO
18)	1:11.05	650	POFEB	Pascal Lafrance,14,CNHR
19)	1:11.51	635	MANTADEC	Michael Foulds,14,TBT
20)	1:11.90	622	BCFEB	Vaughn Thompson,14,CHENA
21)	1:11.92	621	ONCUPJAN	Pieter Huyssen,14,BTSC
22)	1:12.01	618	EASTCUP	Michael Hart,13,OSHAC
23)	1:12.14	614	ONMAR	Andrew Priestman,14,MAC
24)	1:12.15	614	YOUTHDEC	Peter Christiansen,14,TIDE
25)	1:12.20	612	YOUTHDEC	Michael Brock,14,NYAC
26)	1:12.38	606	GOLDNOV	Darren Nichols,14,EKSC
27)	1:12.52	601	ONMAR	Mike Morrison,14,BSCC
28)	1:12.62	598	BTSCFEB	Gordon Ngan,13,NYAC
29)	1:12.66	597	CASCNOV	Ramon Vnelink,14,CASC
30)	1:12.99	586	ONMAR	Ouinn Fairley,14,HWAC
31)	1:13.00	585	MANFEB	Jamie Stevens,14,MANTA
32)	1:13.01	585	RACERDEC	Tim Baril,14,UCSC
33)	1:13.02	585	POFEB	Andras Szuhay,13,CAMO
34)	1:13.13	581	VICONOV	Trevor Olsen,14,RAYS
35)	1:13.17	580	POFEB	Francis Roussel,14,BSB
36)	1:13.20	579	PCSCDEC	Eric Duhamel,13,ENL
37)	1:13.21	579	ONMAR	Jason Ing,14,BTSC
38)	1:13.28	576	ALBFEB	Kevin Przyswitt,14,EKSC
39)	1:13.29	576	RACERDEC	John McArthur,14,UNATT
40)	1:13.33	575	YOUTHDEC	Norman Susil,14,ESC
41)	1:13.37	573	EASTCUP	Kosta Christopoulos,14,CNSL
42)	1:13.41	572	ONAAAFEB	Chris Wagner,13,KWY
43)	1:13.53	568	ONAFEB	Brian Guerriero,14,SCAR
44)	1:13.66	564	BCFEB	Ben Bell,14,TBSC
45)	1:13.76	560	EASTCUP	Derek Hauber,14,AAC
46)	1:13.85	557	ONAAFEB	Matthew Barrett,13,BTSC
47)	1:13.89	556	RYMMJAN	Damian Marner,14,ROD
48)	1:13.96	554	ONAFEB	Steve Thomas,14,WAC
49)	1:13.98	553	ONMAR	Andrew Waters,14,LAC
50)	1:13.99	553	PCSCDEC	Russell Jurg,13,PCSC

200 METRES BREASTSTROKE
Rec:2:16.87 M.Mason,EPS,89

1)	2:16.87	922	CANJAN	Michael Mason,14,EPS
2)	2:25.21	796	CVACJAN	Michael Ritcey,14,HTAC
3)	2:28.15	751	BCFEB	Paul Madden,14,VCSC
4)	2:29.18	735	ONCUPJAN	Robert Pandy,14,OSHAC
5)	2:29.21	735	POFEB	Christian Aubin,14,CNCB
6)	2:29.46	731	POFEB	Francois Beaudry,14,MEGO
7)	2:29.63	729	ONMAR	Sean Campbell,14,PERTH
8)	2:29.65	728	POFEB	Eric Croisetiere,14,CAMO
9)	2:30.41	717	MANFEB	Brett Hargreaves,14,SD
10)	2:30.83	710	YOUTHDEC	Pablo Boudreau,14,SHER
11)	2:31.41	702	CVACJAN	Peter Christiansen,14,TIDE
12)	2:31.52	700	MANFEB	Rusty Jones,14,MANTA
13)	2:32.38	687	YOUTHDEC	Michael Brock,14,NYAC
14)	2:33.30	673	WESTMAR	Ted Murphy,14,CASC
15)	2:33.62	668	BCFEB	Jonathan Dean,14,HYACK
16)	2:33.70	667	ONCUPJAN	Pieter Huyssen,14,BTSC
17)	2:33.81	665	ONMAR	Andrew Priestman,14,MAC
18)	2:34.23	659	CASCNOV	Curtis Myden,14,CASC
19)	2:34.56	654	ONMAR	Michael Hart,13,OSHAC
20)	2:34.62	653	BCFEB	Kevin Przyswitt,14,EKSC
21)	2:34.83	650	POFEB	Pascal Lafrance,14,CNHR
22)	2:34.86	649	BCFEB	Vaughn Thompson,14,CHENA
23)	2:34.95	648	ONAAFEB	Steve Papai,14,NSC
24)	2:34.99	647	YOUTHDEC	Norman Susil,14,ESC
25)	2:35.74	636	ONMAR	Steve Thomas,14,WAC
26)	2:35.77	635	ONMAR	Jason Ing,14,BTSC
27)	2:36.04	631	BCFEB	Graem Geen,14,KAJ
28)	2:36.10	630	HYACKJAN	John McArthur,14,VCSC
29)	2:36.20	629	MANTADEC	Michael Foulds,14,TBT
30)	2:36.43	625	POFEB	Patrice Boudreault,14,SELCT
31)	2:36.52	624	ONAFEB	Gordon Ngan,13,NYAC
32)	2:36.80	620	POFEB	Eric Duhamel,14,ENL
33)	2:36.94	618	ONAFEB	Brian Guerriero,14,SCAR
34)	2:36.99	617	GOLDNOV	Darren Nichols,14,EKSC
35)	2:37.05	616	ONMAR	Jason Langin,14,ROD
36)	2:37.22	613	ONAAFEB	Mike Morrison,14,BSCC
37)	2:37.53	609	PCSCDEC	Andras Szuhay,13,CAMO
38)	2:37.53	609	BCFEB	Jaret Abel,14,EKSC
39)	2:38.10	600	YOUTHDEC	Jeremiah Hudacin,14,EBSC
40)	2:38.18	599	BTSCFEB	Matthew Barrett,13,BTSC
41)	2:38.32	597	ONAAFEB	Robert Millard,14,EBSC
42)	2:38.39	596	POFEB	Francis Roussel,14,BSB
43)	2:38.63	592	RACERDEC	Russell Patrick,13,UCSC
44)	2:38.65	592	ONCUPJAN	Craig McConkey,13,OSHAC
45)	2:38.79	590	CRKWDEC	Trevor Olson,14,RAYS
46)	2:38.82	589	MACJAN	Chris Wagner,13,KWY
47)	2:38.82	589	HYACKJAN	Edward Ng,13,VCSC
48)	2:39.00	586	MACJAN	Scott Wassmer,14,TOMAC
49)	2:39.02	586	RACERDEC	Tim Baril,14,UCSC
50)	2:39.03	586	RACERDEC	Ryan Diehl,14,VICO

BOYS 13-14 CONTD.

100 METRES BUTTERFLY
Rec:0:57.77 B.Creelman,TOMAC,84

1)	0:58.03	818	ONMAR	Michael Mason,14,EPS
2)	1:00.34	731	ONAAFEB	Jeremiah Hudacin,14,EBSC
3)	1:00.40	729	ONCUPJAN	Daniel Paquette,14,GO
4)	1:01.32	694	BCFEB	Kurt Ouchi,13,VKSC
5)	1:01.35	693	ONCUPJAN	Robert Sampson,14,GO
6)	1:01.39	692	CASCNOV	Curtis Myden,14,CASC
7)	1:01.55	686	BCFEB	Jonathan Dean,14,HYACK
8)	1:01.59	684	GOLDNOV	Michael Browne,14,OSC
9)	1:01.59	684	ONAFEB	Zdenek Hezky,14,WAC
10)	1:01.68	681	ONMAR	Norman Susil,14,EPS
11)	1:01.86	674	ONMAR	Dennis Milenov,14,EPS
12)	1:02.10	665	YOUTHDEC	Sean Doolittle,14,EPS
13)	1:02.28	658	ONMAR	Kent Ryhorchuk,14,ROD
14)	1:02.47	651	ONMAR	Simon Eberlie,14,LAC
15)	1:02.48	651	ONMAR	Anil Patel,13,TRENT
16)	1:02.60	646	ONAFEB	Joe DiUbaldo,14,HWAC
17)	1:02.60	646	ONMAR	Kyle Binkley,14,EPS
18)	1:02.89	635	YOUTHDEC	Peter Carpenter,14,PCSC
19)	1:02.89	635	POFEB	Justin Finney,14,PCSC
20)	1:02.92	634	YOUTHDEC	Matthew Barrett,13,BTSC
21)	1:03.17	625	ONAAFEB	Steve Papai,14,NSC
22)	1:03.32	619	ONMAR	Joon-Keon Chang,13,NYAC
23)	1:03.38	617	ONMAR	Val Stanciulescu,14,GO
24)	1:03.61	608	ALBFEB	Jaret Abel,14,EKSC
25)	1:03.69	605	SJSJAN	Rusty Jones,14,MANTA
26)	1:03.74	603	HYACKJAN	Lance Hornby,14,NRST
27)	1:03.78	602	ALBFEB	Sandy Zaytsoff,13,SSC
28)	1:03.81	601	YOUTHDEC	Michael Brock,14,NYAC
29)	1:03.87	598	BCFEB	Dino Verbrugge,14,HYACK
30)	1:03.93	596	LLSCNOV	Jared Valentic,14,LLSC
31)	1:03.97	595	CTSCNOV	Shawn Bayley,14,CTSC
32)	1:04.01	593	POFEB	Benoit Charron,14,CNO
33)	1:04.02	593	VICONOV	Ryan Diehl,14,VICO
34)	1:04.16	587	POFEB	Dan Letourneau,13,CNCB
35)	1:04.17	587	LLSCNOV	Garth Scott,14,LLSC
36)	1:04.40	578	NBFEB	Sebastien Beaulieu,14,CVAC
37)	1:04.44	577	MANFEB	Chris Ballegeer,14,SJS
38)	1:04.58	572	POCUPJAN	Frederic Marchand,14,SELCT
39)	1:04.73	566	BCFEB	Jason Riddle,14,COHO
40)	1:04.75	565	ONAAFEB	Michael Hart,13,OSHAC
41)	1:04.78	564	YOUTHDEC	Matthew Adams,14,TRENT
42)	1:04.79	564	ALBFEB	Alex Day,14,UCSC
43)	1:04.80	563	HYACKJAN	Brett Hargreaves,14,SD
44)	1:04.82	563	RACERDEC	Romin Gerela,14,CHENA
45)	1:04.88	560	POFEB	Francois Beaudry,14,MEGO
46)	1:04.97	557	POFEB	David Verville,14,CNBF
47)	1:05.04	554	POFEB	Alix Muller,14,SAMAK
48)	1:05.13	551	SASKFEB	Damian Marner,14,ROD
49)	1:05.18	549	MACJAN	Daniel Bray,14,TOMAC
50)	1:05.24	547	HYACKJAN	Tate Young,14,FMSC

200 METRES BUTTERFLY
Rec:2:07.63 F.Chalut,CAMO,81

1)	2:10.08	761	ONCUPJAN	Daniel Paquette,14,GO
2)	2:11.34	740	ONMAR	Jeremiah Hudacin,14,EBSC
3)	2:12.09	727	YOUTHDEC	Michael Mason,14,EPS
4)	2:13.10	709	YOUTHDEC	Sean Doolittle,14,EPS
5)	2:13.45	703	ONMAR	Joon-Keon Chang,13,NYAC
6)	2:13.66	700	ONCUPJAN	Robert Sampson,14,GO
7)	2:14.36	688	ONAFEB	Joe DiUbaldo,14,HWAC
8)	2:14.61	683	ONAFEB	Zdenek Hezky,14,WAC
9)	2:15.91	661	YOUTHDEC	Norman Susil,14,EPS
10)	2:16.78	646	ONMAR	Simon Eberlie,14,LAC
11)	2:16.93	644	BCFEB	Jaret Abel,14,EKSC
12)	2:17.17	639	POFEB	Eric Duhamel,14,ENL
13)	2:17.68	631	BCFEB	Kurt Ouchi,13,VKSC
14)	2:17.71	630	BCFEB	Dino Verbrugge,14,HYACK
15)	2:17.79	629	ONMAR	Jonathan McLeod,13,ROD
16)	2:18.00	625	SASKFEB	Kent Ryhorchuk,14,ROD
17)	2:18.01	625	HYACKJAN	Ryan Diehl,14,VICO
18)	2:18.09	624	YOUTHDEC	Kyle Binkley,14,ESC
19)	2:18.71	613	YOUTHDEC	Matthew Barrett,13,BTSC
20)	2:19.41	601	ONAFEB	Val Stanciulescu,14,GO
21)	2:19.45	600	YOUTHDEC	Michael Brock,14,NYAC
22)	2:19.48	600	YOUTHDEC	Peter Carpenter,14,PCSC
23)	2:19.64	597	POCUPJAN	Frederic Marchand,14,SELCT
24)	2:19.65	597	MANTADEC	Jamie Stevens,14,MANTA
25)	2:19.71	596	POFEB	Bernard Martineau,14,PLUS
26)	2:20.62	580	BCFEB	Jason Riddle,14,COHO
27)	2:21.12	571	ALBFEB	Sandy Zaytsoff,13,SSC
28)	2:21.16	571	POFEB	Benoit Charron,14,CNO
29)	2:21.39	567	ONMAR	Greg Storey,14,TOMAC
30)	2:21.56	564	ONAAAFEB	Steven Georgiev,14,CAJ
31)	2:22.42	549	ALBFEB	Scott Woodley,14,RACE
32)	2:22.50	548	POFEB	Dan Letourneau,13,CNCB
33)	2:22.57	546	NBFEB	Shawn Hicks,14,CVAC
34)	2:22.81	542	NBFEB	David Struthers,13,TIDE
35)	2:22.99	539	RACERDEC	Jeremy Cook,14,PGB
36)	2:23.13	537	ONAAFEB	Steve Papai,14,NSC
37)	2:23.61	529	SASKFEB	Jeff Toth,13,ROD
38)	2:23.94	523	BCFEB	Josh Young,13,VICO
39)	2:24.06	521	SASKFEB	Damian Marner,14,ROD
40)	2:24.33	516	HYACKJAN	Kyle Lawrence,13,AOUA
41)	2:24.49	513	RACERDEC	Lance Hornby,14,NRST
42)	2:24.58	512	RACERDEC	John McArthur,14,UNATT
43)	2:24.86	507	BCFEB	Joe Morris,14,HYACK
44)	2:25.64	494	NBFEB	Sebastien Beaulieu,14,CVAC
45)	2:25.96	488	YOUTHDEC	Hugues Potvin,14,SHER
46)	2:26.44	480	POFEB	David Verville,14,CNBF
47)	2:26.58	477	ALBFEB	Tate Young,14,FMSC
48)	2:26.67	476	POFEB	Alix Muller,14,SAMAK
49)	2:26.77	474	POFEB	Philippe Pominville,14,PCSC
50)	2:26.89	472	BCFEB	Stuart Hietbrink,13,HYACK

200 METRES IND.MEDLEY
Rec:2:08.56 B.Creelman,TOMAC,85

1)	2:10.34	814	ONMAR	Michael Mason,14,EPS
2)	2:10.71	808	YOUTHDEC	Curtis Myden,14,CASC
3)	2:13.58	760	ONCUPJAN	Daniel Paquette,14,GO
4)	2:13.79	756	BCFEB	Paul Madden,14,VCSC
5)	2:15.78	723	BCFEB	Jonathan Dean,14,HYACK
6)	2:16.19	716	BCFEB	Jaret Abel,14,EKSC
7)	2:16.29	714	MANFEB	Rusty Jones,14,MANTA
8)	2:16.31	714	POFEB	Eric Duhamel,14,ENL
9)	2:17.14	700	ONCUPJAN	Sean Doolittle,14,EPS
10)	2:17.14	700	POFEB	Eric Croisetiere,14,CAMO
11)	2:17.34	696	ONMAR	Damian Marner,14,ROD
12)	2:17.60	692	ONMAR	Jeremiah Hudacin,14,EBSC
13)	2:17.75	690	YOUTHDEC	Pablo Boudreau,14,SHER
14)	2:17.91	687	ONAFEB	Joon-Keon Chang,13,NYAC
15)	2:17.94	686	MANTADEC	Jamie Stevens,14,MANTA
16)	2:18.11	684	YOUTHDEC	Matthew Adams,14,TRENT
17)	2:18.44	678	BCFEB	John McArthur,14,VCSC
18)	2:18.52	677	BCFEB	Corey Zachidniak,14,VCSC
19)	2:18.73	673	HYACKJAN	Ryan Diehl,14,VICO
20)	2:18.84	671	GOLDNOV	Michael Foulds,14,TBT
21)	2:18.97	669	YOUTHDEC	Michael Brock,14,NYAC
22)	2:18.99	669	MANFEB	Brett Hargreaves,14,SD
23)	2:19.02	668	ONMAR	Andrew Priestman,14,MAC
24)	2:19.35	663	ONMAR	Norman Susil,14,EPS
25)	2:19.36	663	POFEB	Francois Beaudry,14,MEGO
26)	2:19.49	660	BRANTNOV	Eric Weibl,14,TOMAC
27)	2:19.56	659	YOUTHDEC	Jason Ing,13,BTSC
28)	2:19.60	659	BCFEB	Graem Geen,14,KAJ
29)	2:19.96	653	ONMAR	Matthew Barrett,13,BTSC
30)	2:19.98	652	MACJAN	Lee Wanie,14,YUSC
31)	2:20.24	648	ONAAAFEB	Steven Georgiev,14,CAJ
32)	2:20.53	643	PICKDEC	Stephen Bernle,14,USC
33)	2:20.89	637	YOUTHDEC	Derek Anderson,14,GO
34)	2:20.95	636	ONMAR	Steve Papai,14,NSC
35)	2:20.97	636	ONMAR	Dennis Milenov,14,EPS
36)	2:21.00	635	POFEB	Christian Aubin,14,CNCB
37)	2:21.45	628	YOUTHDEC	Robert Sampson,14,GO
38)	2:21.45	628	ONMAR	Steve Thomas,14,WAC
39)	2:21.49	627	ONMAR	Kalman Fekete,13,NYAC
40)	2:21.68	624	ONMAR	Robert Millard,14,EBSC
41)	2:21.75	623	CVACJAN	Peter Christiansen,14,TIDE
42)	2:21.82	621	PCSCDEC	Justin Finney,14,PCSC
43)	2:21.90	620	ALBFEB	Jason Jurgens,14,EKSC
44)	2:22.34	613	YOUTHDEC	Peter Carpenter,14,PCSC
45)	2:22.49	610	ALBFEB	Cory Maxwell,14,RACE
46)	2:22.55	609	ONMAR	Kyle Binkley,14,EPS
47)	2:22.57	609	RACERDEC	Jeremy Cook,14,PGB
48)	2:23.01	601	YOUTHDEC	Owen VonRichter,13,EPS
49)	2:23.02	601	ONAFEB	Glen Halvorson,13,TBT
50)	2:23.08	600	CVACJAN	Michael Ritcey,14,HTAC

400 METRES IND.MEDLEY
Rec:4:25.80 A.Baumann,LUSC,79

1)	4:35.41	826	YOUTHDEC	Curtis Myden,14,CASC
2)	4:36.86	814	ONAFEB	Michael Mason,14,EPS
3)	4:39.02	797	WESTMAR	Jaret Abel,14,EKSC
4)	4:39.25	796	ONCUPJAN	Daniel Paquette,14,GO
5)	4:40.92	782	BCFEB	Paul Madden,14,VCSC
6)	4:45.61	745	ONCUPJAN	Sean Doolittle,14,EPS
7)	4:46.10	741	ONMAR	Jeremiah Hudacin,14,EBSC
8)	4:46.90	735	MANFEB	Jamie Stevens,14,MANTA
9)	4:47.18	733	ONMAR	Joon-Keon Chang,13,NYAC
10)	4:48.53	722	POFEB	Eric Duhamel,14,ENL
11)	4:49.69	713	ONCUPJAN	Robert Sampson,14,GO
12)	4:50.12	710	YOUTHDEC	Matthew Adams,14,TRENT
13)	4:50.19	709	ONMAR	Joe DiUbaldo,14,HWAC
14)	4:50.38	708	ONMAR	Andrew Priestman,14,MAC
15)	4:52.09	694	BCFEB	Jonathan Dean,14,HYACK
16)	4:52.33	692	BCFEB	John McArthur,14,VCSC
17)	4:52.83	688	ONMAR	Damian Marner,14,ROD
18)	4:52.89	688	RACERDEC	Ryan Diehl,14,VICO
19)	4:53.48	683	ONAAFEB	Robert Millard,14,EBSC
20)	4:54.19	678	ONMAR	Steve Thomas,14,WAC
21)	4:55.79	665	GOLDNOV	Rusty Jones,14,MANTA
22)	4:55.98	664	ONMAR	Norman Susil,14,EPS
23)	4:56.73	658	BRANTNOV	Matthew Cardwell,14,PCSC
24)	4:56.98	656	YOUTHDEC	Michael Brock,14,NYAC
25)	4:57.46	652	ONMAR	Owen VonRichter,13,EPS
26)	4:57.84	649	POFEB	Eric Croisetiere,14,CAMO
27)	4:58.79	641	WESTMAR	Cory Maxwell,14,RACE
28)	4:58.80	641	ONAFEB	Kalman Fekete,13,NYAC
29)	4:58.88	641	YOUTHDEC	Derek Anderson,14,GO
30)	5:00.24	630	POFEB	Rodney Hackett,14,PCSC
31)	5:00.33	629	YOUTHDEC	Peter Carpenter,14,PCSC
32)	5:00.48	628	ONMAR	Simon Eberlie,14,LAC
33)	5:00.56	627	ALBFEB	Russell Patrick,13,UCSC
34)	5:00.80	625	SASKFEB	Jonathan McLeod,13,ROD
35)	5:00.80	625	ONAAFEB	Steve Papai,14,NSC
36)	5:00.81	625	BCFEB	Dino Verbrugge,14,HYACK
37)	5:00.95	624	ONMAR	Jason Langin,14,ROD
38)	5:01.36	621	ONMAR	Edward Furs,13,EPS
39)	5:01.58	619	ALBFEB	Alex Day,14,UCSC
40)	5:01.62	619	POFEB	Christian Methot,13,CAEC
41)	5:01.66	619	ONMAR	Kyle Binkley,14,EPS
42)	5:01.79	618	RACERDEC	Jeremy Cook,14,PGB
43)	5:01.84	617	POFEB	Chris O'Neill,14,CAC
44)	5:02.20	614	ONMAR	Matthew Barrett,13,BTSC
45)	5:03.43	605	POFEB	Christian Aubin,14,CNCB
46)	5:03.67	603	UCSCJAN	Shea Tritter,14,CASC
47)	5:04.12	599	EASTCUP	Mac Fraser,14,OAK
48)	5:04.35	597	POFEB	Francois Beaudry,14,MEGO
49)	5:04.66	595	NBFEB	Shawn Hicks,14,CVAC
50)	5:05.35	590	MANTADEC	Michael Foulds,14,TBT

4X50 M MEDLEY RELAY
Rec:1:54.02 Etobicoke Pepsi,EPS,89

1)	1:54.02	690	ONMAR	Etobicoke Pepsi,EPS
2)	1:56.36	642	ONAFEB	North York AC,NYAC
3)	1:58.00	609	BCFEB	Vancouver Canadian SC,VCSC
4)	1:58.27	603	CASCNOV	Cascade Swim Club,CASC
5)	1:58.56	598	YOUTHDEC	Barrie Trojans,BTSC
6)	1:58.64	596	YOUTHDEC	Pointe Claire SC,PCSC
7)	1:58.81	592	ALBFEB	Edmonton Keyano SC,EKSC
8)	1:59.52	578	YOUTHDEC	Glouc-Ottawa Kingfish,GO
9)	1:59.70	574	ONMAR	Regina Opt.Dolphins,ROD
10)	2:00.43	560	ALBFEB	Univ.Calgary,UCSC
11)	2:00.99	548	BCFEB	Hyack Swim Club,HYACK
12)	2:01.42	540	BCFEB	Chena Swim Club,CHENA
13)	2:01.53	537	POFEB	CN Outaouais,CNO
14)	2:01.56	537	ONAFEB	Windsor AC,WAC
15)	2:01.58	536	YOUTHDEC	CN Sherbrooke,SHER
16)	2:01.58	536	ONMAR	London AC,LAC
17)	2:02.39	520	ONMAR	Nepean Swim Club,NSC
18)	2:02.45	519	ONMAR	East York Seals,EYSC
19)	2:02.69	514	ONAAFEB	Trent Swim Club,TRENT
20)	2:03.17	504	ONAAFEB	Ernestown Barracudas,EBSC
21)	2:03.48	498	BCFEB	Surrey KnightsSC,SKSC
22)	2:03.53	497	ONMAR	Markham AC,MAC
23)	2:04.04	487	ONMAR	Hamilt-Wentworth AC,HWAC
24)	2:04.06	486	MANTADEC	Thun Bay Thunderbolts,TBT
25)	2:05.71	453	ONMAR	York Swim Club,YORK
26)	2:05.74	452	POFEB	Montreal Aquatique,CAMO
27)	2:05.78	451	HTACNOV	Codiac Vikings,CVAC
28)	2:05.89	449	POFEB	Samak de Brossard,SAMAK
29)	2:05.92	448	ONAAAFEB	Perth Stingrays,PERTH
30)	2:06.03	446	LLSCNOV	Lindsay LSC,LLSC
31)	2:06.16	444	BCFEB	Victoria Olympians,VICO
32)	2:06.44	438	BCFEB	Coho Swim Club,COHO
33)	2:06.97	427	ONAFEB	Scarborough SC,SCAR
34)	2:07.00	427	MANFEB	Manta Aquatic Club,MANTA
35)	2:07.00	427	MANFEB	Manitoba Marlins,MM
36)	2:08.00	406	CRKWDEC	Campbell RiverKW,CRKW
37)	2:08.05	405	ONAAAFEB	Kit-Waterloo Y,KWY
38)	2:08.12	404	CASCNOV	Olympian Swim Club,OSC
39)	2:08.24	401	ONAAFEB	Pickering SC,PICK
40)	2:08.36	399	ONAFEB	Mississauga AC,TOMAC
41)	2:09.04	385	HTACNOV	Newfoundland Aquarena,NAAC
42)	2:09.28	380	HYACKJAN	Canadian Dolphin SC,CDSC
43)	2:09.36	379	PCSCDEC	Etoiles Rich-Yamaska,ETORY
44)	2:09.62	373	VICONOV	Nanaimo Riptide ST,NRST
45)	2:09.82	369	WALKRNOV	Oshawa AC,OSHAC
46)	2:09.93	367	ONAAFEB	Burlington Centurions,BSCC
47)	2:10.03	365	MANTADEC	Edmonton Race,RACE
48)	2:10.57	354	NBFEB	Fredericton Aquanauts,FAST
49)	2:11.06	344	ALBFEB	Fort McMurray SC,FMSC
50)	2:11.16	342	PAOSOCT	Optimist Sprites,OSPA

4X50 M FREE RELAY
Rec:1:42.20 Etobicoke SC,ESC,88

1)	1:42.86	660	YOUTHDEC	Etobicoke Pepsi,EPS
2)	1:43.96	635	ONMAR	Regina Opt.Dolphins,ROD
3)	1:44.21	630	BCFEB	Vancouver Canadian SC,VCSC
4)	1:46.07	587	POFEB	Pointe Claire SC,PCSC
5)	1:46.14	586	YOUTHDEC	North York AC,NYAC
6)	1:46.22	584	ONMAR	Barrie Trojans,BTSC
7)	1:46.33	582	YOUTHDEC	Glouc-Ottawa Kingfish,GO
8)	1:46.67	574	CASCNOV	Cascade Swim Club,CASC
9)	1:46.80	571	ALBFEB	Edmonton Keyano SC,EKSC
10)	1:47.38	558	BCFEB	Hyack Swim Club,HYACK
11)	1:47.38	558	ONAFEB	London AC,LAC
12)	1:48.13	541	ALBFEB	Univ.Calgary,UCSC
13)	1:48.14	540	ONMAR	Hamilt-Wentworth AC,HWAC
14)	1:48.19	539	ONMAR	York Swim Club,YORK
15)	1:48.63	529	ONMAR	Markham AC,MAC
16)	1:48.91	523	YOUTHDEC	CN Sherbrooke,SHER
17)	1:48.93	522	ONMAR	Nepean Swim Club,NSC
18)	1:49.01	521	GMACJAN	Guelph Marlin AC,GMAC
19)	1:49.21	516	BCFEB	Surrey KnightsSC,SKSC
20)	1:49.27	515	ONMAR	Trent Swim Club,TRENT
21)	1:49.30	514	ONAFEB	Windsor AC,WAC
22)	1:49.40	512	POFEB	Samak de Brossard,SAMAK
23)	1:49.82	502	BRANTNOV	Mississauga AC,TOMAC
24)	1:50.07	496	MANTADEC	Thun Bay Thunderbolts,TBT
25)	1:50.37	490	NBFEB	Fredericton Aquanauts,FAST
26)	1:50.49	487	BCFEB	Victoria Olympians,VICO
27)	1:50.64	484	ONAAAFEB	East York Seals,EYSC
28)	1:50.68	483	ONMAR	Ernestown Barracudas,EBSC
29)	1:51.07	474	BCFEB	Chena Swim Club,CHENA
30)	1:51.16	472	POFEB	CN Outaouais,CNO
31)	1:51.42	466	MANTADEC	Manta Aquatic Club,MANTA
32)	1:51.50	464	HYACKJAN	Coho Swim Club,COHO
33)	1:51.99	453	ONMAR	Scarborough SC,SCAR
34)	1:51.99	453	ONMAR	Kingston Blue Marlins,KBM
35)	1:52.05	451	LLSCNOV	Lindsay LSC,LLSC
36)	1:52.09	451	LLSCNOV	York United SC,YUSC
37)	1:52.59	439	PCSCDEC	Codiac Vikings,CVAC
38)	1:52.59	439	CRKWDEC	Campbell RiverKW,CRKW
39)	1:52.88	433	ONAAAFEB	Perth Stingrays,PERTH
40)	1:53.06	428	VICONOV	Killarney SwimClub,KSC
41)	1:53.06	428	POFEB	Montreal Aquatique,CAMO
42)	1:53.14	427	CACJAN	CA Chateauguay,CAC
43)	1:53.73	413	RACERDEC	Canadian Dolphin SC,CDSC
44)	1:53.93	409	ONAAFEB	Burlington Centurions,BSCC
45)	1:54.14	404	CASCNOV	Olympian Swim Club,OSC
46)	1:54.28	401	SASKFEB	Yorkton SC,YOSSC
47)	1:54.73	391	ONAAAFEB	Cambridge Aquajets,CAJ
48)	1:54.91	386	ONAAAFEB	Kenora Aquatics,KA
49)	1:55.21	380	PAOSOCT	Optimist Sprites,OSPA
50)	1:55.31	377	RODOCT	Goldfin Swim Club,GOLD

GIRLS 15-17 — 1989 SHORT COURSE TAG©

50 METRES FREESTYLE
Rec:0:25.68 C.Klimpel,SSAC,80

1)	0:25.76	957	WESTMAR Kristin Topham,15,MANTA
2)	0:26.15	927	POCUPJAN Gabriella Kuntz,15,LAVAL
3)	0:26.33	912	CANJAN Lori Mellen,16,AAC
4)	0:26.35	911	CANJAN Allison Higson,15,EPS
5)	0:26.51	898	CANJAN Patricia Levesque,15,SELCT
6)	0:26.62	889	CANJAN Sharon Turner,16,HYACK
7)	0:26.64	888	CANJAN Gail Lorentz,17,EKSC
8)	0:26.65	887	MANFEB Brandee Alexander,17,MANTA
9)	0:26.73	881	CANJAN Peggy Ackerl,16,DDO
10)	0:26.82	873	WESTMAR Janna Promislow,17,EKSC
11)	0:26.88	869	ONAFEB Nada Cenanovic,16,TOMAC
12)	0:26.98	861	CANJAN Celeste Hung,16,VCSC
13)	0:27.01	858	ONAFEB Kim Paton,16,BRANT
14)	0:27.15	847	CANJAN Kerry Lemieux,17,KBM
15)	0:27.19	844	POFEB Christine Lamarche,16,CAMO
16)	0:27.27	838	CANJAN Jennifer Hutchison,16,PCSC
17)	0:27.30	835	CANJAN Anne-M. Therrien,16,SAMAK
18)	0:27.38	829	ONCUPJAN Dawn Clarke,15,COBRA
19)	0:27.38	829	CANJAN Chris Hashimoto,17,NYAC
20)	0:27.41	827	CANJAN Pandora Lake,17,SKSC
21)	0:27.41	827	CANJAN Sarah Widmeyer,16,DCSC
22)	0:27.42	826	BCFEB Lisa Brown,15,NRST
23)	0:27.45	824	MANTADEC Christin Daly,15,WAVE
24)	0:27.46	823	GOLDNOV Donna Phelan,16,NAAC
25)	0:27.49	820	ONCUPJAN Astrid Lange,15,TOMAC
26)	0:27.50	820	ONCUPJAN Lisa Blackburn,17,GO
27)	0:27.59	812	VICONOV Cindy Unruh,17,SPART
28)	0:27.67	806	GOLDNOV Maria Maunder,16,NAAC
29)	0:27.67	806	LONDFEV Nancy Lovrinic,17,VCSC
30)	0:27.67	806	WESTMAR Barb Austin,15,ROD
31)	0:27.71	803	POFEB Sandra Marchand,15,ENL
32)	0:27.72	802	ONAFEB Jocelyn Jay,16,BRANT
33)	0:27.74	801	ONCUPJAN Jennifer Thompson,16,EPS
34)	0:27.74	801	CANJAN Manon Wittig,17,NYAC
35)	0:27.75	800	HTACNOV Carwai Seto,15,HTAC
36)	0:27.75	800	SASKFEB Catherine McOueen,16,GOLD
37)	0:27.75	800	ONAAAFEB Nancy Sweetnam,15,LLSC
38)	0:27.75	800	POFEB Nancy Gravel,15,MVD
39)	0:27.77	798	CVACJAN Marianne Limpert,16,FAST
40)	0:27.78	797	BRANTNOV Leanne Shapton,15,EPS
41)	0:27.85	792	BRANTNOV Wendy Brookes,16,KWY
42)	0:27.85	792	ONCUPJAN Anne-Marie Andersen,17,EPS
43)	0:27.86	791	PEPSINOV Sarah Bruce,17,BST
44)	0:27.91	787	PEPSINOV Whitney Ross,17,UCSC
45)	0:27.91	787	PEPSINOV Christine Jeffrey,15,GMAC
46)	0:27.91	787	ONCUPJAN Lisa Jansen,16,EPS
47)	0:27.94	785	BRANTNOV Heather Armitage,16,WISC
48)	0:27.96	783	PEPSINOV Darcy Musselman,17,NEW
49)	0:28.00	780	ONAAFEB Tonya Lailey,16,BROCK
50)	0:28.03	778	ONAAFEB Julie Leswick,16,WISC

100 METRES FREESTYLE
Rec:0:55.98 A.Higson,EPS,89

1)	0:55.98	941	CANJAN Allison Higson,15,EPS
2)	0:56.40	926	WESTMAR Kristin Topham,15,MANTA
3)	0:56.94	906	CANJAN Patricia Levesque,15,SELCT
4)	0:56.97	905	CANJAN Lori Mellen,16,AAC
5)	0:57.19	897	CANJAN Kim Paton,16,BRANT
6)	0:57.22	895	CANJAN Sharon Turner,16,HYACK
7)	0:57.43	888	HYACKJAN Nancy Lovrinic,17,VCSC
8)	0:57.55	883	CANJAN Gail Lorentz,17,EKSC
9)	0:57.59	882	CANJAN Gabriella Kuntz,15,LAVAL
10)	0:57.78	875	CANJAN Chris Hashimoto,17,NYAC
11)	0:58.19	860	CANJAN Celeste Hung,16,VCSC
12)	0:58.35	854	POFEB Jennifer Hutchison,16,PCSC
13)	0:58.46	850	CANJAN Peggy Ackerl,16,DDO
14)	0:58.54	847	CANDEC Anne-Marie Andersen,17,EPS
15)	0:58.59	845	PEPSINOV Christine Jeffrey,15,GMAC
16)	0:58.89	834	WESTMAR Janna Promislow,17,EKSC
17)	0:58.96	831	ONCUPJAN Jennifer Thompson,16,EPS
18)	0:59.17	824	POFEB Anne-M. Therrien,16,SAMAK
19)	0:59.29	819	CANJAN Pandora Lake,17,SKSC
20)	0:59.30	819	CANJAN Christine Lamarche,16,CAMO
21)	0:59.36	817	CANJAN Joanne Currah,16,LAC
22)	0:59.41	815	CANJAN Jocelyn Jay,16,BRANT
23)	0:59.46	813	NBFEB Marianne Limpert,16,FAST
24)	0:59.51	811	BCFEB Corinne Liedtke,17,VICO
25)	0:59.53	810	CANJAN Catherine McOueen,16,GOLD
26)	0:59.55	810	PEPSINOV Lisa Jansen,16,EPS
27)	0:59.56	809	CANJAN Manon Wittig,17,NYAC
28)	0:59.58	809	CANJAN Meaghan Seagrave,16,FAST
29)	0:59.59	808	WESTMAR Brandee Alexander,17,MANTA
30)	0:59.69	805	EASTCUP Melanie Mackwood,15,MAC
31)	0:59.74	803	ONAFEB Nada Cenanovic,16,TOMAC
32)	0:59.82	800	ONCUPJAN Lisa Blackburn,17,GO
33)	0:59.95	795	EASTCUP Lisa Flood,17,PICK
34)	0:59.96	795	CANJAN Isabelle Pelland,16,LAVAL
35)	0:59.96	795	CANJAN Louise Venne,16,PCSC
36)	1:00.02	792	ONCUPJAN Roberta Massiah,16,EPS
37)	1:00.04	792	HYACKJAN Julie Durward,15,CDSC
38)	1:00.07	791	WESTMAR Tara Seymour,17,OSC
39)	1:00.08	790	PEPSINOV Whitney Ross,17,UCSC
40)	1:00.09	790	MANTADEC Christin Daly,15,WAVE
41)	1:00.27	783	EASTCUP Wendy Primeau,16,WISC
42)	1:00.28	783	NSFEB Carwai Seto,15,HTAC
43)	1:00.32	781	PEPSINOV Tara Higgins,17,ROW
44)	1:00.36	780	CANJAN Julie Leswick,16,WISC
45)	1:00.37	780	PEPSINOV Becky Randall,15,GMAC
46)	1:00.42	778	CANJAN Sarah Widmeyer,16,DCSC
47)	1:00.44	777	ONAFEB Brigitte Davidson,15,GO
48)	1:00.46	776	ALBFEB Maria Gaudin,16,EKSC
49)	1:00.48	776	ONAAFEB Kerry Lemieux,17,KBM
50)	1:00.51	774	ONAAAFEB Nancy Sweetnam,15,LLSC

200 METRES FREESTYLE
Rec:2:00.16 J.Kerr,ESC,85

1)	2:00.85	930	CANJAN Allison Higson,15,EPS
2)	2:01.27	923	CANDEC Nancy Lovrinic,17,UNATT
3)	2:02.27	905	CANJAN Jennifer Hutchison,16,PCSC
4)	2:02.36	904	CANJAN Kim Paton,16,BRANT
5)	2:02.40	903	CANDEC Christine Jeffrey,15,GMAC
6)	2:03.00	893	CANJAN Joanne Currah,16,LAC
7)	2:03.64	882	CANJAN Chris Hashimoto,17,NYAC
8)	2:03.91	877	CANJAN Anne-Marie Andersen,17,EPS
9)	2:04.22	872	CANJAN Julie Durward,15,CDSC
10)	2:05.26	854	MANFEB Brandee Alexander,17,MANTA
11)	2:05.48	851	WESTMAR Tara Seymour,17,OSC
12)	2:05.57	849	CANDEC Michelle Sallee,15,CDSC
13)	2:05.60	848	CANJAN Lisa Jansen,16,EPS
14)	2:05.67	847	CANJAN Megan Holliday,16,LAC
15)	2:05.74	846	BCFEB Corinne Liedtke,17,VICO
16)	2:05.78	845	CANJAN Brigitte Davidson,15,GO
17)	2:05.83	845	BCFEB Sharon Turner,16,HYACK
18)	2:05.89	843	CANDEC Catherine Schier,16,CHENA
19)	2:05.91	843	BCFEB Jennifer Goldsmith,15,KAJ
20)	2:06.15	839	CANJAN Patricia Levesque,15,SELCT
21)	2:06.31	836	CANJAN Erin Holland,15,UCSC
22)	2:06.34	836	CANJAN Jennifer Thompson,16,EPS
23)	2:06.57	832	ONAAFEB Wendy Primeau,16,WISC
24)	2:06.75	829	PEPSINOV Whitney Ross,17,UCSC
25)	2:06.87	827	CANJAN Celeste Hung,16,VCSC
26)	2:07.55	815	CANJAN Danielle Kennedy,15,VCSC
27)	2:07.76	811	CANJAN Louise Venne,16,PCSC
28)	2:07.84	810	WESTMAR Maria Gaudin,16,EKSC
29)	2:08.04	807	ONAFEB Kristin Fowler,15,GO
30)	2:08.19	804	CANJAN Sandra Marchand,15,ENL
31)	2:08.40	800	CANJAN Isabelle Pelland,16,LAVAL
32)	2:08.42	800	CANJAN Tisha Stojkovic,15,WAC
33)	2:08.46	799	CANJAN Anne Ducharme,15,POM
34)	2:08.47	799	ONAAFEB Kathy Palmer,16,KBM
35)	2:08.62	797	EASTCUP Julie Leswick,16,WISC
36)	2:08.91	792	CANJAN Kim Fabbro,15,CDSC
37)	2:09.08	789	EASTCUP Jennifer Lynes,15,MAC
38)	2:09.22	786	SASKFEB Catherine McOueen,16,GOLD
39)	2:09.39	784	BRANTNOV Tara Higgins,17,ROW
40)	2:09.49	782	ONAFEB Erica Belluz,16,HWAC
41)	2:09.51	781	ONCUPJAN Roberta Massiah,16,EPS
42)	2:09.56	781	POCUPJAN Gabriella Kuntz,15,LAVAL
43)	2:09.74	778	PEPSINOV Becky Randall,15,GMAC
44)	2:09.74	778	POCUPJAN Melanie Pearson,16,PCSC
45)	2:09.87	775	CANJAN Jane Smyth,17,EKSC
46)	2:09.97	774	SASKFEB Kim Stobbs,16,GOLD
47)	2:10.08	772	ONCUPJAN Jocelyn Jay,16,BRANT
48)	2:10.18	770	CVACJAN Marianne Limpert,16,FAST
49)	2:10.40	766	ONAFEB Kelly Kaye,15,GO
50)	2:10.76	760	BCFEB Lisa Brown,15,NRST

400 METRES FREESTYLE
Rec:4:09.30 J.Daigneault,PCSC,82

1)	4:13.24	921	CANDEC Michelle Sallee,15,CDSC
2)	4:13.90	916	CANDEC Nancy Lovrinic,17,UNATT
3)	4:14.90	907	CANDEC Erin Holland,15,UCSC
4)	4:15.33	904	CANJAN Joanne Currah,16,LAC
5)	4:16.49	894	PEPSINOV Christine Jeffrey,15,GMAC
6)	4:16.71	893	CANJAN Megan Holliday,16,LAC
7)	4:17.95	882	CANJAN Julie Durward,15,CDSC
8)	4:17.95	882	CANJAN Corinne Liedtke,17,VICO
9)	4:18.39	879	CANJAN Brigitte Davidson,15,GO
10)	4:19.64	869	ONAFEB Kim Paton,16,BRANT
11)	4:20.10	865	POCUPJAN Jennifer Hutchison,16,PCSC
12)	4:21.15	856	WESTMAR Maria Gaudin,16,EKSC
13)	4:21.48	853	CANJAN Tisha Stojkovic,15,WAC
14)	4:22.56	845	WESTMAR Tara Seymour,17,OSC
15)	4:23.19	839	ONAAFEB Wendy Primeau,16,WISC
16)	4:23.35	838	ONAAFEB Kathy Palmer,16,KBM
17)	4:23.98	833	ONCUPJAN Kristin Fowler,15,GO
18)	4:24.08	832	CANJAN Catherine Schier,16,CHENA
19)	4:24.29	830	ONAFEB Chris Hashimoto,17,NYAC
20)	4:24.45	829	ONAFEB Shelby Merritt,15,BRANT
21)	4:24.86	826	CANJAN Kim Fabbro,15,CDSC
22)	4:24.97	825	ONCUPJAN Lisa Jansen,16,EPS
23)	4:25.21	823	BCFEB Elissa Purvis,17,CHENA
24)	4:26.25	814	CANJAN Melanie Pearson,16,PCSC
25)	4:27.86	801	POCUPJAN Louise Venne,16,PCSC
26)	4:27.86	801	ONAFEB Shay McNicol,16,BRANT
27)	4:27.92	801	BC/PO Stacey Struthers,17,CAMO
28)	4:28.45	796	EASTCUP Jennifer Lynes,15,MAC
29)	4:29.04	791	ONCUPJAN Lilla Molnar,16,EPS
30)	4:29.25	790	CANJAN Marla Dowdeswell,15,ROD
31)	4:29.33	789	CVACJAN Susan Hunter,15,HTAC
32)	4:29.66	786	CANJAN Jennifer Goldsmith,15,KAJ
33)	4:30.04	783	POFEB Anne Ducharme,15,POM
34)	4:30.21	782	PEPSINOV Whitney Ross,17,UCSC
35)	4:30.26	781	EASTCUP Erica Belluz,16,HWAC
36)	4:30.38	780	EASTCUP Melanie Allen,16,NEW
37)	4:30.55	779	CANJAN Shelley Chanas,16,VCSC
38)	4:30.57	779	BCFEB Sharon Turner,16,HYACK
39)	4:30.66	778	MANFEB Brandee Alexander,17,MANTA
40)	4:31.01	775	POFEB Rachelle Gaudet,16,SELCT
41)	4:31.68	770	SASKFEB Paula Schulman,16,GOLD
42)	4:32.03	767	ONAFEB Kelly Kaye,15,GO
43)	4:32.50	763	CANJAN Sandra Marchand,15,ENL
44)	4:32.76	761	ONAFEB Karen Sewell,16,GO
45)	4:32.96	759	POFEB Helene Lavoie,15,CAMO
46)	4:33.01	759	BCFEB Danielle Kennedy,15,VCSC
47)	4:33.12	758	ONAAFEB Amy Jarvis,15,BROCK
48)	4:33.26	757	ALBFEB Lisa Holubetz,16,SSC
49)	4:33.52	755	ONAFEB Susan Smith,16,ROW
50)	4:33.97	751	ALBFEB Karla Kochorek,15,CASC

800 METRES FREESTYLE
Rec:8:33.68 J.Daigneault,PCSC,82

1)	8:34.32	943	CANDEC Erin Holland,15,UCSC
2)	8:41.36	914	CANJAN Michelle Sallee,15,CDSC
3)	8:43.00	908	CANJAN Megan Holliday,16,LAC
4)	8:46.68	893	PEPSINOV Christine Jeffrey,15,GMAC
5)	8:49.53	882	CANJAN Joanne Currah,16,LAC
6)	8:51.31	875	CANJAN Tisha Stojkovic,15,WAC
7)	8:52.95	868	VICONOV Corinne Liedtke,16,VICO
8)	8:53.95	864	CANJAN Julie Durward,15,CDSC
9)	8:54.93	860	ONAFEB Brigitte Davidson,15,GO
10)	8:56.31	855	CANJAN Elissa Purvis,17,CHENA
11)	8:56.35	855	CANJAN Kim Fabbro,15,CDSC
12)	8:56.38	854	CANJAN Catherine Schier,16,CHENA
13)	8:58.42	846	CANJAN Kathy Palmer,16,KBM
14)	8:58.82	845	ONAFEB Shelby Merritt,15,BRANT
15)	8:59.02	844	BC/PO Isabelle Terrault,16,ENL
16)	9:01.51	834	POFEB Jennifer Hutchison,16,PCSC
17)	9:02.49	830	PEPSINOV Kristin Fowler,15,GO
18)	9:03.25	827	PEPSINOV Tara Seymour,16,OSC
19)	9:04.30	823	ONAAFEB Wendy Primeau,16,WISC
20)	9:04.52	822	CANJAN Vallery Hyduk,17,SCAR
21)	9:04.63	821	CANJAN Kim Paton,16,BRANT
22)	9:05.78	817	POFEB Anne Ducharme,15,POM
23)	9:06.47	814	CANJAN Shelley Chanas,16,VCSC
24)	9:06.81	813	CANJAN Melanie Pearson,16,PCSC
25)	9:07.15	811	CANDEC Chris Hashimoto,17,NYAC
26)	9:08.06	808	BCFEB Jennifer Goldsmith,15,KAJ
27)	9:08.95	804	POFEB Rachelle Gaudet,16,SELCT
28)	9:10.02	800	CANJAN Paula Schulman,16,GOLD
29)	9:11.01	796	CVACJAN Kathy Stewart,16,TIDE
30)	9:11.10	796	CANJAN Karen Sewell,15,GO
31)	9:11.34	795	PEPSINOV Lilla Molnar,16,EPS
32)	9:11.96	792	PEPSINOV Whitney Ross,17,UCSC
33)	9:13.22	787	POFEB Louise Venne,16,PCSC
34)	9:13.98	784	POFEB Helene Lavoie,15,CAMO
35)	9:14.06	784	EASTCUP Susan Hunter,15,HTAC
36)	9:14.82	781	CANJAN Marla Dowdeswell,15,ROD
37)	9:15.13	779	CANJAN Sandra Marchand,15,ENL
38)	9:15.37	778	EASTCUP Melanie Allen,16,NEW
39)	9:15.92	776	ALBFEB Chris Polomark,16,UCSC
40)	9:17.14	771	EASTCUP Jennifer Lynes,15,MAC
41)	9:17.23	771	HYACKJAN Tasha Zukewich,15,RACER
42)	9:19.54	762	MANTADEC Sara Currie,17,EKSC
43)	9:19.80	761	BCFEB Karen McMahon,15,KAJ
44)	9:20.58	758	BCFEB Nancy Cherry,15,RACER
45)	9:20.60	758	POFEB Natalie Hoitz,15,PCSC
46)	9:20.92	756	ONAFEB Susan Smith,16,ROW
47)	9:21.68	753	BCFEB Yvonne Jones,17,VCSC
48)	9:22.13	751	ALBFEB Jane Smyth,17,EKSC
49)	9:22.99	748	ONAFEB Kia Puhm,16,NYAC
50)	9:23.11	748	MANTADEC Tanis Darling,15,GOLD

100 METRES BACKSTROKE
Rec:1:02.03 A-M.Andersen,EPS,89

1)	1:02.03	960	CANJAN Anne-Marie Andersen,17,EPS
2)	1:02.64	940	CANJAN Lori Mellen,16,AAC
3)	1:02.93	930	CANDEC Anne Barnes,17,VICO
4)	1:03.10	925	CANJAN Nancy Gribben,17,EPS
5)	1:04.23	887	ONAAFEB Christine Jeffrey,16,GMAC
6)	1:04.55	877	CANJAN Jennifer Thompson,16,EPS
7)	1:04.57	876	CANJAN Rebecca Glennie,16,NYAC
8)	1:04.61	875	CANJAN Kia Puhm,16,NYAC
9)	1:05.50	846	CANJAN Isabelle Pelland,16,LAVAL
10)	1:05.64	841	BCFEB Corinne Liedtke,17,VICO
11)	1:05.71	839	CANJAN Catherine McKenna,17,HWAC
12)	1:05.78	836	PEPSINOV Christine Harris,17,NYAC
13)	1:05.92	832	CANJAN Janna Promislow,17,EKSC
14)	1:06.21	822	CANJAN Heather Armitage,16,WISC
15)	1:06.33	818	CANJAN Kim Stobbs,16,GOLD
16)	1:06.35	818	CANJAN Julie Leswick,16,WISC
17)	1:06.39	816	PCSCDEC Jennifer Hutchison,16,PCSC
18)	1:06.60	809	ONAFEB Kara Bowman,15,ROW
19)	1:06.65	808	MANFEB Kristin Topham,15,MANTA
20)	1:06.68	807	CANJAN Johanne Charest,15,CNMN
21)	1:06.94	798	WESTMAR Jennifer Olson,17,MANTA
22)	1:07.06	794	CANJAN Roberta Massiah,16,EPS
23)	1:07.13	792	CANJAN Isabelle Vincent,15,ENL
24)	1:07.16	791	CANJAN Pandora Lake,17,SKSC
25)	1:07.31	786	ONCUPJAN Allison Higson,15,EPS
26)	1:07.38	784	CANJAN Brigitte Davidson,15,GO
27)	1:07.50	780	CANDEC Lori Borean,17,EPS
28)	1:07.60	777	BCFEB Kelly Spadolini,17,VKSC
29)	1:07.73	772	CANJAN Michelle Woods,16,CHENA
30)	1:07.74	772	ONAAAFEB Tracy Stockie,16,KWY
31)	1:07.85	768	CANJAN Karla Kochorek,15,CASC
32)	1:07.86	768	CANJAN Dana Labrie,17,AAC
33)	1:07.86	768	CANJAN Danielle Kennedy,15,VCSC
34)	1:07.86	768	POFEB Anne-M. Therrien,16,SAMAK
35)	1:07.87	768	ONCUPJAN Joanne Currah,16,LAC
36)	1:07.88	767	CANJAN Kristin Fowler,15,GO
37)	1:08.01	763	BC/PO Annabel Bicknell,17,HYACK
38)	1:08.03	762	ONCUPJAN Kendel Bradford,17,TBT
39)	1:08.14	759	CANJAN Rachel Bennett,16,DCSC
40)	1:08.14	759	NBFEB Rae Sears,15,TIDE
41)	1:08.16	758	CANJAN Kim Paton,16,BRANT
42)	1:08.24	756	WESTMAR Jane Smyth,17,EKSC
43)	1:08.30	754	CVACJAN Nadine Emond,15,CNMN
44)	1:08.34	752	CASCNOV Glenda Fok,15,RACE
45)	1:08.37	751	HYACKJAN Jennifer Goldsmith,15,KAJ
46)	1:08.54	746	CANJAN Leslie Dunphy,15,HWAC
47)	1:08.63	743	PEPSINOV Roberta Gjaltema,16,OSHAC
48)	1:08.69	741	BCFEB Carmen Boudreau,17,RACER
49)	1:08.70	740	ALBFEB Gail Lorentz,17,EKSC
50)	1:08.76	738	POFEB Chantal Brunet,16,CAC

GIRLS 15-17 CONTD.

200 METRES BACKSTROKE
Rec:2:13.51 K.Puhm,NYAC,88

1)	2:14.04	938	CANJAN	Anne-Marie Andersen,17,EPS
2)	2:14.35	933	CANJAN	Lori Melien,16,AAC
3)	2:14.89	925	CANDEC	Anne Barnes,17,VICO
4)	2:15.63	913	CANJAN	Nancy Gribben,17,EPS
5)	2:16.58	899	PEPSINOV	Christine Jeffrey,15,GMAC
6)	2:17.64	882	CANJAN	Kia Puhm,16,NYAC
7)	2:17.70	882	CANJAN	Corinne Liedtke,17,VICO
8)	2:17.80	880	ONAFEB	Jennifer Thompson,17,EPS
9)	2:18.35	872	CANJAN	Catherine McKenna,17,HWAC
10)	2:18.50	869	CANJAN	Rebecca Glennie,16,NYAC
11)	2:19.15	859	CANJAN	Isabelle Pelland,16,LAVAL
12)	2:19.87	848	CANJAN	Kara Bowman,15,ROW
13)	2:20.33	841	ONAAAFEB	Melanie Allen,16,NEW
14)	2:20.74	835	CANJAN	Joanne Currah,16,LAC
15)	2:20.83	833	CANJAN	Kim Stobbs,16,GOLD
16)	2:21.14	829	PEPSINOV	Kristin Fowler,15,GO
17)	2:21.29	826	CANJAN	Jane Smyth,17,EKSC
18)	2:21.85	818	CANJAN	Isabelle Vincent,15,ENL
19)	2:22.20	812	CANJAN	Johanne Charest,15,CNMN
20)	2:22.95	801	CANJAN	Julie Leswick,16,WISC
21)	2:22.98	800	CANJAN	Nadine Emond,15,CNMN
22)	2:23.09	799	CANJAN	Brigitte Davidson,15,GO
23)	2:23.72	789	PEPSINOV	Roberta Gjaltema,16,OSHAC
24)	2:23.84	787	CANJAN	Michelle Woods,16,CHENA
25)	2:23.88	786	PCSCDEC	Jennifer Hutchison,16,PCSC
26)	2:24.51	777	WESTMAR	Jennifer Olson,17,MANTA
27)	2:24.71	774	CANJAN	Karla Kochorek,15,CASC
28)	2:24.94	770	CANJAN	Shannon Connolly,15,NYAC
29)	2:25.29	765	PEPSINOV	Christine Harris,17,NYAC
30)	2:25.50	762	ONAFEB	Kim Paton,16,BRANT
31)	2:25.51	761	CANJAN	Roberta Massiah,16,EPS
32)	2:25.51	761	CANJAN	Danielle Kennedy,15,VCSC
33)	2:25.52	761	WESTMAR	Kristi Muth,15,MM
34)	2:25.71	758	CANJAN	Rae Sears,15,TIDE
35)	2:25.82	757	CANJAN	Alyson Byrd,15,PCSC
36)	2:26.35	748	BCFEB	Pandora Lake,17,SKSC
37)	2:26.72	743	POFEB	Chantal Brunet,16,CAC
38)	2:26.78	742	BC/PO	Sara Struthers,17,CAMO
39)	2:27.02	738	CANDEC	Lori Borean,17,EPS
40)	2:27.16	736	BCFEB	Shauna Wiwchar,16,CTSC
41)	2:27.18	736	BCFEB	Kathryn Pellatt,16,WVOSC
42)	2:27.31	734	CANJAN	Leslie Dunphy,15,HWAC
43)	2:27.41	732	POFEB	Caroline Beaudry,16,MEGO
44)	2:27.80	726	RACERDEC	Michelle Sallee,15,CDSC
45)	2:27.83	726	WESTMAR	Sara Currie,17,EKSC
46)	2:27.87	725	WESTMAR	Alicia Smith,16,MM
47)	2:28.32	718	PEPSINOV	Shannon Loughran,15,GOLD
48)	2:28.32	718	CVACJAN	Janet Tingley,17,CVAC
49)	2:28.38	717	ONAAFEB	Amy Jarvis,15,BROCK
50)	2:28.41	717	BCFEB	Carmen Boudreau,17,RACER

200 METRES BREASTSTROKE
Rec:2:27.08 A.Ottenbrite,AAC,84

1)	2:27.43	979	CANDEC	Allison Higson,15,EPS
2)	2:29.10	956	BONNFEB	Nathalie Giguere,15,SELCT
3)	2:31.98	916	PEPSINOV	Laura Adams,15,NEW
4)	2:32.22	913	CANJAN	Guylaine Cloutier,17,SAMAK
5)	2:32.56	908	CANJAN	Carwai Seto,15,HTAC
6)	2:33.09	901	CANJAN	Vallery Hyduk,17,SCAR
7)	2:34.57	881	CANDEC	Chantal Pelland,16,LAVAL
8)	2:34.74	878	CANJAN	Lisa Flood,17,PICK
9)	2:34.89	876	CANDEC	Nancy Sweetnam,15,LLSC
10)	2:36.01	861	CANJAN	Karyn Thomson,17,VCSC
11)	2:36.36	856	ONAFEB	Leanne Shapton,15,EPS
12)	2:37.01	847	CANJAN	Tara Higgins,17,ROW
13)	2:37.03	847	CANJAN	Carmen Boudreau,17,RACER
14)	2:37.35	843	CANJAN	Nancy Gribben,17,EPS
15)	2:37.78	837	ONAAAFEB	Josie McCulloch,17,TAT
16)	2:38.26	830	MANFEB	Brandee Alexander,17,MANTA
17)	2:39.03	820	CANJAN	Marianne Limpert,16,FAST
18)	2:39.63	811	CANJAN	Tara O'Hare,17,CDSC
19)	2:39.84	809	ONAFEB	Kelly Kaye,15,GO
20)	2:39.90	808	RACERDEC	Julie Durward,15,CDSC
21)	2:40.17	804	ONAFEB	Jocelyn Jay,16,BRANT
22)	2:40.35	802	CANJAN	Lisa Blackburn,17,GO
23)	2:40.37	801	PEPSINOV	Darcy Musselman,17,NEW
24)	2:40.66	797	ALBFEB	Jennifer O'Connor,16,SSC
25)	2:40.92	794	PEPSINOV	Christine Jeffrey,15,GMAC
26)	2:40.94	793	POFEB	Isabelle Groulx,15,POM
27)	2:40.95	793	CANDEC	Kathryn Owen,17,CDSC
28)	2:41.09	791	CANJAN	Michelle Suric,16,EPS
29)	2:41.20	790	CANJAN	Meaghan Seagrave,16,FAST
30)	2:41.36	788	BCFEB	Corinne Liedtke,17,VICO
31)	2:41.57	785	CANDEC	Jessica Sommerville,15,NYAC
32)	2:41.77	782	GOLDNOV	Leane Maruk,17,GOLD
33)	2:42.02	779	CANJAN	Erica Kotler,15,NSC
34)	2:42.12	777	CVACJAN	Kathy Stewart,16,TIDE
35)	2:42.58	771	CANJAN	Tara Seymour,17,OSC
36)	2:42.60	771	MANTADEC	Debbie Matejicka,15,WAVE
37)	2:42.80	768	ALBFEB	Heather Ofner,16,EKSC
38)	2:42.90	767	CANJAN	Leanne Thorpe,15,EPS
39)	2:43.06	764	PCSCDEC	Isabelle Cote,15,PLUS
40)	2:43.47	759	CANJAN	Karla Wiebe,15,NRST
41)	2:43.84	754	BCFEB	Olwyn Bruce,16,KAJ
42)	2:43.93	752	CANJAN	Patty Hutchinson,16,CNMN
43)	2:44.00	752	ALBFEB	Sara Currie,17,EKSC
44)	2:44.05	751	WESTMAR	Jennifer Crozier,16,MANTA
45)	2:44.16	749	ONCUPJAN	Tricia Rogers,16,NEW
46)	2:44.34	747	BCFEB	Claire Matthews,16,WVOSC
47)	2:44.63	743	PEPSINOV	Astrid Lange,15,TOMAC
48)	2:44.63	743	EASTCUP	Sara Oesch,17,KWY
49)	2:45.01	738	ONAFEB	Lilla Molnar,16,EPS
50)	2:45.25	734	EKSCOCT	Keltie Byrne,17,EKSC

200 METRES BUTTERFLY
Rec:2:10.89 M.Moore,DCSC,84

1)	2:15.13	889	PEPSINOV	Marla Gaudin,16,EKSC
2)	2:15.34	885	CANJAN	Jennifer Hutchison,16,PCSC
3)	2:16.39	869	CANJAN	Nancy Lovrinic,17,VCSC
4)	2:16.72	864	CANJAN	Catherine Schier,16,CHENA
5)	2:16.97	860	CANJAN	Sandra Marchand,15,ENL
6)	2:17.47	852	CANJAN	Jennifer Thompson,16,EPS
7)	2:18.81	831	CANJAN	Kristin Fowler,15,GO
8)	2:19.06	827	ONAFEB	Shay McNicol,16,BRANT
9)	2:19.29	824	CANJAN	Karen Sewell,15,GO
10)	2:20.56	804	CANJAN	Christine Jeffrey,16,GMAC
11)	2:21.11	795	CANJAN	Jennifer Kinch,17,DCSC
12)	2:21.45	790	WESTMAR	Jennifer Olson,17,MANTA
13)	2:21.58	788	BCFEB	Celeste Hung,16,VCSC
14)	2:21.58	788	BCFEB	Sharon Turner,16,HYACK
15)	2:21.61	788	CANJAN	Jolanta Lapiak,16,EKSC
16)	2:22.00	781	CANJAN	Lisa Jansen,16,EPS
17)	2:22.74	770	CANJAN	Louise Venne,16,PCSC
18)	2:23.00	766	WESTMAR	Brandee Alexander,17,MANTA
19)	2:23.39	760	ONAAFEB	Kathy Palmer,16,KBM
20)	2:23.53	758	BCFEB	Kim Jahner,17,HYACK
21)	2:23.58	757	CANJAN	Beth Hollihan,16,NYAC
22)	2:23.71	755	CANJAN	Beth Hazel,15,PCSC
23)	2:23.78	754	ONAFEB	Jocelyn Jay,16,BRANT
24)	2:24.26	746	HYACKJAN	Jennifer Goldsmith,15,KAJ
25)	2:24.26	746	POFEB	Christine Lamarche,16,CAMO
26)	2:24.58	741	ONAAAFEB	Tracy Stockie,16,KWY
27)	2:25.11	733	ONAAAFEB	Kim Brochu,16,TAT
28)	2:25.17	732	ALBFEB	Tara Seymour,17,OSC
29)	2:25.25	731	ALBFEB	Sara Currie,17,EKSC
30)	2:25.26	731	ONAFEB	Shelby Merritt,15,BRANT
31)	2:25.37	729	CANJAN	Heather Skulj,15,BROCK
32)	2:25.37	729	BCFEB	Carrie Jorgensen,17,HYACK
33)	2:25.65	724	ONAAFEB	Amy Jarvis,15,BROCK
34)	2:25.71	723	ONAFEB	Kara Bowman,15,ROW
35)	2:25.73	723	VICONOV	Anne Barnes,17,VICO
36)	2:25.79	722	ONAFEB	Catherine McKenna,17,HWAC
37)	2:25.81	722	SASKFEB	Kim Stobbs,16,GOLD
38)	2:25.83	722	CANJAN	Leanne Dick,15,CASC
39)	2:26.06	718	POFEB	Rachelle Gaudet,16,SELCT
40)	2:26.18	716	ALBFEB	Lisa Holubetz,16,SSC
41)	2:26.25	715	SASKFEB	Catherine McOueen,16,GOLD
42)	2:26.87	705	NSFEB	Lynne Patterson,17,DCSC
43)	2:27.14	701	EASTCUP	Lisa Flood,17,PICK
44)	2:27.61	694	POFEB	Caroline Beaudry,16,MEGO
45)	2:27.78	691	RACERDEC	Corinne Liedtke,16,VICO
46)	2:28.01	688	VICONOV	Julie Riddle,15,COHO
47)	2:28.01	688	BCFEB	Pam Gray,17,CHENA
48)	2:28.04	687	EASTCUP	Carrie Arnott,15,HWAC
49)	2:28.05	687	WESTMAR	Erin Eshom,15,CASC
50)	2:28.26	684	BCFEB	Kim Fabbro,15,CDSC

100 METRES BREASTSTROKE
Rec:1:08.26 A.Higson,EPS,89

1)	1:08.26	986	CANJAN	Allison Higson,15,EPS
2)	1:09.55	948	PARISFEB	Guylaine Cloutier,17,SAMAK
3)	1:10.83	910	BONNFEB	Nathalie Giguere,15,SELCT
4)	1:11.01	905	CANJAN	Lisa Flood,17,PICK
5)	1:11.53	889	CANJAN	Carwai Seto,15,HTAC
6)	1:11.76	883	CANJAN	Nancy Sweetnam,15,LLSC
7)	1:12.32	866	PEPSINOV	Vallery Hyduk,17,SCAR
8)	1:12.35	865	CANJAN	Leanne Shapton,15,EPS
9)	1:12.67	856	MANFEB	Brandee Alexander,17,MANTA
10)	1:12.76	853	CANJAN	Josie McCulloch,17,TAT
11)	1:12.84	851	PEPSINOV	Laura Adams,15,NEW
12)	1:12.86	850	CANJAN	Chantal Pelland,16,LAVAL
13)	1:12.99	846	CANJAN	Tara Higgins,17,ROW
14)	1:13.61	828	CANJAN	Lisa Blackburn,17,GO
15)	1:13.71	825	CANDEC	Kathryn Owen,17,CDSC
16)	1:13.92	819	CANJAN	Karyn Thomson,17,VCSC
17)	1:14.18	811	CANJAN	Astrid Lange,15,TOMAC
18)	1:14.35	806	SASKFEB	Leane Maruk,17,GOLD
19)	1:14.55	800	POFEB	Isabelle Groulx,15,POM
20)	1:14.88	791	CANJAN	Carmen Boudreau,17,RACER
21)	1:14.91	790	CANJAN	Julie Durward,15,CDSC
22)	1:15.06	785	MANFEB	Debbie Matejicka,15,WAVE
23)	1:15.09	784	CANJAN	Meaghan Seagrave,16,FAST
24)	1:15.18	782	HYACKJAN	Nancy Lovrinic,17,VCSC
25)	1:15.20	781	POFEB	Nancy Gravel,15,MVD
26)	1:15.24	780	ONAFEB	Jocelyn Jay,16,BRANT
27)	1:15.36	776	ALBFEB	Jennifer O'Connor,16,SSC
28)	1:15.38	776	PEPSINOV	Darcy Musselman,17,NEW
29)	1:15.40	775	HYACKJAN	Olwyn Bruce,16,KAJ
30)	1:15.43	774	ONCUPJAN	Michelle Suric,16,EPS
31)	1:15.50	772	ONAFEB	Kelly Kaye,15,GO
32)	1:15.56	771	CANJAN	Isabelle Cote,15,PLUS
33)	1:15.75	765	NBFEB	Marianne Limpert,16,FAST
34)	1:15.87	761	CANJAN	Tricia Rogers,16,NEW
35)	1:15.95	759	CANDEC	Jessica Sommerville,15,NYAC
36)	1:16.07	756	WESTMAR	Jennifer Crozier,16,MANTA
37)	1:16.10	755	CANJAN	Erica Kotler,15,NSC
38)	1:16.12	754	CANJAN	Tara O'Hare,17,CDSC
39)	1:16.17	753	RACERDEC	Barb Wiens,16,SKSC
40)	1:16.17	753	CVACJAN	Kathy Stewart,16,TIDE
41)	1:16.27	750	CANJAN	Patty Hutchinson,16,CNMN
42)	1:16.31	748	VICJAN	Karla Wiebe,15,NRST
43)	1:16.43	745	ALBFEB	Heather Ofner,16,EKSC
44)	1:16.63	739	ONAAAFEB	Sara Oesch,17,KWY
45)	1:16.74	736	PEPSINOV	Nancy Gribben,17,EPS
46)	1:16.76	735	GOLDNOV	Tara Seymour,16,OSC
47)	1:17.00	728	BC/PO	Marie-J. Auger,17,POM
48)	1:17.02	728	CANJAN	Susan Smith,16,ROW
49)	1:17.16	723	ONAAAFEB	Kristine Stortini,17,SSMAC
50)	1:17.56	712	ONAAAFEB	Meredith Thompson,15,CATS

100 METRES BUTTERFLY
Rec:1:00.91 M.Moore,DCSC,/M.MacPherson,ESC,84

1)	1:01.82	923	CANJAN	Jennifer Hutchison,16,PCSC
2)	1:02.59	897	CANJAN	Catherine Schier,16,CHENA
3)	1:02.62	896	POFEB	Anne-M. Therrien,16,SAMAK
4)	1:02.64	895	WESTMAR	Kristin Topham,15,MANTA
5)	1:02.76	891	CANJAN	Lori Melien,16,AAC
6)	1:02.79	890	CANDEC	Maria Gaudin,16,EKSC
7)	1:02.87	888	CANJAN	Jennifer Thompson,16,EPS
8)	1:03.26	875	CANJAN	Patricia Levesque,15,SELCT
9)	1:03.39	870	WESTMAR	Janna Promislow,17,EKSC
10)	1:03.44	868	CANJAN	Gail Lorentz,17,EKSC
11)	1:03.71	859	ONAFEB	Shay McNicol,16,BRANT
12)	1:03.89	853	LONDFEV	Nancy Lovrinic,17,VCSC
13)	1:04.22	842	CANJAN	Sandra Marchand,15,ENL
14)	1:04.33	839	CANJAN	Christine Lamarche,16,CAMO
15)	1:04.37	837	ONCUPJAN	Allison Higson,15,EPS
16)	1:04.89	820	POFEB	Beth Hazel,15,PCSC
17)	1:05.01	816	CANJAN	Celeste Hung,16,VCSC
18)	1:05.15	811	ONCUPJAN	Lisa Jansen,16,EPS
19)	1:05.17	810	ONAAAFEB	Nancy Sweetnam,15,LLSC
20)	1:05.19	810	CANJAN	Candace Yustin,17,TOMAC
21)	1:05.46	801	BCFEB	Sharon Turner,16,HYACK
22)	1:05.50	799	CANJAN	Jolanta Lapiak,16,EKSC
23)	1:05.62	795	CANJAN	Beth Hollihan,16,NYAC
24)	1:05.67	794	CANJAN	Chris Hashimoto,17,NYAC
25)	1:05.69	793	ONAFEB	Kristin Fowler,15,GO
26)	1:05.90	786	UCJAN14	Leanne Dick,15,CASC
27)	1:05.94	785	ONAAAFEB	Tracy Stockie,16,KWY
28)	1:05.95	784	EASTCUP	Sara Singer,17,TASK
29)	1:06.12	778	VICONOV	Anne Barnes,17,VICO
30)	1:06.14	778	WESTMAR	Brandee Alexander,17,MANTA
31)	1:06.19	776	EASTCUP	Kim Brochu,16,TAT
32)	1:06.21	775	ONAFEB	Kara Bowman,15,ROW
33)	1:06.27	773	CANJAN	Jennifer Olson,17,MANTA
34)	1:06.35	771	SASKFEB	Kim Stobbs,16,GOLD
35)	1:06.43	768	PCSCDEC	Guylaine Cloutier,17,SAMAK
36)	1:06.48	766	SASKFEB	Catherine McOueen,16,GOLD
37)	1:06.50	766	MANTADEC	Laura Grzesik,15,EKSC
38)	1:06.62	762	ONAFEB	Jocelyn Jay,16,BRANT
39)	1:06.63	761	ONAFEB	Catherine McKenna,17,HWAC
40)	1:06.66	760	CVACJAN	Marianne Limpert,16,FAST
41)	1:06.78	756	CVACJAN	Lynne Patterson,17,DCSC
42)	1:06.82	755	CVACJAN	Carwai Seto,15,HTAC
43)	1:06.96	750	CANJAN	Louise Venne,16,PCSC
44)	1:06.97	750	CANJAN	Emily Johnson,17,OAK
45)	1:06.97	750	EASTCUP	Kristina Baker,16,MAC
46)	1:07.06	747	EASTCUP	Heather Armitage,16,WISC
47)	1:07.20	742	ONAFEB	Kia Puhm,16,NYAC
48)	1:07.21	742	RACERDEC	Kathryn Pellatt,15,WVOSC
49)	1:07.27	740	EASTCUP	Lisa Flood,17,PICK
50)	1:07.29	739	ONAFEB	Kendel Bradford,17,TBT

200 METRES IND.MEDLEY
Rec:2:13.18 N.Garapick,HTAC,79

1)	2:14.30	961	CANJAN	Allison Higson,15,EPS
2)	2:17.42	914	CANJAN	Nancy Lovrinic,17,VCSC
3)	2:18.66	895	PEPSINOV	Christine Jeffrey,15,GMAC
4)	2:19.23	886	CANJAN	Kia Puhm,16,NYAC
5)	2:19.43	883	CANJAN	Gail Lorentz,17,EKSC
6)	2:19.57	881	CANJAN	Joanne Currah,16,LAC
7)	2:20.04	874	CANJAN	Marianne Limpert,16,FAST
8)	2:20.59	865	CANJAN	Brandee Alexander,17,MANTA
9)	2:20.68	864	CANJAN	Rebecca Glennie,16,NYAC
10)	2:20.82	862	WESTMAR	Janna Promislow,17,EKSC
11)	2:21.53	851	CVACJAN	Carwai Seto,15,HTAC
12)	2:21.55	851	POCUPJAN	Jennifer Hutchison,16,PCSC
13)	2:21.55	851	PARISFEB	Nathalie Giguere,15,SELCT
14)	2:22.02	844	CANJAN	Chris Hashimoto,17,NYAC
15)	2:22.03	844	CANJAN	Chantal Pelland,16,LAVAL
16)	2:22.67	834	PEPSINOV	Darcy Musselman,17,NEW
17)	2:22.70	833	ONCUPJAN	Kristin Fowler,15,GO
18)	2:22.97	829	CANJAN	Anne-M. Therrien,16,SAMAK
19)	2:23.31	824	WESTMAR	Tara Seymour,17,OSC
20)	2:23.37	823	PEPSINOV	Anne-Marie Andersen,17,EPS
21)	2:23.41	823	ONCUPJAN	Lisa Jansen,16,EPS
22)	2:23.81	817	BCFEB	Corinne Liedtke,17,VICO
23)	2:23.92	815	CANJAN	Julie Durward,16,CDSC
24)	2:24.07	813	ONAAAFEB	Nancy Sweetnam,15,LLSC
25)	2:24.24	810	ONCUPJAN	Nancy Gribben,17,EPS
26)	2:24.26	810	BCFEB	Jennifer Goldsmith,15,KAJ
27)	2:24.34	809	ONAFEB	Shay McNicol,16,BRANT
28)	2:24.43	807	CANJAN	Sara Currie,17,EKSC
29)	2:24.69	803	ONAFEB	Catherine McKenna,17,HWAC
30)	2:24.74	802	EASTCUP	Lisa Flood,17,PICK
31)	2:24.77	802	EASTCUP	Heather Skulj,15,BROCK
32)	2:24.78	802	POFEB	Caroline Beaudry,16,MEGO
33)	2:24.89	800	ONAFEB	Jocelyn Jay,16,BRANT
34)	2:25.01	798	CANJAN	Lisa Blackburn,17,GO
35)	2:25.15	796	CANJAN	Susan Smith,16,ROW
36)	2:25.19	796	POFEB	Nadine Emond,15,CNMN
37)	2:25.31	794	POFEB	Louise Venne,16,PCSC
38)	2:25.38	793	VICONOV	Anne Barnes,17,VICO
39)	2:25.40	792	ONCUPJAN	Leanne Shapton,15,EPS
40)	2:25.44	792	PEPSINOV	Jennifer Thompson,16,EPS
41)	2:25.44	792	ALBFEB	Maria Gaudin,16,EKSC
42)	2:25.57	790	BRANTNOV	Lori Melien,16,AAC
43)	2:25.72	788	POFEB	Isabelle Pelland,16,LAVAL
44)	2:25.90	785	POFEB	Patricia Levesque,15,SELCT
45)	2:25.96	784	BCFEB	Claire Matthews,16,WVOSC
46)	2:26.13	781	POFEB	Johanne Charest,15,CNMN
47)	2:26.57	775	ONCUPJAN	Tara Higgins,17,ROW
48)	2:26.98	768	SASKFEB	Kim Stobbs,16,GOLD
49)	2:27.11	767	ALBFEB	Karla Kochorek,15,CASC
50)	2:27.12	766	PEPSINOV	Beth Hollihan,16,NYAC

400 METRES IND.MEDLEY
Rec:4:41.43 N.Garapick,HTAC,79

1)	4:42.21	966	CANJAN	Allison Higson,15,EPS
2)	4:46.49	936	CANJAN	Joanne Currah,16,LAC
3)	4:49.18	916	CANDEC	Christine Jeffrey,15,GMAC
4)	4:49.24	916	CANJAN	Nancy Lovrinic,17,VCSC
5)	4:53.87	882	CANJAN	Corinne Liedtke,17,VICO
6)	4:54.32	879	ONCUPJAN	Kristin Fowler,15,GO
7)	4:54.94	875	CANJAN	Kia Puhm,16,NYAC
8)	4:56.11	866	CANJAN	Rebecca Glennie,16,NYAC
9)	4:57.82	854	CANJAN	Gail Lorentz,17,EKSC
10)	4:58.21	851	PEPSINOV	Nancy Gribben,17,EPS
11)	4:58.73	847	WESTMAR	Maria Gaudin,16,EKSC
12)	4:58.79	847	CANJAN	Brandee Alexander,17,MANTA
13)	4:58.85	846	WESTMAR	Tara Seymour,17,OSC
14)	4:59.25	844	ONAFEB	Shay McNicol,16,BRANT
15)	4:59.28	843	POCUPJAN	Jennifer Hutchison,16,PCSC
16)	4:59.64	841	RACERDEC	Julie Durward,15,CDSC
17)	5:00.09	838	BCFEB	Jennifer Goldsmith,15,KAJ
18)	5:00.32	836	CANDEC	Nancy Sweetnam,15,LLSC
19)	5:00.64	834	CANJAN	Catherine McKenna,17,HWAC
20)	5:01.86	825	ONAFEB	Shelby Merritt,15,BRANT
21)	5:02.52	820	CANJAN	Marianne Limpert,16,FAST
22)	5:02.54	820	POFEB	Chantal Pelland,16,LAVAL
23)	5:02.72	819	CANDEC	Beth Hollihan,16,NYAC
24)	5:03.53	813	CANJAN	Claire Matthews,16,WVOSC
25)	5:03.68	812	ONAFEB	Susan Smith,16,ROW
26)	5:03.74	811	CANDEC	Vallery Hyduk,17,SCAR
27)	5:04.02	809	ONCUPJAN	Anne-Marie Andersen,17,EPS
28)	5:04.05	809	ALBFEB	Erin Holland,16,UCSC
29)	5:04.67	805	CANJAN	Sara Currie,17,EKSC
30)	5:04.72	804	BCFEB	Catherine Schier,16,CHENA
31)	5:04.73	804	POFEB	Caroline Beaudry,16,MEGO
32)	5:04.83	803	ONAAFEB	Kathy Palmer,16,KBM
33)	5:04.92	803	CVACJAN	Nadine Emond,15,CNMN
34)	5:05.88	796	CANJAN	Louise Venne,16,PCSC
35)	5:05.99	795	BRANTNOV	Lisa Jansen,16,EPS
36)	5:06.00	795	EASTCUP	Melanie Allen,16,NEW
37)	5:06.28	793	ONCUPJAN	Lilla Molnar,16,EPS
38)	5:06.65	790	EASTCUP	Lisa Flood,17,PICK
39)	5:07.27	786	POCUPJAN	Anne-M. Therrien,16,SAMAK
40)	5:08.30	778	VICONOV	Anne Barnes,17,VICO
41)	5:09.06	773	PCSCDEC	Isabelle Cote,15,PLUS
42)	5:09.39	771	BCFEB	Michelle Woods,16,CHENA
43)	5:09.73	768	PEPSINOV	Darcy Musselman,17,NEW
44)	5:09.89	767	ONAAFEB	Amy Jarvis,15,BROCK
45)	5:09.93	767	ONAFEB	Leanne Shapton,15,EPS
46)	5:10.24	764	POFEB	Rachelle Gaudet,16,SELCT
47)	5:10.27	764	HTACNOV	Carwai Seto,15,HTAC
48)	5:10.39	763	BCFEB	Elissa Purvis,17,CHENA
49)	5:10.79	760	POFEB	Isabelle Terrault,17,ENL
50)	5:10.80	760	EASTCUP	Carrie Arnott,15,HWAC

4X50 M MEDLEY RELAY
Rec:2:00.20 Manta Aquatic Club,MANTA,89

1)	2:00.20	892	MANFEB	Manta Aquatic Club,MANTA
2)	2:02.84	846	WESTMAR	Edmonton Keyano SC,EKSC
3)	2:03.64	832	POFEB	CN Laval,LAVAL
4)	2:04.27	820	SASKFEB	Goldfin Swim Club,GOLD
5)	2:04.43	818	BCFEB	Vancouver Canadian SC,VCSC
6)	2:04.62	814	ONAFEB	Gloucester-Ottawa Kingfish,GO
7)	2:05.45	800	BCFEB	Hyack Swim Club,HYACK
8)	2:06.10	788	POFEB	Piscine Olympique Mtl,POM
9)	2:06.19	787	HYACKJAN	Kelowna Aqua Jets,KAJ
10)	2:06.68	778	RACERDEC	Surrey KnightsSC,SKSC
11)	2:07.27	768	POFEB	Pointe Claire SC,PCSC
12)	2:07.88	757	ALBFEB	Stettler Swim Club,SSC
13)	2:07.89	757	ONAAFEB	Nepean Swim Club,NSC
14)	2:07.98	755	POFEB	Select Ste-Foy,SELCT
15)	2:08.10	753	BRANTNOV	Brantford AC,BRANT
16)	2:08.61	744	VICONOV	Victoria Olympians,VICO
17)	2:08.80	741	ALBFEB	Cascade Swim Club,CASC
18)	2:08.93	739	ONAAFEB	Whitby Iroquois SC,WISC
19)	2:08.96	738	MANTADEC	Winnipeg Wave,WAVE
20)	2:09.12	735	ONAAFEB	Sault Ste.Marie AC,SSMAC
21)	2:09.21	734	POFEB	Samak de Brossard,SAMAK
22)	2:09.56	728	ONAAFEB	Kingston Blue Marlins,KBM
23)	2:09.61	727	CVACJAN	Fredericton Aquanauts,FAST
24)	2:09.66	726	POFEB	Natation Longueuil,ENL
25)	2:09.70	725	BCFEB	Cranbrook Tritons,CTSC
26)	2:09.82	723	CVACJAN	Codiac Vikings,CVAC
27)	2:09.96	721	NSFEB	Halifax Trojans,HTAC
28)	2:10.06	719	POFEB	CN Montreal-Nord,CNMN
29)	2:10.13	718	RACERDEC	Canadian Dolphin SC,CDSC
30)	2:10.21	716	BCFEB	Nanaimo Riptide ST,NRST
31)	2:10.42	713	BCFEB	Chena Swim Club,CHENA
32)	2:10.55	710	SASKFEB	Regina Opt.Dolphins,ROD
33)	2:10.62	709	ONAAFEB	Pickering SC,PICK
34)	2:10.85	705	WESTMAR	Manitoba Marlins,MM
35)	2:10.92	704	WALKRNOV	Newmarket SC,NEW
36)	2:11.40	695	NSFEB	Dartmouth Crusaders,DCSC
37)	2:11.56	693	CVACJAN	Saint John Fundy AC,TIDE
38)	2:11.76	689	CVACJAN	Dollard Swim Team,DDO
39)	2:11.89	687	POFEB	Montreal Aquatique,CAMO
40)	2:12.11	683	BCFEB	West Van Otters SC,WVOSC
41)	2:12.18	682	WESTMAR	Olympian Swim Club,OSC
42)	2:12.35	679	POFEB	Beaconsfield Bluefins,BBF
43)	2:12.35	679	ONAAFEB	Brock Niagara,BROCK
44)	2:12.51	676	WALKRNOV	Trent Swim Club,TRENT
45)	2:12.71	672	POFEB	Boucherville St-Bruno,BSB
46)	2:13.05	667	BCFEB	Campbell RiverKW,CRKW
47)	2:13.16	665	BCFEB	Richmond Racers,RACER
48)	2:13.23	663	BRANTNOV	Kit-Waterloo Y,KWY
49)	2:13.25	663	BCFEB	Kisu Swim Club,KISU
50)	2:13.37	661	BRANTNOV	Markham AC,MAC

4X50 M FREE RELAY
Rec:1:46.49 North York,NYAC,82

1)	1:47.66	891	CANJAN	CN Laval,LAVAL
2)	1:47.97	885	CANJAN	Pointe Claire SC,PCSC
3)	1:47.97	885	WESTMAR	Manta Aquatic Club,MANTA
4)	1:48.87	868	PEPSINOV	Edmonton Keyano SC,EKSC
5)	1:50.09	844	CANJAN	Etobicoke Pepsi,EPS
6)	1:50.57	834	CANJAN	Gloucester-Ottawa Kingfish,GO
7)	1:51.67	813	BCFEB	Hyack Swim Club,HYACK
8)	1:51.70	812	BCFEB	Vancouver Canadian SC,VCSC
9)	1:52.00	806	SASKFEB	Goldfin Swim Club,GOLD
10)	1:52.29	801	EASTCUP	Halifax Trojans,HTAC
11)	1:52.61	794	SASKFEB	Regina Opt.Dolphins,ROD
12)	1:52.66	793	POFEB	Select Ste-Foy,SELCT
13)	1:52.86	789	POFEB	Dollard Swim Team,DDO
14)	1:52.99	787	RACERDEC	Surrey KnightsSC,SKSC
15)	1:53.37	779	PEPSINOV	Kingston Blue Marlins,KBM
16)	1:53.74	772	POFEB	Samak de Brossard,SAMAK
17)	1:53.99	767	EASTCUP	Brock Niagara,BROCK
18)	1:54.18	764	PEPSINOV	Newmarket SC,NEW
19)	1:54.23	763	VICONOV	Victoria Olympians,VICO
20)	1:54.39	759	NBFEB	Fredericton Aquanauts,FAST
21)	1:54.42	759	BCFEB	Kelowna Aqua Jets,KAJ
22)	1:54.56	756	POFEB	Beaconsfield Bluefins,BBF
23)	1:54.66	754	CASCNOV	Univ.Calgary,UCSC
24)	1:54.72	753	MANTADEC	Winnipeg Wave,WAVE
25)	1:54.75	752	ALBFEB	Cascade Swim Club,CASC
26)	1:54.80	751	ONAAFEB	Whitby Iroquois SC,WISC
27)	1:54.84	751	BCFEB	Pacific Seawolves,PSW
28)	1:55.00	747	POFEB	Piscine Olympique Mtl,POM
29)	1:55.07	746	RACERDEC	Canadian Dolphin SC,CDSC
30)	1:55.18	744	POFEB	CN Montreal-Nord,CNMN
31)	1:55.37	740	ONAAFEB	Oakville AC,OAK
32)	1:55.60	736	EASTCUP	Toronto Aquanauts,TASK
33)	1:55.70	734	BRANTNOV	Region of Waterloo,ROW
34)	1:55.78	732	RACERDEC	Chena Swim Club,CHENA
35)	1:55.88	730	BCFEB	Nanaimo Riptide ST,NRST
36)	1:55.89	730	BRANTNOV	Brantford AC,BRANT
37)	1:55.92	729	CANJAN	Dartmouth Crusaders,DCSC
38)	1:56.10	726	CVACJAN	Codiac Vikings,CVAC
39)	1:56.51	718	EASTCUP	Brampton Region AC,COBRA
40)	1:56.55	717	EASTCUP	North York AC,NYAC
41)	1:56.61	716	CVACJAN	Saint John Fundy AC,TIDE
42)	1:56.79	712	POFEB	Boucherville St-Bruno,BSB
43)	1:56.92	710	BRANTNOV	Markham AC,MAC
44)	1:56.93	710	ONAAFEB	Trent Swim Club,TRENT
45)	1:57.17	705	ALBFEB	Stettler Swim Club,SSC
46)	1:57.33	702	BRANTNOV	Hamilt-Wentworth AC,HWAC
47)	1:57.45	699	MANTADEC	Thun Bay Thunderbolts,TBT
48)	1:57.49	699	BCFEB	Richmond Racers,RACER
49)	1:57.50	699	CVACJAN	Miramichi Crimson Tide,MCT
50)	1:58.01	689	MANTADEC	Manitoba Marlins,MM

BOYS 15-17 — 1989 SHORT COURSE TAG©

50 METRES FREESTYLE
Rec:0:23.02 D.Kondziolka,TOMAC,89

1)	0:23.02	913	CANJAN	Dean Kondziolka,16,TOMAC
2)	0:23.92	832	CANJAN	Derek DeJong,17,EPS
3)	0:23.93	831	ONCUPJAN	Craig Perfect,17,WAC
4)	0:23.97	827	ONCUPJAN	Miguel Munoz,15,EPS
5)	0:24.00	825	GOLDNOV	Mark Phillips,17,EKSC
6)	0:24.10	816	POFEB	Robert Daigneault,16,CAC
7)	0:24.12	814	CANJAN	Dan Kupr,17,HYACK
8)	0:24.22	805	CVACJAN	Jason Lukeman,16,PHTAC
9)	0:24.27	800	ONAAFEB	Eddie Parenti,17,NSC
10)	0:24.28	799	ONAFEB	Peter Smith,17,LAC
11)	0:24.30	797	ONAFEB	Grey Fairley,17,HWAC
12)	0:24.31	797	ONCUPJAN	Greg Higson,17,EPS
13)	0:24.32	796	PEPSINOV	Jeff Sumner,17,UNATT
14)	0:24.33	795	ALBFEB	David Bowie,17,EKSC
15)	0:24.36	792	EASTCUP	Stephen Clarke,15,COBRA
16)	0:24.37	791	BC/PO	Mathieu Poisson,17,PLUS
17)	0:24.43	786	CANJAN	Steve Ouinn,17,TIDE
18)	0:24.44	785	MANFEB	David Howell,17,WAVE
19)	0:24.44	785	ONAFEB	Andrew Lennstrom,15,TBT
20)	0:24.48	781	BCFEB	Andrew Ross,16,KISU
21)	0:24.53	777	PEPSINOV	Paul Halmazna,17,KSC
22)	0:24.53	777	POFEB	Jean-F. Arbour,16,PLUS
23)	0:24.55	775	WESTMAR	Keith Laslop,17,EKSC
24)	0:24.59	771	ONAAAFEB	Steve Sweetnam,17,LLSC
25)	0:24.60	770	MANFEB	Scott Lakusiak,16,MANTA
26)	0:24.63	768	GOLDNOV	David Kiruluta,16,NAAC
27)	0:24.63	768	EASTCUP	Shintaro Ohtake,17,TASK
28)	0:24.64	767	POFEB	Lothar Schwarz,15,SAMAK
29)	0:24.65	766	WESTMAR	Tyler Koyl,16,ROD
30)	0:24.67	764	BCFEB	Derek Francis,16,VCSC
31)	0:24.69	762	POFEB	Vincent Lambert,17,SELCT
32)	0:24.70	761	ONCUPJAN	Jason Bell,17,GO
33)	0:24.72	759	POFEB	Antoine Pomerleau,16,SELCT
34)	0:24.73	758	ALBFEB	Chris Proctor,17,EKSC
35)	0:24.74	758	EASTCUP	Ian Hunt,17,BROCK
36)	0:24.78	754	ALBFEB	Jay Beatt,17,UCSC
37)	0:24.79	753	MANFEB	Luke Small,15,MM
38)	0:24.80	752	ONCUPJAN	Mislav Majic,15,EPS
39)	0:24.82	750	CANJAN	Andrew Smith,16,GO
40)	0:24.83	749	ALBFEB	Trevor Johnsen,15,UCSC
41)	0:24.85	748	POFEB	Eric Drolet,16,CAP
42)	0:24.87	746	PEPSINOV	Duane Dobko,15,AAC
43)	0:24.89	744	ONCUPJAN	Joe Agocs,17,AAC
44)	0:24.91	742	ALBFEB	Kyle Kleefeld,17,UCSC
45)	0:24.92	741	ONCUPJAN	Derek Phillips,17,AAC
46)	0:24.94	739	EASTCUP	Graeme McBride,17,PICK
47)	0:24.95	739	ONAAFEB	Jon Broven,17,BROCK
48)	0:24.96	738	EASTCUP	Richard Holt,17,TASK
49)	0:24.98	736	CVACJAN	Jason Payne,17,DCSC
50)	0:24.98	736	ALBFEB	Raz Dar,16,EKSC

100 METRES FREESTYLE
Rec:0:50.12 A.Baumann,LUSC,81

1)	0:50.68	916	BONNFEB	Eddie Parenti,17,NSC
2)	0:50.87	909	CANJAN	Derek DeJong,17,EPS
3)	0:50.92	907	VENICFEB	Mark Phillips,17,EKSC
4)	0:51.12	898	CANJAN	Dean Kondziolka,16,TOMAC
5)	0:51.94	865	CANJAN	David Bowie,17,EKSC
6)	0:52.39	846	ONCUPJAN	Greg Higson,17,EPS
7)	0:52.47	843	ONCUPJAN	Miguel Munoz,15,EPS
8)	0:52.68	834	CANJAN	Raz Dar,16,EKSC
9)	0:52.87	826	ONCUPJAN	Stan McLaurin,17,GO
10)	0:53.07	818	WESTMAR	Tyler Koyl,16,ROD
11)	0:53.11	817	CANJAN	Jason Lukeman,16,PHTAC
12)	0:53.16	815	BCFEB	Andrew Ross,16,KISU
13)	0:53.22	812	ONAFEB	Andrew Lennstrom,15,TBT
14)	0:53.28	810	EASTCUP	Stephen Clarke,15,COBRA
15)	0:53.34	807	CANJAN	Craig Perfect,17,WAC
16)	0:53.35	807	ONAAAFEB	Kevin Wilson,16,ELAC
17)	0:53.39	805	POFEB	Antoine Pomerleau,16,SELCT
18)	0:53.43	803	MANFEB	David Howell,17,WAVE
19)	0:53.48	801	EASTCUP	Shintaro Ohtake,17,TASK
20)	0:53.57	798	POFEB	Vincent Lambert,17,SELCT
21)	0:53.66	794	PEPSINOV	Trevor Johnsen,15,UCSC
22)	0:53.66	794	MANTADEC	Luke Small,15,MM
23)	0:53.66	794	CANJAN	Andrew Smith,16,GO
24)	0:53.66	794	WESTMAR	Keith Laslop,17,EKSC
25)	0:53.68	793	NYACDEC	Duane Dobko,15,AAC
26)	0:53.68	793	POFEB	Robert Daigneault,16,CAC
27)	0:53.69	793	CANJAN	Frank Samel,15,EPS
28)	0:53.70	792	PEPSINOV	Paul Halmazna,17,KSC
29)	0:53.71	792	VICONOV	Brett Regan,17,VICO
30)	0:53.78	789	PEPSINOV	Derek Phillips,17,AAC
31)	0:53.79	789	ONCUPJAN	Mislav Majic,15,EPS
32)	0:53.82	787	WESTMAR	Ryan Duggan,16,EKSC
33)	0:53.84	787	CANJAN	Steve Ouinn,17,TIDE
34)	0:53.85	786	EASTCUP	James Seigel,17,LUSC
35)	0:53.86	786	ONCUPJAN	Craig Crawford,18,BRANT
36)	0:53.86	786	EASTCUP	Peter Smith,17,LAC
37)	0:53.87	785	BCFEB	Derek Francis,16,VCSC
38)	0:53.89	785	BCFEB	Ted Achtem,16,KISU
39)	0:53.91	784	MANFEB	Scott Lakusiak,16,MANTA
40)	0:53.97	781	BCFEB	Stephen Shumka,17,RAYS
41)	0:54.01	780	ALBFEB	Jay Beatt,17,UCSC
42)	0:54.09	776	ONCUPJAN	Jason Bell,17,GO
43)	0:54.19	772	LLSCJAN	Steve Sweetnam,17,LLSC
44)	0:54.24	770	ALBFEB	Curtis Myden,15,CASC
45)	0:54.24	770	EASTCUP	Richard Holt,17,TASK
46)	0:54.27	769	CANJAN	Chris Proctor,17,EKSC
47)	0:54.31	767	POFEB	Stephen Mulrooney,17,PCSC
48)	0:54.34	766	ONCUPJAN	David Chisholm,15,LAC
49)	0:54.37	765	CANJAN	Matthew McWha,15,WAC
50)	0:54.44	762	PEPSINOV	Jeff Sumner,17,UNATT

200 METRES FREESTYLE
Rec:1:47.83 A.Baumann,LUSC,81 / 1:47.83 E.Parenti,NSC,89

1)	1:47.83	950	BONNFEB	Eddie Parenti,17,NSC
2)	1:49.19	925	CANJAN	Mark Phillips,17,EKSC
3)	1:51.48	881	ONCUPJAN	Stan McLaurin,17,GO
4)	1:52.14	869	CANJAN	Raz Dar,16,EKSC
5)	1:52.31	865	CANJAN	Derek DeJong,17,EPS
6)	1:52.49	862	WESTMAR	David Bowie,17,EKSC
7)	1:53.15	849	VICONOV	Brett Regan,17,VICO
8)	1:53.31	846	CANJAN	David Chisholm,16,LAC
9)	1:54.34	827	ONCUPJAN	Greg Higson,17,EPS
10)	1:54.41	825	EASTCUP	Paul Deshaies,17,SHER
11)	1:54.68	820	CANJAN	Miguel Munoz,15,EPS
12)	1:54.77	819	CANJAN	Andrew Smith,16,GO
13)	1:55.48	805	ONCUPJAN	Jason Bell,17,GO
14)	1:55.58	803	ONCUPJAN	Stephen Hulford,17,ROW
15)	1:55.80	799	ONAFEB	Andrew Lennstrom,15,TBT
16)	1:55.82	799	POFEB	Alexandre Sereno,16,CAMO
17)	1:55.83	798	WESTMAR	Tyler Koyl,16,ROD
18)	1:55.92	797	ONAFEB	Trevor Scheffel,17,BRANT
19)	1:56.18	792	POFEB	Charles Guay,16,PLUS
20)	1:56.33	789	EASTCUP	Cricho Brown,15,NSC
21)	1:56.34	789	BCFEB	Derek Francis,16,VCSC
22)	1:56.40	788	EASTCUP	John Dolynchuk,16,GMAC
23)	1:56.51	786	POFEB	Jim Chapman,16,PCSC
24)	1:56.54	785	ONAFEB	Grey Fairley,17,HWAC
25)	1:56.55	785	ALBFEB	Curtis Myden,15,CASC
26)	1:56.59	784	ONCUPJAN	Mislav Majic,15,EPS
27)	1:56.81	780	POFEB	Antoine Pomerleau,16,SELCT
28)	1:57.20	772	EASTCUP	Rod Castellanos,16,OAK
29)	1:57.30	771	ONAAAFEB	Kevin Wilson,16,ELAC
30)	1:57.38	769	CANJAN	Jason Lukeman,16,PHTAC
31)	1:57.42	768	SASKFEB	Scot Shinske,17,GOLD
32)	1:57.48	767	POFEB	Martin Campeau,17,ETORY
33)	1:57.49	767	CVACJAN	Steve Quinn,17,TIDE
34)	1:57.63	764	ALBFEB	Bill Lomax,16,EKSC
35)	1:57.63	764	ALBFEB	Brad Cameron,17,SSC
36)	1:57.80	761	ALBFEB	Matthew DeMaere,16,CASC
37)	1:57.92	759	PEPSINOV	Trevor Johnsen,15,UCSC
38)	1:58.01	757	MANFEB	Luke Small,15,MM
39)	1:58.15	754	MANFEB	Scott Lakusiak,16,MANTA
40)	1:58.24	753	GOLDNOV	Clinton Stevens,16,GOLD
41)	1:58.24	753	NSFEB	Jason Payne,17,DCSC
42)	1:58.27	752	SASKFEB	Robbie McFarlane,15,GOLD
43)	1:58.27	752	WESTMAR	Keith Laslop,17,EKSC
44)	1:58.28	752	ONAFEB	Chris Messer,16,GO
45)	1:58.35	751	POFEB	Stephen Mulrooney,17,PCSC
46)	1:58.40	750	EASTCUP	Richard Holt,17,TASK
47)	1:58.42	749	BCFEB	Matthew Hamade,16,VCSC
48)	1:58.48	748	CANJAN	Matthew McWha,15,WAC
49)	1:58.68	744	ALBFEB	Chad Sheppard,17,EKSC
50)	1:58.72	744	BCFEB	David Sage,16,VCSC

BOYS 15-17 CONTD.

400 METRES FREESTYLE
Rec:3:47.65 A.Baumann,LUSC,81

1)	3:49.28	947	BONNFEB	Eddie Parenti,17,NSC
2)	3:55.41	892	CANJAN	Mark Phillips,17,EKSC
3)	3:56.32	884	ONCUPJAN	Stan McLaurin,17,GO
4)	3:56.36	883	CANJAN	Raz Dar,16,EKSC
5)	3:57.76	871	CANJAN	Paul Deshaies,17,SHER
6)	3:58.66	863	VICONOV	Brett Regan,17,VICO
7)	3:59.64	854	CANJAN	David Chisholm,16,LAC
8)	4:00.84	843	CANJAN	Bill Lomax,16,EKSC
9)	4:01.45	838	CANJAN	Curtis Myden,15,CASC
10)	4:01.94	834	CANJAN	Frank Samel,15,EPS
11)	4:02.23	831	ONAFEB	Trevor Scheffel,17,BRANT
12)	4:02.55	828	CANJAN	Derek Francis,16,VCSC
13)	4:02.75	826	ONCUPJAN	Andrew Smith,16,GO
14)	4:02.75	826	CANJAN	Derek DeJong,17,EPS
15)	4:03.45	820	ONAFEB	Stephen Hulford,17,ROW
16)	4:04.54	810	ONAAFEB	John Dolynchuk,16,GMAC
17)	4:05.43	802	WESTMAR	Tyler Koyl,16,ROD
18)	4:05.67	800	POFEB	Charles Guay,16,PLUS
19)	4:05.90	798	ONCUPJAN	Chris Messer,15,GO
20)	4:05.98	797	ONCUPJAN	Matthew McWha,15,WAC
21)	4:06.16	796	ONAFEB	Grey Fairley,17,HWAC
22)	4:06.35	794	POFEB	Martin Campeau,17,ETORY
23)	4:06.35	794	ONAAFEB	Rod Castellanos,16,OAK
24)	4:06.45	793	POFEB	Jim Chapman,16,PCSC
25)	4:06.47	793	EASTCUP	Cricho Brown,15,NSC
26)	4:06.57	792	ALBFEB	Chris Peck,17,CASC
27)	4:06.60	792	ALBFEB	Trevor Johnsen,15,UCSC
28)	4:06.97	788	POFEB	Philippe Voisard,16,CAEC
29)	4:06.97	788	WESTMAR	Scot Shinske,17,GOLD
30)	4:07.03	788	ONCUPJAN	Jason Bell,17,GO
31)	4:07.53	783	ONCUPJAN	Stephen Baird,16,GO
32)	4:07.69	782	ONAAFEB	Brent Helmstaedt,17,KBM
33)	4:07.96	780	ALBFEB	Matthew DeMaere,16,CASC
34)	4:08.05	779	PCSCDEC	Bernard Lapierre,17,POM
35)	4:08.10	778	CVACJAN	Jacques Chamberland,17,CVAC
36)	4:08.28	777	PEPSINOV	Robbie McFarlane,15,GOLD
37)	4:08.49	775	ONAFEB	Andrew Foulds,16,TBT
38)	4:09.19	769	HYACKJAN	Walter Wu,16,VCSC
39)	4:09.38	767	ONCUPJAN	David McLellan,15,LAC
40)	4:09.52	766	BCFEB	David Sage,16,VCSC
41)	4:09.90	762	ONCUPJAN	Chris Cowan,16,GO
42)	4:09.97	762	ONCUPJAN	Paul Sanders,16,LAC
43)	4:10.65	756	SASKFEB	Clinton Stevens,16,GOLD
44)	4:10.70	755	PEPSINOV	Sean Watson,15,HWAC
45)	4:10.73	755	BRANTNOV	Scott Mercer,17,HWAC
46)	4:10.80	754	EASTCUP	Jayson Knack,15,CAJ
47)	4:11.37	749	CANJAN	Matthew Fraser,16,HTAC
48)	4:11.37	749	ONAAFEB	Jamie Wray,17,TRENT
49)	4:11.41	749	POFEB	Matthew Cardwell,15,PCSC
50)	4:11.51	748	POFEB	Tony Metayer,16,CAMO

1500 METRES FREESTYLE
Rec:15:08.85 A.Baumann,LUSC,81

1)	15:29.03	894	CANJAN	Bill Lomax,16,EKSC
2)	15:34.82	881	CANJAN	Paul Deshaies,17,SHER
3)	15:46.60	855	CANJAN	David Chisholm,16,LAC
4)	15:46.89	854	CANJAN	Raz Dar,16,EKSC
5)	15:48.36	851	ONAFEB	Trevor Scheffel,17,BRANT
6)	15:53.09	840	CANJAN	Derek Francis,16,VCSC
7)	15:54.96	836	ONCUPJAN	Eddie Parenti,17,NSC
8)	15:55.00	835	VICJAN	Brett Regan,17,VICO
9)	15:58.97	826	ONAFEB	Stephen Baird,16,GO
10)	15:59.08	826	CANJAN	Chris Peck,17,CASC
11)	16:00.51	823	CANJAN	Andrew Foulds,16,TBT
12)	16:00.89	822	CANJAN	David McLellan,15,LAC
13)	16:06.83	809	ONCUPJAN	Jason Bell,17,GO
14)	16:07.94	806	ONCUPJAN	Kevin Hartle,15,GO
15)	16:08.03	806	CANJAN	Frank Samel,15,EPS
16)	16:09.68	802	CANJAN	Martin Campeau,17,ETORY
17)	16:11.62	798	ONCUPJAN	Rod Castellanos,16,OAK
18)	16:12.74	795	POFEB	Philippe Voisard,16,CAEC
19)	16:14.15	792	POFEB	Matthew Cardwell,15,PCSC
20)	16:15.63	789	CVACJAN	Jacques Chamberland,17,CVAC
21)	16:17.96	783	ONAAFEB	John Dolynchuk,16,GMAC
22)	16:18.07	783	POFEB	Tony Metayer,16,CAMO
23)	16:20.92	777	CANJAN	Chris Messer,16,GO
24)	16:21.05	776	EASTCUP	Cricho Brown,15,NSC
25)	16:21.15	776	CANJAN	Matthew Fraser,16,HTAC
26)	16:24.53	769	POFEB	Jim Chapman,16,PCSC
27)	16:25.39	767	ALBFEB	Matthew DeMaere,16,CASC
28)	16:25.54	766	ONCUPJAN	Chris Cowan,16,GO
29)	16:25.94	765	BCFEB	David Block,16,HYACK
30)	16:27.51	762	CANJAN	Craig Devitt,15,TIDE
31)	16:28.78	759	EASTCUP	Erik Goldsilver,17,NYAC
32)	16:28.94	759	EASTCUP	Jayson Knack,15,CAJ
33)	16:29.14	758	PEPSINOV	Robbie McFarlane,15,GOLD
34)	16:29.62	757	ONAAFEB	Brent Helmstaedt,17,KBM
35)	16:31.73	752	ONCUPJAN	Matthew McWha,15,WAC
36)	16:33.62	748	BCFEB	Derek McFarlan,16,RACER
37)	16:33.97	747	PCSCDEC	Jean-P. Forgues,16,PLUS
38)	16:34.52	746	BCFEB	Michael Effray,17,VICO
39)	16:35.62	743	EASTCUP	Dan VanVehmendahl,16,LUSC
40)	16:36.69	741	EASTCUP	Donald Hutchison,16,SSMAC
41)	16:36.73	741	PEPSINOV	Scott Mercer,17,HWAC
42)	16:37.03	740	ONAAFEB	Sean Dwyer,17,TRENT
43)	16:37.26	740	NBFEB	Tim Brown,15,TIDE
44)	16:37.96	738	POFEB	Andrew Snook,15,PCSC
45)	16:38.99	736	POFEB	Charles Guay,16,PLUS
46)	16:40.06	733	EASTCUP	John Wilkin,17,BRANT
47)	16:40.22	733	BCFEB	John Kemp,16,NRST
48)	16:40.53	732	BCFEB	Jason Blood,16,NRST
49)	16:41.55	730	BCFEB	Sandy Rokus,15,CTSC
50)	16:42.52	728	WESTMAR	Sean Maxwell,16,RACE

100 METRES BACKSTROKE
Rec:0:55.46 M.West,ROW,82

1)	0:57.37	898	PEPSINOV	Jason Thomas,17,SSMAC
2)	0:58.17	869	CANJAN	Derek Phillips,17,AAC
3)	0:58.36	862	CANJAN	Robert Daigneault,16,CAC
4)	0:58.63	852	CANJAN	Eddie Parenti,17,NSC
5)	0:58.89	843	CANJAN	Joe Agocs,17,AAC
6)	0:59.07	836	CANJAN	Greg Wells,17,NYAC
7)	0:59.10	835	CANJAN	Duane Dobko,15,AAC
8)	0:59.54	819	CANJAN	Jason Payne,17,DCSC
9)	0:59.89	806	ALBFEB	Chad Sheppard,17,EKSC
10)	0:59.94	804	CANJAN	Stephen Hulford,17,ROW
11)	1:00.14	797	ONAFEB	Grey Fairley,17,HWAC
12)	1:00.17	796	CANJAN	Steve Ouinn,17,TIDE
13)	1:00.23	794	CANJAN	Greg Higson,17,EPS
14)	1:00.37	789	CANJAN	Mark Phillips,17,EKSC
15)	1:00.78	774	PEPSINOV	Bernard Lapierre,17,POM
16)	1:00.80	773	ONCUPJAN	Matthew Adams,15,TRENT
17)	1:00.93	768	ALBFEB	Chris Proctor,17,EKSC
18)	1:00.98	766	CVACJAN	Jason Shannon,17,PHTAC
19)	1:01.05	764	PEPSINOV	Brent Helmstaedt,17,KBM
20)	1:01.05	764	POFEB	Francis Lemieux,15,BSB
21)	1:01.06	763	EASTCUP	John Dolynchuk,16,GMAC
22)	1:01.06	763	ONAAFEB	Kevan Bates,17,KBM
23)	1:01.07	763	ONAAFEB	Jamie Wray,17,TRENT
24)	1:01.09	762	POFEB	David Pham,17,SAMAK
25)	1:01.15	760	ONAFEB	Sean Watson,16,HWAC
26)	1:01.19	759	BC/PO	Francois Gravel,17,CAMO
27)	1:01.27	756	BCFEB	David Ferguson,15,VICO
28)	1:01.68	741	ALBFEB	Curtis Myden,15,CASC
29)	1:01.75	738	POFEB	Eric Lemieux,17,SHER
30)	1:01.81	736	BCFEB	Sandy Rokus,15,CTSC
31)	1:01.88	733	ALBFEB	Trevor Johnsen,15,UCSC
32)	1:01.94	731	BCFEB	Peter Unrau,16,COMOX
33)	1:01.99	729	CANJAN	Stephen Clarke,15,COBRA
34)	1:02.04	727	ONCUPJAN	Gerry Parenti,16,NSC
35)	1:02.12	724	ONAAAFEB	Brendt Garlick,15,CAJ
36)	1:02.14	724	POFEB	Luc Fournier,16,CAMO
37)	1:02.17	723	WESTMAR	Ryan Duggan,16,EKSC
38)	1:02.19	722	BC/PO	Alexandre Sereno,16,CAMO
39)	1:02.32	717	MACJAN	Greg Curgenven,17,MAC
40)	1:02.33	717	CANJAN	Shintaro Ohtake,17,TASK
41)	1:02.34	716	RACERDEC	Brett Regan,17,VICO
42)	1:02.38	715	SASKFEB	David Guthrie,17,GOLD
43)	1:02.46	712	BCFEB	Sean Robertson,17,VCSC
44)	1:02.47	712	MANFEB	Cameron Zealand,16,WAVE
45)	1:02.64	705	BRANTNOV	Scott Pagan,15,ROW
46)	1:02.68	704	PCSCDEC	Michael Tucker,17,SSMAC
47)	1:02.74	702	EASTCUP	Sean Neeb,15,ROW
48)	1:02.75	701	POFEB	Vincent Lambert,17,SELCT
49)	1:02.80	700	BCFEB	David Block,16,HYACK
50)	1:02.81	699	BRANTNOV	Trevor Scheffel,17,BRANT

200 METRES BACKSTROKE
Rec:1:57.95 S.Goss,NYAC,84

1)	2:04.68	883	CANJAN	Derek Phillips,17,AAC
2)	2:04.71	882	CANJAN	Eddie Parenti,17,NSC
3)	2:05.93	861	CANJAN	Greg Wells,17,NYAC
4)	2:06.50	852	CANJAN	Duane Dobko,15,AAC
5)	2:06.95	844	CANJAN	Robert Daigneault,16,CAC
6)	2:07.08	842	PEPSINOV	Stephen Hulford,17,ROW
7)	2:07.19	840	PEPSINOV	Jason Thomas,17,SSMAC
8)	2:07.40	837	CANJAN	Chad Sheppard,17,EKSC
9)	2:08.13	824	ONAFEB	Grey Fairley,17,HWAC
10)	2:08.83	812	CANJAN	Jason Payne,17,DCSC
11)	2:08.85	812	CANJAN	Matthew Adams,15,TRENT
12)	2:09.63	799	CANJAN	Jamie Wray,17,TRENT
13)	2:10.35	786	ALBFEB	Jason Pratt,16,EKSC
14)	2:10.48	784	POFEB	Francis Lemieux,15,BSB
15)	2:10.62	782	ONAFEB	Sean Watson,16,HWAC
16)	2:10.87	778	PEPSINOV	Francois Gravel,17,CAMO
17)	2:10.93	777	CVACJAN	Jason Shannon,17,PHTAC
18)	2:11.00	775	CANJAN	David Chisholm,16,LAC
19)	2:11.31	770	ONAAFEB	John Dolynchuk,16,GMAC
20)	2:11.41	768	ALBFEB	Curtis Myden,15,CASC
21)	2:11.58	766	CANJAN	Brent Helmstaedt,17,KBM
22)	2:11.60	765	EASTCUP	Greg Curgenven,17,MAC
23)	2:11.79	762	CANJAN	Kevan Bates,17,KBM
24)	2:11.83	761	BCFEB	David Ferguson,15,VICO
25)	2:11.92	760	RACERDEC	Brett Regan,17,VICO
26)	2:12.39	752	POFEB	Luc Fournier,16,CAMO
27)	2:12.42	751	ONAFEB	Matthew McWha,15,WAC
28)	2:12.56	749	WESTMAR	Ryan Duggan,16,EKSC
29)	2:12.73	746	BCFEB	Sandy Rokus,15,CTSC
30)	2:13.52	733	ONCUPJAN	Andrew Fields,16,WAC
31)	2:13.58	732	PEPSINOV	Chris Proctor,16,EKSC
32)	2:13.71	729	EASTCUP	Eric Lemieux,17,SHER
33)	2:13.72	729	POFEB	Vincent Lambert,17,SELCT
34)	2:13.79	728	CANJAN	Gerry Parenti,16,NSC
35)	2:14.04	724	POFEB	Nicolas Perron,16,CNCB
36)	2:14.10	723	EASTCUP	Sean Doolittle,15,EPS
37)	2:14.31	719	ONAAAFEB	Brendt Garlick,15,CAJ
38)	2:14.34	719	WESTMAR	David deVlieger,17,ROD
39)	2:14.41	717	ALBFEB	Trevor Johnsen,15,UCSC
40)	2:14.61	714	POFEB	Philippe Voisard,16,CAEC
41)	2:14.70	713	EASTCUP	Sean Neeb,15,ROW
42)	2:14.81	711	BCFEB	Sean Robertson,17,VCSC
43)	2:15.06	706	ALBFEB	Kirk Look,17,CASC
44)	2:15.28	703	EASTCUP	Cricho Brown,15,NSC
45)	2:15.38	701	ONAFEB	Andrew Lennstrom,15,TBT
46)	2:15.48	699	BCFEB	Peter Unrau,17,COMOX
47)	2:15.62	697	MANFEB	Cameron Zealand,16,WAVE
48)	2:15.65	696	PEPSINOV	Trevor Scheffel,17,BRANT
49)	2:15.72	695	ALBFEB	Reid Hutchinson,17,UCSC
50)	2:16.16	688	PEPSINOV	Sebastien Prince,16,MEGO

100 METRES BREASTSTROKE
Rec:1:01.36 V.Davis,ROW,82

1)	1:02.81	922	CANDEC	Jon Cleveland,17,UCSC
2)	1:03.69	893	CANJAN	Grey Fairley,17,HWAC
3)	1:04.86	855	BCFEB	Stephen Shumka,17,RAYS
4)	1:05.32	839	POFEB	Jesse Jodoin,17,CNO
5)	1:05.54	832	BC/PO	Eric Chartre,17,PLUS
6)	1:05.54	832	ONAFEB	Andrew Trussler,16,GO
7)	1:05.93	819	PEPSINOV	Michael Tucker,17,SSMAC
8)	1:06.06	815	CANJAN	Greg Higson,17,EPS
9)	1:06.16	812	CANJAN	Michael Lamothe,15,GO
10)	1:06.31	807	ALBFEB	Bryce Milsom,17,EKSC
11)	1:06.61	797	POFEB	Stephen Mulrooney,17,PCSC
12)	1:06.74	792	CVACJAN	Craig Scott,17,DCSC
13)	1:06.97	785	ALBFEB	Geoff Pettinger,17,RDCSC
14)	1:07.17	778	ALBFEB	Chris Peck,17,CASC
15)	1:07.20	777	ALBFEB	Curtis Myden,15,CASC
16)	1:07.21	777	ONCUPJAN	Michael Moore,15,EPS
17)	1:07.26	775	CVACJAN	Stephane Leblanc,17,CVAC
18)	1:07.46	769	CVACJAN	Giovanni Slaviero,15,CVAC
19)	1:07.52	767	POFEB	Eric Lamy,17,CNTA
20)	1:07.77	758	CANJAN	Ian Jackson,15,DCSC
21)	1:07.97	752	ONCUPJAN	Steve Sweetnam,17,LLSC
22)	1:08.08	748	EASTCUP	Eric Slota,16,LAC
23)	1:08.12	747	POFEB	Jean-C. Marin,16,CNHR
24)	1:08.15	746	RAYSMAR	Steven Mais,16,RAYS
25)	1:08.17	745	CVACJAN	Kevin Brown,17,TIDE
26)	1:08.23	743	EASTCUP	Kris Crowe,15,HTAC
27)	1:08.24	743	POFEB	Hans Plangger,16,CNO
28)	1:08.34	740	EASTCUP	Richard Blakelock,16,TOMAC
29)	1:08.39	738	POFEB	Patrice Maltais,16,CNJO
30)	1:08.51	734	POFEB	Doug Kivits,17,PCSC
31)	1:08.58	732	ONCUPJAN	Scott Fields,17,WAC
32)	1:08.63	730	BCFEB	Stefan Jakobsen,15,VICO
33)	1:08.64	730	ONAFEB	Andrew Foulds,16,TBT
34)	1:08.65	729	POFEB	David Ferguson,17,PCSC
35)	1:08.72	727	BCFEB	Emile Veroni,16,HYACK
36)	1:08.76	726	CANDEC	David Bowie,17,EKSC
37)	1:08.86	722	EASTCUP	Peter Smith,17,LAC
38)	1:08.90	721	ONCUPJAN	Garrett Lawless,16,GO
39)	1:08.91	721	EASTCUP	Robert Tekker,17,HWAC
40)	1:08.94	720	BC/PO	Jason Meyer,16,RACER
41)	1:08.94	720	ALBFEB	Ramon Vrielink,15,CASC
42)	1:08.95	719	ONAAAFEB	Joel Magnan,16,MYK
43)	1:09.07	715	ONAFEB	Sean Perreira,16,SCAR
44)	1:09.17	712	BRANTNOV	Jeff Caron,17,PCSC
45)	1:09.17	712	ONCUPJAN	Justin Telfer,15,ROW
46)	1:09.25	709	PEPSINOV	Stephen Baird,15,GO
47)	1:09.26	709	PEPSINOV	Jonathan Banville,17,SELCT
48)	1:09.28	708	EASTCUP	Tom Fisher,16,MAC
49)	1:09.35	706	ONCUPJAN	Chris Seto,16,OAK
50)	1:09.35	706	WESTMAR	Scot Shinske,17,GOLD

200 METRES BREASTSTROKE
Rec:2:11.54 V.Davis,ROW,82

1)	2:15.80	938	CANDEC	Jon Cleveland,17,UCSC
2)	2:16.08	934	CANJAN	Grey Fairley,17,HWAC
3)	2:17.06	919	CANJAN	Andrew Trussler,16,GO
4)	2:20.44	868	POFEB	Jesse Jodoin,17,CNO
5)	2:22.15	842	PEPSINOV	Michael Tucker,17,SSMAC
6)	2:22.40	838	CANJAN	Andrew Foulds,16,TBT
7)	2:22.99	829	CANDEC	Stephen Shumka,17,RAYS
8)	2:23.21	826	ONAFEB	Michael Lamothe,15,GO
9)	2:23.45	822	ALBFEB	Bryce Milsom,17,EKSC
10)	2:23.58	820	CANJAN	Chris Peck,17,CASC
11)	2:23.72	818	CVACJAN	Ian Jackson,15,DCSC
12)	2:24.76	803	CANJAN	Craig Scott,17,DCSC
13)	2:25.09	797	ONAFEB	Stephen Baird,16,GO
14)	2:25.11	797	CANJAN	Stephen Mulrooney,17,PCSC
15)	2:25.38	793	BC/PO	Eric Chartre,17,PLUS
16)	2:25.64	789	ALBFEB	Curtis Myden,15,CASC
17)	2:25.71	788	CANJAN	Greg Higson,17,EPS
18)	2:25.94	785	CANJAN	Michael Moore,15,EPS
19)	2:26.04	783	CANJAN	Scott Fields,17,WAC
20)	2:26.93	770	EASTCUP	Robert Tekker,17,HWAC
21)	2:27.12	767	ONCUPJAN	Garrett Lawless,16,GO
22)	2:27.22	765	EASTCUP	Donald Head,15,LAC
23)	2:27.26	765	ONCUPJAN	Justin Telfer,15,ROW
24)	2:27.31	764	ALBFEB	Marty Bruin,17,RDCSC
25)	2:27.39	763	ONCUPJAN	Steve Sweetnam,17,LLSC
26)	2:27.39	763	ALBFEB	Jason Pratt,16,EKSC
27)	2:27.48	761	CVACJAN	Stephane Leblanc,17,CVAC
28)	2:27.64	759	BC/PO	Jason Meyer,16,RACER
29)	2:27.66	758	CVACJAN	Giovanni Slaviero,15,CVAC
30)	2:27.69	758	CVACJAN	John Legge,16,TIDE
31)	2:27.73	757	BCFEB	Stefan Jakobsen,15,VICO
32)	2:27.83	756	RAYSMAR	Steven Mais,16,RAYS
33)	2:27.97	754	POFEB	Hans Plangger,16,CNO
34)	2:28.19	750	EASTCUP	Richard Blakelock,16,TOMAC
35)	2:28.46	746	POFEB	Patrice Maltais,16,CNJO
36)	2:28.55	745	EASTCUP	Ian Hunter,16,BRANT
37)	2:28.63	744	CVACJAN	Kevin Brown,17,TIDE
38)	2:28.74	742	ONAAAFEB	Andrew Galbraith,15,TAT
39)	2:28.88	740	PEPSINOV	Jonathan Banville,17,SELCT
40)	2:29.16	736	POFEB	Eric Lamy,17,CNTA
41)	2:29.19	735	HYACKJAN	David Bowie,17,EKSC
42)	2:29.37	733	WESTMAR	Jamie Griffiths,16,ROD
43)	2:29.46	731	EASTCUP	Kris Crowe,15,HTAC
44)	2:29.49	731	EASTCUP	Eric Slota,16,LAC
45)	2:29.92	724	BCFEB	Jason Blood,16,NRST
46)	2:30.27	719	PEPSINOV	John Dolynchuk,16,GMAC
47)	2:30.36	718	POFEB	David Ferguson,17,PCSC
48)	2:30.37	717	ALBFEB	Ramon Vrielink,15,CASC
49)	2:30.42	717	BCFEB	Michael Effray,17,VICO
50)	2:30.43	716	ALBFEB	Dan Renaud,16,CASC

BOYS 15-17 CONTD.

100 METRES BUTTERFLY
Rec:0:55.37 E.Parenti,NSC,89

1)	0:55.37	918	CANJAN	Eddie Parenti,17,NSC
2)	0:57.28	846	PEPSINOV	Stephen Hulford,17,ROW
3)	0:57.70	830	CANJAN	Trevor Johnsen,15,UCSC
4)	0:58.00	819	CANJAN	Dan Kupr,17,HYACK
5)	0:58.03	818	CANJAN	Gerry Parenti,16,NSC
6)	0:58.08	816	EASTCUP	James Seigel,17,LUSC
7)	0:58.13	814	ALBFEB	David Bowie,17,EKSC
8)	0:58.24	810	CVACJAN	John Legge,17,TIDE
9)	0:58.25	810	CANJAN	Joe Agocs,17,AAC
10)	0:58.56	798	GOLDNOV	Mark Phillips,17,EKSC
11)	0:58.58	797	GOLDNOV	Robbie McFarlane,15,GOLD
12)	0:58.61	796	ONAFEB	Stephen Clarke,15,COBRA
13)	0:58.62	796	POFEB	Michael Brisson,16,PCSC
14)	0:58.73	792	CANJAN	Duane Flowers,17,HTAC
15)	0:58.79	789	CANJAN	Andy Stabile,17,SSMAC
16)	0:58.85	787	ONAFEB	Sean Watson,16,HWAC
17)	0:58.90	785	BCFEB	David Block,16,HYACK
18)	0:58.92	784	CANDEC	Stan McLaurin,17,GO
19)	0:58.95	783	ONAAAFEB	Steve Sweetnam,17,LLSC
20)	0:59.00	781	ALBFEB	Brad Cameron,17,SSC
21)	0:59.05	780	ALBFEB	Sean Fero,16,UCSC
22)	0:59.06	779	PCSCDEC	Bernard Lapierre,17,POM
23)	0:59.08	778	POFEB	Yvan Pepin,17,BSB
24)	0:59.09	778	ONAFEB	Greg Wells,17,NYAC
25)	0:59.18	775	EASTCUP	Peter Smith,17,LAC
26)	0:59.18	775	WESTMAR	Ryan Duggan,16,EKSC
27)	0:59.19	774	CANJAN	Shintaro Ohtake,17,TASK
28)	0:59.25	772	WESTMAR	Tyler Koyl,16,ROD
29)	0:59.29	771	GOLDNOV	John Mohr,17,EKSC
30)	0:59.30	770	BCFEB	Peter Unrau,17,COMOX
31)	0:59.43	765	BCFEB	Andrew Ross,16,KISU
32)	0:59.45	765	BCFEB	Jason Bishop,15,HYACK
33)	0:59.46	764	ALBFEB	Marcus Sibbald,16,EKSC
34)	0:59.51	762	BCFEB	Jason Blood,16,NRST
35)	0:59.68	756	POFEB	Alexandre Sereno,16,CAMO
36)	0:59.71	755	ONCUPJAN	Miguel Munoz,15,EPS
37)	0:59.83	750	POFEB	Luc Pepin,17,CNJO
38)	0:59.89	748	EASTCUP	Eric Slota,16,LAC
39)	1:00.15	738	ONCUPJAN	Jason Bell,17,GO
40)	1:00.18	737	ALBFEB	Michael Browne,15,OSC
41)	1:00.21	736	BCFEB	Greg Miller,16,VCSC
42)	1:00.23	735	WESTMAR	Kent McManus,17,ROD
43)	1:00.45	727	ONCUPJAN	David Chisholm,15,LAC
44)	1:00.45	727	ONCUPJAN	Ian Hunt,17,BROCK
45)	1:00.51	725	EASTCUP	Justin Wall,17,NYAC
46)	1:00.51	725	EASTCUP	Stephen Partridge,15,GO
47)	1:00.57	722	ONAAFEB	Roger Ermuth,17,NSC
48)	1:00.58	722	POFEB	Patrice Maltais,16,CNJO
49)	1:00.59	722	CANJAN	Sean Andrews,16,DCSC
50)	1:00.65	719	HYACKJAN	Walter Wu,16,VCSC

200 METRES BUTTERFLY
Rec:1:58.44 V.Davis,ROW,82

1)	1:59.71	940	CANJAN	Eddie Parenti,17,NSC
2)	2:03.06	882	PEPSINOV	Bernard Lapierre,17,POM
3)	2:04.40	859	CANJAN	Stephen Hulford,17,ROW
4)	2:05.02	848	ONCUPJAN	Stan McLaurin,17,GO
5)	2:05.12	847	CANJAN	David Block,16,HYACK
6)	2:05.20	845	CANJAN	Gerry Parenti,16,NSC
7)	2:06.92	816	ONAFEB	Frank Samel,15,EPS
8)	2:07.29	809	ALBFEB	David Bowie,17,EKSC
9)	2:07.42	807	UCJAN14	Trevor Johnsen,15,UCSC
10)	2:07.94	798	POFEB	Yvan Pepin,17,BSB
11)	2:08.49	789	ALBFEB	Bill Lomax,16,EKSC
12)	2:08.60	787	PEPSINOV	Andy Stabile,17,SSMAC
13)	2:08.94	781	EASTCUP	James Seigel,17,LUSC
14)	2:09.59	770	GOLDNOV	John Mohr,17,EKSC
15)	2:09.66	769	PEPSINOV	Mark Phillips,17,EKSC
16)	2:09.68	768	CVACJAN	Duane Flowers,17,HTAC
17)	2:09.69	768	CANJAN	David Chisholm,16,LAC
18)	2:09.82	766	CANJAN	Dan Kupr,17,HYACK
19)	2:09.85	765	ONAFEB	Sean Watson,16,HWAC
20)	2:09.87	765	PEPSINOV	Sean Fero,16,UCSC
21)	2:10.09	761	HYACKJAN	Walter Wu,16,VCSC
22)	2:10.20	759	POFEB	Alexandre Sereno,16,CAMO
23)	2:10.23	759	CANJAN	Michael Brisson,16,PCSC
24)	2:10.62	752	ONCUPJAN	Garrett Lawless,16,GO
25)	2:10.86	748	ONCUPJAN	Matthew McWha,15,WAC
26)	2:11.19	742	POFEB	Benoit Cossette,16,CNO
27)	2:11.33	740	CANJAN	Robbie McFarlane,15,GOLD
28)	2:11.45	738	BCFEB	Jason Blood,16,NRST
29)	2:11.54	736	ALBFEB	Jason Pratt,16,EKSC
30)	2:11.63	735	MANTADEC	John Joyal,17,EKSC
31)	2:11.75	733	RACERDEC	Brett Regan,17,VICO
32)	2:12.11	726	ONCUPJAN	Stephen Baird,16,GO
33)	2:12.17	725	BCFEB	Derek McFarlan,16,RACER
34)	2:12.19	725	BCFEB	Greg Miller,16,VCSC
35)	2:12.34	722	WESTMAR	Mike Desrochers,15,CASC
36)	2:12.39	722	EASTCUP	Donald Hutchison,16,SSMAC
37)	2:12.46	720	POFEB	Philippe Voisard,16,CAEC
38)	2:12.56	719	ALBFEB	Marty Bruin,17,RDCSC
39)	2:12.66	717	BCFEB	Jason Bishop,15,HYACK
40)	2:12.91	713	EASTCUP	Jon Haywood,16,ROW
41)	2:13.11	709	EASTCUP	Stephen Clarke,15,COBRA
42)	2:13.11	709	WESTMAR	David deVlieger,17,ROD
43)	2:13.24	707	ONAAFEB	Roger Ermuth,17,NSC
44)	2:13.37	705	MANTADEC	Scot Shinske,17,GOLD
45)	2:13.38	705	POFEB	Martin Campeau,17,ETORY
46)	2:13.69	699	PCSCDEC	Paul Deshaies,17,SHER
47)	2:13.72	699	EASTCUP	Cricho Brown,15,NSC
48)	2:13.77	698	MANFEB	Dan Vaarmeyer,16,WAVE
49)	2:14.02	694	BCFEB	Adam Klaassen,17,VCSC
50)	2:14.12	692	EASTCUP	Justin Wall,17,NYAC

200 METRES IND.MEDLEY
Rec:2:00.43 A.Baumann,LUSC,81

1)	2:03.97	921	CANJAN	Grey Fairley,17,HWAC
2)	2:05.46	896	CANJAN	David Bowie,17,EKSC
3)	2:06.47	879	ONCUPJAN	Greg Higson,17,EPS
4)	2:07.57	860	CANJAN	Curtis Myden,15,CASC
5)	2:07.79	857	ONCUPJAN	Stan McLaurin,17,GO
6)	2:07.80	856	PEPSINOV	Bernard Lapierre,17,POM
7)	2:08.03	853	CANJAN	Michael Tucker,17,SSMAC
8)	2:08.67	842	PEPSINOV	Stephen Hulford,17,ROW
9)	2:09.19	833	CANJAN	Andrew Smith,16,GO
10)	2:09.27	832	BRANTNOV	Eddie Parenti,17,NSC
11)	2:09.77	823	POFEB	Stephen Mulrooney,17,PCSC
12)	2:09.82	823	ONAFEB	Sean Watson,16,HWAC
13)	2:10.32	814	CANJAN	Andrew Foulds,16,TBT
14)	2:10.53	811	POFEB	Alexandre Sereno,16,CAMO
15)	2:10.58	810	ONCUPJAN	Steve Sweetnam,17,LLSC
16)	2:10.91	804	ONAAFEB	Gerry Parenti,16,NSC
17)	2:11.07	802	ALBFEB	Bryce Milsom,17,EKSC
18)	2:11.16	800	RACERDEC	Brett Regan,17,VICO
19)	2:11.17	800	ALBFEB	Jason Pratt,16,EKSC
20)	2:11.60	793	BCFEB	Derek Francis,16,VCSC
21)	2:11.82	789	CVACJAN	John Legge,17,TIDE
22)	2:12.03	786	PEPSINOV	Sebastien Prince,16,MEGO
23)	2:12.09	785	PEPSINOV	Trevor Johnsen,15,UCSC
24)	2:12.40	779	ONCUPJAN	Garrett Lawless,16,GO
25)	2:12.43	779	EASTCUP	Shintaro Ohtake,17,TASK
26)	2:12.53	777	PEPSINOV	Francois Gravel,17,CAMO
27)	2:12.56	777	ONAFEB	Andrew Lennstrom,15,TBT
28)	2:12.57	776	BCFEB	Stephen Shumka,17,RAYS
29)	2:12.68	775	ONCUPJAN	Stephen Baird,16,GO
30)	2:12.71	774	EASTCUP	Robert Tekker,17,HWAC
31)	2:12.73	774	ONAFEB	Greg Wells,17,NYAC
32)	2:12.75	773	ONCUPJAN	Scott Fields,17,WAC
33)	2:12.81	772	PCSCDEC	Jason Thomas,17,SSMAC
34)	2:12.99	769	WESTMAR	Keith Laslop,17,EKSC
35)	2:13.06	768	SASKFEB	Robbie McFarlane,15,GOLD
36)	2:13.06	768	WESTMAR	Ryan Duggan,16,EKSC
37)	2:13.07	768	PEPSINOV	Brent Helmstaedt,17,KBM
38)	2:13.09	768	EASTCUP	Eric Slota,16,LAC
39)	2:13.19	766	PEPSINOV	Mark Phillips,17,EKSC
40)	2:13.21	766	PEPSINOV	Chris Proctor,16,EKSC
41)	2:13.28	765	ONAAFEB	Kevan Bates,17,KBM
42)	2:13.32	764	EASTCUP	Stephen Partridge,15,GO
43)	2:13.40	763	ONCUPJAN	Derek Phillips,17,AAC
44)	2:13.45	762	BCFEB	Michael Effray,17,VICO
45)	2:13.55	760	POFEB	Vincent Lambert,17,SELCT
46)	2:13.56	760	SASKFEB	Scot Shinske,17,GOLD
47)	2:13.58	760	BCFEB	Ted Achtem,16,KISU
48)	2:13.65	758	BCFEB	David Block,16,HYACK
49)	2:13.65	758	EASTCUP	Stephen Clarke,15,COBRA
50)	2:13.72	757	MANFEB	Luke Small,15,MM

400 METRES IND.MEDLEY
Rec:4:12.67 A.Baumann,LUSC,81

1)	4:23.57	919	CANJAN	Grey Fairley,17,HWAC
2)	4:24.53	912	PEPSINOV	Bernard Lapierre,17,POM
3)	4:26.13	899	CANJAN	David Bowie,17,EKSC
4)	4:26.29	898	CANJAN	Jason Pratt,16,EKSC
5)	4:29.20	875	ONCUPJAN	Stan McLaurin,17,GO
6)	4:29.26	874	ONCUPJAN	Eddie Parenti,17,NSC
7)	4:31.20	859	CANJAN	Curtis Myden,15,CASC
8)	4:31.46	857	CANJAN	Andrew Foulds,16,TBT
9)	4:31.73	855	CANJAN	Trevor Johnsen,15,UCSC
10)	4:31.91	853	ONAFEB	Stephen Hulford,17,ROW
11)	4:32.92	846	ONCUPJAN	Stephen Baird,16,GO
12)	4:32.93	845	CANJAN	Frank Samel,15,EPS
13)	4:34.86	830	ONAAFEB	John Dolynchuk,16,GMAC
14)	4:35.28	827	CANJAN	Michael Tucker,17,SSMAC
15)	4:35.80	823	CANJAN	Stephen Mulrooney,17,PCSC
16)	4:37.11	812	BCFEB	Michael Effray,17,VICO
17)	4:37.21	812	ONCUPJAN	Matthew McWha,15,WAC
18)	4:38.10	805	BCFEB	Derek Francis,16,VCSC
19)	4:38.27	803	POFEB	Alexandre Sereno,16,CAMO
20)	4:38.83	799	ONCUPJAN	Garrett Lawless,16,GO
21)	4:38.90	798	VICONOV	Brett Regan,17,VICO
22)	4:39.31	795	ONCUPJAN	Scott Fields,17,WAC
23)	4:39.75	792	PEPSINOV	David Chisholm,15,LAC
24)	4:39.97	790	WESTMAR	Scot Shinske,17,GOLD
25)	4:40.11	789	ONAAFEB	Brent Helmstaedt,17,KBM
26)	4:41.05	781	PEPSINOV	Sean Watson,15,HWAC
27)	4:41.34	779	POFEB	Francis Lemieux,15,BSB
28)	4:41.77	776	CVACJAN	John Legge,17,TIDE
29)	4:41.85	775	ONAAFEB	Gerry Parenti,16,NSC
30)	4:41.92	774	ALBFEB	Chris Peck,17,CASC
31)	4:42.07	773	EASTCUP	Jayson Knack,15,CAJ
32)	4:42.16	773	LLSCJAN	Steve Sweetnam,17,LLSC
33)	4:42.51	770	POFEB	Philippe Voisard,16,CAEC
34)	4:42.51	770	WESTMAR	David deVlieger,17,ROD
35)	4:42.87	767	POFEB	Martin Campeau,17,ETORY
36)	4:43.06	765	PEPSINOV	Sebastien Prince,16,MEGO
37)	4:43.17	765	EASTCUP	Robert Tekker,17,HWAC
38)	4:43.69	761	PCSCDEC	Paul Deshaies,17,SHER
39)	4:43.80	760	CANDEC	Jon Cleveland,17,UCSC
40)	4:43.82	759	ONCUPJAN	Andrew Trussler,16,GO
41)	4:44.23	756	BCFEB	Jason Blood,16,NRST
42)	4:44.32	756	CANDEC	Bill Lomax,16,EKSC
43)	4:44.67	753	ALBFEB	Marty Bruin,17,RDCSC
44)	4:44.73	752	EASTCUP	Ian Hunter,16,BRANT
45)	4:44.78	752	BCFEB	Greg Miller,15,VCSC
46)	4:44.83	752	EASTCUP	Donald Head,15,LAC
47)	4:44.85	751	BCFEB	Peter Unrau,16,COMOX
48)	4:45.31	748	ALBFEB	Bryce Milsom,17,EKSC
49)	4:45.37	747	POFEB	Nicolas Perron,16,CNCB
50)	4:45.71	745	PEPSINOV	Scott Mercer,17,HWAC

4X50 M MEDLEY RELAY
Rec:1:49.02 Edmonton Keyano,EKSC,88

1)	1:49.02	791	EKSCDEC	Edmonton Keyano SC,EKSC
2)	1:51.08	749	CASCNOV	Univ.Calgary,UCSC
3)	1:52.29	725	PQFEB	Samak de Brossard,SAMAK
4)	1:52.32	724	PQFEB	Pointe Claire SC,PCSC
5)	1:52.33	724	ONAFEB	Glouc-Ottawa Kingfish,GO
6)	1:52.45	721	ALBFEB	Cascade Swim Club,CASC
7)	1:52.97	711	PQFEB	Select Ste-Foy,SELCT
8)	1:52.99	710	PCSCDEC	Sault Ste.Marie AC,SSMAC
9)	1:53.84	693	PQFEB	CN Jonquiere,CNJO
10)	1:53.93	691	RACERDEC	Hyack Swim Club,HYACK
11)	1:54.14	687	PQFEB	Montreal Aquatique,CAMO
12)	1:54.22	685	RODOCT	Goldfin Swim Club,GOLD
13)	1:54.77	674	HTACNOV	Saint John Fundy AC,TIDE
14)	1:54.77	674	BRANTNOV	Etobicoke Pepsi,EPS
15)	1:54.85	673	PQFEB	CN Sherbrooke,SHER
16)	1:54.97	670	BCFEB	Vancouver Canadian SC,VCSC
17)	1:55.13	667	NBFEB	Codiac Vikings,CVAC
18)	1:55.44	661	HTACNOV	Dartmouth Crusaders,DCSC
19)	1:55.59	658	PQFEB	Levis+Montmagny,PLUS
20)	1:55.85	652	BRANTNOV	Windsor AC,WAC
21)	1:55.96	650	AACNOV	Ajax Aquatic Club,AAC
22)	1:56.13	647	PQFEB	CN Outaouais,CNO
23)	1:56.32	643	MANTADEC	Manta Aquatic Club,MANTA
24)	1:56.40	641	NSFEB	Halifax Trojans,HTAC
25)	1:56.92	631	RODOCT	Regina Opt.Dolphins,ROD
26)	1:56.92	631	WALKRNOV	Brock Niagara,BROCK
27)	1:57.09	627	WALKRNOV	Trent Swim Club,TRENT
28)	1:57.16	626	CACJAN	CA Chateauguay,CAC
29)	1:57.34	622	PQFEB	CN Laval,LAVAL
30)	1:57.46	620	BRANTNOV	Hamilt-Wentworth AC,HWAC
31)	1:57.52	619	PQFEB	Aqua-Elite Charny,CAEC
32)	1:57.56	618	RACERDEC	Kisu Swim Club,KISU
33)	1:57.86	612	RACERDEC	Nanaimo Riptide ST,NRST
34)	1:58.01	609	BCFEB	Chena Swim Club,CHENA
35)	1:58.24	604	BRANTNOV	Guelph Marlin AC,GMAC
36)	1:58.25	604	HYACKJAN	Vernon KokaneeSC,VKSC
37)	1:58.31	603	PQFEB	CN Haut-Richelieu,CNHR
38)	1:58.63	596	BCFEB	Cranbrook Tritons,CTSC
39)	1:58.86	591	BRANTNOV	London AC,LAC
40)	1:58.87	591	PQFEB	CN La Capitale,CAP
41)	1:58.92	590	WALKRNOV	Muskoka AC,MUSAC
42)	1:59.06	587	BROCKJAN	Chatham Y,CYPS
43)	1:59.09	587	WESTMAR	Winnipeg Wave,WAVE
44)	1:59.21	584	LASCNOV	Lethbridge ASC,LASC
45)	1:59.34	582	RACERDEC	Victoria Olympians,VICO
46)	1:59.36	581	BRANTNOV	Brantford AC,BRANT
47)	1:59.41	580	PICKDEC	North York AC,NYAC
48)	1:59.59	577	BTSCFEB	Mississauga AC,TOMAC
49)	1:59.77	573	KBMNOV20	Kingston Blue Marlins,KBM
50)	1:59.80	572	PQFEB	Boucherville St-Bruno,BSB

4X50 M FREE RELAY
Rec:1:36.36 Pointe Claire,PCSC,86

1)	1:37.12	791	EKSCDEC	Edmonton Keyano SC,EKSC
2)	1:38.72	755	ALBFEB	Univ.Calgary,UCSC
3)	1:39.19	744	PQFEB	Levis+Montmagny,PLUS
4)	1:39.47	738	PQFEB	Samak de Brossard,SAMAK
5)	1:39.48	737	PQFEB	Select Ste-Foy,SELCT
6)	1:39.65	733	PEPSINOV	Sault Ste.Marie AC,SSMAC
7)	1:40.02	725	EASTCUP	North York AC,NYAC
8)	1:40.38	717	ONAFEB	Glouc-Ottawa Kingfish,GO
9)	1:40.76	708	RACERDEC	Kisu Swim Club,KISU
10)	1:40.83	707	PQFEB	CN Laval,LAVAL
11)	1:40.95	704	BCFEB	Vancouver Canadian SC,VCSC
12)	1:41.39	694	PQFEB	Boucherville St-Bruno,BSB
13)	1:41.43	693	MANFEB	Manta Aquatic Club,MANTA
14)	1:41.51	691	CANJAN	Dartmouth Crusaders,DCSC
15)	1:41.55	690	RODOCT	Goldfin Swim Club,GOLD
16)	1:41.91	682	PCSCDEC	Pointe Claire SC,PCSC
17)	1:42.24	675	ALBFEB	Cascade Swim Club,CASC
18)	1:42.55	667	PQFEB	CN Outaouais,CNO
19)	1:42.76	663	BRANTNOV	Toronto Aquanauts,TASK
20)	1:43.08	655	WESTMAR	Winnipeg Wave,WAVE
21)	1:43.34	650	HTACNOV	Saint John Fundy AC,TIDE
22)	1:43.41	648	BCFEB	Chena Swim Club,CHENA
23)	1:43.54	645	VICONOV	Hyack Swim Club,HYACK
24)	1:43.65	642	NSFEB	Halifax Trojans,HTAC
25)	1:43.75	640	BRANTNOV	Windsor AC,WAC
26)	1:43.80	639	WALKRNOV	Brock Niagara,BROCK
27)	1:43.88	637	RODOCT	Regina Opt.Dolphins,ROD
28)	1:43.91	637	PQFEB	CN La Capitale,CAP
29)	1:43.94	636	PQFEB	CN Sherbrooke,SHER
30)	1:44.01	634	BRANTNOV	London AC,LAC
31)	1:44.25	629	NBFEB	Codiac Vikings,CVAC
32)	1:44.37	626	PQFEB	Montreal Aquatique,CAMO
33)	1:44.49	623	BRANTNOV	Etobicoke Pepsi,EPS
34)	1:44.49	623	BCFEB	Surrey KnightsSC,SKSC
35)	1:44.90	614	BRANTNOV	Hamilt-Wentworth AC,HWAC
36)	1:44.98	612	RACERDEC	Victoria Olympians,VICO
37)	1:45.05	611	CASCNOV	Vernon KokaneeSC,VKSC
38)	1:45.18	608	PQFEB	Aqua-Elite Charny,CAEC
39)	1:45.20	607	BCFEB	Nanaimo Riptide ST,NRST
40)	1:45.38	603	BRANTNOV	Region of Waterloo,ROW
41)	1:45.55	599	CNBBJAN	CN Jonquiere,CNJO
42)	1:45.73	595	BRANTNOV	Nepean Swim Club,NSC
43)	1:45.96	590	ALBFEB	Stettler Swim Club,SSC
44)	1:46.33	582	WALKRNOV	Chatham Y,CYPS
45)	1:46.62	575	LLSCNOV	Richmond Hill AC,RHAC
46)	1:46.68	574	PICKDEC	Mississauga AC,TOMAC
47)	1:46.74	572	BRANTNOV	Brantford AC,BRANT
48)	1:46.76	572	MANTADEC	Red Deer Catalina SC,RDCSC
49)	1:46.83	570	RAYSMAR	Duncan Stingrays,RAYS
50)	1:46.85	570	PQFEB	CN Haut-Richelieu,CNHR

STAR TIPS

ANNE-MARIE THERRIEN ON SPRINTING THE BUTTERFLY

WARM UP

I begin with a 200 swim, changing strokes when I feel loosened up. I do 100 fly kick without the board then 200-300 metres of drills. This is very important since it helps with my catch. I like to do one arm drills.

After that I do 150 freestyle with a pull buoy to warm down, then 2x50 fly and then I swim down. I don't do a lot of butterfly in my warm-up. I do kick and pull butterfly, but I don't do a long swim of butterfly for warm-up.

THE START

Use the time behind the blocks to remember basics. You have to plan your race ahead of time. Work on it all season, not just the week before. All you should think about behind the blocks are basics like splits, turn, start and how you want to feel in the water.

Don't try to remember everything. I think of one or two things; my head entering the water before my arms, my turns being fast.

I'm usually nervous before my race. It is good to be anxious, but if you're too nervous you'll make too many errors. I stay calm by thinking of relaxing things or beautiful images to help me. I try to be as relaxed as possible just before I get on the blocks.

Let your body "talk." If you feel strong go for it, but stick with your race plan. If you have a problem don't panic or scramble to catch up or you won't have a chance.

At the Olympic Trials I went into the finals with the fastest time and lost my goggles on the dive. When I entered the water my arms weren't tight together, my head wasn't tucked properly and they fell off.

You can't let an experience like that effect you. If you think of it every time you get on the blocks you may as well quit.

When I get on the block I clap my hands or shake my arms and I don't think about anything but anticipating the sound of the gun. Prepare yourself behind the blocks and you'll step on the block ready to work. When you hear that sound, explode.

Find a start that suits you. What works when you're young may not suit you later. I had a lot of problems with my start before, so I'm experimenting. I grab the block on the outside of my legs. I'm not still sure this is the right one for me.

Imagine that you are diving into a hole. You don't want your body slapping on the water. Think of keeping your body tight, explosive and streamline. Keep your head down and your arms together in front of you. A good clean start helps you feel positive about the rest of the race.

THE RACE

The first five metres I just think of my arms and a strong pull. Concentrate on a good catch. I know my head and legs will be in the right position because I'm not tired. I start to think about my legs during the second 25 metres.

Stop breathing a few strokes before the turn. Attack the wall. Go into a turn as aggressively as possible. You've heard it a million times; don't sit on the wall. Imagine that the wall is red hot and you can't touch it for long. If you think that you can get a breath and rest at the wall you're wrong. Doing that just breaks up your rhythm and the rest of the race is even harder. The faster you go in and out of a turn, the less tired you'll be.

When you come off the wall get back to the correct body position. You have to practice this during training. It also depends on where you are in the race. If there are too many waves then you might have to stay under longer than you'd like and your body position gets thrown off. If this happens think of your pull, rhythm and breathing and you can re-establish the proper body position.

Coming off the wall take two strokes without breathing and then think about rhythm and putting your head in before your arms.

I think a lot about my kick and my head position for the last 50 metres. When you're tired and there's a tendency not to breathe correctly and for your head to drop too low in the water. You really have to keep your rhythm at this point.

The last 25 metres think *strong* at the catch. At this point my legs feel like they can't go on and my stomach aches. Think only about coming back strong. You have to really work, not dread, the last ten metres.

THE FINISH

I have problems with my finish. It's my weakest area and I still have to work very hard at it. I try to finish on top of the water. If I'm too far from the wall I prefer to kick in rather than take a half stroke. Which ever you choose, finish powerfully. Don't glide in.

DRILLS

When I was younger I trained a lot of butterfly and that burnt me out. Now I do a lot of freestyle, IM and drills, but very little fly.

Training freestyle has really helped my butterfly. It improves the finish and catch. I like to do fly kick drills, but not swim it.

To help my pull I do breaststroke with a pull buoy. I find that doing fly arm drills hurt my shoulders.

I do weights twice a week for an hour. We have different programs; strength, power and endurance, according to where we are in our training cycle. We change each six week.

The stomach is really important in butterfly. I do 200 sit-ups every day. Do it in different positions to work all the muscles in the stomach. I can't stress enough how important this is. I stopped for two months and it was very hard to swim fly. It hurt too much.

After the Olympic Trials I knew I had lost my chance at making the Olympic team, but I swam the 100 fly again at the second trials in August. I did it for me and I guess that is what racing is all about. You have to do it for yourself. ■

Anne-Marie Therrien, SAMAK's 1:01.80 lcm 100 flyer

Marco Chiesa

TINY OLYMPIC PROSPECTS

TOP®

OMNI SWIM

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PARTICIPATING CLUBS		Prov	Girls	Boys	TOTAL
AA	Antigonish Aquanauts	NS	4	1	5
AQUA	Aquanaut Swim Club	BC	17	15	32
ARB	Arbutus Swim Club	BC	-	2	2
BBSC	Bayshore Barracudas	ON	18	10	28
BTSC	Barrie Trojans	ON	7	9	16
CASC	Cascade Swim Club	AB	26	23	49
CTSC	Cranbrook Triton SC	BC	9	12	21
DCSC	Dartmouth Crusaders SC	NS	13	15	27
DELTA	Delta Sungod SC	BC	3	6	9
DH	Dauphis de Hull	PQ	4	4	8
FMSC	Fort McMurray SC	AB	5	6	11
GMAC	Guelph Marlins	ON	7	9	16
HYACK	Hyack Swim Club	BC	4	5	9
KEETA	Nakokita Swim Club	ON	3	3	6
KMAC	Kitimat Marlins	BC	6	2	8
KSC	Killarney Swim Club	AB	3	1	4
LAC	London Aquatic Club	ON	6	11	17
NSC	Nepean Swim Club	ON	1	2	3
NRST	Nanaimo Riptide ST	BC	4	2	6
NYAC	North York AC	ON	22	28	50
OSC	Olympian Swim Club	AB	9	8	17
PCSC	Pointe Claire SC	PQ	34	35	69
PPS	Ponoka Pool Sharks	AB	4	1	5
RACE	Edmonton Racers	AB	3	4	7
RAYS	Duncan Stingrays	BC	6	9	15
RDCSC	Red Deer Catalina SC	AB	7	14	21
RHAC	Richmond Hill AC	ON	8	8	16
ROD	Regina Opt.Dolphins	SK	5	5	10
SPA	Sprite Prince Albert SC	SK	5	6	11
SSC	Stettler Swim Club	AB	3	1	4
STSC	Silver Tide Swim Club	AB	4	5	9
TASK	Toronto Aquanauts	ON	3	3	6
TAT	Tillsonburg Torpedoes	ON	4	4	8
TRENT	Trent Swim Club	ON	7	6	13
UCSC	Univ.Calgary Swim Club	AB	37	43	80
USC	Uxbridge Swim Club	ON	8	3	11
VICO	Victoria Olympians	BC	3	9	12
WISC	Whitby Iroquois SC	ON	6	5	11
WVOSC	West Van Otter SC	BC	9	11	20
YOSSC	Yorkton Optimist Speed SC	SK	1	2	3
	Totals		**327**	**349**	**676**

GIRLS 7 & UNDER—200 FREE
Rec:2:55.04 Donna Wu,AQUA,85

3:35.00	Amber Wuensche,KMSC	
3:40.00	Stacey Tetz,UCSC	
3:49.12	Linda Cregan,PCSC	
4:00.74	Laura Henderson,TAT	
4:00.80	Raleigh MacNeill,CASC	
4:02.30	Jessa Bettles,HYAC	
4:04.90	Lori Curtis,GMAC	
4:10.60	Janice Tijsen,PCSC	
4:17.51	Suzie Evans,USC	
4:19.80	Kathy Haines,RACE	
4:21.13	Alisha Biggs,PCSC	
4:27.00	Jackie Brunetta,CASC	
4:33.70	Pamela Tung,NYAC	
4:43.80	Jeanette Stevenson,NYAC	
4:45.50	Tess Walter,CASC	
4:47.19	Megan Ng,WVOSC	
4:47.82	Dayna Saunders,DELTA	
4:52.67	Flower Qkeymaw,PPS	
4:58.08	Katie Samel,CASC	
5:10.08	Carolyn Goepel,AQUA	
5:12.70	Colleen Jay,WVOSC	
5:44.45	Jenny Trew,UCSC	
5:47.60	Kim Cranfield,NYAC	
7:14.50	Shawna Dubord,UCSC	
6:03.31	Elizabeth Pritchard,UCSC	
6:11.43	Angela Ritter,UCSC	
6:25.91	Cheryl Davie, AOUA	
6:56.21	Alison Kakish,UCSC	
6:58.01	Hilary Daum,UCSC	
7:18.42	Chelsea Gaylard,AOUA	
8:11.39	Katie Duckett,UCSC	
8:15.77	Jillian Berhmer,UCSC	
8:31.10	Jill Marcotte,CASC	
8:47.18	Jennifer Tham,AQUA	
8:58.21	Kristin Codrington,AQUA	
9:02.04	Juli Pauwels,AOUA	
9:45.06	Crystal Shutko,SPA	
10:42.19	Desiree Spence,UCSC	

GIRLS 8—400 FREE
Rec:5:49.44 Sandy Sabo,DDO,83

6:34.60	Kathleen Toldy,HYACK	
7:01.28	Dayna Seney,AQUA	
7:03.89	Amielle Lake,WVOSC	
7:29.41	Zainisha Vasanji,AOUA	
7:30.31	Sarah Glenn,RAYS	
7:35.35	Beth Albert,TRENT	
7:39.07	Julie Gibson,DCSC	
7:39.43	Allison Imrie,TRENT	
7:42.91	Stefanie Hanstein,PCSC	
7:45.83	MacLean Comstock,DCSC	
7:49.65	Brooke Harris,LAC	
7:59.88	Beth Frisk,USC	
8:00.11	Amanda Wakeford,USC	
8:18.19	Andrea Cranfield,NYAC	
8:28.00	Barb Macel,NYAC	
8:30.34	Jayme Thompson,CTSC	
8:31.49	Erin Reardon,UCSC	
8:32.72	Catherine Legare,DH	
8:39.42	Heather Jibbs,SPA	
8:50.00	Heather Clark,BBSC	
8:50.18	Trina Kulesegarem,PCSC	
8:50.71	Ashley Sawchuk,CTSC	
8:51.80	Kristy Fullbrandt,OSC	
8:55.22	Sarah Fumerton,USC	
9:29.28	Stephanie Stawowski,UCSC	
9:36.40	Jennifer Evernden,BBSC	
9:41.48	Allison Zwarich,UCSC	
9:43.80	Alina Goldstein,NYAC	
9:44.00	Jane Imai,GMAC	
9:50.32	Meredith Fowler,UCSC	
9:59.08	Kristin Donaghy,UCSC	
9:59.27	Naomi Myers,CTSC	
10:01.52	M.-A. McCutcheon,CTSC	
10:17.70	Christine Herman,DCSC	
10:20.82	Edina Cowan,AOUA	
10:22.08	Charlene Miller,CASC	
10:25.07	Janice Berry,CTSC	
10:34.98	Libi Kadlecik,BBSC	
10:47.30	Bronwen Smith,NYAC	
11:14.40	Lauren Goodhew,BBSC	
12:15.20	Rhianna Hibberd,UCSC	
12:26.17	Bonnie MacPherson,CASC	
12:40.90	Britt Frederick,UCSC	
13:12.00	Carla Briante,GMAC	
13:32.59	Amelia Cameron,DCSC	

GIRLS 9—800 FREE
Rec:10:45.42J.Bodenbender,AQUA,88

11:01.42	Candace Gaylard,AQUA	
12:05.02	Diane Laberge,RHAC	
12:05.41	Kelly Doody,CASC	
12:17.26	Nicole Scott,AOUA	
12:31.60	Kerry Creagan,PCSC	
12:35.26	Kelly Bryon,USC	
12:39.10	Jackie Strahl,RHAC	
12:45.16	Amanda Downing,VICO	
12:45.90	Christina Hajdu,RHAC	
12:46.74	Rachelle Dejong,RQD	
12:48.15	Adele Ciccone,RHAC	
13:01.69	Ashley Venne,VICQ	
13:02.53	MelissaBodenbender,AQUA	
13:04.90	Rebecca Bernard,PCSC	
13:14.72	Suzanna de Moor,TASK	
13:18.07	Kristen Kursiss,TRENT	
13:18.50	Stella Drury,PCSC	
13:25.20	Zoe MacMillan,WVQSC	
13:25.90	Xenia Rice,CASC	
13:38.94	Marnie Shaw,NYAC	
13:47.47	Nancy Lewis,CASC	
13:59.33	Mindy Cournoyer,SPA	
14:03.60	Jennifer Delong,PCSC	
14:05.30	Andrea Dewar,PCSC	
14:06.59	Sheri Thibeau,SSC	
14:09.00	Nancy Martisko,CASC	
14:19.22	Meghan Marley,NYAC	
14:28.60	Elisabeth Daojer,KSC	
14:29.72	Jennifer Clark,RHAC	
14:35.00	Leah-Anne McInnes,WISC	
14:35.50	Annie Morrice,WISC	
14:38.39	Ana Drogo,RHAC	
14:40.18	Lauria David,AOUA	
14:44.80	Karina Klein,FMSC	
14:45.73	Vonla Kapralos,NYAC	
14:53.95	Kristie Tomyk,DELTA	
15:00.40	Cara Chrissley,LAC	
15:22.75	Genevieve Cote,DH	
15:32.29	Jennifer Kalamadas,PCSC	
15:36.00	Vicky Marsh,WISC	
15:43.00	Annie Walsh,PCSC	
15:52.70	Amanda Johnson,KSC	
15:55.00	Melissa Brooks,GMAC	
15:57.28	Jennie Ogilvie,RDCSC	
16:00.00	Anna Boruslawski,BBSC	
16:11.20	Chantal Domingue,FMSC	
16:12.24	Krista De Baie,DCSC	
16:14.40	Kim Beres,FMSC	
16:23.29	Roxanne Tremblay,PCSC	
16:27.25	Lara Ng,WVOSC	
16:27.76	Leah Haines,RACE	
16:37.70	Katie Ingram,PCSC	
16:39.07	Erin Chapman,WVOSC	
16:45.98	Kathryn Towns,TRENT	
16:47.00	Tara Schulz,PCSC	
16:48.00	Christian Briante,GMAC	
16:57.77	Meaghan McKenzie,NYAC	
16:59.00	Lisa DelMastro,WISC	
17:01.94	Rebecca Murtha,OSC	

GIRLS 10—1500 FREE
Rec:19:09.41 Bodenbender,AQUA,89

19:09.41	Juli Bodenbender,AOUA	
20:31.80	Leslie Dowson,WISC	
22:04.31	Kim Snellings,AOUA	

BOYS 7 & UNDER—200 FREE
Rec:2:58.46 J.Yetman,AQUA,85

3:04.91	Arpad Sebe,NYAC	
3:25.31	Alex Vaile,RHAC	
3:34.82	Chris Peattie,RHAC	
3:34.40	Greg Jacina,GMAC	
3:46.18	Andrew Biteen,PCSC	
4:01.20	Nathan Kearley,KMSC	
4:26.57	Steven Neubauer,RAYS	
4:28.91	David Febicky,NYAC	
4:29.80	Keir Weseloh,NYAC	
4:31.90	Alexander Soare,NYAC	
4:37.18	Mark Fernandez,PCSC	
4:41.38	Jamie Alston,USC	
4:41.70	Patrick Gudgeon,NYAC	
4:41.80	Ryan Marchant,RDCSC	
4:47.91	Peter Thoma,WVOSC	
4:53.13	Daniel Ducheck,UCSC	
5:10.80	James Pomeroy,OSC	
5:16.66	Jared Schaab,DCSC	
5:40.21	Asaf Klimovitsky,NYAC	
5:45.10	Geoffry Mill,WVOSC	
5:47.31	Matthew Gass,DCSC	
5:50.30	Karl Reinsalu,NYAC	
5:57.36	Lin Lee,UCSC	
6:05.71	Paul Dawalibi,NYAC	
6:19.56	Chris Dixon,CTSC	
6:19.78	Daryl Gilroy,UCSC	
6:24.39	Kyle Parker,TASK	
6:26.82	Ryan Northcott,UCSC	
6:45.15	Devin Sylchuck,CTSC	
6:50.71	David Sunderman,RDCSC	
7:00.28	Brennan Wowk,RDCSC	
7:01.62	Joseph Bentley,UCSC	
7:04.57	James Hibberd,UCSC	
7:14.82	Paul Olmstead,AOUA	
7:49.21	Ben Tong,AQUA	
8:30.01	J.M. Campen,AOUA	
8:14.16	Ryan Scherk,AQUA	
8:59.40	David Sum,AOUA	
10:16.33	Conant Liu,AOUA	

BOYS 8—400 FREE
Rec:5:22.65 D.Wake,YLSC,86

5:59.48	Daniel Weckend,VICQ	
6:07.70	Fraser Smith,RACE	
6:16.37	Kelly Albrecht,RDCSC	
6:18.46	Bryan Scott,AOUA	
6:22.38	Stuart Kenning,NRST	
6:24.30	Jeff Somerville,TAT	
6:47.30	Greg Smith,CASC	
7:07.40	Jonah Donald,FMSC	
7:11.30	Nigel Lilley,CASC	
7:13.12	Edward Wood,PCSC	
7:15.40	Craig Ross,CASC	
7:15.87	Neil Shaw,PCSC	
7:20.27	Jason Goldstein,CASC	
7:20.80	Marv Wilson,LAC	
7:45.06	Nicholas Gravigan,DELTA	
7:50.00	Isaac Nelson,CASC	
7:52.40	Kyle Hoeght,CASC	
7:57.80	Keegan Callin,UCSC	
8:00.70	Derek Boucher,SPA	
8:03.00	James Dudley,NYAC	
8:10.74	Colin Mark,USC	
8:11.60	Herman Lundgren,CASC	
8:13.00	Brent Bidgood,TRENT	
8:13.12	Miguel Fernandez,PCSC	
8:16.30	Jesse Raffa,UCSC	
8:18.87	Scott Adams,TRENT	
8:18.97	Chris Dancel,TRENT	
8:20.70	John Calnan,NYAC	
8:28.30	Bobby Marshall,WVQSC	
8:28.32	Erik Vandoneyden,PCSC	
8:32.44	Travis Johnston,CTSC	
8:33.14	Kwasi Boadi,UCSC	
8:36.70	John Fowlie,NYAC	
8:38.50	Adam Campbell,DCSC	
8:48.10	Dawson Hume,DCSC	
8:52.80	Justin Bunko,YQSSC	
8:59.18	Mathieu Mallette,PCSC	
8:59.40	Jeffrey Collins,UCSC	
9:04.81	Joshua Moore,BBSC	
9:10.60	Louis-David Bonneau,DH	
9:13.50	Nir Rotenberg,NYAC	
9:15.73	Gregory Walker,PCSC	
9:18.90	Frederic Matz,PCSC	
9:31.73	Jason Davidson,PCSC	
9:32.28	Michael Leucucha,RDCSC	
9:38.48	Stephen Hitchner,UCSC	
9:42.00	James Cullen,WVQSC	
9:44.34	Brock Haywood,DELTA	
9:51.20	Jonathan Elliott,DCSC	
9:56.88	Greg Parchello,SPA	
9:58.36	Marco Hunstad,UCSC	
9:59.65	Chris Irwin,TASK	
10:07.00	Adam Nicholson,GMAC	
10:11.00	Chris Beanwood,NYAC	
10:11.90	Mark Gordon,CASC	
10:27.10	Michael Nisker,LAC	

BOYS 9—800 FREE
Rec:10:27.10 D.Wake,YLSC,86

11:44.77	Blair Nelson,VICO	
11:52.10	Mark Wyjad,PCSC	
11:52.60	Glen Steacy,LAC	
11:53.10	Chris Warner,RHAC	
12:00.90	Paul Homenock,LAC	
12:15.19	Nigel David,VICO	
12:28.11	Greg Bate,RAYS	
12:35.60	Johnny Hewerdine,LAC	
12:47.90	Peter Armstrong,CASC	
13:01.83	Brannen Bell,AQUA	
13:08.41	Adam Pettifer,AQUA	
13:10.75	Erik Yuill,TRENT	
13:24.90	Trent Smith,RACE	
13:29.08	Michael Wong,AQUA	
13:38.38	Colin Brooks,BBSC	
13:41.33	Darrell McEwan,RQD	
14:04.00	Sandy Henderson,WISC	
14:05.80	Anthony Homenock,LAC	
14:06.00	Garrett Mitchell,CASC	
14:08.20	Michael Kerekes,WISC	
14:09.60	William Chow,HYACK	
14:21.60	Jason Streefkerk,DELTA	
14:22.65	Robby Perry,NYAC	
14:25.75	Kevin Hynd,ROD	
14:27.42	Nick Santic,RHAC	
14:27.64	Jared Jamison,RACE	
14:39.21	Daniel Lacoste,DH	
14:42.00	Eric Tang,CASC	
14:52.51	Brian Keats,NYAC	
14:53.89	Adrian Rigby,DELTA	
14:59.58	Edward Clarke,AA	
15:03.66	Nick Popiel,NYAC	
15:08.49	David Bryant,AOUA	
15:20.00	Jeff Earle,BBSC	
15:21.13	Kevin Johns,AQUA	
15:28.02	Imran Ali,PCSC	
15:30.00	Brynn Richardson,NYAC	
15:30.03	Casey Daum,UCSC	
15:33.45	Layton Johnson,CTSC	
15:36.00	Allan Carter,FMSC	
15:42.16	Joshua Pun,STSC	
15:42.17	Tyler Zunti,STSC	
16:05.90	Kyle Niiya,PCSC	
16:16.78	Travis Grant,TRENT	
16:20.40	Jimmy Walker,PCSC	
16:26.00	Jason Carnew,OSC	
16:29.25	Dallas Dyson,OSC	
16:29.64	Jason Anuik,YOSSC	
16:51.30	Dorey Taylor,WVOSC	
16:58.20	John Steinman,NYAC	
17:03.00	Oren Hercz,BBSC	
17:08.97	Martin Launiere,UCSC	
17:28.00	Joey Debattista,PCSC	
17:28.93	Kelsey McDaniel,RAYS	

BOYS 10—1500 FREE
Rec:19:07.00 J.McLeod,ROD,86

19:10.82	Steven Carson,AOUA	
20:24.27	Lindsey Smith,RACE	
20:51.10	Michael Calkins,VICO	

22:04.46 Lara Browne,OSC
22:06.42 Jenece Hayden,SSC
22:20.62 Pia Larsen,AQUA
22:36.12 Chrissy Henderson,USC
22:55.00 Angelina Wood,PCSC
22:55.95 Veronica Colnar,RACE
23:01.30 Alina Toma,NYAC
23:02.30 Julie Biteen,PCSC
23:08.20 Lara Gurney,AQUA
23:26.50 Marlina Prill,VICQ
23:28.90 Maia Troide,PCSC
23:44.67 Laura Condlln,NYAC
23:45.10 Melody Brayford,RHAC
24:27.30 Sarah MacKinnon,AA
24:30.14 Sadie Jan,AA
24:32.71 Willa Bostock,NYAC
24:33.48 Charlene Stevens,RHAC
24:41.90 Angie Hooker,LAC
24:42.40 Diana Bate,RAYS
24:43.58 Sarah Cowan,ROD
24:52.71 Nadine Lepps,STSC
24:53.50 Erica Gillies,KEETA
25:13.13 Trisha Caswell,SSC
25:27.70 Cindy Cere,PCSC
25:28.06 Lauren Van Dosten,NRST
25:45.00 Shawna Campbell,PCSC
26:05.43 Sarah Stevenson,NYAC
26:11.23 Lindsay Hill,UCSC
26:19.63 Kristie Rosorn,ROD
26:20.10 Amanda MacNeill,CASC
26:21.00 Fionna Sutherland,CASC
26:24.70 Chelsea Turnbull,OSC
26:25.00 Anita Danzig,WVOSC
26:29.03 Gillian Conrad,DCSC
26:33.60 Megan Smith,NYAC
26:34.60 Kelly Cook,WISC
27:00.96 Francine Mathieu,DH
27:04.50 Rebecca Elliott,DCSC
27:05.00 Jennifer Poole,CASC
27:05.70 Alexa von Fersen,WVOSC
27:19.13 Jennifer McCarthy,KEETA
27:36.25 Athena Underhill,CTSC
27:45.61 Lindsey Bell,SPA
27:49.11 Marsha Hamilton,UCSC
27:51.46 Christa Burgess,ROD
28:05.66 Ashley Stanfield,HYACK
28:06.50 Robin Blunt,NYAC
28:10.00 Karin Beuhrer,NYAC
28:11.20 Tara McKay,PCSC
28:13.60 Chantale Soucy,PCSC
28:14.66 Katherine Low,NYAC
28:15.00 Barborka Pek,BBSC
28:30.13 Fawn Kerr,KEETA

GIRLS 7 & UNDER—100 I.M.
Rec:1:28.46 Donna Wu,AQUA,85
1:45.78 Amber Wuensche,KMSC
1:57.46 Carolyn Goepel,AOUA
1:58.98 Alisha Biggs,PCSC
2:01.08 Stacey Stetz,UCSC
2:03.26 Raliegh MacNeill,CASC
2:03.89 Janice Tijsen,PCSC
2:04.27 Lori Curtis,GMAC
2:05.05 Kathie Haines,RACE
2:05.70 Linda Cregan,PCSC
2:06.20 Pamela Tung,NYAC
2:08.08 Laura Henderson,TAT
2:11.00 Jackie Brunetta,BBSC
2:11.33 Suzy Evans,USC
2:12.30 Megan Ng,WVOSC
2:12.56 Jessica King,RAYS
2:21.10 Colleen Jay,WVQSC
2:25.20 Sarah Bernard,PCSC
2:30.00 Jeannette Stevenson,NYAC
2:30.30 Tess Walter,BBSC
2:31.05 Robin Irwin,HYACK
2:35.92 Dayna Saunders,DELTA
2:36.22 Cheryl Davie,AOUA
2:36.78 Chelsea Gaylard,AOUA
2:42.80 Katie Samel,BBSC
2:47.18 Jennifer Tham,AOUA
2:47.54 Kristin Codrington,AOUA
2:48.14 Juli Pauwels,AQUA
2:52.13 Flower Okeymaw,PPS
2:55.31 Jenny Trew,UCSC
3:09.70 Kim Cranfield,NYAC
3:17.56 Jill Marcotte,CASC
3:17.81 Hilary Daum,UCSC
3:24.21 Elizabeth Pritchard,UCSC
3:33.48 Jillian Brehmer,UCSC
3:33.86 Angela Ritter,UCSC
3:36.51 Alison Kakish,UCSC
3:37.57 Shawna Dubord,UCSC
4:48.94 Katie Duckett,UCSC
6:02.54 Desiree Spence,UCSC

GIRLS 8—100 IND.MEDLEY
Rec:1:27.52 Donna Wu,AQUA,85
1:39.18 Dayna Seney,AOUA
1:41.94 Amielle Lake,WVOSC
1:43.35 Beth Albert,TRENT
1:45.79 Kathleen Toldy,HYACK
1:48.21 Zainisha Vasanji,AOUA
1:49.50 Stefanie Hanstein,PCSC
1:51.32 Brooke Harris,LAC
1:51.97 Allison Imrie,TRENT
1:53.13 Julie Gibson,DCSC

1:54.46 MacLean Comstock,DCSC
1:55.50 Beth Frisk,USC
1:56.99 Sarah Glenn,RAYS
1:57.08 Sophy Hurtubise,PCSC
1:57.56 Andrea Cranfield,NYAC
1:59.03 Amanda Wakeford,USC
2:00.00 Heather Clark,BBSC
2:00.60 Gillian Ludwig,CASC
2:01.83 Trina Kulesegarem,PCSC
2:02.80 Amelie Cameron,DCSC
2:03.03 Catherine Legare,DH
2:03.55 Jayme Thompson,CTSC
2:03.72 Jane Imai,GMAC
2:05.46 Erin Reardon,UCSC
2:06.04 Heather Tibbs,SPA
2:07.02 Patricia Knelson,RAYS
2:07.20 Barb Macel,NYAC
2:07.50 Kristy Fullbrandt,OSC
2:07.60 Christine Herman,DCSC
2:08.11 Kristina Pek,BBSC
2:09.35 Sarah Furnerton,USC
2:10.45 Ashley Sawchuk,CTSC
2:10.85 Janice Berry,CTSC
2:13.73 Vanessa Rousseau,PCSC
2:15.50 Jennifer Evernden,BBSC
2:16.02 M.-Ann McCutcheon,CTSC
2:17.52 Kristin Thomas,USC
2:18.56 Allison Zwarich,UCSC
2:19.33 Charlene Miller,CASC
2:21.32 Naomi Myers,CTSC
2:25.71 Katie Edwards,AA
2:26.70 Alina Goldstein,NYAC
2:29.62 Brianna Murray,NYAC
2:31.30 Lauren Goodhew,BBSC
2:34.14 Bonnie MacPherson,CASC

GIRLS 9—200 IND.MEDLEY
Rec:2:50.84 L.Downson,WISC,88
2:58.43 Candace Gaylard,AOUA
3:05.62 Kelly Doody,CASC
3:08.19 Jenny Genderson,TAT
3:09.39 Carla Greer,NSC
3:09.76 Nicole Scott,AOUA
3:10.28 Kelly Bryon,USC
3:10.41 Diane Laberge,RHAC
3:13.79 Kristen Kursiss,TRENT
3:16.30 Rebecca Bernard,PCSC
3:16.40 Stella Drury,PCSC
3:16.88 Alida VanHamme,TAT
3:17.24 Tanya Smith,NRST
3:17.80 Kerry Creagan,PCSC
3:19.00 Jackie Strahl,RHAC
3:19.16 Mindy Cournoyer,SPA

3:19.62 Suzanna de Moor,TASK
3:20.05 Rachelle Dejong,ROD
3:20.71 Xenia Rice,CASC
3:20.82 Amanda Downing,VICO
3:22.00 Nancy Martisko,CASC
3:22.25 Zoe MacMillan,WVOSC
3:25.76 Cristina Hajdu,RHAC
3:26.17 Nancy Lewis,CASC
3:27.08 Adele Ciccone,RHAC
3:27.23 Catrin Jones,NRST
3:27.27 Marnie Shaw,NYAC
3:28.40 Melissa Bodenbender,AOUA
3:30.10 Annie Morrice,WISC
3:31.98 Jennie Ogilvie,RDCSC
3:31.98 Sarah Teetzel,TAT
3:32.06 Elisabeth Dacjzer,KSC
3:33.00 Meghan Marley,NYAC
3:33.30 Cara Chrissley,LAC
3:35.50 Leah-Anne McInnes,WISC
3:35.74 Voula Kapralos,NYAC
3:40.30 Krista De Baie,DCSC
3:40.72 Erin Chapman,WVOSC
3:41.40 Lisa DelMastro,WISC
3:42.20 Karina Klein,FMSC
3:43.50 Jennifer DeLong,PCSC
3:43.52 Sheri Thibeau,SSC
3:47.21 Melissa Thomas,USC
3:47.59 Ashley Venne,VICQ
3:49.35 Ana Drogo,RHAC
3:50.14 Genevieve Cote,DH
3:53.06 Roxanne Tremblay,PCSC
3:53.37 Tammy Hackett,KMSC
3:57.11 Kerri Weightman,KMSC
4:00.32 Christina Briante,GMAC
4:01.00 Vicky Marsh,WISC
4:01.35 Erin Campbell,CASC
4:02.49 Annie Walsh,PCSC
4:02.77 Jennifer Clark,RHAC
4:03.43 Rebecca Murtha,OSC
4:04.10 Monica Fofie,UCSC
4:08.18 Lauria David,AOUA
4:08.30 Melissa Brooks,GMAC
4:10.45 Nicole Minde,PPS
4:10.80 Anna Boruslawski,BBSC
4:11.20 Jennifer Kalampas,PCSC
4:14.53 Tara McKenzie,CASC

GIRLS 10—400 IND.MEDLEY
Rec:5:36.76 S.Shewchuk,PCSC,85
5:54.18 Juli Bodenbender,AOUA
6:01.80 Erin Toplak,KMSC
6:06.96 Veronika Colnar,RACE
6:08.29 Kim Snellings,AQUA

6:12.48 Lara Browne,OSC
6:12.61 Jenece Hayden,SSC
6:13.41 Pia Larsen,AOUA
6:21.64 Chrissy Henderson,USC
6:24.41 Willa Bostock,NYAC
6:26.58 Nadine Lepps,STSC
6:29.90 Kim Westgate,KMSC
6:30.18 Kristine McGraw,NRST
6:31.30 Angelina Wood,PCSC
6:31.91 Michelle Marentette,KMSC
6:35.80 Julie Biteen,PCSC
6:39.90 Shawna Campbell,PCSC
6:40.70 Maia Troide,PCSC
6:44.06 Alina Toma,NYAC
6:45.11 Erica Gillies,KEETA
6:48.90 Sarah Cowan,ROD
6:49.54 Angie Hooker,LAC
6:49.54 Melody Brayford,RHAC
6:50.50 Marlina Prill,VICO
6:52.90 Erin Neubauer,RAYS
6:54.07 Laura Condlln,NYAC
6:59.55 Cherlene Stevens,RHAC
7:01.56 Lara Gurney,AOUA
7:09.50 Sarah Stevenson,NYAC
7:11.79 Francine Mathieu,DH
7:13.10 Rebecca Elliott,DCSC
7:16.40 Amanda MacMacNeill,CASC
7:17.15 Gillian Conrad,DCSC
7:18.17 Krista Scheyer,RDCSC
7:18.87 Christa Burgess,ROD
7:20.05 Megan Smith,NYAC
7:20.29 Kristie Rosorn,ROD
7:20.32 Jennifer McCarthy,KEETA
7:20.36 Kellee Ngan,NYAC
7:20.50 Cindy Cere,PCSC
7:21.00 Fionna Sutherland,CASC
7:22.14 Trisha Caswell,SSC
7:24.18 Natasha Hollett,RAYS
7:26.75 Fawn Kerr,KEETA
7:27.15 Sarah,MacKinnon,AA
7:28.61 Suzanne Peters,UCSC
7:31.40 Jennifer Gardner,ROD
7:32.15 Amy Rogerson,STSC
7:34.04 Barborka Pek,BBSC
7:34.27 Sadie Jan,AA
7:35.30 Jennifer Poole,CASC
7:37.27 Lindsey Bell,SPA
7:37.50 Jane Dixon,CASC
7:37.60 Chantale Soucy,PCSC
7:39.58 Priscilla Pattison,STSC
7:41.57 Tara McKay,PCSC
7:42.18 Robin Blunt,NYAC
7:43.22 Cindy Kohl,CTSC

21:00.62 Taylor Scherk,AOUA
21:46.20 Lee Dryden,VICO
21:49.16 Michael Brett,RHAC
21:51.69 Michael Thibeau,SSC
21:57.35 Graham Doody,CASC
22:21.70 Jamie Weckend,VICO
22:32.30 Chad Christie,PCSC
22:34.56 Kevin Dupuis,DCSC
22:35.18 Robert Harrison,RHAC
22:35.30 Kostas Kapralos,NYAC
22:44.70 Fraser Bourne,PCSC
22:50.80 Philip Beecher,LAC
22:51.70 Matthew Slater,USC
22:55.40 Patrick Goral,CASC
22:55.57 Justin Oliver,TASK
23:05.40 Aaron Lo,WISC
23:06.12 Andrew Bolton,RHAC
23:06.23 Kyle AlisHaran,AQUA
23:20.11 Craig Albrecht,RDCSC
23:21.12 Greg Stubbs,RAYS
23:22.01 Kevin Brooks,BBSC
23:23.00 Mark Eberlie,LAC
23:25.64 Eric Johnson,CTSC
23:32.00 Joshua Kimmel,PCSC
23:36.18 Scott Heal,NRST
23:42.16 Jeremy Roycroft,CASC
23:44.33 Matthew Faulkner,DCSC
23:51.10 Scott Ross,CASC
23:51.10 Ben Kerr,VICQ
23:54.82 Jonathan Mack,OSC
24:03.20 Marc Robin,PCSC
24:11.36 Michael Gibson,DCSC
24:13.20 Derek Keuchler,VICO
24:21.60 Steven Gluch,NYAC
24:23.15 Peter Marshall,WVOSC
24:29.10 James Smith,CASC
24:38.97 Sander Henriksen,DCSC
24:40.30 Zach Vaile,RHAC
24:53.26 Nairn Neiser,SPA
25:02.00 Nelson McDunnough,PCSC
25:03.20 Stephane Bergeron,PCSC
25:06.30 David Vranch,LAC
25:14.28 Kristian Shewchuk,PCSC
25:15.00 Adrian Amgwerd,WVOSC
25:19.00 Josh McGee,GMAC
25:21.53 John Sekonlidos,NYAC
25:22.00 Collin Forsberg,GMAC
25:25.18 Mike Sandusky,LAC
25:30.50 Kevin O'Neill,NYAC
25:34.41 David Randell,DCSC
25:52.91 Jeff Stillings,STSC
26:00.52 Martin Tan,NYAC
26:08.00 Alex Mamalian,PCSC
26:13.00 Daniel Killick,KSC

BOYS 7 & UNDER—100 I.M.
Rec:1:35.41 J.Yetman,AQUA,85
1:44.77 Arpad Sebe,NYAC
1:47.34 Chris Peattie,RHAC
1:53.51 Greg Jacina,GMAC
1:48.89 Alex Vaile,RHAC
2:03.61 Paul Olmstead,AOUA
1:58.09 Andrew Biteen,PCSC
2:06.51 Nathan Kearley,KMSC
2:08.81 Steven Neubauer,RAYS
2:11.64 Matthew Kriese,RAYS
2:16.17 Ryan Scherk,AQUA
2:18.40 Keir Weseloh,NYAC
2:20.34 Nedin Tudakowicz,HYACK
2:22.20 Alexander Soare,NYAC
2:22.62 Daniel Ducheck,UCSC
2:23.28 Mark Fernandez,PCSC
2:26.48 David Fenicky,NYAC
2:28.00 Daniel Lelli,BBSC
2:30.46 Ben Tong,AQUA
2:30.99 Ryan Marchant,RDCSC
2:33.73 Richard Carey,RAYS
2:37.10 Jared Schaab,DCSC
2:40.00 Michael Lelli,BBSC
2:43.40 Matthew Gass,DCSC
2:44.74 James Pomeroy,OSC
2:47.51 Jamie Alston,USC
2:54.60 Peter Thoma,WVOSC
2:57.50 Kyle Parker,TASK
3:00.49 J.M. Campen,AQUA
3:04.36 Chris Dixon,CTSC
3:10.41 Asaf Klimovitsky,NYAC
3:11.36 Ryan Northcott,UCSC
3:15.58 Devin Syfchuck,CTSC
3:16.97 Lin Lee,UCSC
3:23.56 Paul Dawalibi,NYAC
3:45.30 Karl Reinsalu,NYAC
3:46.13 Joseph Bentley,UCSC
3:46.22 David Sum,AOUA
4:12.68 Daryl Gilroy,UCSC
4:20.11 Conant Liu,AQUA
4:54.53 Brennan Wowk,RDCSC
4:59.81 James Hibberd,UCSC

BOYS 8—100 IND.MEDLEY
Rec:1:25.27 Y.Yetman,AQUA,86
1:31.53 Daniel Weckend,VICO
1:32.48 Kelly Albrecht,RDCSC
1:34.27 Bryan Scott,AOUA
1:38.61 Stuart Kenning,NRST
1:41.85 Jeff Somerville,TAT
1:42.47 Fraser Smith,RACE
1:44.38 Jason Goldstein,CASC
1:44.60 Mark Wilson,LAC

1:47.08 Craig Ross,CASC
1:47.54 Lee Pattison,STSC
1:48.00 Edward Wood,PCSC
1:48.62 Colin Purvis,RDCSC
1:48.75 Neil Shaw,PCSC
1:49.46 Miguel Fernandez,PCSC
1:50.01 Chris Dancel,TRENT
1:50.61 Nigel Lilley,CASC
1:50.68 Kwasi Boadi,UCSC
1:53.61 Jason Goldstein,CASC
1:53.62 Isaac Nelson,CASC
1:54.50 Herman Lundgren,CASC
1:54.85 Kyle Hoeght,CASC
1:55.23 Derek Boucher,SPA
1:55.82 Scott Adams,TRENT
1:56.26 Dawson Hume,DCSC
1:56.49 Jesse Raffa,UCSC
1:58.05 Nicholas Gravigan,DELTA
1:58.23 Brent Bidgood,TRENT
1:58.47 Greg Smith,CASC
1:58.50 Jonah Donald,FMSC
2:01.36 Mark Gordon,CASC
2:02.17 Erik Vandoneyden,PCSC
2:02.70 Adam Campbell,DCSC
2:02.80 John Calnan,NYAC
2:03.41 Raymond Lindsay,KEETA
2:04.40 Bobby Marshall,WVOSC
2:04.90 Jonathan Elliott,DCSC
2:05.50 Justin Bunko,YQSSC
2:10.74 Mathieu Mallette,PCSC
2:10.88 Keegan Callin,UCSC
2:11.00 Joshua Moore,BBSC
2:11.02 Greg Parchello,SPA
2:11.20 Colin Mark,USC
2:11.69 Gregory Walker,PCSC
2:12.19 Travis Johnston,CTSC
2:13.06 Frederic Matz,PCSC
2:16.49 Michael Lencucha,RDCSC
2:18.66 Jeffrey Collins,UCSC
2:23.20 Michael Nisker,LAC
2:25.60 Jason Davidson,PCSC
2:26.80 John Fowlie,NYAC
2:30.00 Adam Nicholson,GMAC
2:30.33 Eicky Davies,UCSC
2:30.66 Greg Perkins,DELTA
2:30.94 Louis-David Bonneau,DH

BOYS 9—200 IND.MEDLEY
Rec:2:46.50 A.Cho,HYAC,88
2:54.32 Paul Hornenock,LAC
2:57.35 Johnny Hewerdine,LAC
3:02.30 Mark Wyjad,PCSC
3:05.42 Chris Warner,RHAC
3:08.50 Nigel David,VICQ

3:08.81 Erik Yuill,TRENT
3:10.56 Ed Fairhurst,VICO
3:17.44 Michael Wong,AOUA
3:17.84 Antony Hornenock,LAC
3:17.89 Blair Nelson,VICO
3:18/10 Brannen Bell,AOUA
3:21.00 Michael Kerekes,WISC
3:23.47 Nathan Prouse,TAT
3:25.50 Peter Armstrong,CASC
3:26.82 Adam Pettifer,AOUA
3:27.50 Sandy Henderson,WISC
3:29.20 Glen Steacy,LAC
3:29.40 Jason Streefkerk,DELTA
3:30.04 Daniel Lacoste,DH
3:31.10 Iain Burnett,WISC
3:31.78 Joshua Pun,STSC
3:34.12 Darrell McEwan,ROD
3:34.50 Bryan Richardson,NYAC
3:34.80 William Chow,HYACK
3:36.13 Colin Brooks,BBSC
3:36.31 Matthew Takach,NSC
3:38.53 Lewis Facca,UCSC
3:38.98 Edward Clarke,AA
3:39.74 Kevin Hynd,ROD
3:40.50 Brian Keats,NYAC
3:41.14 Trent Smith,RACE
3:41.27 David Bryant,AQUA
3:42.50 Nick Santic,RHAC
3:42.51 Jared Jamison,RACE
3:44.25 Martin Launiere,UCSC
3:44.87 Robby Perry,NYAC
3:45.30 Eric Tang,CASC
3:46.34 Casey Daum,UCSC
3:46.35 Greg Bate,RAYS
3:47.53 Nick Popiel,NYAC
3:49.23 Daniel Anthony,KMSC
3:49.50 Dallas Dyson,OSC
3:50.10 Kevin Johns,AOUA
3:52.09 Garrett Mitchell,CASC
3:52.20 Jeff Earle,BBSC
3:52.30 Allan Carter,FMSC
3:53.25 Jason Carnew,QSC
3:54.91 Ricky Boudreau,NSC
3:55.17 Imran Ali,PCSC
3:56.41 Andrew Brown,KEETA
3:56.95 Kevin Maxin,TAT
3:57.15 Tyler Zunti,STSC
3:58.22 Danny Dunsmore,TAT
4:01.04 Jason Anuik,YQSSC

BOYS 10—400 IND.MEDLEY
Rec:5:37.18 S.Carson,AQUA,89
5:37.18 Steven Carson,AOUA
5:50.53 Paul Hurwitz,ARB

5:59.55 Lindsey Smith,RACE
6:12.33 Michael Calkins,VICO
6:15.22 Kevin Dupuis,DCSC
6:15.63 Michael Brett,RHAC
6:18.48 Matthew Slater,USC
6:19.80 Aaron Lo,WISC
6:24.67 Lee Dryden,VICO
6:25.00 Graham Doody,CASC
6:29.09 Taylor Schenk,AOUA
6:29.10 Chad Christie,PCSC
6:29.81 Patrick Goral,CASC
6:30.31 Andrew Parker,NYAC
6:32.12 Philip Beecher,LAC
6:34.20 Fraser Bourne,PCSC
6:35.85 Michael Telford,ARB
6:36.50 Kostas Kapralos,NYAC
6:37.50 Jonathan Mack,OSC
6:40.30 Craig Albrecht,RDCSC
6:41.62 Steven Gluch,NYAC
6:43.80 Kyle Alisharan,AQUA
6:44.17 Robert Harrison,RHAC
6:47.00 Adrian Amgwerd,WVOSC
6:49.55 Tony Bell,ROD
6:50.11 Michael Thibeau,SSC
6:50.80 Justin Oliver,TASK
6:52.08 Kevin Playfair,RDCSC
6:53.84 Sander Henriksen,DCSC
6:54.38 Sheldon Riley,RAYS
6:54.40 Kristian Shewchuk,PCSC
6:56.20 Eric Johnson,CTSC
6:56.37 Matthew Faulkner,DCSC
6:56.70 Stephane Bergeron,PCSC
6:59.20 Jeremy Roycroft,CASC
6:59.50 Mark Eberlie,LAC
7:00.06 Kevin O'Neill,NYAC
7:00.45 Jamie Weckend,VICO
7:00.50 Michael Gibson,DCSC
7:02.41 Greg Stubbs,RAYS
7:03.05 Peter Marshall,WVQSC
7:03.46 Andrew Bolton,RHAC
7:04.22 Nairn Neiser,SPA
7:07.70 Kevin Brooks,BBSC
7:11.60 Nelson McDunnough,PCSC
7:12.61 Aaron Bard,GMAC
7:13.60 Joshua Kimmel,PCSC
7:17.08 Ben Kerr,VICQ
7:17.34 Jeff Stillings,STSC
7:18.00 Scott Ross,CASC
7:19.14 Josh McGee,GMAC
7:19.77 Jonathan Wilson,STSC
7:20.19 Luke Murtha,QSC
7:21.60 Alex Mamallian,PCSC
7:24.08 David Randell,DCSC
7:25.50 Collin Forsberg,GMAC

BACKWASH

Backwash features short clips, gossip, letters and opinion. Contributions are welcomed. Now for the rumours behind the news.

Love him or hate him, he's opened their eyes. Charlie Francis (Ben Johnson's coach) lit some fires at the Dubin Inquiry, but one of his statements must have sounded very familiar to anyone involved with swimming. *"The stated objective of the Canadian Track and Field Association was to become the number one track and field nation in the world by the year 2000—which is absolutely a journey into science fiction."* To prove they were serious the target date was coupled with more budget cuts.

Idiot strings on your towels maybe? Pity poor Tom Ponting. He has no problem setting records, but he can't seem to keep track of his clothes. It's now reaching epidemic proportions. Last year we reported that Ponting had lost his varsity jacket and his favourite toque. As of March 1989 he has lost a few more caps, t-shirts, team shirt, bathing suits and the list goes on.

"I figure any time I get something new I can count on seeing someone walking away with it. I asked one person why he was wearing my new shirt and he said he hadn't got his yet so he figured he'd use mine."

Doing our part to keep him at least partially clad, *SWIM* has made Tom the first recipient of our spiffy new *SWIM* Magazine t-shirt.

Phoenix rising. Life in Arizona is not always sunny and to the swimming community it seemed that storm clouds were on the horizon. Phoenix's much touted super club appeared to be in trouble; rumours of financial difficulties combined with a delayed construction of their pool and head coach Dennis Pursley leaving for the position of US Swimming National Team Director, would have shaken anyone's faith.

The pool will be completed in April and assistant coach, Pierre Lafontaine, lately of Calgary will take over as head coach.

What is the price of gold? With a stack of gold medals and his All-American good looks, you'd think Matt Biondi would be one athlete able to hop on the fast moving gravy train. West Germany's Michael Gross is still able to demand $5,000 to $10,000 for a single meet appearance. Unfortunately Biondi hasn't been able to translate gold into dollars. He blames Ben Johnson as part of the reason that sponsors are so athlete-phobic.

In fact the Olympics ended up costing Biondi money. While he was in Seoul, Biondi was asked by US Swimming to leave the Olympic village and move to a hotel for security reasons. When it came time to leave Biondi was stuck with the $863 hotel bill and US Swimming was nowhere to be found. Nice souvenir.

This is more lucrative than Toronto real estate. FINA's financial report (84-88) showed that Kolon, generated $5.28 million Swiss francs for them. It turns out Kolon is a cryptic name for the Korean Olympic committee. The $5.28 million SF respresents their share of the IOC's Olympic fund which they received for changing the starting times to accommodate prime time North American TV.

The scheduling may have bothered some of the swimmers, but Olympic television has proved to be a boon for FINA. Their Olympic revenues tripled in just four years.

The financial report also showed office expenditures of the honorary (volunteer) president and secretary of $431,000 SF and $526,326 SF respectively. In fairness, not all of it's spent on first class travel. (1 Swiss Franc = 0.72 Cdn.$)

Squeeze it between Wrestlemania and log rolling. US Swimming is all in a tizzy about their new TV contract with TBS (Turner Broadcasting System) to televise eight meets a year. "We were able to increase our projected TV revenues as well as gain maximum coverage," said Executive Director Ray Essick. "This agreement has helped US Swimming and is a winner for both of us."

Canada tried the cable network route and eventually went back to CBC. With cable you can see the event live and then watch it again when they replay it to fill up their mandate of 24 hours of sports a day. Cable may allow more viewing time to fewer viewers—networks offer swimming a larger market share.

What's your favourite bird? The ostrich? Remember Angel Myers who was booted off the American Olympic squad for a positive steroid test? US Swimming banned her, but they have no jurisdiction over college sports. Angel Meyers recently won the 200 yard IM at the NCAA finals. (Yes, they still use yards.)

Just to confirm that they live in a vacuum and answer to no one, the NCAA continues to recruit South African swimmers. This flys in the face of FINA's ban against anyone who has ever been a member of the South African Swimming Federation.

Ex-South African freestyler, Gary Brinkman, who hit the headlines last year by advertising for a wife on the beaches of Australia, is one of those ineligible to ever compete anywhere but South Africa. On top of that he may have his Australian citizenship revoked after his "wife", now pregnant by her real boyfriend, admitted that theirs was a marriage of convenience, something Australian Immigration takes a dim view of.

World Student Games gone? The FISU Games that were scheduled to be held in Sao Paulo, Brazil have been scraped. Duisburg, West Germany, has offered to host rowing, track, fencing and men's basketball.

There is a slim chance that Belgium may host swimming, but to date not even the town has been confirmed. Unfortunately it looks like the FISU Games can't, realistically, be scheduled every two years.

Why it's even more Canadian than extension cords on your car. It seems that SNC has not yet selected a head coach. Someone, though, has come up with an idea that is sure to warm deepest part of what makes us Canadian; name two head coaches. Masters of compromise.

Don't blame us. We didn't choose the name. Nobody has really come up with a way to comfortably pronounce SNC. Most still call it CASA or mutter something unitelligible. The obvious pronunciation is "snick". Use it freely. Use it often.

Harry Taylor would vote for him. Our Soviet sources let slip that Vladimir Salnikov ran for parliament in the recent Soviet elections. Pending the final count (expected with in weeks) the Czar of swimming may yet become the Czar of the Soviets.

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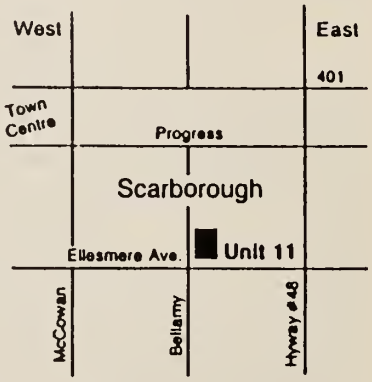

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NEW BRUNSWICK CHAMPIONSHIP

Fredericton, February 24-26, (25m)

GIRLS 11-12 **50 FREE**—29.88 C.Morel, FAST, 31.65 A.Spataro, CVAC, 33.54 T.Giberson, GOT **100 FREE**—1:03.27 S.Shannon, TIDE, 1:05.83 C.Morel, FAST, 1:10.69 A.Spartaro, CVAC **200 FREE**—2:17.95 S.Shannon, TIDE, 2:21.62 C.Morel, FAST, 2:26.91 A.Spataro, CVAC **400 FREE**—4:42.58 S.Shannon, TIDE, 4:58.33 C.Morel, FAST, 5:10.30 **800 FREE**—9:23.24 S.Shannon, TIDE, 10:40.55 A.Munn, CVAC, 11:17.08 L.Woodworth, TIDE

100 BACK—1:16.98 C.Morel, FAST, 1:20.37 L.Smythe, CVAC, 1:24.11 F.Nutten, BAP **200 BACK**—2:44.84 C.Morel, FAST, 2:56.71 F.Nutten, BAP, 2:56.91 J.McMaster, CVAC

100 BREAST—1:30.23 J.McMaster, CVAC, 1:31.51 C.Poley, CVAC, 1:34.34 H.Campbell, TIDE, **200 BREAST**—3:12.44 J.McMaster, CVAC, 3:19.11 C.Poley, CVAC, 3:23.01 H.Campbell, TIDE

100 FLY—1:14.95 S.Shannon, TIDE, 1:19.95 A.Munn, CVAC, 1:44.17 T.Profit, YBAC **200 FLY**—2:57.24 A.Munn, CVAC

200 IM—2:52.73 A.Munn, CVAC, 2:58.94 A.Spartaro, CVAC, 3:03.31 J.McMaster, CVAC **400 IM**—5:26.18 S.Shannon, TIDE

13-14 **50 FREE**—29.73 K.MacNeilly, FAST, 29.89 H.Hutchinson, CVAC, 30.10 D.Allain, BAP **100 FREE**—1:01.01 H.Seagrave, FAST, 1:02.82 G.Slaviero, CVAC, 1:03.50 N.Bourgeois, CVAC **200 FREE**—2:11.30 H.Seagrave, FAST, 2:14.70 A.Sharpe, MCT, 2:14.93 N.Bourgeois, CVAC **400 FREE**—4:35.99 A.Sharpe, MCT, 4:36.74 G.Slaviero, CVAC, 4:53.70 C.Cole, TIDE **800 FREE**—9:40.53 A.Sharpe, MCT, 9:58.51 C.Cole, TIDE, 10:01.71 N.Bourgeois, CVAC

100 BACK—1:17.45 H.Hutchinson, CVAC, 1:19.02 S.Vnneau, MCT, 1:19.98 T.Caine, FAST **200 BACK**—2:29.13 H.Seagrave, FAST, 2:41.47 N.Bourgeois, CVAC, 2:46.61 A.Sharpe, MCT

100 BREAST—1:19.56 H.Hutchinson, CVAC, 1:21.81 K.Crowther, FAST, 1:24.65 T.Trenholm, SSC **200 BREAST**—2:52.30 H.Hutchinson, CVAC, 2:56.21 K.Crowther, FAST, 3:01.46 T.Trenholm, SSC

100 FLY—1:09.24 G.Slaviero, CVAC, 1:10.26 C.Cole, TIDE, 1:11.06 D.Allain, BAP **200 FLY**—2:29.00 C.Cole, TIDE, 2:31.45 G.Slaviero, CVAC, 2:49.64 D.Allain, BAP

200 IM—2:26.93 H.Seagrave, FAST, 2:34.83 C.Cole, TIDE, 2:36.82 N.Bourgeois, CVAC **400 IM**—5:12.01 H.Seagrave, FAST, 5:22.32 C.Cole, TIDE, 5:24.88 G.Slaviero, CVAC

SENIOR **50 FREE**—27.93 M.Limpert, FAST, 28.69 K.Hubbard, MCT, 28.76 K.Matthews, MCT **100 FREE**—59.46 M.Limpert, FAST, 1:01.50 R.Sears, TIDE, 1:03.20 T.Lynch, CVAC **200 FREE**—2:11.43 M.Limpert, FAST, 2:13.78 K.Stewart, TIDE, 2:14.14 T.Lynch, CVAC **400 FREE**—4:37.00 K.Stewart, TIDE, 4:40.19 T.Lynch, CVAC, 4:41.11 K.Moorehouse, TIDE **800 FREE**—9:20.73 K.Stewart, TIDE, 10:00.11 K.Moorehouse, TIDE, 10:18.93 J.Tingley, CVAC

100 BACK—1:08.14 R.Sears, TIDE, 1:10.35 K.Matthews, MCT, 1:11.20 J.Tingley, CVAC **200 BACK**—2:30.49 K.Matthews, MCT, 2:32.04 J.Tingley, CVAC, 2:38.65 A.Pickles, FAST

100 BREAST—1:15.75 M.Limpert, FAST, 1:18.38 M.Seagrave, FAST, 1:21.01 K.Stewart, TIDE **200 BREAST**—2:47.77 K.Stewart, TIDE, 2:50.63 M.Seagrave, FAST, 2:59.18 K.Midgley, YBAC

100 FLY—1:06.70 M.Limpert, FAST, 1:08.94 T.Lynch, CVAC, 1:10.40 R.Sears, TIDE **200 FLY**—2:32.01 K.Moorehouse, TIDE, 2:32.24 T.Lynch, CVAC

200 IM—2:24.76 M.Limpert, FAST, 2:32.03 R.Sears, TIDE, 2:34.49 T.Lynch, CVAC **400 IM**—5:14.36 K.Stewart, TIDE, 5:14.76 R.Sears, TIDE, 5:29.81 M.Seagrave, FAST

BOYS 11-12 **50 FREE**—29.95 A.Snowdon, SSC, 31.10 G.Luck, CVAC, 31.72 J.Ballem, YBAC **100 FREE**—1:04.28 K.Pelletier, CVAC, 1:05.41 M.Grant, FAST, 1:06.70 J.Tranquilla, FAST **200 FREE**—2:15.27 K.Pelletier, CVAC, 2:15.46 M.Grant, FAST, 2:25.79 J.Tranquilla, FAST **400 FREE**—4:45.87 K.Pelletier, CVAC, 4:47.56 M.Grant, FAST, 5:13.81 J.Tranquilla, FAST

100 BACK—1:14.66 J.Tranquilla, FAST, 1:23.88 A.White, TIDE, 1:25.10 D.McEachern, MCT **200 BACK**—2:41.10 J.tranquilla, FAST, 2:43.20 M.Grant, FASTT, 2:57.44 A.White, TIDE

100 BREAST—1:22.30 A.Snowden, SC, 1:25.61 M.Grant, FAST, 1:29.08 A.Desaulniers, FAST **200 BREAST**—2:58.48 A.Snowden, SSC, 3:09.90 A.Desaulniers, FAST, 3:12.28 E.Loat, CVAC

100 FLY—1:14.70 K.Pelletier, CVAC, 1:15.14 J.Tranquilla, FAST, 1:20.33 A.Snowdon, SSC **200 FLY**—3:30.39 A.Desaulniers, FAST

200 IM—2:37.44 M.Grant, FAST, 2:38.13 K.Pelletier, CVAC, 2:49.25 A.Snowden, SSC **400 IM**—5:38.88, CVAC, 6:02.15 A.Snowdon, SSC, 6:03.65 J.Ballem, YBAC

13-14 **50 FREE**—26.23 D.Pelkey, CVAC, 27.15 P.Christianson, TIDE, 27.77 R.Venugopal, FAST **100 FREE**—56.26 D.Pelkey, CVAC, 1:00.22 B.Kuttner, FAST, 1:00.47 P.Christianson, TIDE **200 FREE**—2:04.11 D.Pelkey, CAV, 2:08.68 R.Venogpal, FAST, 2:10.15 B.Kuttner, FAST **400 FREE**—4:23.70 D.Pelky, CVAC, 4:31.77 S.Hicks, CVAC, 4:331.88 R.Venugopal, FAST **1500 FREE**—17:24.41 S.Hicks, CVAC, 18:06.80 J.Clark, FAST, 18:12.23 B.Kuttner, FAST

100 BACK—1:09.08 R.Venugopal, FAST, 1:09.14 D.Plekey, CVAC, 1:12.10 J.Clark, FAST **200 BACK**—2:30.51 S.Hicks, CVAC, 2:31.04 J.Clark, FAST, 2:31.23 R.Venugopal, FAST

100 BREAST—1:14.05 P.Christianson, TIDE, 1:17.19 J.LeBlanc, CVAC, 1:20.69 T.Brooks, FAST **200 BREAST**—2:42.43 P.Christianson, TIDE, 2:49.66 J.LeBlanc, CVAC, 2:53.50 T.Brooks, FAST

100 FLY—1:04.00 S.Beaulieu, CVAC, 1:06.26 S.Hicks, CVAC, 1:06.88 D.Struther, TIDE **200 FLY**—2:22.57 S.Hicks, CVAC, 2:22.81 D.Struthers, TIDE, 2:29.17 S.Beaulieu, CVAC

200 IM—2:23.54 D.Pelkey, CVAC, 2:26.65 S.Beaulieu, CVAC, 2:33.78 B.Kuttner, FAST **400 IM**—5:04.66 S.Hicks, CVAC, 5:12.44 S.Beaulieu, CVAC, 5:20.78 D.Struther, TIDE

SENIOR **50 FREE**—25.57 S.Quinn, TIDE, 2.74 B.Staeben, UNATT, 25.78 G.Slaviero, CVAC **100 FREE**—55.23 S.Quinn, TIDE, 55.59 G.Slaviero, CVAC, 55.61 T.Bacon, TIDE **200 FREE**—1:58.87 G.Slaviero, CVAC, 2:01.53 C.Devitt, TIDE, 2:02.05 S.Quinn, TIDE **400 FREE**—4:11.98 C.Devitt, TIDE, 4:17.30 J.Chamberland, CVAC, 4:19.37 T.Brown, TIDE **1500 FREE**—16:37.26 T.Brown, TIDE, 16:45.84 J.Chamberland, CVAC, 16:48.83 C.Devitt, TIDE

100 BACK—1:03.65 S.Quinn, TIDE, 1:06.19 M.Hawke, FAST, 1:06.21 R.Venugopal, FAST **200 BACK**—2:19.88 S.Quinn, TIDE, 2:21.73 C.Devitt, TIDE, 2:25.32 R.Venugopal, FAST

100 BREAST—1:08.93 G.Slaviero, CVAC, 1:09.30 S.LeBlanc, CVAC, 1:09.45 T.Bacon, TIDE **200 BREAST**—2:29.91 G.Slaviero, CVAC, 2:31.15 T.bacon, TIDE, 2:32.25 S.LeBlanc, CVAC

100 FLY—58.85 M.Hawkes, FAST, 58.95 J.Legge, TIDE, 1:00.22 R.Stirling, FAST **200 FLY**—2:13.29 M.Hawkes, FAST, 2:15.91 T.Bacon, TIDE, 2:19.40 J.Legge, TIDE

200 IM—2:15.41 T.Bacon, TIDE, 2:19.05 J.Legge, TIDE, 2:20.76 G.Slaviero, CVAC **400 IM**—4:48.37 T.Bacon, TIDE, 4:55.76 J.Chamberland, CVAC, 4:57.42 D.Desaulniers, FAST

NOVA SCOTIA CHAMPS

Dartmouth, Feb. 24-25 (25m)

GIRLS 11-12 **50 FREE**—29.67 J.Tumonds, DCSC, 30.17 A.ROss, HTAC, 30.20 N.Martin, HTAC **100 FREE**—1:04.99 J.Tumonds, DCSC, 1:06.63 R.Fougere, DCSC, 1:06.99 A.Ross, HTAC **200 FREE**—2:21.62 J.Tummonds, DCSC, 2:28.89 A.Ross, HTAC, 2:29.44 S.Hennebury, DCSC **400 FREE**—4:59.56 J.Tummonds, DCS, 5:10.46 R.Fougere, DCSC, 5:20.31 S.Hennebury, DCSC **800 FREE**—11:00.12 S.Hennebury, DCSC, 11:04.50 J.Ritcey, HTAC

100 BACK—1:13.69 N.Martin, HTAC, 1:17.84 R.Fougere, DCS, 1:20.51 L.Lawson, SBSC **200 BACK**—2:37.44 N.Martin, HTAC, 2:44.07 R.Fougere, DCSC, 2:47.64 L.Lawson, SBSC

100 BREAST—1:24.66 A.Ross, 1:26.20 D.Taylor, DCSC, 1:31.25 N.Tattersall, DCSC **200 BREAST**—3:01.09 A.Ross, HTAC, 3:03.15 D.taylor, DCSC, 3:10.06 C.MacIsaac, PHTAC

100 FLY—1:13.07 J.Tummonds, DCSC, 1:14.60 R.Fougere, DCSC, 1:14.79 N.Martin, HTAC **200 FLY**—2:41.26 J.Tummonds, DCSC, 2:42.68 R.Fougere, DCSC, 2:55.53 R.English, PCMSC

200 IM—2:40.17 J.Tummonds, DCSC, 2:43.20 A.Ross, HTAC, 2:43.21 N.Martin, HTAC **400 IM**—5:52.72 A.Ross, HTAC, 6:03.66 N.Tattersall, DCSC, 6:07.02 J.Ritcey, HTAC

13-14 **50 FREE**—28.17 I.Allen, HTAC, 28.55 H.Thomas, HTAC, 28.65 B.Yong, PCMSC **100 FREE**—1:02.00 C.Wettlaufer, HTAC, 1:05.39 T.Inglis, DCSC, 1:05.61 T.Weber, PCMSC **200 FREE**—2:11.77 I.Allen, HTAC, 2:17.14 C.Wettlaufer, HTAC, 2:18.84 T.Inglis, DCSC **400 FREE**—4:45.69 I.Allen, HTAC, 4:55.80 A.Moore, DCSC, 4:57.11 E.Cameron, SBSC **800 FREE**—9:40.41 I.Allen, HTAC, 10:10.05 T.Weber, PCMSC, 10:11.29 C.Wettlaufer, HTAC

100 BACK—1:11.46 I.Allen, HTAC, 1:13.21 J.S.Lamothe, HTAC, 1.14.01 T.Weber, PCMSC **200 BACK**—2:35.45 J.S.Lamothe, HTAC, 2:36.17 T.Weber, PCMSC, 2:43.73 A.Moore, DCSC

100 BREAST—1:19.13 I.Allen, HTAC, 1:23.65 M.Barnett, SBSC, 1:24.41 M.Strapps, AA **200 BREAST**—2:51.84 H.Thomas, HTAC, 2:56.59 J.Fraser, HTAc, 2:57.61 M.Strapps, AA

100 FLY—1:07.91 H.Thomas, HTAC, 1:09.36 B.Young, PCMSC, 1:10.88 T.Inglis, DCSC **200 FLY**—2:34.20 H.Thomas, HTAC, 2:39.40 J.Fraser, HTAC, 2:40.88 J.S.Lamothe, HTAC

200 IM—2:27.49 H.Thomas, HTAC, 2:34.23 C.Wettlaufer, HTAC, 2:35.19 J.Fraser, HTAC **400 IM**—5:14.28 H.Thomas, HTAC, 5:33.51 C.Wettlaufer, HTAC, 5:42.35 M.Barnett, SBSC

15 & OVER **50 FREE**—28.87 A.Daley, DCSC, 28.96 K.Laycock, HTAC, 29.62 G.Raynard, YYW **100 FREE**—1:00.28 C.Seto, HTAC, 1:03.22 L.Patterson, YYW, 1:04.36 C.Selig, TCSC **200 FREE**—2:11.32 S.Hunter, HTAC, 2:13.89 K.Laycock, HTAC, 2:13.93 L.paterson, YYW **400 FREE**—4:42.92 K.laycock, HTAC, 4:43.85 C.Seto, HTAC, 4:50.82 A.Cameron, SBSC **800 FREE**—9:46.59 C.Seto, HTAC, 9:53.86 R.Mackay, HTAC, 9:56.66 J.Kinch, DCSC

100 BACK—1:09.03 B.King, PHTAC, 1:09.43 R.Bennett, DCSC, 1:12.21 B.L.Reardon, YYW **200 BACK**—2:28.99 R.Bennett, DCSC, 2:29.88 C.Seto, HTAC, 2:33.00 B.King, PHTAC

100 BREAST—1:19.39 R.Cook, TCSC, 1:19.48 K.Laycock, HTAC, 1:21.25 S.Widmeyer, DCSC **200 BREAST**—2:51.75 K.Laycock, HTAC, 2:52.98 R.Cook, TCSC, 2:56.55 S.Widmeyer, DCSC

100 FLY—1:07.64 L.Patterson, YYW, 1:09.20 K.Silver, AA, 1:09.93 C.Selig, TCSC **200 FLY**—2:26.57 J.Kinch, DCSC, 2:26.87 L.Patterson, YYW, 2:33.39 C.Selig, TCSC

200 IM—2:33.63 S.Hunter, HTAC, 2:34.11 L.Paterson, YYW, 2:36.94 L.Beaton, HTAC **400 IM**—5:12.95 C.Seto, HTAC, 5:32.44 R.Bennett, DCSC, 5:32.97 L.Patterson, YYW

BOYS 11-12 **50 FREE**—29.21 M.MacLean, HTAC, 2.76 M.McDonald, TCSC, 30.22 M.Laycock, HTAC **100 FREE**—1:04.78 M.McDonald, TCSC, 1:05.20 M.MacLean, HTAC, 1:05.80 D.Cowper, HTAC **200 FREE**—2:13.00 M.Ritcey, HTAC, 2:21.85 M.MacLean, HTAC, 2:23.68 M.McDonald, TCSC **400 FREE**—4:40.40 M.Ritcey, HTAC, 5:13.23 M.MacLean, HTAC, 5:13.78 C.Roberts, TCSC **1500 FREE**—18:06.21 M.Ritcey, HTAC, 18:55.86 J.Wong, HTAC, 20:09.03 M.Laylock, HTAC

100 BACK—1:14.42 M.MacLean, HTAC, 1:14.94 C.Roberts, TCSC, 1:15.45 M.McDonald, TCSC **200 BACK**—2:39.80 C.Roberts, TCSC, 2:41.84 D.Cowper, HTAC, 2:42.60 M.McDonald, TCSC

100 BREAST—1:20.27 J.Wong, HTAC, 1:29.71 C.Stewart, HTAC, 1:29.71 C.Stewart, HTAC, 1:30.27 C.Edwards, AA **200 BREAST**—2:51.10 J.Wong, HTAC, 3:06.27 D.Cowper, HTAC, 3:07.42 C.Stewart, HTAC

100 FLY—1:07.83 M.Ritcey, HTAC, 1:09.87 J.Wong, HTAC, 1:13.53 M.MacLean, HTAC **200 FLY**—2:26.67 M.Ritcey, HTAC, 2:31.76 J.Wong, HTAC, 2:44.77 M.MacLean, HTAC

200 IM—2:26.89 M.Ritcey, HTAC, 2:33.89 J.Wong, HTAC, 2:41.41 D.Cowper, HTAC **400 IM**—5:08.93 M.Ritcey, HTAC, 5:25.22 J.Wong, HTAC, 5:41.83 D.Cowper, HTAC

13-14 **50 FREE**—27.59 R.Schnare, DCSC, 27.86 M.David, SBSC, 28.05 T.Weber, PCMSC **100 FREE**—1:00.76 C.Newell, TCSC, 1:00.82 R.Schnare, DCSC, 1:01.39 G.D'Entremont, YYW **200 FREE**—2:06.97 M.Ritcey, HTAC, 2:08.,80 A.MacKinnon, AA, 2:11.39 T.Weber, PCMSC **400 FREE**—4:27.39 M.Ritcey, HTAC, 4:40.28 S.Stachowiak, HTAC, 4:42.30 T.Weber, PCMSC **1500 FREE**—17:50.32 M.Ritcey, HTAC, 18:20.20 A.MacKinnon, AA, 18:28.69 S.Stachowiak, HTAC

100 BACK—1:09.35 V.Kolinski, PCMSC, 1:10.53 M.Ritcey, HTAC, 1:10.82 C.Selig, TCSC **200 BACK**—2:25.61 V.Kolinski, PCMSC, 2:30.89 T.Weber, PCMSC, 2:34.03 B.MacIsaac, DCSC

100 BREAST—1:09.75 M.Ritcey, HTAC, 1:17.67 M.David, SBSC, 1:19.03 M.Stachowiak, HTAC **200 BREAST**—2:36.64 M.Ritcey, HTAC, 2:45.88 M.David, SBSC, 2:48.08 C.Newell, TCSC

100 FLY—1:05.59 C.Newell, TCSC, 1:08.40 C.Selig, TCSC, 1:08.42 A.MacKinnon, AA **200 FLY**—2:28.47 C.Newell, TCSC, 2:31.45 C.Selig, TCSC, 2:33.20 A.MacKinnon, AA

200 IM—2:25.18 C.Newell, TCSC, 2:28.31 C.Selig, TCSC, 2:31.76 M.Hussey, PHTAC **400 IM**—5:10.30 C.Selig, TCSC, 5:18.67 M.David, SBSC, 5:19.36 C.Newell, PCMSC

15 & OVER **50 FREE**—25.77 D.Flowers, HTAC, 26.05 N.Falkenham, DCSC, 26.07 J.Roach, TCSC **100 FREE**—56.37 B.Hawary, HTAC, 56.84 J.Jardine, HTAC, 58.37 M.Weber, PCMSC **200 FREE**—1:58.24 J.Payne, DCSC, 2:04.58 B.Hawary, HTAC, 2:05.44 M.Weber, PCMSC **400 FREE**—4:19.32 D.Flowers, HTAC, 4:22.37 J.Jardine, HTAC, 4:25.03 S.Byrne, HTAC **1500 FREE**—17:07.64 K.Dwyer, HTAC, 17:22.13 D.Flower, HTAC, 17:23.91 K.Crowe, HTAC

100 BACK—1:02.74 J.Payne, DCSC, 1:05.61 M.Weber, PCMSC, 1:06.59 S.Nowlan, PCMSC **200 BACK**—2:12.99 J.Shannon, PHTAC, 2:13.61 J.Payne, DCSC, 2:20.59 K.Dwyer, HTAC

100 BREAST—1:08.94 C.Scott, DCSC, 1:11.63 T.MacArthur, CBD, 1:13.47 J.Roach, TCSC **200 BREAST**—2:29.91 C.Scott, DCSC, 2:32.57 K.Crowe, HTAC, 2:36.21 J.Jardine, HTAC

100 FLY—59.80 D.Flowers, HTAC, 1:00.00 B.Hawary, HTAC, 1:01.94 S.Andrews, DCSC **200 FLY**—2:13.26 D.Flowers, HTAC, 2:14.51 B.Hawary, HTAC, 2:23.37 J.Bragg, DCSC

200 IM—2:17.94 J.Payne, DCSC, 2:19.83 K.Vrowe, HTAC,

2:19.83 T.MacArthur, CBD **400 IM**—4:54.33 C.Scott, DCSC, 4:57.82 T.MacArthur, CBD, 5:00.07 P.Cowan, HTAC

ONTARIO AGE GROUP CHAMPIONSHIP

Brantford, March 3-5 (25m)

GIRLS 11-12 50 FREE—27.60 S.Collins, ROD, 28.06 J.Howard, BRANT, 28.82 T.Witty, SSMAC **100 FREE**—59.23 E.Lachapelle, GO, 1:00.36 S.Collins, ROD, 1:00.36 T.Flannigan, HWAC **200 FREE**—2:09.15 E.Lachapelle, GO, 2:10.07 S.Collins, ROD, 2:10.71 C.Fowlie, NYAC **400 FREE**—4:34.48 C.Fowlie, NYAC, 4:34.78 T.Flannigan, HWAC, 4:46.46 S.Kuiper, BSCC **800 FREE**—9:21.53 C.Fowlie, NYAC, 9:24.50 T.Flannigan, HWAC, 9:49.83 S.Kuiper, BSCC

100 BACK—1:10.05 E.Lachapelle, GO, 1:10.42 J.Howard, BRANT, 1:12.43 R.Charlebois, TBT **200 BACK**—2:29.54 J.Howard, BRANT, 2:30.02 E.Lachapelle, GO, 2:32.68 R.Charlesbois, TBT

100 BREAST—1:16.94 A.Blachford, COBRA, 1:19.13 S.Richardson, NYAC, 1:21.61 R.Ayotte, WISC **200 BREAST**—2:46.74 A.Blachford, COBRA, 2:50.02 S.Richardson, NYAC, 2:54.83 R.Ayotte, WISC

100 FLY—1:08.76 T.Falnnifgan, HWAC, 1:08.93 A.Blachford, COBRA, 1:09.10 S.Collins, ROD **200 FLY**—2:28.11 E.Lachapelle, GO, 2L30.35 T.Flannigan, HWAC, 2:33.36 J.Howard, BRANT

200 IM—2:28.55 E.Lachapelle, GO, 2:32.01 A.Blachford, COBRA, 2:36.55 K.Ford, SCAR **400 IM**—5:21.44 T.Flannigan, HWAC, 5:30.85 C.Fowlie, NYAC, 5:30.85 B.Brochu, TAT

13-14 50 FREE—27.99 P.Corkhum, EPS, 28.06 C.Van Drie, QUEST, 28.17 K.Yoshimoto, NYAC **100 FREE**—59.61 P.Corkhum, EPS, 1:00.54 A.Hicken, EPS, 1:01.35 K. Yoshimoto, NYAC **200 FREE**—2:07.43 C.Caponi, EPS, 2:07.51 P.Corkhum, EPS, 2:09.44 A.Hicken, EPS **400 FREE**—4:25.15 P.Corkhum, EPS, 4:25.87 C.Seeback, EPS, 4:28.25 J.Attard, LAC **800 FREE**—9:02.00 P.Corkhum, EPS, 9:11.30 J.Attard, LAC, 9:13.46 S.Brown, BSCC

100 BACK—1:08.65 A.Gibbens, OSHAC, 1:08.91 S.Whitmore, SYD, 1:09.23 C.Chasse, TOMAC **200 BACK**—2:26.63 C.Chasse, TOMAC, 2:26.66 A.Gibbens, OSHAC, 2:27.20 M.Killing, TOMAC

100 FLY—1:06.47 C.Seeback, EPS, 1:06.58 J.Gibson, MYK, 1:06.71 A.Sawa, EPS **200 FLY**—2:22.05 C.Seeback, EPS, 2:22.36 C.Caponi, EPS, 2:26.69 J.Gibson, MYK

100 BREAST—1:17.31 J.Bulch, EBSC, 1:17.65 J.Gibson, MYK, 1:17.73 C.Peden, PERTH **200 BREAST**—2:44.70 S.Walker, TRENT, 2:46.29 C.Gilbert, LAC, 2:46.72 C.Peden, PERTH

200 IM—2:24.69 C.Caponi, EPS, 2:27.18 A.Hicken, EPS, 2:27.24 J.Gibson, MYK **400 IM**—5:04.38 C.Caponi, EPS, 5:08.10 J.Gibson, MYK, 5:08.91 C.Seeback, EPS

BOYS 11-12 50 FREE—27..57 J.Howard, OAK, 28.77 P.Pharand, LUSC, 29.09 M.Kee, OYO **100 FREE**—59.45 V.Cheung, CREST, 1:01.68 J.Howard, OAK, 1:02.16 P.Pharand, LUSC **200 FREE**—2:10.90 J.Howard, OAK, 2:13.31 D.Helmstaedt, KBM, 2:16.39 B.Tingley, ROD **400 FREE**—4:36.33 J.Howard, OAK, 4:36.66 D.Helmstaedt, KBM, 4:41.57 G.Sindrey, HWAC **1500 FREE**—18:03.54 J.Howard, OAK, 18:24.38 D.Helmstaedt, KBM, 18:27.09 C,Churchill, LUSC

100 BACK—1:10.41 C.Adams, EBSC, 1:10.56 K.Fisher, MAC, 1:12.77 B.Hayes, SCAR **s200 BACK**—2:30.56 B.Hayes, SCAR, 2:35.58 K.Vandenberghe, ROD, 2:35.97 C.Churhill, LUSC

100 BREAST—1:16.94 V.Cheung, CREST, 1:20.14 M.Arzaga, CREST, 1:02.58 J.Gordon, RHAC **200 BREAST**—2:44.44 V.Cheung, CREST, 2:49.28 G.Sindrey, HWAC, 2:51.63 G.Hall, NYAC

100 FLY—1:06.62 V.Cheung, CREST, 1:08.03 G.Sindrey, HWAC, 1:10.10 B.Hayes, SCAR **200 FLY**—2:27.69 G.Sindrey, HWAC, 2:31.39 Bob Hayes, SCAR, 2:33.18 S.Cargin, WAC

200 IM—2:25.07 V.Cheung, CREST, 2:30.58 G.Sindrey, HWAC, 2:33.30 C.Churchill, LUSC **400 IM**—5:07.44 V.Cheung, CREST, 5:18.43 G.Sindrey, HWAC, 5:25.50 C.Churhill, LUSC

13-14 50 FREE—24.70 M.Mason, EPS, 24.91 L.Wanie, YORK, 25.73 C.Rose, NYAC **100 FREE**—53.52 M.Mason, EPS, 54.03 L.Wanie, YORK, 55.79 D.Milenov, EPS **200 FREE**—1:59.12 L.Wanie, YORK, 1:59.23 D.Paquette, GO, 2:00.68 **400 FREE**—4:12.23 D.Paquette, GO, 4:15.42 D.Anderson, GO, 4:18.10 O.Von Ritcher, EPS **1500 FREE**—16:40.62 J.Diubaldo, HWAC, 16:47.39 O.Von Ritcher, EPS, 16:48.60 J.McLeod, ROD

100 BACK—1:03.59 L.Wanie, YORK, 1:04.69 R.Shortt, NYAC, 1:04.73 E.Furs, EPS **200 BACK**—2:17.49 E.Furs, EPS, 2:18.62 R.Shortt, NYAC, 2:20.36 J.Ing, BTSC

100 BREAST—1:03.85 M.Mason, EPS, 1:07.93 S.Campbell, PERTH, 1:09.90 S.Papai, NSC **200 BREAST**—2:20.72. M.Mason, EPS, 2:29.63 S.Campbell, PERTH, 2:33.81 A.Priestman, MAC

100 FLY—58.03 M.Mason, EPS, 1:00.43 J.Hudacin, EBSC, 1:00.96 D.Paquette, GO **200 FLY**—2:11.34 J.Haducin, EBSC, 2:12.24 D.Paquette, GO, 2:13.45 J.K.Chang, NYAC

200 IM—2:10.34 M.Mason, EPS, 2:15.41 D.Paquette, GO, 2:17.34 D.Marner, ROD **400 IM**—4:46.10 J.Hudacin, EBSC, 4:47.18 J-K.Chang, NYAC, 4:50.19 J.Diubaldo, HWAC

QUEBEC AGE GROUP CHAMPIONSHIPS

Sherbrooke, Feb. 10-12 (25m)

GIRLS 11-12 50 FREE—28.86 M.Hamel, PLUS, 29.08 I.Madore, CNTA, 29.27 M.Poirier, RIKI **100 FREE**—1:02.29 M.Hamel, PLUS, 1:02.80 G.Grubski, PLUS, 1:02.93 I.Madore, CNTA **200 FREE**—2:14.08 G.Grubski, PLUS, 2:14.48 M.Hamel, PLUS, 2:14.77 P.Veilleux, LMRL **800 FREE**—9:27.96 G.Grubski, OPLUS, 9:30.87 M.Hamel, PLUS, 9:45.04 P.Veilleux, LMRL

100 BACK—1:12.73 G.Grubski, PLUS, 1:13.23 M.P. Leduc, ETORY, 1:13.35 B.Otis, HIPPO **200 BACK**—2:35.01 G.Grubski, PLUS, 2:36.06 M.Leduc, ETORY, 2:36.43 M.Hamel, PLUS

100 BREAST—1:22.09 V.Dion, CASE, 1:22.78 P.St.Onge, CASE, 1:23.12 I.Madore, CNTA **200 BREAST**—2:57.17 V.Dion, CASE, 2:58.45 P.St.Onge, CASE, 2:59.06 V.Caron, PLUS

100 FLY—1:07.62 J.Santillan, LAVAL, 1:08.02 I.Madore, CNTA, 1:09.24 L.Virgini, PCSC **200 FLY**—2:26.46 J.Santillan, LAVAL, 2:27.61 L.Virgini, PCSC, 2:30.60 P.Veilleux, LMLR

200 IM—2:33.99 L.Virgini, PCSC, 2:34.76 M.Hamel, PLUS, 2:34.86 I.Madore, CNTA **400 IM**—5:22.09 P.Veilleux, LMRL, 5:25.08 L.Virgini, PCSC, 5:25.27 J.Santillan, LAVAL

13-14 50 FREE—26.98 S.Lemay, BBF, 27.13 P.Lessard, PCSC, 27.29 J.Barbeau, LAVAL **100 FREE**—58.26 P.Lessard, PCSC, 58.99 M.St Jacques, CAMO, 59.19 H.McComb, PCSC **200 FREE**—2:05.61 P.Lessard, PCSC, 2:06.37 H.McComb, PCSC, 2:07.17 J.Barbeau, LAVAL **400 FREE**—4:23.52 S.Shewchuk, PCSC, 4:26.60 H.McComb, PCSC, 4:27.11 J.Barbeau, LAVAL **800 FREE**—8:56.81 S.Shewchuk, PCSC, 8:58.97 C.Harrison, CAMO, 9:04.65 P.Lessard, PCSC

100 BACK—1:06.99 V.Goodwin, SELCT, 1:08.95 P.Lessard, PCSC, 1:09.95 N.Rolland, SAMAK **200 BACK**—2:23.80 S.Shewchuk, PCSC, 2:24.37 P.Lessard, PCSC, 2:28.77 V. Goodwin, SELCT

100 BREAST—1:15.03 S.Caron, MEGO, 1:15.73 S.Dumont, CNJO, 1:16.46 C.Dubois, ETM **200 BREAST**—2:39.30 S.Caron, MEGO, 2:41.69 S.Dumont, CNJO, 2:43.81 C.Dubois, ETM

100 FLY—1:04.29 J.Pineau, SELCT, 1:04.88 C.Harrison, CAMO, 1:05.68 M.Dessureault, MEGO **200 FLY**—2:18.75 C,Harrison, CAMO, 2:19.18 J.Pineau, SELCT, 2:20.58 S.Shewchuk, PCSC

200 IM—2:23.60 H.McComb, PCSC, 2:27.69 P.Lessard, PCSC, 2:28.05 S.Matte, CACH **400 IM**—4:58.34 S.Matte, CACH, 4:58.99 H.McComb, PCSC, 4:59.28 S.Shewchuk, PCSC

15-17 50 FREE—26.60 P.Levesque, SELCT, 26.85 P.Ackerl, DDO, 27.19 C.Lamarche, CAMO **100 FREE**—57.80 P.Levesque, SELCT, 58.35 J.Hutchinson, PCSC, 59.17 A.Therrien, SAMAK **200 FREE**—2:05.00 J.Hutchinson, PCSC, 2:06.51 P.Levesque, SELCT, 2:08.28 L.Venne, PCSC **400 FREE**— 4:27.78 J.Hutchinson, PCSC, 4:28.80 L.Venne, PCSC, 4:30.04 A.Ducharme, POM **800 FREE**—9:01.51 J.Hutchinson, PCSC, 9:05.78 A.Ducharme, POM, 9:08.95 R.Gaudet, SELCT

100 BACK—1:05.92 I.Pelland, LAVAL, 1:07.04 J.Charets, CNMN, 1:07.86 A.M. Therrien, SAMAK **200 BACK**—2:20.39 I.Pelland, LAVAL, 2:23.13 I.Vincent, ENL, 2:23.15 N. Emond, CNMN

100 BREAST—1:14.28 C.Pelland, LAVAL, 1:14.55 I.Groulx, POM, 1:15.20 N.Gravel, MVD **200 BREAST**—2:37.95 C.Pelland, LAVAL, 2:40.94 I.Groulx, POM, 2:44.99 P.Hutchinson, CBMN

100 FLY—1:02.50 J.Hutchinson, PCSC, 1:02.62 A.M.Therrien, SAMAK, 1:04.40 C.Lamarche, CAMO **200 FLY**—2:17.55 J.Hutchinson, PCSC, 2:19.97 S.Marchand, ENL, 2:24.26 C.Lamarche, CAMO

200 IM—2:22.59 J.Hutchinson, PCSC, 2:23.70 C.Pelland, LAVAL, 2:24.25 A-M.Therrien, SAMAK **400 IM**—5:02.54 C.Pelland, LAVAL, 5:04.73 C.Beaudry, MEGO, 5:05.27 N.Emond, CNMN

BOYS 11-12 50 FREE—27.87 V.Lemeuix, BSB, 28.76 F.Meunier, ETORY, 29.04 S.Crevier, PCSC **100 FREE**—59.42 V.Lemieux, BSB, 59.91 P.Hetu, LAVAL, 1:00.58 F.Graffton, CNJO **200 FREE**—2:10.13 P.Hetu, LAVAL, 2:10.35 F.Graffton, CNJO, 2:11.96 S.Crevier, PCSC **400 FREE**—4:34.58 F.Graffton, CNJO, 4:36.77 P.Hetu, LAVAL, 4:36.82 S.P.Crvier, PCSC **1500 FREE**—18:11.61 M.Dumontier, ETORY, 18:32.71 M.Wjyad, PCSC, 18:55.66 F.Meunier, ETORY

100 BACK—1:08.23 P.Hetu, LAVAL, 1:10.22 F.Graffton, CNJO, 1:12.11 F.Meunier, ETORY **200 BACK**—2:23.24 P.Hetu, LAVAL, 2:29.38 F.Graffton, CNJO, 2:33.57 F.Meunier, ETORY

100 BREAST—1:15.43 C.Loyer, LDRN, 1:20.35 S.Boutet, ETM, 1:22.15 E.Pelletier, CHCH **200 BREAST**—2:46.89 C.Loyer, LDRN, 2:53.92 S.Boutet, ETM, 2:56.68 S.Guerard, CNMN

100 FLY—1:09.16 F.Graffton, CNJO, 1:09.27 V.Lemieux, BSB, 1:12.26 J.Bolduc, EMJ **200 FLY**—2:33.28 S.P.Crevier, PCSC, 2:33.28 D.Picard, ETORY, 2:35.89 J.Bolduc, EMJ

200 IM—2:26.81 V.Lemieux, BSB, 2:28.94 P.Hetu, LAVAL, 2:32.29 F.Gratton, CNJO **400 IM**—5:16.27 P.Hetu, LAVAL, 5:24.02 S.Crevier, PCSC, 5:27.69 J.Bolduc, EMJ

13-14 50 FREE—25.03 L.Wanie, YORK, 25.74 P.Boudreault, SELCT, 26.02 A.Muller, SAMAK **100 FREE**—53.90 L.Wanie, YORK, 56.93 A.Muller, SAMAK, 57.90 R.Daoust, PCSC **200 FREE**—2:00.02 L.Wanie, YORK, 2:03.38 E.Duhamel, ENL, 2:04.74 D.Courtier, POM **400 FREE**—4:21.05 C.O'Neil, CAC, 4:21.66 K.Jarjoura, SHER, 4:23.03 Z.Ivisic, ENL **1500 FREE**—17:08.68 Z.Ivisic, EL, 17:14.40 K.Jarjoura, SHER, 17:18.18 C. O'Neill, CAC

100 BACK—1:02.82 L.Wanie, YORK, 1:03.33 J.Finney, PCSC, 1:06.55 P.Seewalt, CNO **200 BACK**—2:19.61 L.Wanie, YORK, 2:21.06 E.Duhamel, ENL, 2:22.28 P.Seewaldt, CNO

100 BREAST—1:08.70 F.Beaudry, MEGO, 1:09.27 C.Aubin, CNCB, 1:10.43 P.Boudreault, SELCT **200 BREAST**—2:29.21 C.Aubin, CNCB, 2:29.46 F.Beaudry, MEGO, 2:29.65 E.Croistiere, CAMO

100 FLY—1:02.89 J.Finney, PCSC, 1:04.10 B.Charron, CNO, 1:04.16 D.Letourneau, CNCB **200 FLY**—2:17.17 E.Duhamel, ENL, 2:19.71 B.Martineau, PLUS, 2:21.16 B.Charron, CNO

200 IM—2:16.31 E.Duhamel, ENL, 2:17.14 E.Croisetiere, CAMO, 2:20.10 L.Wanie, YORK **400 IM**—4:48.53 E.Duhamel, ENL, 4:57.84 E.Crosisetiere, CAMO, 5:00.24 R.Hackett, PCSC

15-17 50 FREE—24.10 R.Daigneualt, CAC, 24.63 J.Arbour, PLUS, 24.69 V.Lambert, SELCT **100 FREE**—53.39 A.Pomerleau, SELCT, 53.57 V.Lambert, SELCT, 53.68 R.Daigneault, CAC **200 FREE**—1:55.82 A.Sereno, CAMO, 1:56.18 C.Guay, PLUS, 1:56.51 J.Chapman, PCSC **400 FREE**—4:02.50 P.Deshaies, SHER, 4:05.67 C.Guay, PLUS, 4:06.35 M.Campeau, ETORY **1500 FREE**—15:47.08 P.Deshaies, SHER, 16:12.74 P.Voisard, CAEC, 16:12.90 M.Campeau, ETORY

100 BACK—1:00.23 R.Daigneault, CAC, 1:01.05 F.Lemieux, BSB, 1:01.09 D.Pham, SAMAK **200 BACK**—2:08.11 R.Daigneualt, CAC, 2:10.48 F.Lemieux, BSB, 2:12.39 L.Fournier, CAMO

100 BREAST—1:05.32 J.Jodin, CNO, 1:06.61 S.Mulrooney, PCSC, 1:07.52 E.lamy, CNTA **200 BREAST**—2:20.44 J.Jodoin, CNO, 2:26.21 S.Mulrooney, PCSC, 2:27.97 H.Plangger, CNO

100 FLY—58.62 M.Brisson, PCSC, 59.08 Y.Pepin, BSB, 1:00.00 L.Pepin, CNJO **200 FLY**—2:07.94 Y.Pepin, BSB, 2:10.20 A.Sereno, CAMO, 2:11.19 B. Cossette, CNO

200 IM—2:09.77 S.Mulrooney, PCSC, 2:12.28 A.Sereno, CAMO, 2:13.55 V.Lambert, SELCT **400 IM**—4:35.85 S.Mulrooney, PCSC, 4:41.34 F.Lemieux, BSB, 4:42.51 P.Voisard, CAEC

COACH WANTED

The Vancouver Pacific Swim Club is presently accepting applications for a full-time head coach. The club has over 100 members, including National, Youth and Age Group qualifiers. VPSC has a large drawing population base and is located in the west side of Vancouver. Presently affiliated with the Canadian Dolphin SC, VPSC is interested in developing a stronge age group club.

Applicants must have coaching certification Level II and the appropriate experience in managing a program and coaching staff for a club of 100 members.

Salary range $18,000-22,000 (range under review) depending on qualifications and experience. Send resume to:

Vancouver Pacific Swim Club
c/o Sue Evanetz, 4050 West 12th Ave.
Vancouver, B.C., V6R 2B3
Additional information:
(604)228-9446 or 732-4544

YOUTH SWIMS

QUEBEC WINS 16 GOLDS ONTARIO WINS ON POINTS

HOECHST CUP
Interprovincial Meet

Montreal, March 4-5 (50 m pool)

GIRLS (born 1974 or younger)

50 FREE
27.36 Stephanie Lemay,14,OUE
27.69 Melanie Mackwood,14,ONT
27.76 Janet Mayville,14,ONT
27.93 Manon St-Jacques,14,QUE
28.01 Jill Lakusiak,14,MAN
28.03 Karen Chow,15,BC
28.14 Holly McComb,13,OUE
28.30 Shannon Bell,14,ONT

100 FREE
0:58.14 Petrina Lessard,14,QUE
1:00.31 Jill Lakusiak,14,MAN
1:00.44 Katrina Walters,13,BC
1:00.77 Manon St-Jacques,14,OUE
1:00.79 Stephanie Lemay,14,OUE
1:01.26 Holly McComb,13,OUE
1:01.30 Karen Chow,15,BC
1:01.76 Shannon Bell,14,ONT

200 FREE
2:05.93 Petrina Lessard,14,OUE
2:10.03 Jill Savege,14,ONT
2:10.14 Jill Lakusiak,14,MAN
2:10.46 Shannon Bell,14,ONT
2:12.81 Katrina Walters,13,BC
2:12.94 Holly McComb,13,OUE
2:13.06 Sam.Stevenson,13,ALB
2:13.44 Tanya Tighe,14,BC

400 FREE
4:26.94 Steph.Shewchuk,14,OUE
4:30.04 Selby Merritt,14,ONT
4:31.23 Alicia Belluz,13,ONT
4:31.25 Jill Savege,14,ONT
4:35.29 Jill Lakusiak,14,MAN
4:36.82 Leanne Wilkinson,13,BC
4:39.29 Stephanie Matte,14,QUE
4:39.83 Shyanne Shannon,12,ATL

800 FREE
9:04.77 Steph.Shewchuk,14,OUE
9:12.12 Shelby Merritt,14,ONT
9:14.19 Leanne Wilkinson,13,BC
9:17.06 Jill Savege,14,ONT
9:19.47 Alicia Belluz,13,ONT
9:22.23 Stephanie Matte,14,OUE
9:26.80 Jacynthe Pineau,14,OUE
9:32.87 Heather Thomas,13,ATL

100 BACK
1:06.61 Petrina Lessard,14,OUE
1:06.67 Mich.Lischinsky,14,MAN
1:08.10 Nikki Dryden,13,BC
1:09.07 Joanne Malar,13,ONT
1:09.16 Beth Hazel,15,OUE
1:09.18 Susie Miller,14,ONT
1:09.59 Kathy Moner,14,SAS
1:09.82 Katharine Dunn,14,ATL

200 BACK
2:23.33 Joanne Malar,13,ONT
2:25.07 Mich Lischinsky,14,MAN
2:26.28 Kathy Monar,14,SAS
2:27.04 Katharine Dunn,14,ATL
2:27.32 Beth Hazel,15,OUE
2:27.48 Nikki Dryden,13,BC
2:28.02 Susie Miller,14,ONT
2:29.75 C. Courtemanche,13,ALB

100 BREAST
1:15.58 Isabelle Groulx,15,OUE
1:16.07 Kelly Kaye,14,ONT
1:16.63 Sophie Caron,13,OUE
1:16.92 Chantal Dubois,14,OUE
1:17.04 Becky Young,14,ATL
1:17.94 Sheila Hewerdine,14,ONT
1:19.07 Michelle Lee,14,BC
1:19.35 Sarah Burrell,14,BC

200 BREAST
2:39.33 Kelly Kaye,14,ONT
2:42.68 Isabelle Groulx,15,OUE
2:43.22 Sophie Caron,13,OUE
2:43.73 Sheila Hewerdine,14,ONT
2:44.29 Becky Young,14,ATL
2:48.86 Sarah Burrell,14,BC
2:49.08 Sylvie Dumont,14,OUE
2:49.56 Dawn Clory,14,MAN

100 FLY
1:04.88 Jacynthe Pineau,14,OUE
1:05.35 Lisa Robertson,14,BC
1:05.63 Beth Hazel,15,OUE
1:05.82 Chantal Harrison,14,OUE
1:05.86 Allison Barriscale,12,BC
1:06.35 Kathryn Kimber,13,ONT
1:07.45 Jennifer Yanko,13,ALB
1:08.04 Iona Allen,14,ATL

200 FLY
2:20.12 Chantal Harrison,14,OUE
2:20.60 Kathryn Kimber,13,ONT
2:22.37 Steph. Shewchuk,14,OUE
2:22.62 Leanne Wilkinson,13,BC
2:23.09 Colleen Hnatiuk,14,ALB
2:23.58 Jacynthe Pineau,14,OUE
2:25.88 Lori Eshom,13,ALB
2:26.56 Shannon Pilgrim,14,ONT

200 IND.MEDLEY
2:22.68 Petrina Lessard,14,OUE
2:23.00 Joanne Malar,13,ONT
2:25.88 Sheila Hewerdine,14,ONT
2:26.91 Holly McComb,13,OUE
2:28.34 Sarah Burrell,14,BC
2:28.75 Shannon Bell,14,ONT
2:28.75 Anna Leong,14,BC
2:29.56 Allison Barriscale,12,BC

400 IND.MEDLEY
5:02.03 Joanne Malar,13,ONT
5:04.25 Leanne Wilkinson,13,BC
5:04.47 Sheila Hewerdine,14,ONT
5:11.15 Steph. Shewchuk,14,OUE
5:14.01 Shelby Merritt,14,ONT
5:15.90 Anna Leong,14,BC
5:16.03 Colleen Hnatiuk,14,ALB
5:17.89 Sarah Burrell,14,BC

4X100 MEDLEY RELAY
4:29.17 Ouebec
4:31.46 Ontario
4:34.72 British Columbia
4:36.68 Atlantic
4:39.58 Manitoba
4:45.92 Alberta

4X100 FREE RELAY
4:00.23 Ouebec
4:04.94 British Columbia
4:06.56 Ontario
4:13.42 Manitoba
4:14.22 Alberta
4:17.66 Atlantic

4x200 FREE RELAY
8:43.95 Ouebec
8:52.54 Ontario
9:04.15 British Columbia
9:22.96 Alberta
9:23.33 Manitoba
9:09.32 Atlantic

BOYS (born 1972 or younger)

50 FREE
24.00 Dean Kondziolka,16,ONT
24.42 Jason Lukeman,16,ATL
24.56 David Kiruluta,16,ATL
24.63 Robert Daigneault,16,OUE
25.23 Antoine Pomerleau,16,OUE
25.25 Andrew Ross,17,BC
25.43 Jean-F.Arbour,16,OUE
25.54 Ian Tennant,16,ATL

100 FREE
53.02 Jason Lukeman,16,ATL
53.48 Dean Kondziolka,16,ONT
54.72 Andrew Ross,17,BC
55.14 Antoine Pomerleau,16,OUE
55.22 Luke Small,15,MAN
55.33 Andrew Lennstrom,15,ONT
55.39 Corey Zachidniak,14,BC
55.73 Scott Lakusiak,16,MAN

200 FREE
1:56.82 Derek Francis,16,BC
1:57.05 Jason Lukeman,16,ATL
1:58.38 David Chisholm,15,ONT
1:59.26 Robbie McFarlane,15,SAS
1:59.46 Clinton Stevens,16,SAS
1:59.57 Alexandre Sereno,16,OUE
2:00.75 Luke Small,15,MAN
2:01.39 Bill Lomax,16,ALB

400 FREE
4:06.19 David Chisholm,15,ONT
4:06.53 Derek Francis,16,BC
4:09.80 Philippe Voisard,16,OUE
4:10.38 Bill Lomax,16,ALB
4:12.99 Jamie Stevens,14,MAN
4:13.70 Craig Devitt,15,ATL
4:15.58 Frank Samel,15,ONT
4:16.12 Matt DeMaere,16,ALB

1500 FREE
16:07.89 Bill Lomax,16,ALB
16:12.13 Stephen Baird,16,ONT
16:33.36 David Chisholm,15,ONT
16:37.10 Jamie Stevens,14,MAN
16:43.17 Derek Francis,16,BC
16:47.41 David McLellan,15,ONT
16:48.20 Craig Devitt,15,ATL
16:49.99 Matt DeMaere,16,ALB

100 BACK
0:59.94 Robert Daigneault,16,OUE
1:01.30 Alexandre Sereno,16,OUE
1:01.68 Matthew Adams,14,ONT
101.91 Sean Watson,15,ONT
1:03.59 Adam Sparkes,16,ATL
1:03.62 Francis Lemieux,15,OUE
1:03.84 Reid Hutchinson,17,ALB
1:04.04 David Block,16,BC

200 BACK
2:09.95 Robert Daigneault,16,OUE
2:11.30 Matthew Adams,14,ONT
2:14.54 Alexandre Sereno,16,OUE
2:16.17 Francis Lemieux,15,OUE
2:16.17 Sean Watson,15,ONT
2:16.63 Dave Ferguson,15,BC
2:18.46 Adam Sparkes,16,ATL
2:19.40 Reid Hutchinson,17,ALB

100 BREAST
1:07.18 Andrew Trussler,16,ONT
1:07.55 Michael Lamothe,15,ONT
1:08.75 Jesse Jodoin,17,OUE
1:09.27 Stefan Jakobsen,15,BC
1:09.62 Giovanni Slaviero,15,ATL
1:09.82 Geoff Pettinger,17,ALB
1:10.04 Ian Jackson,15,ATL
1:10.23 Jean-C. Marin,16,OUE

200 BREAST
2:23.32 Andrew Trussler,16,ONT
2:25.26 Michael Lamothe,15,ONT
2:27.12 Curtis Myden,15,ALB
2:29.15 Jason Partt,16,ALB
2:29.60 Stefan Jakobsen,15,BC
2:30.36 Jesse Jodoin,17,OUE
2:30.93 Andrew Foulds,15,ONT
2:32.11 Marty Bruin,17,ALB

100 FLY
0:57.52 Trevor Johnsen,15,ALB
0:58.63 David Block,16,BC
0:58.87 Robbie McFarlane,15,SAS
0:59.03 Marcus Sibbald,17,ALB
0:59.14 Jason Lukeman,16,ATL
0:59.24 Ian Tennent,16,ATL
0:59.88 Gerry Parenti,16,ONT
1:00.04 Jason Bishop,15,BC

200 FLY
2:07.75 David Block,16,BC
2:09.58 Gerry Parenti,16,ONT
2:09.90 Frank Samel,15,ONT
2:10.84 Robbie McFarlane,15,SAS
2:11.56 Trevor Johnsen,15,ALB
2:13.96 Benoit Cossette,16,OUE
2:14.30 Sean Watson,15,ONT
2:14.41 Sean Fero,16,ALB

200 IND.MEDLEY
2:08.88 Curtis Myden,15,ALB
2:11.17 Jason Pratt,16,ALB
2:12.04 Andrew Foulds,15,ONT
2:13.38 Stephen Baird,16,ONT
2:13.91 Sean Watson,15,ONT
2:15.94 Alexandre Sereno,16,OUE
2:16.76 Nicolas Perron,16,OUE
2:17.77 Ted Achtem,16,BC

400 IND.MEDLEY
4:31.27 Jason Pratt,16,ALB
4:36.00 Andrew Foulds,15,ONT
4:36.37 Curtis Myden,15,ALB
4:44.85 Frank Samel,15,ONT
4:48.31 Jamie Stevens,14,MAN
4:49.35 Philippe Voisard,16,OUE
4:50.32 Nicolas Perron,16,OUE
4:51.07 Trevor Johnsen,15,ALB

4x100 MEDLEY RELAY
4:01.94 Ontario
4:40.30 Ouebec
4:05.94 British Columbia
4:10.44 Alberta
4:12.73 Atlantic
4:20.58 Manitoba

4X100 FREE RELAY
3:38.83 Atlantic
3:39.52 Ontario
3:40.11 British Columbia
3:42.28 Ouebec
3:45.56 Alberta
3:48.11 Manitoba

4X200 FREE RELAY
8:00.82 Ontario
8:01.39 Atlantic
8:02.58 Ouebec
8:02.83 Alberta
8:08.66 Manitoba
8:10.93 British Columbia

COMBINED SCORES
1441 Ontario
1392 Ouebec
888 British Columbia
792 Alberta
692 Atlantic
539 Manitoba
142 Saskatchewan

LESSARD BEST WITH 57.62 MALAR, BAIRD ALSO WIN AS CANADA 2ND

8-NATION YOUTH INTERNATIONAL

Amersfoort, Mar 25-26 (50 m pool)

GIRLS (born 1974-75)

100 FREE
0:57.62 Petrina Lessard,CAN
0:58.43 Manon Masseurs,HOL
0:58.59 Elisabetta Cernigio,ITA
1:00.47 Jill Lakusiak,CAN (7th)

200 FREE
2:04.88 Petrina Lessard,CAN
2:06.77 Manon Masseurs,HOL
2:08.14 Ute Lunenschloss,FRG
2:10.54 Jill Sacege,CAN (11th)

400 FREE
4:21.55 Manon Masseurs,HOL
4:21.62 Maja Krause,FRG
4:24.92 Mara Data,ITA
4:31.12 StephShewchuk,CAN (9th)
4:32.66 Shelby Merritt,CAN (11th)

800 FREE
9:01.73 Maja Krause,FRG
9:03.99 Giuliana Fiscon,ITA
9:06.41 Mara Data,ITA
9:18.52 Shelby Merritt,CAN (8th)
9:22.21 StephShewchuk,CAN (9th)

100 BACK
1:04.41 Sandra Volker,FRG
1:06.05 Petrina Lessard,CAN
1:06.07 Silvia Revelant,ITA
1:07.10 MichLischinsky,CAN (4th)

200 BACK
2:18.39 Sandra Volker,FRG
2:22.83 Lara Bianconi,ITA
2:23.48 Mona von Moller,FRG
2:24.89 Joanne Malar,CAN (4th)
2:24.93 MichLischinsky,CAN (5th)

100 BREAST
1:11.93 Alexandra Hanel,FRG
1:14.33 Cristiana Giordano,ITA
1:14.68 Hazel Alder,ENG
1:16.66 Isabelle Groulx,CAN (13th)
1:17.14 Kelly Kaye,CAN (14th)

200 BREAST
2:34.71 Alexandra Hanel,FRG
2:38.38 Cristiana Giordano,ITA
2:41.84 Kristel Tellegen,HOL
2:44.67 Kelly Kaye,CAN (8th)
2:47.66 Isabelle Groulx,CAN (12th)

100 FLY
1:04.40 Anita de Hoop,HOL
1:05.02 Jayne Dowling,ENG
1:05.03 Zoe Harrison,ENG
1:05.61 JacynthePineau,CAN (4th)
1:06.85 Chant.Harrison,CAN(11th)

200 FLY
2:18.55 Anita de Hoop,HOL
2:19.93 Myriam Amadori,ITA
2:20.69 Kathryn Kimber,CAN (3rd)
2:23.70 ChantalHarrison,CAN (8th)

Petrina Lessard

200 IND.MEDLEY
2:22.42 Alexandra Hanel,FRG
2:23.16 Jayne Dowling,ENG
2:23.34 Joanne Malar,CAN (3rd)
2:29.15 Lea.Wilkinson,CAN (14th)
400 IND.MEDLEY
5:01.62 Joanne Malar,CAN
5:04.72 Lucy Findlay,ENG
5:05.60 Audrey Bollejeon,FRA
5:07.45 Lea.Wilkinson,CAN (7th)
4X100 MEDLEY RELAY
4:24.33 Fed.Rep.Germany
4:25.54 Italy
4:26.82 Canada
1:07.40 Michelle Lischinsky
1:16.00 Isabelle Groulx
1:05.69 Jacynthe Pineau
0:57.73 Petrina Lessard
4:28.00 England
4:28.74 Holland
4:33.36 Spain
4:34.86 France
4X100 FREE RELAY
3:58.04 Sweden
3:59.21 Canada
1:00.95 Katrina Walters
0:59.79 Jill Lakusiak
1:00.80 Manon St.Jacques
0:57.67 Petrina Lessard
3:59.27 Holland
4:00.06 Italy
4:00.13 Fed.Rep.Germany
4:00.15 England
4:02.38 France
4:09.84 Spain
4x200 FREE RELAY
8:36.79 Italy
8:38.74 Holland
8:39.27 England
8:41.48 Fed.Rep.Germany
8:42.78 Canada (5th)
2:13.96 Jill Savege
2:10.83 Jill Lakusiak
2:13.34 Stephanie Shewchuk
2:05.50 Petrina Lessard
8:50.32 Sweden
8:53.46 Spain
8:57.98 France

BOYS
100 FREE
52.89 Frederik Letzler,SWE
53.05 Austyn Shortman,ENG
53.11 Christian Thumser,FRG
53.26 Jason Lukeman,CAN (4th)
53.54 Dean Kondziolka,CAN (8th)
200 FREE
1:54.40 Christian Keller,FRG
1:56.13 Christian Thumser,FRG
1:56.20 Emanuele Merisi,ITA
1:57.98 Jas'n.Lukeman,CAN(11th)
1:58.83 Derek Francis,CAN (12th)
400 FREE
4:04.11 Christian Robinson,ENG
4:04.27 Benoit Gourves,FRA
4:05.14 Steven Mellor,ENG
4:05.22 David Chisholm,CAN (4th)
4:09.16 Derek Francis,CAN (12th)
1500 FREE
15:56.94 Benoit Gourves,FRA
15:59.26 Bill Lomax,CAN
15:59.95 Lars Kalenka,FRG
16:26.62 StephenBaird,CAN (11th)
100 BACK
0:58.90 Emanuele Merisi,ITA
0:59.71 Robert Daigneault,CAN
0:59.90 Daniel Lonnberg,SWE
1:02.04 Matt. Adams,CAN (13th)
200 BACK
2:06.27 Lars Kalenka,FRG
2:06.46 Emanuele Merisi,ITA
2:08.55 Eric Rebourg,FRA
2:11.84 Matthew Adams,CAN (7th)
2:12.35 Rob.Daigneault,CAN (9th)
100 BREAST
1:04.98 Francesco Postiglione,ITA
1:05.87 Marko v' Brummelen,HOL
1:06.40 Vladimir Latocha,FRA
1:07.48 AndrewTrussler,CAN (5th)
1:08.37 Mich.Lamothe,CAN (7th)
200 BREAST
2:20.32 Francesco Postiglione,ITA
2:22.00 Andrew Trussler,CAN
2:25.35 Geert Donkers,HOL
2:26.41 Mich.Lamothe,CAN (4th)
100 FLY
57.97 Roger Font,ESP
58.06 Olivier Corpel,FRA
58.29 Trevor Johnsen,CAN
58.45 David Block,CAN (5th)
200 FLY
2:05.61 Xavier Aguilar,ESP
2:05.92 Christian Robinson,ENG
2:06.13 Christian Keller,FRG
2:06.68 David Block,CAN (5th)
2:08.74 Rob.McFarlane,CAN (7th)
200 IND.MEDLEY
2:08.75 Christian Keller,FRG
2:08.92 Emanuele Merisi,ITA
2:09.35 Curtis Myden,CAN
2:10.51 Jason Pratt,CAN (5th)
400 IND.MEDLEY
4:37.43 Stephen Baird,CAN
4:39.17 Christian Keller,FRG
4:41.66 Jorge Perez,ESP
disq Jason Pratt,CAN
4X100 MEDLEY RELAY
3:57.04 Italy
3:58.17 Fed.Rep.Germany
3:58.25 France
3:59.03 Canada (4th)
1:01.20 Robert Daigneault
1:07.70 Andrew Trussler
0:57.78 Trevor Johnsen
0:52.35 Jason Lukeman
3:59.53 Sweden
4:00.83 Holland
4:01.96 Spain
4X100 FREE RELAY
3:32.60 Fed.Rep.Germany
3:32.76 Canada
53.20 Dean Kondziolka
51.95 Jason Lukeman
54.03 Derek Francis
53.42 Trevor Johnsen
3:33.06 Sweden
3:34.79 England
3:36.24 Spain
3:37.06 France
3:37.39 Italy
3:37.46 Holland
4X200 FREE RELAY
7:47.06 Fed.Rep.Germany
7:51.54 Canada
1:59.26 Jason Lukeman
1:58.08 Derek Francis
1:58.12 Robbie McFarlane
1:56.08 David Chisholm
7:51.92 England
7:51.96 Italy
7:53.67 France
7:54.49 Sweden
7:56.40 Holland
7:58.94 Spain
COMBINED SCORE
599 Fed.Rep.Garmany
562 Canada
558 Italy
517 England
405 France
388 Sweden
354 Holland
339 Spain

RECORD SETTERS

Records bettered during March1989 in 25 m pools

WORLD BEST

❑ **Men's 100 butterfly**: 52.62 Tom Ponting, CAN, Vancouver, March 4. Betters previous record of 52.90 Michael Gross, FRG set in 1984.

❑ **Men's 4x100 free relay**: 3:14.00 Sweden, Malmo, Mar.19. Team composed of Tommy Werner 48.33, Anders Holmertz 49.07, Mikael Soderlund 49.10, Joakim Holqvist 47.50. Betters previous record of 3:15.07 URS, 1987.

SENIOR CANADIAN

❑ **Men's 100 butterfly**: 52.62 Tom Ponting, UCSC, Vancouver, March 4. Betters previous record of 53.07 Marcel Gery, NYAC, 1988

❑ **Men's 200 butterfly**: 1:55.82 Tom Ponting, UCSC, Vancouver, March 3. Betters his own previous record of 1:56.16 set in 1988.

NATIONAL AGE GROUP

❑ **13-14 boys 4x50 medley relay**: 1:54.02 Etobicoke Pepsi Swimming, March 3. Team composed of Edward Furs, Michael Mason, Kyle Binkley, Denis Milenow. Betters previous record of 1:54.22 Etobicoke Swim Club, 1988.

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Carrie Fowlie,12
Club: North York Aquatic Club
Coach: Bill Durrant
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Ranks 1st SCM89TAG for 400 free, 2nd for 800 free and 3rd in 200 free.

Best Times	*LCM88*	*SCM89*
100 freestyle	1:05.39	1:01.63
200 freestyle	2:18.57	2:09.87
400 freestyle	4:34.48	4:48.12
800 freestyle	9:54.48	9:19.62

Heather Thomas,13
Club: Halifax Trojan Aquatic Club
Coach: Gary MacDonald
Specialty: Free, back and I.M.
Ranks 4th for SCM89TAG for 200 back and 8th for 100 back.

Best Times	*LCM88*	*SCM89*
200 freestyle	2:17.00	2:09.22
400 freestyle	4:48.01	4:27.48
100 backstroke	1:12.97	1:08.15
200 backstroke	2:31.48	2:23.51
200 ind.medley	2:30.45	2:27.49

Lee Wanie, 14
Club: York Swim Club
Coach: Ken Royds
Specialty: Sprint free, backstroke
Second ranked SCM89TAG for 50 and 100 free, 3rd in 100 back.

Best Times	*LCM88*	*SCM89*
50 freestyle	0:26.47	0:24.91
100 freestyle	0:57.43	0:53.90
200 freestyle	2:06.63	2:59.12
100 backstroke	1:06.06	1:02.82
200 backstroke	2:23.87	2:18.67

Garth Sindrey, 12
Club: Hamilton-Wentworth Aquatic Club
Coach: Brian Bond
Specialty: Distance free, butterfly
Ranks 5th in the 1500 free and 6th for 200 fly SCM89TAG

Best Times	*LCM88*	*SCM89*
400 freestyle	5:02.55	4:41.39
1500 freestyle	19:23.99	18:19.98
100 butterfly	1:11.85	1:08.03
200 butterfly	2:38.04	2:27.69
400 ind. medley	5:35.39	5:17.45

Sean Campbell, 14
Club: Perth Stingrays Aquatic Club
Coach: Tom Best
Specialty: Breaststroke
Ranks 3rd in 100 and 7th in 200 breast for SCM89TAG

Best Times	*LCM88*	*SCM89*
400 breaststroke	1:10.27	1:07.93
200 breaststroke	2:26.32	2:29.63

Tamara Flannigan, 12
Club: Hamilton-Wentworth Aquatic Club
Coach: Brian Bond
Specialty: Freestyle, backstroke
3rd ranked in 100 and 400 free SCM89TAG

Best Times	*LCM88*	*SCM89*
100 freestyle	1:07.05	1:00.36
200 freestyle	2:24.29	2:15.16
400 freestyle	4:48.04	4:34.78
800 freestyle	9:51.28	9:24.50
100 butterfly	1:11.47	1:08.76
200 butterfly	2:37.11	2:30.35

Mark Ritcey, 12
Club: Halifax Trojan Aquatic Club
Coach: Gary MacDonald
Specialty: Distance free breast and I.M.
Ranks 2nd for 1500 freestyle, 4th for 200 fly and 3rd 400 I.M. in SCM89TAG

Best Times	*LCM88*	*SCM89*
1500 freestyle	20:13.22	18:06.21
100 butterfly	1:12.11	1:07.83
200 butterfly	2:35.16	2:26.67
200 ind. medley	2:38.76	2:26.89
400 ind. medley	5:32.79	5:08.93

Shauna Collins, 11
Club: Regina Optimist Dolphins
Coach: Kevin Thorburn
Specialty: Sprint free and butterfly
Ranks 2nd for 50 free 3rd in 100 and 4th for 200 free SCM89TAG.

Best Times	*LCM88*	*SCM89*
50 freestyle	0:30.70	0:27.60
100 freestyle		1:00.36
200 freestyle		2:10.07
100 butterfly		1:09.10

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● Ak-O-Mak Director Coach RoseMary Dawson was a three time winner of U.S. National Collegiate Team Championships (U.of Michigan), twice winner of Canadian University championships (U.of Western Ontario) and Florida High School Coach of the Year (Pine Crest).

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● The camp swim team won the U.S. long distance title an unprecedented 6 times 1981-86. Buck Dawson and Bob Duenkel honored as the 1987 All-American Long Distance Coaches.

● Chikopi Director, Bob Duenkel chosen as official 1987-88 U.S. National and World Cup Team Coach for Long Distance Swimming.

● Ak-O-Mak Director, Buck Dawson chosen for U.S. Swimming's 1987 highest award, founder and first director (22 years) of International Swimming Hall of Fame, member for 12-years of U.S. Olympic Swimming Committee.

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Great teams have to work together
Les grandes équipes doivent travailler ensemble

Photo courtesy of Lewko Hryhorijiw
Photo courtoisie de Lewko Hryhorijiw

Victor Davis, Tom Ponting and Mark Tewksbury helping Sandy Goss swim to silver in 4 × 100 medlay relay.
Victor Davis, Tom Ponting et Mark Tewksbury encourageant Sandy Goss dans les derniers mètres pour une médaille d'argent dans le relais 4 × 100 m.

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